Role of Laparoscopic Subtotal Cholecystectomy in Cases Requiring Conversion

Viswanath Nallapaneni

Associate Professor, Department of General Surgery, Katuri Medical College, Katurinagar, Chinakondrupadu, Guntur, Guntur Dt, PIN: 522019, India

Abstract: Laparoscopic cholecystectomy has become the gold standard in the treatment of cholelithiasis with cholecystitis and has replaced open cholecystectomy. The rate of conversion from laparoscopic cholecystectomy to open cholecystectomy 5 to 10%. Hence it is necessary to study the role of laparoscopic subtotal cholecystectomy in cases requiring conversion for difficult laparoscopic cholecystectomy. Therefore this study was undertaken In cases of difficult cholecystectomy like distorted callots anatomy inconditions like acute / chronic inflammation, portal hypertension, In this prospective study 332 patients suffering from symptomatic cholelithiasis are evaluated using specific clinical and ultrasonographic parameters prior to Laparoscopic Cholecystectomy to assess whether the difficulty of the procedure can be predicted and the role of laparoscopic subtotal cholecystectomy in cases requiring open conversion, over a period of 2 $\frac{1}{2}$ yearIt would be useful to accurately identify a patient's risk for difficult cholecystectomy based on pre-operative details and can result in accurate preoperative patient counselling, better scheduling of surgery and appropriate assignment of surgical assistance, can increase the patient safety by reducing need of conversion to open, and improving the mental preparedness of surgeons and patients also.

Keywords: Acute Cholecystitis (AC), Laparoscopic Cholecystectomy (LC), Conversion rate, Laparoscopic subtotal Cholecystectomy (LSTC)

1. Introduction

The advantages of laparoscopic cholecystectomy over open cholecystectomy are earlier return of bowel functions, less postoperative pain, improved cosmoses, shorter length of hospital stay, earlier return to full activity, and decreased overall cost. Laparoscopic cholecystectomy is associated with better preservation of immune function and a reduction of the inflammatory response compared with open surgery. Laparoscopic cholecystectomy has become the gold standard in the treatment of cholelithiasis and is replaced open cholecystectomy. The rate of conversion from laparoscopic cholecystectomy to open cholecystectomy is 5 to10%. Hence it is necessary to study the role of laparoscopic subtotal cholecystectomy in cases requiring conversion for difficult laparoscopic cholecystectomy. Therefore this study was undertaken. In cases of difficult cholecystectomy like distorted callots anatomy in conditions like acute / chronic inflammation, portal hypertension, laparoscopic subtotal cholecystectomy is a safe alternative these days and it is associated with less morbidity and mortality. In this prospective study done in Dept. of General Surgery, Katuri Medical College and Hospital, 332 patients suffering from symptomatic cholelithiasis are evaluated using specific and ultrasonographic parameters clinical prior to Laparoscopic Cholecystectomy to assess whether the difficulty of the procedure can be predicted and the role of laparoscopic subtotal cholecystectomy in cases requiring conversiion, over a period of 2 1/2 year. It would be useful to a patient's risk accurately identify for difficult cholecystectomy based on pre-operative details and can result in accurate preoperative patient counseling better scheduling of surgery and appropriate assignment of surgical assistance, can increase the patient safety by reducing need of conversion to open, and improving the mental preparedness of surgeons and patients also.

1.1 Aims and Objectives

1.1.1 Study Goals

The aim of this study is to evaluate the role of laparoscopic subtotal cholecystectomy for all intraoperative difficulties and complications faced during Laparoscopic cholecystectomy.

1.1.2 Objectives

- To study clinical parameters in patient with symptomatic cholelithiasis undergoing laparoscopic cholecystectomy like Age, Gender, BMI, Previous surgeries whether they have any relation on the difficulties faced during LC.
- To study role of laparoscopic subtotal cholecystectomy in cases where difficulty of LC in terms of duration of surgery, bleeding during LC Gall Bladder bed dissection, difficulty in extraction, and whether the pre-operative clinical and ultrasonography findings help predict the difficulty in such cases.

2. Methodology

The method for the study included screening of patients who presented with upper abdominal pain, or vomiting or dyspepsia or jaundice. Such patients were studied in detail clinically and investigated as per the proforma detailed below.

