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Individualized Homoeopathic Treatment of Cutaneous Warts: A Case Report

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Abstract: ***Warts are the growth of skin resulting from human papillomavirus infection. These may be single, multiple, smooth, or cauliflower-like and are generally treated by applying medicine externally or surgical excision procedure. Homoeopathy has a major role in the treatment of warts and most of the homoeopathic doctor's treat warts without external application. Case summary: We present here a case report of a 70-year-old male with warts on the neck for 6 years. The present case was completely cured within 3months of regular treatment with individualized homoeopathic medicine without any adverse effects. After detailed case taking, Causticum 200C was administered. The Modified Naranjo criteria for Homoeopathy (MONARCH) was used for assessing causal attribution, where the score was +8, suggesting that the clinical improvement was the result of the homoeopathic treatment. Before and after treatment photographs were taken to assess the improvement. This evidence-based case could pave way for further research into using individualised homoeopathy for Warts.***

Keywords: Warts, Causticum, Individualisation, Homoeopathy, MONARCH.

1. Introduction

Wart (verruca) is a benign lesion that occurs in the mucosa and skin caused by Human

Papillomavirus. There are around 100 subtypes of HPV. In general, they are benign but HPV strains 5, 8, 20 and 47 have the malignant potential and sometimes develop into what is known as Verrucous carcinoma.[1]. Verruca vulgaris, palmoplantar warts, verruca plana, filiform warts, epidermodysplasia verruciformis, and anogenital warts are some of the known types of warts. Verruca vulgaris (the most common type) are usually asymptomatic, single or multiple, circumscribed, and firm papules with verrucous (hyperkeratotic) dry and stippled surface. Approximately, 60% of common warts resolve spontaneously. Verruca plana (plane warts) are multiple, slightly elevated with flat smooth papules. The lesions are skin colored or darker and may have an erythematous halo. Lesions may be arranged linearly (Pseudo Koebner's Phenomenon) due to autoinoculation. They are mostly seen on the face and dorsa of the hands. Filiform warts are asymptomatic, thin elongated, and firm projections arising from a horny base. They occur most frequently on the face (inoculation by shaving) and scalp.[2]

Homeopathic literature shows that Thuja occidentalis is often indicated in treating warts; this knowledge can be used as a guide for prescription. [3,4] Homeopathy relishes a reputation of providing successful management of wart conservatively which has been validated by various research studies. Risk of developing warts include people who work with raw meat, family members who have warts, person with weakened immune system. Few precautions like not to share towel, shoe, gloves avoid touching and scratching the warts after scratching virus may spread. Individualized homeopathy i.e medicine prescribed on the basis of stringent individualization of the given case, not only helps to remove the wart but also the disposition to develop which is evident in this case report.[5] This case report is aimed at sharing with the homoeopathic professionals the effectiveness of homeopathy and affinity of CAUSTICUM in case of warts.

However, there is limited research which is conducted that describes the effectiveness of homoeopathic medicines in Warts. The objectives of this case report are to describe the role of individualised homoeopathic medication for the management of Warts in accordance with the guidelines in the Hom-CASE (an extension to the CARE guideline for homoeopathic case report) regulation and MONARCH Criteria was used for assessing causal attribution. [6]

2. Methodology

Patient Information:
On March 12, 2026, a 70-year-old male patient, a farmer, presented to the OP-3 of DK Govt Homoeopathy Hospital (JSPS Govt Homoeopathic Medical college) with outgrowth of skin over the neck region for 6 years. The complaint started gradually, one day while washing is face, patient observed a bunch of papules started developing in the neck region. There is no itching and burning associated with the complaint. Small, tiny, bunch of papules in front of the neck region. Not associated with pain or any difficulty in swallowing.

Patient is a known Hypertensive since 15 years, using allopathic medication.

No relevant history running in the family.

Patient hails from low socioeconomic family, he is the elder one in his family. He maintains good and healthy relationship with friends and family members. Since childhood patient had leadership qualities like he will accept any injustice in his surroundings. Out of that nature he entered into politics and elected as sarpanch in his village. He is sympathetic towards the sufferings of the people in his village and try to sort them out with his political power. Due to his skin condition he feels anxious and that something will happen to him.

Generals:
The patient had a good appetite, he has aversion to sweets. He has regular bowels with soft stools and urine is clear without any burning. Unrefreshed sleep.

