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# A Morphometric and Morphlogical Study of Sacral Hiatus and its Clinical Significance in Caudal Epidural Anesthesia

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Abstract: <u>Background</u>: Sacrum is a triangular wedge-shaped bone which is formed by fusion of five sacral vertebrae. It is present between the two in nominate bones forming postero – superior wall of pelvic cavity. Anatomy of the sacral hiatus is having clinical importance during caudal epidural block. In adults it is sometimes difficult to determine the anatomical location of the sacral hiatus and the caudal epidural space. Caudal epidural block (CEB) is widely used to provide anesthesia for various clinical procedures; treatment of lumbar spinal disorders and for the management of chronic back pain. <u>Objective</u>: To determine the shapes of sacral hiatus, Anteroposterior diameter & transverse width of sacral hiatus at the apex, and Distance between the sacral crest. <u>Material and Methods</u>: The study was conducted on 100 dried sacrum of unknown sex in Rajasthan population from the collection of Department of anatomy of Mahatma Gandhi Medical College & Hospital Jaipur. <u>Results</u>: Various shapes of sacral hiatus at apex was 10.29mm. The mean value of distance between the two supero lateral crests and the distance between the apex of sacral hiatus and the right and left supero lateral sacral crests were 63.02, 62.18 and 47.95 mm respectively. <u>Conclusion</u>: The sacral hiatus has anatomical variations and these variations may improve the reliability of caudal epidural anaesthesia. There are anatomical variations in the shape and level of the sacral hiatus which may lead to failure of caudal anaesthesia.

#### **1. Introduction**

Sacrum is a triangular wedge-shaped bone which is formed by the fusion of five sacral vertebrae. It is present between the two innominate bones forming postero-superior wall of pelvic cavity<sup>8</sup>. Egyptians considered this bone sacred to "Osiris" the god of resurrection and of agriculture<sup>3</sup>. Sacrum support erect spine and provide strength and stability to the bony pelvis for transmission of body weight<sup>7</sup>.

The opening at caudal end of sacral canal is known as sacral hiatus, which is formed due to failure of fusion of laminae of fifth sacral vertebrae (occasionally fourth) making it arc shaped gap<sup>3</sup>. The sacral hiatus is bordered laterally by two sacral cornua and could be palpable as a dimple in between. The sacral hiatus contains lower sacral and coccygeal nerve root, filum terminale externa and fibrofatty tissue<sup>3</sup>. The inverted U or V shape and extent of sacral hiatus covered by sacrococcygeal membrane is proved important landmark to perform caudal epidural block (CEB) anesthesia through sacral hiatus<sup>9</sup>. The sacral hiatus is identified by the palpation of sacral cornua, felt at the upper end of the natal cleft 5cm above the tip of the coccyx<sup>3</sup>. Alternatively, it may be identified by constructing an equilateral triangle based on a line joining the posterior superior iliac spines: the inferior apex of this triangle overlies the sacral hiatus<sup>3</sup>. Single bony landmark may not help in locating sacral hiatus because of anatomical variations<sup>21</sup>.

#### 2. Materials and Method

The study was performed at Department of Anatomy Mahatma Gandhi Medical College, Jaipur (Rajasthan). A total number of 100 dried sacrum bones of unknown age and gender will be included in the study.

Only fully ossified, dried and thoroughly cleaned sacra which are complete in all respects, in order to get correct and comprehensive observations, was included in the study. Damaged sacrum will be excluded from the study. All the parameters were measured by using sliding Vernier caliper. The observation will be made on following parameters.

#### **2.1 Parameters**

#### A) Nonmetric parameters

• Different shapes of the sacral hiatus and their percentage distribution of each.

#### **B)** Metric parameters

- Transverse width of sacral hiatus at the base.
- Anteroposterior diameter of sacral hiatus at the apex.
- Distance between the sacral crest- superolateral sacral crest, right and left superolateral crest and sacral hiatus apex.