Routine haematological and biochemical investigations were done. LFT and PT-INR were done in all patients. Ultrasonogram of the abdomen is done after a 12 hour fast.The patients confirmed by USG examination were evaluated with following factors: age, sex, h/o previous hospitalization, BMI wt (kg)/ ht (mt2), abdominal scar, supraumbilical or infraumbilical, sonographic findings- wall thickness, GB size, number of stones, mobility of stones, stone size. All the patients were received symptomatic treatment and vitamin K for 3 days pre-operatively.

Following evaluation the patient will be subjected to laparoscopic cholecystectomy and time taken, biliary / stone spillage or conversion were noted. All the patients were operated by experienced surgeons.

Post operatively cases were followed up for any complication. S/R was done 8^{th} post OP day. All cases were followed up for any recurrent symptoms.

Inclusion Criteria

The patients above 20 years of age, presenting with symptoms and signs of Cholelithiasis and diagnosed by USG examination. Data was collected on randomized non randomized and retrospective studies with data on laparoscopic subtotal cholecystectomy technical and out come.

Exclusion Criteria

Patients below 20 years of age

- Patients with CBD calculus where CBD exploration was needed.
- Patients with features of acute cholecystitis, obstructive jaundice. gall stone pancreatitis.
- Patients refusing surgery.
- Patients not willing for laparoscopic cholecystectomy.

Definition of variables

- Age is considered as a continuous variable.
- Body habitus is treated as a dichotomous variable 1.obese [body mass index >30
- Kg/m2] versus 2. non-obese).1
- Previous abdominal surgery is classified as any intraabdominal surgery versus
- none.
- The sub-costal angle is classified as narrow and wide, narrow subcostal angle was defined as < 90 degrees.
- Acute calculous cholecystitis is defined as acute onset right hypochondrial pain, associated with gall bladder calculi and pericholecystitic fluid collection.
- Acute gallstone pancreatitis was defined as cholelithiasis with a raised serum amylase to ten times its normal level at any time prior to surgery.

The abdominal ultrasonological examination is done to assess six parameters, with each parameter classified into two classes

- The GB was classified as contracted or distended. It was defined as distended if the transverse diameter was greater than five centimeters³.
- GB wall was deemed thickened if wall thickness > 3mm.
- The mobility of the stone is determined by scanning the patient in various decubitus positions.
- Number of stones in Gall bladder. (Multiple versus Solitary).
- The largest stones's diameter is recorded and classified into two groups (<1 cm
- versus >1 cm)

The outcomes included the following operative observations:

- Duration of surgery (in minutes),
- Bleeding during surgery,
- Access to peritoneal cavity,
- GB bed dissection,
- Difficult extraction,
- Conversion to laparoscopic subtotal cholecystectomy

Bleeding during surgery was graded as minimal, moderate or severe. Moderate bleeding is defined as bleeding leading to tachycardia of greater than 100/min without drop in blood pressure. Severe bleeding is defined as bleeding leading to tachycardia of greater than 100/min with a greater than 10 mmHg drop in blood pressure. Duration of surgery included the time from insertion of the Veress' needle to closure of the trocar insertion site4 and is evaluated as a dichotomous variable (<90 min versus >90 min. The operating surgeon was not aware of the preoperative US results and gave a opinion on LC difficulty at the end of the surgery in a twolevel classification (easy, difficult) The parameters and outcomes are analysed using SPSS and EPI info statistical softwares.

3. Results

This study included 324 cases that were studied prospectively over a period of 2 ¹/₂ years, from August 2015 to November 2017, out of which 50 people underwent conversion to laparoscopic cholecystectomy.

Age Distribution

In the present series the youngest patient was 20 yrs of age and the oldest was 75 yrs of age. Majority of the patients in the present series were in the age group of 31-40 yrs of age.

Age dis	tribution for p	eople underwent	conversion	LSTC
	Age Group	No Of Persons	Percent	

Age Group	No Of Persons	Percent
20 yrs	1	2%
21-30 yrs	11	22
31-40 yrs	14	28
41-50 yrs	13	26
51-60 yrs	8	16
61-70 yrs	2	4
71-80 yrs	1	2
Total	50	100%

Sex distribution who under went LSTC

Out of 324 patients studied 50 people underwent conversion among which 37 were females and 13 were male patients. The male female ratio is 1 : 2.8.