Genreal Physical Examination:
On examination, he was moderately built with a dark complexion. His blood pressure was 110/90 mm of Hg. There was no sign of anaemia, jaundice, cyanosis, or oedema; lymph nodes are not palpable.

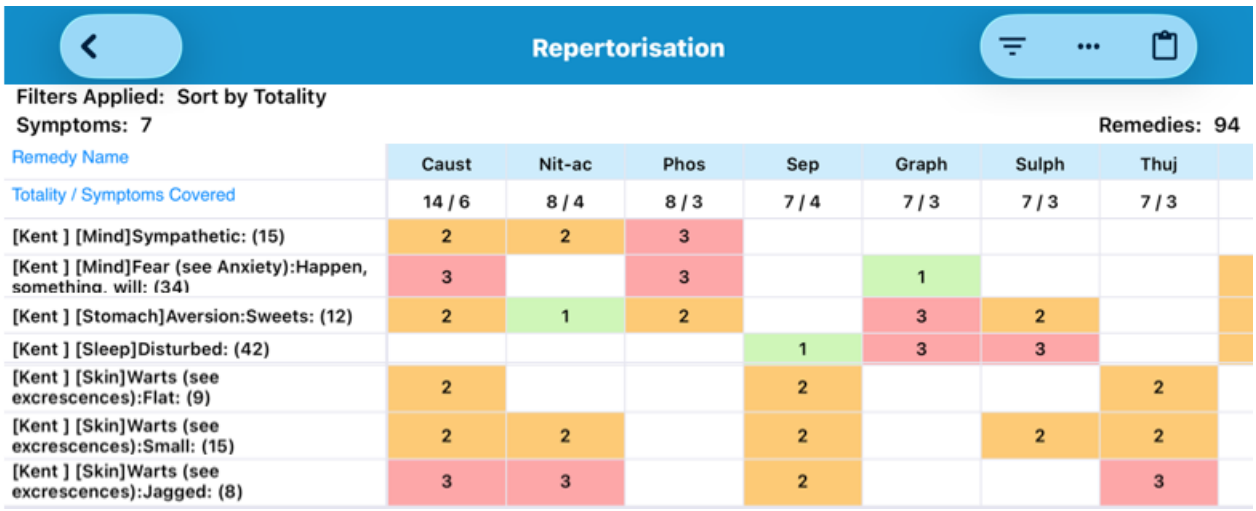
Local Examination

Warts Location	Right side of the neck (anterior aspect)
Warts Size	1mm, 2mm
Warts Colour	Brown
No. of Warts	Multiple
Warts Shape	Round, Flat, irregular
Pain	No pain/tenderness
Warts consistency	Hard

Diagnosis and Clinical Assessment
The diagnosis of the case was made based on the history, symptomatology (ICD-10-D25.1), and physical examination.

Totality of Symptoms
After analysis and evaluation of the symptoms, the totality was constructed based on the following symptoms:
1) Very sympathetic towards suffering of others
2) Anxious / Fear that something will happen to him.
3) Can't tolerate any Injustice
4) Aversion to Sweets
5) Disturbed sleep
6) Multiple warts over the neck region

Repertorisation was done with the help of Hompath software.



Remedy Name	Caust	Nit-ac	Phos	Sep	Graph	Sulph	Thuj
Totality / Symptoms Covered	14 / 6	8 / 4	8 / 3	7 / 4	7 / 3	7 / 3	7 / 3
[Kent] [Mind]Sympathetic: (15)	2	2	3				
[Kent] [Mind]Fear (see Anxiety):Happen, something, will: (34)	3		3		1		
[Kent] [Stomach]Aversion:Sweets: (12)	2	1	2		3	2	
[Kent] [Sleep]Disturbed: (42)				1	3	3	
[Kent] [Skin]Warts (see excrescences):Flat: (9)	2			2			2
[Kent] [Skin]Warts (see excrescences):Small: (15)	2	2		2		2	2
[Kent] [Skin]Warts (see excrescences):Jagged: (8)	3	3		2			3

Figure 1: Repertorisation chart

Therapeutic Intervention
After repertorisation, Causticum, Nit acid, Phos and Sepia came up as the leading medicines [Figure 1]. Causticum was finally selected, conforming to Materia medica, and covered all the symptoms.