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### 3. Result

The morphological and morphometric observations of the sacral hiatus in dried human sacrum belonging to Rajasthan population are as follows:

 Table 1: The no. and percentage of various shapes of sacral hiatus (N= total number of sacrum) different Shapes of Sacral Hiatus

Sacral Hiatus										
Shapes of sacral hiatus	No. of Specimens (n=100)	Percentage (%)								
Inverted U-shaped	39	39								
Inverted V-shaped	26	26								
Dumbell shaped	11	11								
Elongated shaped	2	2								
Bifid shaped	17	17								
Irregular shaped	5	5								

- We studied 100 sacral hiatus to observe basically six shapes of sacral hiatus as Inverted U-shaped, Inverted V-shaped, Dumbell shaped, elongated shaped, Bifid shaped and Irregular shaped. The distribution of different shaped of sacral hiatus have been showed in (Table : 1).
- In present study we found the most common shape was inverted-U shape (39 %) and the least common shape was Elongated (2%).



Figure 1: A. Inverted U-shaped; B. Inverted V-shaped; C. Elongated shape; D. Dumbell shaped; E. Bifid shaped; F. Irregular shaped

#### 3.1 Morphometric Analysis of Sacrum

**Table 2:** Morphometric analysis of sacrum. (A-P=Anteroposterior diameter)

S.no	Parameter	Range (MinMax.)	Mean Value (MM)	SD
1.	Transverse width of sacral hiatus at apex	4.25 - 17.67	10.29	2.74
2.	A-P diameter of sacral hiatus at the apex	1.29 – 11.59	5.81	2.32

The mean transverse width of sacral hiatus at apex was 10.29 mm. The anteroposterior diameter of sacral hiatus at the apex was 5.81 mm observed in present study.

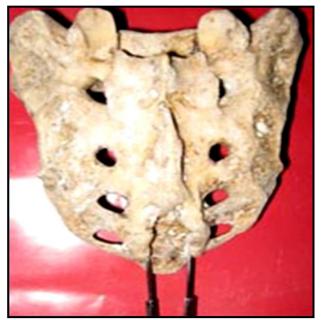


Figure 2: Transverse width of sacral hiatus at the base

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Figure 3: Anteroposterior (AP) diameter of sacral hiatus at the apex

1) Measurements of distances between the superolateral sacral crests and their distances from the apex of sacral hiatus

 Table 3: Measurements of distances between the

 superolateral sacral crests and their distances from the apex

 of sacral hiatus

		Range	Mean	
S.no	Parameter	(Min Max.)	value (mm)	SD
1.	Distance between two superolateral crest (base of triangle) [B-A]	32.73 – 63.64	47.95	6.71
2.	Distance between right superolateral crest and sacral hiatus apex [A-C]	32.19 – 91.38	63.02	11.62
3.	Distance between left superolateral crest and sacral hiatus apex [B-C]	33.24 – 91.65	62.18	11.49

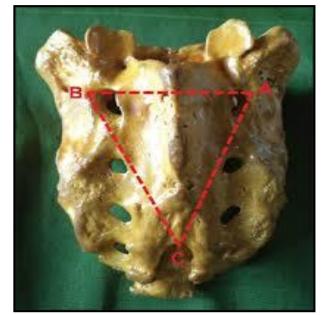


Figure 4: a) Distance between two superolateral sacral crest (base of the triangle) [B-A] b) Distance between right superolateral crest and sacral hiatus apex [A-C] c) Distance between left superolateral crest and sacral hiatus apex [B-C]

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- The Range (32.73 63.64), mean value (47.95) and SD (6.71) of distance between two superolateral crest (base of triangle) were observed in present study.
- The Range (32.19 91.38), mean value (63.02) and SD (11.62) of distance between right superolateral crest and sacral hiatus apex were observed in present study.
- The range (33.24 91.65), mean (62.18) and SD (11.49) of distance between left superolateral crest and sacral hiatus apex were observed in present study.