Sex distribution

Sex	Present series	%	Hanif series	%
Male	13	26%	90	36%
Female	37	74%	160	64%

Presenting Symptoms Who Under Went LSTC

Pain was the predominant symptom seen in all 324 patients. Right hypochondrial pain was present in 194 (64%) of the patients 187(58%) of the patients had dyspepsia, 90.72 (28%) of the patients had vomiting.

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BMI

Out of 50 patients, who underwent conversion to laparoscopic subtotal Cholecystectomy 10 patients were obese, while 23 were overweight and 17 had normal BMI.



The following table depicts the influence of BMI > 30 Kg/M2 as a factor on the various steps of Laparoscopic cholecystectomy.

BMI as Factor for difficult cholecystectomy

BMI	Difficult	Difficult	Difficult	Duration	Difficult
	Peritoneal	Bed	GB	of surgery	surgery
	access	dissection	extraction		
<30(n=40)	9(64%)	17(73%)	9(64%)	17(73%)	15(37%)
>30(n=10)	5(36%)	5(26%)	5(36%)	6(26%)	5(50%)

From the above results, it is evident that surgeons faced difficulty in accessing the peritoneal cavity and extraction of Gall bladder in persons with BMI > 30 kg/m2.

Past Intra – Abdominal Surgery

In this study, out of 50 patietns who underwent conversion 15 patients had a previous history of Intra – abdominal surgery of which 6 had difficulty in accessing the peritoneal cavity. All peients had previous lower intra-abdominal surgery –Appendicectomy (4), Hysterectomy (4) LSCS (7). None of the patients had upper abdominal surgery.

Past History of Surgery as Factor for difficult cholecystectomy

Previous surgery	Difficult peritoneal access	Difficult surgery
Yes (n=15)	6 (42%) p=0.12	7 (35%) p=0.27
No (n=36)	8 (58%)	13 (65%)

Sub - Costal Angle

Out of 50 people who underwent conversion 20 subjects has sub-costal angle less than 90^0 34.7% (8) of which had duration of surgery greater than 90 min.

Sub costal angle	Duration of Surgery	Difficult surgery
$>90^{\circ}$ (n=30)	15	13
$<90^{\circ}$ (n=20)	8 (p=0.25)	7 (p=0.28)

Ultra-Sonogram Parameters

The abdominal ultrasonogram findings of the 50 patients who underwent conversion are tabulated below.

Ultrasonological Parameters as a factor for difficult surgery

USG Parameters	No. of patients
Contracted GB	9
Wall thickness	14
Multiple caliculi	35
Solitary caliculi	15
Impacted caliculi	5
Stone size >1cm	20
Stone size <1cm	30

Ultrasonological Findings Who Underwent LSTC



Contracted GB as a Factor for Difficult Laparoscopic Cholecystectomy

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	Contracted	Bleeding	Difficult	Difficult	Duration	Difficult		
	GB		bed	extraction	>90min	surgery		
			dissection					
	Yes(9)	3	8	7	6	7		
	No(41)	4	14	13	17	13		

From above statistics, it was evident that the surgeons found contracted gall bladder to provide for difficult surgery by causing excessive bleeding and difficulty in bed dissection.

Gall Bladder Wall Thickness

Gall Bladder wall thickness was >4mm in 14 patients which indicated patient had chronic cholecystitis. This as a factor for difficult surgery is tabulated below.

Thickened GB wall as a Factor for Difficult Laparoscopic Cholecystectomy

Difficulty	Bleeding	Difficult	Difficult	Duration	Difficult
faced		bed	extraction	>90min	surgery
		dissection			
Thickened	5	12	9	13	12
GBwall	(p=0.007)	(p<0.00001)	(p=0.019)	(p<0.001)	(P<0.001)
(n=14)		_			
Normal	2	10	13	10	8
thickness					
<4mm (n=36)					

Gall stones

No. of Calclui:

Out of 50 patients who underwent conversion 35 had multiple gall bladder calculi and 15 had solitary stone.

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Cholecyste	ctomy				
Difficulty faced	Bleeding	Difficult bed dissection	Difficult extraction	Duration >90min	Difficult surgery
Multiple Calculi (35)	6 p=0.19	18 p=0.06	14 p=0.39	18 p=0.13	14 p=0.49
Solitary Calculi (15)	1	4	7	5	6

No. of stones as a Factor for Difficult Laparoscopic Cholecystectomy

On the basis of above statistical analysis, multiple calculi proved to be problematic only during gall bladder bed dissection.