The potency and dosage were determined based on the susceptibility as per the patient's age, pathology and the disease's nature. All the medicines were administered orally. Three doses consisted of six medicated globules of size 30 for the first 3 days followed by identical looking placebo. Placebos were advised to be taken twice daily every day for 30 days.

Follow Up & Outcome
After the administration of this remedy twice over the course of 5months, Warts on the neck completely disappeared with the individualised homoeopathic treatment. Photographic evidence collected before, and after the treatment are presented in Figures 2-4. The follow-up details are given in Table 1.

Table 1: Follow-up details.

Follow Up Date	Indication of Prescription	Medicine with Dosage
12/03/2026	Multiple warts over the neck, without any pain and itching.	Causticum 200-3doses Rubrum (4-4) 1month
15/04/2026	Change in the size of warts, no appearance of new warts. Sleep improved	Rubrum (4-4) 1month
10/05/2026	Size of warts decreased slightly as compared to the visit No change in the sleep	Causticum 1M-1dose Rubrum (4-4) 1month
12/06/2026	Warts reduced in size and number. Sleep improved	Rubrum (4-4) 1month
11/07/2026	Complete disappearance of warts. Generals are good	Rubrum (4-4) 1month


Figure 2: (12/03/2026)


Figure 3: (12/06/2026)


Figure 4: (11/07/2026)

3. Discussion

This case report describes the role of the homoeopathic medicine Causticum 200C followed by 1M in treatment of Warts. Causticum was given after repertorisation and after consultation of Materia medica. While upon repertorisation, Nit acid & Phos [Figure 1] came close. In this case of Warts, successfully improved with Causticum in 200C and 1M potency. During the follow-ups, all the complaints of the patient progressively decreased without any aggravation, which confirms to Kent's fourth observation of "no aggravation with recovery of the patient", which indicates that the patient was given the correct remedy and in the right potency. Dr Hahnemann also mentioned in § 191 'Internal administration of a remedy causes important changes in general health and particularly in the affected external parts. It restores health of the entire body, along with the disappearance of the external affections.

The Modified Naranjo Criteria for Homoeopathy[6] used for causality assessment showed that homoeopathic medication could be the reason behind the improvement in the case, with the score of +8 (Table 2). The patient was further observed for six months. He did not develop any new warts during this period. This case demonstrates that homoeopathy, when used with an individualized approach, can be effective in treating Warts. As this is a single case study and Warts are usually excised in other modes of systems, well-designed, randomised, controlled studies can be used as gold standard for firmer evidence.

Table 2: Modified Naranjo Criteria for Homeopathy (MONARCH)

DOMAINS	Yes	No	N/A
Was there an improvement in the main symptom or condition for which the homoeopathic medicine was prescribed?	+2		
Did the clinical improvement occur within a plausible time frame relative to the medicine intake?	+1		
Was there a homeopathic aggravation of symptoms?	0		
Did the effect encompass more than the main symptom or condition (i.e., were other symptoms, not related to the main presenting complaint, improved or changed)?	+1		
Did overall well-being improve? (suggest using a validated scale or mention about changes in physical, emotional and behavioral elements)	+1		
(A) Direction of cure: Did some symptoms improve in the opposite order of the development of symptoms of the disease? (B) Direction of cure: Did at least one of the following aspects apply to the order of improvement in symptoms. -from organs of more importance to those of less importance? -from deeper to more superficial aspects of the individual? -from the top downwards?	0		
Did 'old symptoms' (defined as non-seasonal and non-cyclical symptoms that were previously thought to have resolved) reappear temporarily during the course of improvement?		0	
Are there alternative causes (i.e., other than the medicine) that with a high probability – could have produced the improvement? (consider the known course of the disease, other forms of treatment and other clinically relevant interventions)		+1	
Was the health improvement confirmed by any objective evidence? (e.g., investigations, clinical examination, etc.)	+2		
Did repeat dosing, if conducted, create similar clinical improvement?		0	

Total Score: +8

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Conflicts of Interest: no conflicts of interest.

Ethics Approval: Ethics approval was obtained from the institutional ethics committee prior to the publication of this case report.

Declaration of Patient Consent: Written informed consent was obtained from the patient for publication of clinical findings and accompanying images. The patient understands that personal identity will remain confidential and no identifiable information will be disclosed.

4. Conclusion

Homoeopathy can be effective in treatment of Warts, by reducing the severity of symptoms, as well as by enhancing the quality of life.

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