# Photoacoustic Spectroscopy and Its Applications in Biology, Radiotherapy, and Imaging - A Brief Overview

#### **Eko Hidayanto**

Department of Physics, Diponegoro University, Tembalang, Semarang, Indonesia Corresponding author: ekohidayanto[at]gmail.com

**Abstract:** The photoacoustic spectroscopy for non-destructive measurements has been developed in many attractive research areas. In this spectroscopy, high energy laser be amused for irradiating the material will be detected. Light beam will produce a thermal expansion (increasing in heat temperature) within the material, which is then generating an acoustic wave. This review paper presents the photoacoustic spectroscopy for biology, radiotherapy, and imaging applications.

Keywords: photoacoustic, biology, radiotherapy, imaging

### 1. Introduction

Photoacoustic phenomena were first discovered by Alexander Graham Bell, 1881, when he observed the formation of sound waves from a solid material illuminated by sunlight. The intensity of sunlight radiation is directed at a closed glass vessel containing a solid sample that absorbs infrared radiation. With a spectrophone (a kind of microphone) he can hear very weak sounds due to radiation absorption by solids. Bell used a spectrophone (as shown in Figure 1) to test the visible light absorption spectrum in the sun [1]. This instrument is wirelessly equipped.

The basic principles of photoacoustic spectroscopy can be explained as follows. In gas phase photoacoustic spectroscopy, an electromagnetic wave (e.g. laser light) as an intensity modulated radiation source is passed to a photoacoustic cell containing absorbing gas molecules. When the gas molecules absorb the energy of the photons, the gas molecules that are occupying the basic energy level will be excited to the higher energy level. Gas molecules in an excited state are unstable and will tend to return to a stable state (basic energy level) by releasing energy through the de-excitation process.



Figure 1: The spectrophone used for the first time for photothermal absorption analysis

The de-excitation process of molecules in this photoacoustic spectroscopy (with CO<sub>2</sub> laser radiation emitting infrared radiation at  $\lambda$  about 10  $\mu$  m) is the most dominant is nonradiation de-excitation, where in this non-radiation deexcitation a collision occursbetween molecules so as to allow heating of the medium inside the cell. At constant volume heating this temperature results in a change in pressure in the cell. If the radiation source coming to the sample gas intensity is modulated periodically, then the periodic pressure changes in the cell will also be obtained which generates a sound at the same frequency as the modulated radiation frequency. The sound that is formed can be detected using a microphone, then amplified by an amplifier, then converted into an electrical signal that is displayed on the oscilloscope[2]. It can be briefly shown in Figure 2.



Figure 2: Basic principles of photoacoustics

This photoacoustic spectroscopy has several advantages such as simple equipment but has high (can detect gas concentrations reaching the order of ppm, parts per million) and easy calibration. Photoacoustic spectroscopy is a type of spectroscopy that utilizes its phenomena as a work basis to generate sound waves in accordance with the heat arising from radiation emission to radiation energy absorbing materials [3, 4].

### 2. Photoacoustic Applications in Biology

The photoacoustic spectroscopy is increasingly being used for various applications in non-destructive testing and has great potential in several biological/biophysics applications. Mesquita [5] studied the applications of the open photoacoustic cell (OPC) technique in studies of photosynthetic activity in plant leaves. Hu and Wang [6]

### Volume 9 Issue 11, November 2020 <u>www.ijsr.net</u> Licensed Under Creative Commons Attribution CC BY

Paper ID: SR201113095945

DOI: 10.21275/SR201113095945

reviewed the photoacoustic microscopy (PAM) offers unprecedented sensitivity to optical absorption for biological systems study. In terms of monitoring biophysical changes, Hysi[7] has develop the functional and structural changes of tissue that form the basis of photoacoustic imaging biomarkers for early cancer treatment monitoring. Li [8] has simulated the numerical method to characterize the photoacoustic waves based on the calculation of spheroidal wave functions. Vries [9] used a photoacoustic effect to test the ripeness of fruits.

Photoacoustic laser experiments have been carried out to study the dynamic behavior of nitrogen fixation [10]. To avoid volume buffering of water, the algae Spumigena Nodularia type was placed on filter paper and a mixture of  $O_2$  and  $N_2$  gases with different acetylene concentrations on top of the sample. In this way the influence of parameters such as light intensity and temperature can be studied with a time resolution of 20 seconds. NO<sub>2</sub> trace gas at pptV level is monitored by low-cost photoacoustic and the limit of detection was 33 pptV [11].Measurements of the effects of ultraviolet (UV) radiation on human skin are presented to illustrate the possibilities of photoacoustic detection in this field. In trials skin lipid peroxidation was monitored [12]. UV radiation causes reactive oxygen species to form on the skin [13].

Photoacoustic developments in liquids or gases caused by the interaction of laser radiation are used as the assessment mechanism. The biological effects of laser radiation have been studied intensively since the inception of the use of lasers in medical research [14]. Pressure changes as the result of laser irradiation can result from either ablation or thermoelastic heating. Thermoelastic heating, has more complex pressure wave characteristics than ablation [15]. The interaction of biological tissue and photoacoustic waves has a complicated process [15, 16].

