# The Denouncement of Family Violence and its Discipline from the Islamic Perspective

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Abstract: Any kind of violence can happen among families but the basic principle in the Islamic family system is amity. In case of which abnormality and shortcoming of a family member, the end of the constructive orders with gentleness and kindness have been suggested. According to the Islamic perspective, any act of harsh, bullying, and beatings among family members has been denounced but a little amount like the amount of salt desirable for food is after advising and recommendation. The desirable punishment in the Islamic family system is under strict rules and regulations; in a way not to make any injury on any members' body otherwise, the person will be punished. So any kind of violence among family members is denounced according to the Islamic perspective.

Keywords: Family, Violence, Islamic perspective.

# 1. Introduction

What is certain is that in the society and the family, tensions and rival usually occur, this also comes from the social life of human beings and the contradiction of their interests and their ignorance. A shortcoming and ignorance and finally violence among the families are more than other institutions because the mass communications and joint efforts at a family level are more and more than the society level. Therefore, it is necessary to consider that in case of misbehavior of a family member, what will be the reaction of Islamic teachings for a Muslim. Will that be like the reaction of human rights, children's rights supporters, and conventions of stop violence against women or something else?

The clarification of Islamic orders in dealing with family problems has special importance because it reveals the reality and the roots of the current family violence which are fueling by Western societies and they blame Islam while the entire Islamic education system is against family violence. On the other hand, holy Islam is the biggest supporter of courtesy, good ethics, healthy education at the society, and family levels and is the biggest opponent of violence and encroachment.

#### **Problem Statement**

The phenomenon of violence throughout the history of humanity in different areas of human collective life, especially in the basic body of the family, as the foundation and clay of humanity's collective life, is a widespread selfshadowing.

It is popular that blood is not washed by the blood, coping and fighting against harsh people and ignorant leads to the extinction of humanity in the areas of collective life and creates double problems in family life. The religion of life, guarantee of peace, and stability emphasizes compassion on ethics in different aspects of life, the principles of the enjoining good and forbidding from evil, the institutionalization of real values, and the elimination of unfounded and contrary to human dignity.

#### The purpose of the research

- To investigate the difference between Muslims' practice and Islamic principles.
- To investigate the punitive and educational criteria of Islam in family relationships and mass interaction which are not out of tension.

#### The importance of the research

Explanation and definition of topics such as the prevention of violent behaviors in families are very important. Especially in the current era where Muslims are distant from the Islamic practices, inattentive to guiding orders in all aspects of Islam. And in the community and family level, their violent voice and imagery in these turbulent days of the market, which feminism and secularism plans and design add to the shame and the obscenity of their behavior. So the face of the Islamic Society has exhibited in a way that the world believed that Islam is the religion of violence and brutality.

Therefore, it is necessary to uncover the black layer of Muslims' behavior from the face of Islam's practices and decrees to reveal the globalization mission of Islam to the world.

#### The research method

The analytical and descriptive methods have been used in the research and the data has been collected by the library method.

#### What is violence?

From a Muslim perspective, due to the teachings of Islamic Ethics, violence is considered as an anti-ethical and obscene trait. Everyone in an Islamic family or society must abide the Islamic ethics and morals, and avoid violence, rape, and the harsh temper.

The world violence means physical force used to inflict injury or damage which has originated from Latin "Violenta". And violent also means breaking, abuse, profane, insulting, and rape.

Violence is defined as acts of coercion that lead to physical harm is said to be violence. In another word, illegal

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application of force including murder, robbery, and aggression is called violence.

Any abusive, violent, coercive, forceful, or threatening act or word inflicted by one member of a family or household on another can constitute family violence.

The family environment is one of the platforms for violence. Some of the family violence such as misbehavior with children, spouse, and parents. Professions believe that any type of misbehavior including harming like threatening or frightening someone, humiliation, severe criticizing, and physical injury like slapping or pushing someone.

## **Types of Violence**

Violence is divided into several types as per a few aspects such as factor, victim, and quality.

#### a) Physical violence

Harassment that is done in the family against another (e.g. physical violence against women and children such as assaulting, beating, sexual annoying behavior, and forcing to do something).

Profile of violence:

- Sexual harassment
- Physical abuse
- Beating
- Force to behave or to do

## b) Psychological Violence

Psychological violence among family members is more verbal such as inadmissible criticism, humiliation, bad mouth, insults, ridicule, taunt, and threatening to do something that hurts them. Sometimes the facial expressions indicate anger, disregard, hatred, influx figure, ridicule, a loud ton of the voice, and hateful eye contact.

Profile of violence:

- Verbal
- No-verbal
- Economic
- Legal
- Intellectual and Social

# Violence from the Islamic perspective

By studying and the general course and comprehensive attitude in basic and original Islamic resources, we find that Islam is the religion of mercy, kindness, and morality and any type of violence is rejected in Islam. Therefore, with such a view, the religion of Islam implies that both physical violence and psychological violence, especially in the family, are always considered unpermitted.