Impacted Stone:

Of the 50 patients who have underwent conversion, 5 patients had impacted stone while the rest had mobile stones determined by changing the patient position during USG.

Impacted stone as a Factor for Difficult Laparoscopic Cholecystectomy

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Difficulty faced	e	bed	Difficult extraction		Difficult surgery
		dissection			
Impacted	3 p=0.008	3 p=0.24	4 p=0.015	4 p=0.072	14 p=0.49
stone (n=5)					
Mobile	4	19	17	19	6
stone(n=45)					

This analysis shows that there is correlation between impacted stone and moderate Bleeding during surgery and difficult extraction of gall bladder outside the abdomen.

Size of the Calculi

Of the 50 patients who underwent conversion, 20 persons had Gall bladder stone size greater than lcm which was considered to be an influencing factor for difficult surgery.

Stone size as a factor for Difficult Laparoscopic cholecystectomy

Difficulty Faced	Bleeding	Difficult Bed Dissection	Difficult Extraction	Duration > 90 mins	Difficult Surgery
Stone >1cm (n=20)	4	11	17	13	12
Stone <1cm (n=30)	3	11	4	10	8

Peritoneal Access

Difficulty in accessing the peritoneal cavity like adhesions was encountered in 14 patients.

Parameter	N0.	P value
BMI >30 kg/m2	5	P=0.3
Contracted GB (n=9)	8	P=0.001
Thickened GB Wall (n=14)	12	P=0.0001
Multiple calculi (n=35)	18	P=0.06
Impacted calculi (n=5)	3	P=0.24
Stone size >lcm (n=20)	11	P=0.06

Bleeding During Surgery

Of the 50 patients who underwent conversion, moderate bleeding was encountered in 7 patients and none of the patients had severe bleeding.

Parameter	N0.	P value
BMI >30 kg/m2	5	P=0.05
Contracted GB (n=9)	3	P=0.007
Thickened GB Wall (n=14)	5	P=0.007
Multiple calculi (n=35)	6	P=0.19
Impacted calculi (n=5)	3	P=0.008
Stone size >lcm (n=20)	4	P=0.17
Past H/o. Surgery (n=15)	6	P=0.12

Gall Bladder Bed Dissection

Out of 50 patients who underwent conversion to LSTC, surgeons encountered difficult gall bladder bed dissection in 22 persons.

Relationship between GB Bed Dissection and various parameters

Parameter	No.	P value
BMI >30 kg/m2	5 (26%)	P=0.3
Contracted GB (n=9)	8 (89%)	P=0.001
Thickened GB Wall (n=14)	12 (85%)	P<0.0001
Multiple calculi (n=35)	18 (52%)	P=0.06
Impacted calculi (n=5)	3 (60%)	P=0.24
Stone size >lcm (n=20)	11(55%)	P=0.06

Gall Bladder Extraction:

Of 50 patients who underwent conversion to LSTC, difficulty in extraction of the Gall Bladder out of the abdominal cavity was observed in 20 patients. 4 patients needed extension of the port incison for extraction while rest of the patients required removal of stones using forceps followed by extraction.

Relationship between GB Extraction and various parameters

Parameter	N0.	P value
BMI >30 kg/m2	5 (36%)	P=0.03
Contracted GB (n=9)	8 (89%)	P=0.001
Thickened GB Wall (n=14)	12 (85%)	P<0.0001
Multiple calculi (n=35)	18 (52%)	P=0.06
Impacted calculi (n=5)	3 (60%)	P=0.24
Stone size >lcm (n=20)	11(55%)	P=0.06

Duration of Surgery:

Duration of surgery was prolonged (>90 mins) in 23 of the 50 patients who underwent conversion to LSTC.

Parameter	No.	P value
BMI >30 kg/m2	6	P=0.17
Narrow sub costal angle	8	P=0.25
Contracted GB (n=9)	6	P=0.09
Thickened GB Wall (n=14)	13	P<0.001
Multiple calculi (n=35)	18	P=0.13
Impacted calculi (n=5)	4	P=0.072
Stone size >lcm (n=20)	13	P=0.016

4. Discussion

Laparoscopic Cholecystectomy has become the gold standard treatment for symptomatic cholelithiasis with failure rates between 2 to 15 %. Laparoscopy subtotal cholecystectomy is a safe alternative than open cholecystectomy and it. does not strictly mean failure or a complication; it is seen as a measure to prevent further complication during the surgery. In this study of 50 patients

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undergoing LC, we have evaluated the factors, both clinical and Ultrasonological, which can be used to predict the difficulty in LC pre- operatively so that it can result in accurate planning of surgery and also proper counselling of the patient.