The study of the biological effects of photoacoustic waves is the combined effect of laser irradiation, heating effect, cavitation, and pressure with pulse laser energy below the ablation threshold [16, 17]. The study emphasizes the mechanical pressure waves and their physical effects on the tissue. What is known as photomechanical ablation is usually used to explain this effect. Whereas the effect of pressure changes on biological tissue is used in the approach of cell culture by using a readily absorbent material (polyimide or polystyrene) as a laser target, using a high enough pressure (several hundred bars) so that the effect of these pressure changes will be spread into cells with minimized regulation of the effects of laser radiation, heat and cavitation.

The ablation technique with laser irradiation is mainly based on three processes namely photothermal, photochemical and photomechanical decomposition [16]. Photothermal decomposition refers to the ablation of tissue by evaporation of the tissue due to irradiation at relatively high temperatures. Photochemical decomposition is caused by chemical interactions of molecules in the network with photon energy resulting in changes in chemical bonds [17]. Both of this process require a relatively high laser intensity to achieve effective ablation. On the other hand, the photomechanical ablation process requires 10 times less laser energy density than for complete evaporation [18]. This process controlled by ablation method has implications with minimal damage to tissues. The mechanism of the photochemical ablation process was described by Paltauf [15] as shown in Figure 3.

A laser pulse is used to generate thermoelastic pressure in the tissue (figure 3 (a)). The initial pressure distribution in the network is determined by the optical absorption coefficient, which is assumed to be constant. This initial pressure distribution is completely positive in the direction perpendicular to the surface. Thermoelastic pressure waves propagate in the right-hand direction at the speed of sound across the network. Due to an acoustic mismatch at the air network interface, a negative pressure (tensile stress) is created (figure 3 (b)). Since most of the materials in the network have a weaker stress than their compression, the resistance of the material will fail if the tensile stress is applied beyond its threshold. If the negative pressure (tensile stress) is at its threshold (figure 3 (c)), it is likely to cause tissue fracture or cavitation at a certain depth [19] (figure 3 (d)) followed by the release of the tissue fragments on the front surface. (Figure 3 (e). The term of "photospallation" has been used to describe this effect [15,20]. It should be noted here that not only tensile stressbut heating also contributes to material ablation [15].



Figure 3: Mechanism of photomechanical ablation [15]

Several applications of rear detection models have been carried out including imaging of layered structures in biological tissue [21], monitoring of blood oxygenation to the brain [22, 23], and monitoring of the optical properties of blood [24]. In monitoring blood oxygenation, the Nd: YAG and Alexandrite laser systems are used to provide laser pulses at wavelengths of 1,064 and 750 nm. Blood oxygenation is a measure of oxyhemoglobin saturation, which is determined by the concentration of oxyhemoglobin deoxyhemoglobin. Because both and oxy and deoxyhemoglobin have different absorption at both laser wavelengths, optical absorption measured at both two wavelengths can provide information about blood oxygenation [23, 24].

Photoacoustic has also been developed for radiotherapy and imaging purposes. The use of a contrast agent from albuminshelled microbubbles with encapsulated gold nanorods (AuMBs) can improve image contrast on photoacoustic

# Volume 9 Issue 11, November 2020 <u>www.ijsr.net</u>

Licensed Under Creative Commons Attribution CC BY

imaging used for diagnostic and therapeutic purposes [25].Many applications of photoacoustic in radiotherapy such as gold nanorods [26], thermosensitive liposomes PLoS One [27], silver nanoparticles [28] and 3D printing of hydrogel scaffolds [29] are important development. In imaging, photoacoustic is also widely used in e.g. triggered nanodroplet vaporization [30], optically-triggered phase-transition droplets [31], thyroid cancer [32], stem cell tracking platform for ultrasound [33] and functional calcium imaging [34] are also developed.

## 3. Resume

This paper presents a brief review of the photoacoustic generation and biological effects of laser irradiation, heating effects, ablation, cavitation, and pressure. Several applications of detection models such as imaging of layered structures in tissues, monitoring of blood oxygenation to the brain, and monitoring of the optical properties of blood are explored in this paper. In the end of paper, application of photoacoustic in radiotherapy and imaging are also presented.