The Islamic scripts have considered the violence in social relations, and it is often considered as obscene and prohibited. As it is clear in the history that the prophet Mohammad (PBUH) has never influenced by anger, wrath, and other physical motives because of this, Allah has called him with great ethics. Mohammad (PBUH) has been described in holly Qur'an "So by mercy from Allah, [O Muhammad], you were lenient with them. And if you had

been rude [in speech] and harsh in heart, they would have disbanded from about you" (Ali' Imran; 159). Allah has declared in this verse that the success secret of his messenger is considering ethics and avoiding violence.

## Discipline

Discipline is action or inaction that is regulated to be in accordance (or to achieve accord) with a particular system of governance. Discipline is commonly applied to regulating human and animal behavior. In the academic and professional worlds, discipline is a specific branch of knowledge, learning, or practice.

#### **Stages of Discipline**

In the family life where, there are possibilities of being violated or violate someone, at such times what all techniques must take into consideration to avoid violence as well as having proper disciplinary lessons among family members.

In the ethical teachings of Islamic scripts, there are logical and true methods that have psychological points, if we take a look at Islamic scripts, it can be seen that discipline has a gradual process.

First Step – Advice, and encouragement

Second Step – Expressing the unsatisfactory feelings

Third Step – Soft Physical punishment

## Giving discipline to wife

If any tension is caused by wife in the family. The holy Qur'an has given wise ways to give discipline for the wife. In the first step, the husband must go forward with advice. In the second step, if the last step doesn't work then the husband must get cross with his wife and he must stop verbal, social, and sexual relations with her. If the last step doesn't work then the third step is to hit very softly on her body. Even some of the Foghaha believe that "to hit very softly" means "to use the toothbrush to beat her". As it is mentioned in Holy Qur'an "But those [wives] from whom you fear arrogance - [first] advise them; [then if they persist], forsake them in bed; and [finally], strike them. But if they obey you [once more], seek no means against them. Indeed, Allah is ever exalted and grand." (An-Nisa; 34).

If the man loves his wife and follows Islamic ethics in respecting and valuing his wife, the wife won't defy his husband.

# Giving discipline to Child

If the tension is caused by a child in the family. The father must firstly advise his son and encourage the child to good behaviors. If the previous step doesn't work then the father must get cross with his child and he must express his dissatisfactory regards to the child's behavior. If the last step doesn't work then the third step is to hit very softly on her body but there is the limitation for beating a child. Beating or bodily punishment is prohibited when a child is under 10 years. If a child is more than 13 years, the teacher must not beat the child more than three lashes but the child's father can beat up to 6 lashes (not more than six lashes). In terms of quality, beating must not cause bodily harm such as black marks on the skin, bruising, and even red marks on the skin but if any of the above symptoms expressed by the child, the assailant will be fined.

# 2. Conclusion

The posed topics in the article concluded as follows:

According to Holy Qur'an, Islam has commanded charity and good practice but prohibited violence. And also in the prophet's biography and his companions, the meekness, kindness, love, and companionship can be seen. The two are the main references for expressing "no" for any type of violence. In another word, that references are prohibiting physical and psychological violence and encourage the family and society to have a good relationship and social behavior.

As it is mentioned, Islam is the sponsor of the relationship and love for all the people of humanity, it encourages the good practice and prohibits any type of misbehavior and harsh. Whereas, Islam is the greatest supporter of pure justice and discipline while social relations are not free of stress, especially within the family. Therefore, Islam has proposed accurate educational and disciplinary methods.

The family members according to their Conscience and with the religious commandment, adhere to others' regulated rights and keep practicing the religion and ethics, there will never be violence, tension, war, or rudeness. As a result, we do not need to resort to coercion, flogging, or beatings. Therefore, by observing the mutual rights and avoiding creating tension, a healthy and polite family has been created, and it will no longer make sense to beat anyone.

# 3. Suggestions

- The importance of the role of the family in society is clear, and the consequences of its strengths and weaknesses in society are undeniable. Therefore, the officials of the government of the Islamic Republic of Afghanistan must pay special attention to having a healthy nation to express, publish and promote the pure teachings of Islamic education so that our Islamic society is not introduced as a world record for violence. Also, the revelatory and life-giving teachings of Islam should not be used to describe the misconduct of people promoting violence, violating the rights of children and women.
- 2) Those who are truly seeking the truth of Islam, not the reality of the Muslim community, are offered to study the religion of Islam from another address and a source other than the one introduced by the global hegemons and the biased media, indeed that trusted address is a direct reference of study of Islamic teachings.
- 3) To prevent violence and treat it, respectable families should make a serious effort to be inspired and guided by Islamic commands, to solve the problems of the incident inside the family, and to expand their human dignity as much as possible, and refrain from being insulted in public and stop the judicial and legal authorities from interfering.

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