## 4. Discussion

### 4.1 Shapes of sacral hiatus

Variation in shapes of sacral hiatus is observed in present study. Most commonly Inverted-U shaped sacral hiatus (39%) followed by Inverted -V shaped (26%), dumbbell shaped (11%), elongated shaped (2%), bifid shaped (17%) and irregular shaped (5%).

Nagar S.K et al also noted various shapes of sacral hiatus , most commonly Inverted -U (41.50%) followed by Inverted -V (27%), dumbbell (13.30%) ,bifid (1.50%) and irregular (14.10%). Anjali Aggrawal et al also noted various shapes Inverted -U (40.3%), Inverted V (31.57%) , bifid (4.30%) and the least was found to be of irregular (15.57%).

Inverted U- shaped sacral hiatus was observed (38%) in present study which is similar to Kamal AHMM et al (39%).

The Inverted U- shape found (39%) which is highest. When present study compared with other author it found insignificant.

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A	V	Demoletien	N	C			Shapes of S	acaral Hiatus		
Author	Year	Population	Ν	Sex	Inverted U	P-value	Inverted V	P-value	Dumbbell	P-value
Nagar SK	2004	Gujarat	270		41.50%	0.33119	27.00%	0.423045	13.30%	0.269816
Anjali Aggarwal	2009	Chandigarh	114		40.30%	0.42308	31.57%	0.183709		0.000219
Njihia B N	2011	Kenya	88		16.70%	0.00020	32.00%	0.182767	* 31.00%	0.000307
Dipali Rani Pal	2012	Banagladesh	160		40.00%	0.43622	27.60%	0.388187	12.50%	0.356484
Clarista M Q	2013	Kerela	104		46.20%	0.14857	24.00%	0.370781	6.70%	0.139680
Ramamurthi K S	2013	Tamilnadu	116		31.00%	0.10915	25.80%	0.486657	5.00%	0.053677
Seema	2013	Amritsar	149		42.95%	0.26673	27.51%	0.395748	13.41%	0.282735
Mrudula C	2013	Hyderabaad	100		Most comm	on sound				
Manisha B Sinha	2014	Chattisgarh	68		35.93%	0.34298	17.18%	0.082005	7.81%	0.239891
Kamal AHMM	2014	Dhaka	172		38.00%	0.43513	35.10%	0.055173	5.30%	0.054916
Ashraf Y Nasr	2014	Saudi Arabia	150		31.33%	0.10711	38.66%	0.016241	12.00%	0.403709
UkohaUkoha U	2014	Nigiria	83		48.20%	0.10502	34.90%	0.096190	4.80%	0.056450
Mishra M	2014	Andhra Pradesh	93		50.53%	0.05264	26.90%	0.443688	5.40%	0.076005
Malarvani T	2015	Nepal	100		35.00%	0.27882	32.00%	0.174368	3.00%	0.012389
Rajapur Parashuram	2015	Karnatka	200		50.00%	0.03393	27.50%	0.390680	2.00%	0.003049
Renu Chauhan	2015	Delhi	46	Male	13.00%	0.00009	13.00%	0.024783		
Kenu Chaunan	2013	Demi	14	Female	• 5.00%	0.00000	• 3.00%	0.000139		
M D Jawed Akhtar	2016	Bihar	124		44.36%	0.20872	35.48%	0.061301	4.84%	0.046842
A. Bharathi	2016	Telangana	60		40.00%	0.45018	45.00%	0.007284	• 1.70%	0.004364
Mrituniay Danday	2016	UP	100	Male	48.00%	0.09870	32.00%	0.174368	2.00%	0.004325
Mritunjay Pandey	2010	UP	100	Female	64.00%	0.00013	26.00%	0.500000	4.00%	0.028977
Vandana K Punase	2016	MP	66		33.33%	0.22723	33.33%	0.156793		
Dona Saha	2016	Kolkata	117		* 70.09%	0.00000	14.53%	0.017898	0.85%	0.000872
Pooja Singh	2016	UP	67		22.39%	0.00925	22.39%	0.295599	17.91%	0.109979
Sunil J Pundge	2017	Maharashtra	103		38.50%	0.47086	34.00%	0.105835	5.00%	0.056934
Rajani Singh	2017	Uttarakhand			42.95%		27.51%			
Harvinder Singh	2017	Gurugram	31		41.93%	0.38605	29.03%	0.371719	12.90%	0.389726
William FM	2017	Rajasthan	75		30.66%	0.12404	42.00%	0.013047	10.66%	0.471421
Present Study	2019	Rajasthan	100		39.00%		26.00%		11.00%	