Analysing the age of the patients, most of them were equally distributed within the age range of 30 to 50 years whereas in Herman's series and Hanif series the majority of them were in the age group of 51- 60 yrs and 41-50 yrs respectively⁴⁵. Categorizing the age into two groups one less than 50 years and the other more than 50 years did not yield any significant correlation with the difficulties in surgery (p value = .45), which is similar to multiple studies in our review of literature. This is in contrast with the study by Eldar et al 46 which found age > 65 years, a significant independent factor associated with conversion. Schaefer et al also identified age as a significant independent predictor of conversion. The observed disparity may be due to younger age of patients in the present study. The mean age of patients in the present study was 37.74 years. In Schafer's series mean age was 61.4 years with age range of 23-95 years.

The sex ratio of 1:2.4 was comparable to studies by Jagdish et al and Hanif et al. Male sex significantly predicted the conversion of laparoscopic cholecystectomy and was also found to be associated with significantly higher intraoperative severity grades (pvalue=0.04) Eldar et al and Schafer et al 52 also found male sex to be a significant predictor of severity. The reason for higher rate of difficulty faced during LC in males can be explained from the observations that males have more intense inflammation and fibrosis resulting in difficult dissection of gall bladder bed. In our study too, the 50 % of the male patients had difficulty in gall bladder bed dissection.

Obese patients (BMI >30 kg/m2) had a significant effect on difficult peritoneal access (p=0.05) and gall bladder extraction (p=0.03) thus contributing to difficult cholecystectomy. This is comparable to observation by Philips et al and Schirmer et al.

History of previous intra- abdominal surgery did not have significant correlation with difficulties faced during LC especially getting peritoneal access (p=0.27) which is in contrary to the observations by Alpana et al and Darodhek et al. This can be explained on the basis that most of the patients had undergone lower abdominal surgery with only one having undergone upper abdominal surgery. However, the one patient who had undergone upper abdominal surgery (Epigastric hernia) had to be converted to open due to dense adhesion.

Narrow sub-costal angle did not prove to be a significant predictive factor for difficult surgery (p=0.28) as observed in the study by Supe et al.

Ultra-sonological parameters had significant correlation with prediction of difficult cholecystectomy with each having influenced specific part of a surgery. In our study, Contracted gall bladder (n=9) had significant correlation with gall

bladder bed dissection (p= 0.001) and bleeding during surgery (p=0.05).Thickened gall bladder wall (n= 14) proved to be a significant predictor of difficult surgery by having a good correlation with moderate bleeding during surgery (p < 0.01), gall bladder bed dissection (p<0.001) and which subsequently prolonged the surgery more than 90 mins (p<0.001).This can be explained by the fact that thick walled gall bladder and contracted gall bladder occurs most commonly in chronic cholecystitis which would have produced inflammation and fibrosis. Thickened GB wall was found to be most important predictor of difficulty in studies by Supe et al and Fried et al observations of which are comparable to our study.

Multiple calculi had a moderate correlation with difficult bed dissection (p=0.06). Impacted stone (n=5) also had a moderate correlation with bleeding during surgery (p<0.008) reason being fibrosis and inflammation in gall bladder due to impaction. Stone size greater than 1 cm (n=20) was significantly associated with difficulty in extraction of gall bladder (p<0.001) Only 2 patients had their LC converted to open surgery, one due to dense adhesion due to previous abdominal surgery, while the other was difficulty in gall bladder bed dissection. Our study had a conversion rate of 4 % which is comparable to other data available.34'44 Reasons for conversion also correlated with observations made in study by Fried Qt al¹¹.In our study, Thickened Gall bladder wall, contracted gall bladder, Stone size >1 cm significantly predicted the difficulty in Laproscopic cholecystectomy. Other factors which also played role were BMI >30 kg/m and male gender. Fried et al's prospective study of 1,676 patients has similar observations except that our study had two extra parameters that were significant namely contracted gall bladder and stone size >lcm. The Primary outcome of the study was accourance of CBD Secondary outcomes injury. include subtotal cholecystectomy related injuries like hemorrhage, sub hepatic collection, bile leak, retained stones, post op ERCP, wound infection, re-operation and mortality. Re-operation was not required at all.