Author	Year	Population	Ν	Sex		S	hapes of S	acaral Hiatu	us	
Author	rear	Population	IN	Sex	Elongated	P-value	Bifid	P-value	Irregular	P-value
Nagar SK	2004	Gujarat	270				1.50%	0.000026	14.10%	0.001375
Anjali Aggarwal	2009	Chandigarh	114				4.30%	0.001276	15.70%	0.004079
Njihia B N	2011	Kenya	88					0.000003	19.00%	0.001495
Dipali Rani Pal	2012	Banagladesh	160					0.000003	20.00%	0.000047
Clarista M Q	2013	Kerela	104				2.90%	0.000293	9.60%	0.101830
Ramamurthi K S	2013	Tamilnadu	116		* 17.20%	0.000028			20.60%	0.000163
Seema	2013	Amritsar	149						* 24.00%	0.000002
Mrudula C	2013	Hyderabaad	100							
Manisha B Sinha	2014	Chattisgarh	68				7.81%	0.032215	15.62%	0.015315
Kamal AHMM	2014	Dhaka	172		5.80%	0.046803	0.60%	0.000008	15.20%	0.001778
Ashraf Y Nasr	2014	Saudi Arabia	150				2.66%	0.000157	15.33%	0.002389
UkohaUkoha U	2014	Nigiria	83				4.80%	0.002938	4.80%	0.475101
Mishra M	2014	Andhra Pradesh	93						11.80%	0.044270
Malarvani T	2015	Nepal	100				2.00%	0.000091	14.00%	0.014031
Rajapur Parashuram	2015	Karnatka	200				2.00%	0.000056	15.50%	0.000893
Renu Chauhan	2015	Delhi	46	Male			1.00%	0.000036	19.00%	0.011758
Kenu Chaunan			14	Female			1.00%	0.000254	5.00%	0.500000
M D Jawed Akhtar	2016	Bihar	124				4.03%	0.000891	8.87%	0.124486
A. Bharathi	2016	Telangana	60				1.70%	0.000099	• 1.70%	0.114648
Mrituniau Dandau	2016	UP	100	Male			8.00%	0.026048	10.00%	0.088765
Mritunjay Pandey	2010	Ur	100	Female			• 0.00%	0.000003	6.00%	0.378191
Vandana K Punase	2016	MP	66		6.06%	0.106038	3.03%	0.000592	24.24%	0.000374
Dona Saha	2016	Kolkata	117				1.71%	0.000053	12.82%	0.019331
Pooja Singh	2016	UP	67				8.96%	0.058417	19.40%	0.003293
Sunil J Pundge	2017	Maharashtra	103				3.00%	0.000334	10.00%	0.086687
Harvinder Singh	2017	Gurugram	31		3.22%	0.362420	3.22%	0.002529	9.67%	0.207868
William FM	2017	Rajasthan	75				*10.66%	0.110384	13.66%	0.027821
Present Study	2019	Rajasthan	100		2.00%		17.00%		5.00%	

• Indicates the lowest value and \* indicates the highest value

Bold p – value shows that are not significant

Unbold p – value shows significant difference

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# Anteropoaterior Diameter of Sacral Hiatus at the Level of APEX

In present study the anteroposterior diameter range from 1.29mm to 11.6mm with the mean range from  $5.81 \pm 2.32$  mm which is significantly differed from other researchers except Clarista MQ et al, Dona Saha et al, UkohaUkoha et al, M D Jawed Akhtar et al.