Laparoscopic subtotal cholecystectomy produced less risk of sub hepatic collection, wound infection, but bile leakes are present in most of the cases. Laparoscopic subtotal cholecystecomy is an important tool for use in difficult gallbladder and achieves less morbidity compared to open cholecystecomy. It has potential advantages like short hospital stay, no wound infection, no biliary injury and avoids conversion to open cholecystecomty.

Median post operative stay was 3 days (2 - 9 days)

After performing Laparoscopic sub total cholecystecomy, gall bladder neck was managed by endosuturing of the stump (n=35), serial clipping. (n=10) and stump was left unsutured only in 5 patients. Bile leaks were seen in 4 patients out of which one closed spontaneously and three closed following ERCP. None of the patients had wound infection and there was no mortality. There was no bile duct injury at all.

In one case gall stones were found in residual stump after 9 months for which revision lap cholecystecomy was done and residual stump along with cystic duct has been removed.

There is an important tool in case of difficult conditions like BMI > 30 kg/m2, past intra abdominal surgery, Narrow subcostal angle, contracted gal bladder, gall bladder wall thickness > 4 mm, in case of solitary stone, in case of impacted stone, in case of size of caliculi > 1.5 cm, difficult peritoneal access, bleeding during surgery, difficult gallbladder bed dissection, difficult gallbladder extraction in cases like huge empyema.

It is also a safe modality in conditions where the duration of surgery exceeding more than 90min. if the patient had associated comorbidities like diabetes, hypertension, morbid obesity with increased BMI and in conditions like where patients cannot tolerate general anaesthesia like low residual lung volume, low ejection fraction, COPD, post – MI and with bleeding diathesis. In cases of acute cholecystitis with elevated bilirubin level, bleeding is a major problem, in such conditions where time of surgery is exceeding along with hemorrhage laparoscopic sub total cholecystectomy is a safe alternative which can be followed by revision laparoscopic cystectomy if required in later period which would avoid morbidities associated with open cholecystectomy.

Laparoscopic subtotal cholecystectomy is also a safe alternative in huge gallbladders like empyema gallbladder with cholecystitis where dissection, extraction and hemorrhage are associated problems.

Laparoscopic sub total cholecystectomy is a safe alternative in conditions where in experienced / young surgeons could not identify / recognize CBD / cystic duct and where one could not identify difference between CHD / CBD it is a safe alternative where one could come out safely without creating further complications. So, laparoscopic subtotal cholecystectomy is an important tool for use in difficult gallbladders and achieves less morbidity compared to open cholecystectomy.

5. Conclusion

From our study we can conclude that various pre-operative predictors of difficult LC are present which influence various stages of the surgery which

Cumulatively or as a single factor make the surgery difficult for even the experienced laparoscopic surgeons. The parameters that significantly correlate with the difficult surgery were thickened gall bladder wall, contracted gall bladder, stone size >1 cm and to some extent BMI and Male gender. Ultrasonological parameters play an upper hand in predicting the course of the surgery than by the clinical parameters. Hence a detailed Abdominal USG to look for these parameters would surely help in predicting the difficult surgery before hand. To conclude, prediction of difficult LC and conversion to Laparoscopy subtotal cholecystectomy will be helpful to both the patients and surgeons. For the patients, pre-op mental preparation can drastically reduce the post-operative stress and morbidity. From surgeon's point of view, patients with high risk for difficult LC could be operated by a experienced surgeon. Surgeons in the early phase of their training can mentally prepare for a difficult surgery there by negating intraoperative panic or can performs the LC under supervision of experienced surgeon. On knowing the chances of difficult surgery or possibility of conversion to Laparoscopy subtotal cholecystectomy prior to LC itself can enable the surgeon to convert to Laparoscopy subtotal cholecystectomy early if faced by any difficulties which can help in reducing the duration of surgery and subsequently the post-operative morbidity.

6. Limitations

- Duration of follow up of patients who underwent LSTC was less
- Study population of patients who underwent LSTC was less

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Author Profile

Viswanath Nallapaneni, Associate Professor, Department of General surgery, Katuri Medical College.

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