**Transverse Width at the Level of Base of Sacral Hiatus** The transverse width of sacral hiatus in our study ranged between 4.25 to 17.67 mm, the arithematic mean width range with SD between  $10.29 \pm 2.74$  which is lowest in contrast to other authors and differed significantly.

A	V	Demulation	N	C	AP Diame	eter (mm)	D Valaa	Transverse V	Vidth (MM)	P - Value
Authors	Year	Population	Ν	Sex	$Mean \pm SD$	Range	P - Value	Mean $\pm$ SD	Range	P - Value
Nagar S K	2004	Gujarat	270		4.88	2 - 14	0.00003	_	-	
Anjali Aggarwal	2009	Chandigarh	114		$5.03 \pm 1.57$	1.9 - 10.40	0.00226	$11.99 \pm 2.78$	6 - 23.3	0.00002
Njihia B N	2011	Kenya	88		6.4	—		12.6	-	
Dipali Rani Pal	2012	Bangladesh	160		$5.34 \pm 1.39$	4 - 6	0.03356	$12.75\pm2.92$	_	0.00000
Clarista M Q	2013	Bangladesh	104		$5.58 \pm 1.66$	1.98 - 9.92	0.20852	$16.87\pm3.66$	6.48 - 29.20	0.00000
Ramamurthi K S	2013	Tamil nadu	116			_		$16.2 \pm 27$	10 - 22	0.02560
Seema	2013	Amritsar	149		4.7	2 - 14			11 - 25	
Manisha B Sinha	2014	Chattisgarh	68		$3.1\pm 6$	_	0.00019			
Kamal AHMM	2014	Dhaka	172	Male	$4.76 \pm 1.73$	1.50 - 8.57	0.00004	$17.29\pm3.89$	7.11 - 25.01	0.00000
				Female	$4.92\pm2.13$	0.18 - 13.4	0.000001	* 18.01±3.70	2 to 24.49	0.0000001
Ashraf Y Nasr	2014	Saudi Arabia	150		$4.78 \pm 1.87$	1 - 9	0.00010	$11.5 \pm 3.1$	4 - 17	0.00207
UkohaUkoha U	2014	Nigeria	83		$5.52 \pm 1.89$	0.4 - 11.10	0.17572	$12.35\pm3.12$	5.0 - 20.50	0.00001
Mishra M	2014	Andhra Pradesh	93		4	2-9	0.00000	12.11	4 - 18	
Amol A Shinde	2015	Maharashtra	300			1.9 - 9.2			8.5 - 25.7	
Malarvani T	2015	Nepal	100			2-9			7 - 27	
RajapurParashuram	2015	Karnataka	200			1.5 - 8.5			1 - 19	
M D Jawed Akhtar	2016	Bihar	124		$5.39 \pm 1.96$	2.1 - 10.87	0.07462	$12.14\pm3.89$	4.25 - 19.58	0.00007
A Bharathi	2016	Hyderabad	60		* 7.25	5 - 14			_	
Mritunjay Pandey	2016	UP	100			3 - 6			5 14	
Dona Shah	2016	Kolkata	117		$6.02\pm2.43$	2 - 12.50	0.25776	$12.10\pm3.13$	6 21.10	0.00001
Pooja Singh	2016	UP	67		_	1.5 - 12.5		_	3 18	
Harvinder Singh	2017	Gurugram	31		4.61	-		12.32		
William FM	2017	Rajasthan	75		$0.5\pm0.118$	0.3 - 0.8	0.00000	$15\pm2.449$	10 20	0.00000
BabitaKujur	2017	Odisha	44	male	$4.18 \pm 1.46$	_	0.00000	$15.74 \pm 1.35$	_	0.00000
Present Study	2019	Rajasthan	100		$5.81 \pm 2.32$	1.29 - 11.6		$10.29\pm2.74$	4.25 - 17.67	

• Indicates the lowest value and \* indicates the highest value

Bold p – value shows that are not significant

Unbold p – value shows significant difference

# Distance between the superiolateral sacral crests and their distances from the apex of sacral hiatus

In the present study the mean value of distance between two superolateral crests (base of triangle) was lowest 47.95mm ranged from 32.73 to 63.64mm. Right superolateral and left superolateral crests were observed 63.02 mm and 62.18 mm respectively, whereas the study done by K Thirumagal et al (2018) succeeded over the present study as observed value

was 67.5mm, 65mm and 65mm respectively . Right superolateral crest is significantly differed from N Senoglu et al (67.1  $\pm$  10) and Anjali Aggarwal et al (59.92  $\pm$  8.4), who used posterior superior iliac spine for base of equilateral triangle instead of superolateral crest.

Left superolateral crest also differed significantly from N Senoglu et al ( $67.5 \pm 9.5$ ).

Authors	Year Population		N	Distance Between Two superolateral Sacral crest {B-A}			Distance superolatera hiatus		d sacral	Distance Between Left superolateral crest and sacral hiatus apex {B-C}		
				Mean $\pm$ SD	Range	P-value	$Mean \pm SD$	Range	P-value	Mean $\pm$ SD	Range	P-value
N Senoglu	2005	Turkey	96	*66.5 ± 53.5	51 - 79.5	0.0004	* 67.1 ± 10	42.1 - 89	0.0042	* 67.5 ± 9.5	46 -88	0.00020
Anjali Aggarwal	2009	Chandigarh	114	• 50.96 ± 6.69	20 - 75	0.0005	• 59.92 ± 8.4	36 - 78	0.0136	• 59.99 ± 8.31	37 - 76	0.05728
Patil Dhananjay	2012	Gujarat	103	$605\pm6.7$	43 - 78	0.00000	$61.95 \pm 11.7$	29 - 95	0.2567	61.4 ± 11.98	28 - 91	0.31793
Clarista M Q	2013	Kerela	104	$64.96\pm5.44$	49.10 - 79.40	0.00000	$62.64 \pm 9.62$	34.1- 83.9	0.3998	$62.33 \pm 9.92$	34.5-83.9	0.46032
Vandana K Punase	2016	MP	66	$64.83 \pm 6.87$	48.60 - 85.10	0.00000	$63.16\pm9.07$	39 - 85.30	0.4654	$62.53 \pm 9.03$	44 - 83.40	0.41335
Dona Saha	2016	KolKata	117	$62.38\pm6.19$	46.60 - 89.10	0.00000	63.38 ± 9.21	37.5 - 84.1	0.4013	63.50 ±9.20	37.5- 84.1	0.17791
Babita Kujur	2017	Odisha	44	$62.60\pm5.58$	-	0.00000	$64.02\pm9.19$	_	0.2901	64.37 ± 9.77	-	0.12053

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Prese	ent 2019	Deiesthen	100	$47.95 \pm 6.71$	32.73 -		$63.02 \pm$	32.2-			33.27-	
Stuc	ly 2019	9 Rajasthan	100 4	$4/.95 \pm 6./1$	63.64		11.62	91.4		± 11.49	91.65	
. Indian	Indicates the largest galaxies and * indicates the history galaxies											

• Indicates the lowest value and \* indicates the highest value Bold p – value shows that are not significant Unbold p – value shows significant difference

## 5. Summery and Conclusion

The present study has been carried out to determine the average mean and standard deviation of various parameters of sacral hiatus. There are anatomical variations in the shape and the level of the sacral hiatus which may lead to failure of caudal anaesthesia. When the anaesthetist notices an abnormality of sacral hiatus, he/she should choose lumbar epidural anaesthesia or other procedures to avoid the risk of soft tissue injury. The sacral hiatus has anatomical variations and these variations may improve the reliability of caudal epiduralanaesthesia.

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