## References

- A.G. Bell, 1881, "Upon the Production of Sound by Radiant Energy", Phil. Mag. J. Sci., Vol. XI, Pp. 510– 528.
- [2] A. Resoncwaig and A. Gersho, **1976**, "Theory of the Photoacoustic Effect in Solids", J. Appl. Phys, Vol. 47, pp. 64-69.
- [3] M.W. Sigrist, **1986**, "Laser Generation of Acoustic Waves in Liquids and Gases", Journal Applied Physics, Vol. 7, Pp. 83-120.
- [4] P.L. Meyer, 1990, "Atmospheric Pollution Monitoring Using CO<sub>2</sub> Laser Photoacoustic Spectroscopy and Other Techniques", Rev. Sel. Instrum., Vol. 61, No. 7.
- [5] R.C. Mesquita, A.M. Mansanares, E.C. da Silva, P.R. Barja, L.C.M. Miranda &H. Vargas, 2006, "Open Photoacoustic Cell: Applications in Plant Photosynthesis Studies", Instrumentation Science & Technology, Vol. 34, Issue 1-2, Pp. 33-58.
- [6] S. Hu and L.V. Wang, 2013, "Optical-Resolution Photoacoustic Microscopy: Auscultation of Biological Systems at the Cellular Level", Biophysics Journal, Volume 105, Issue 4, Pp. 841-847
- [7] E.Hysi, M.N. Fadhel, Y. Wang, J.A.Sebastian, A. Giles, G.J.Czarnota, A.A. Exner, M.C.Kolios, 2020, "Photoacoustic imaging biomarkers for monitoring biophysical changes during nanobubble-mediated radiation treatment", Photoacoustic, Volume 20, 100201.
- [8] Y. Li, H. Fang, C. Min & X. Yuan, 2015, "Simulating photoacoustic waves produced by individual biological particles with spheroidal wave functions", Scientific Reports, Vol. 5, Article number: 14801.
- [9] H.S.M. De Vries, M.A.J. Wasono, F.J.M. Harren, E.J. Woltering, H.C.P.M. van der Valk, J. Reuss, **1996**, "Ethylene and CO<sub>2</sub> Emission Rates and Pathways in Harvested Fruits Investigated, in situ, by Laser Photothermal Deflection and Photoacoustic Techniques", Postharvest Biol. Technol., Vol. 8, Pp. 1– 10.

- [10] A. Haystead, R. Robinson & W. D. P. Stewart, 1970, "Nitrogenase Activity in Extracts of Heterocystous and Nonheterocystous Blue-Green Algae", Arch. Mikrobiol., Vol. 74, Pp. 235–243.
- [11] T.Rück, R.Bierl, and F.M.Matysik, 2017, "Low-cost photoacoustic NO<sub>2</sub> trace gas monitoring at the pptVlevel, Sensors and Actuators A: Physical", Vol. 263, Pp. 501-509.
- [12] F.R. de Gruijl,1997, "Health Effects from Solar UV Radiation", Radiat. Prot. Dosim., Vol. 72, Pp. 177– 196.
- [13] L.R. Solon, R. Aronson and G. Gould, 1961, "Physiological Implications of Laser Beams, Very High Radiation Flux Densities of Optical Masers Point to Important Biomedical Applications", Science 134(348), Pp. 1506.
- [14] G. Doukas and T.J. Flotte, **1996**, "Physical characteristics and biological effects of laser-inducedstress waves", Ultrasound in Medicine and Biology 22(2), Pp. 151-164.
- [15] G. Paltauf and P.E. Dyer,**2003**,"Photomechanical processes and effects in ablation", Chemical Reviews 103(2), pp. 487-518.
- [16] D. Albagli, M. Dark, L.T. Perelman, C. Vonrosenberg, I. Itzkan and M.S. Feld, **1994**, "Photomechanical Basis of Laser-Ablation of Biological Tissue", Optics Letters 19(21), Pp. 1684-1686.
- [17] R. S. Dingus and R.J. Scammon. Gruneisen, 1991, "Stress Induced Ablation of Biological Tissue. Proceedings of Laser-Tissue Interaction", Int. Soc. Optical Engineering, Vol. 1427, Pp. 45-54.
- [18] I. Itzkan, D. Albagli, M.L. Dark, L.T. Perelman, C. von Rosenberg and M.S. Feld, **1995**, "The Thermoelastic Basis of Short Pulsed-Laser Ablation of Biological Tissue", Proceedings of the National Academy of Sciences of the United States of America 92(6), pp. 1960-1964.
- [19] G. Paltauf and H.S. Kloiber, **1996**, "Microcavity dynamics during laser-induced spallation of liquids and gels, Applied Physics", Materials Science & Processing 62(4), pp. 303-311.
- [20] H.J. Hoffman and W.B. Telfair, 2000, "Photospallation, pp. A new theory and mechanism for mid-infrared corneal ablations", Journal of Refractive Surgery 16(1), pp. 90-94.
- [21] A. Karabutov, E.V. Savateeva and A.A. Oraevsky, 1999, "Imaging of layered structures in biological tissues with opto- acoustic front surface transducer", Laser-Tissue Interaction X, pp. Photochemical, Photothermal, and Photomechanical, Proceedings Of. 3601, Pp. 284-295.
- [22] R.O. Esenaliev, Y.Y. Petrov, M. Klasing, D.S. Prough, D.J. Deyo and M. Motamedi., 2001, "Optoacoustic technique for noninvasive, real-time monitoring of cerebral blood oxygenation", Leos 2001, pp. 14th Annual Meeting of the IEEE Lasers & Electro- Optics Society, Vol. 1 and 2, Proceedings, pp. 192-193.
- [23] R.O. Esenaliev, I.V. Larina, K.V. Larin, D.J. Deyo, M. Motamedi and D.S. Prough, 2002, "Optoacoustic technique for noninvasive monitoring of blood oxygenation, pp. a feasibility study", Applied Optics 41(22), Pp. 4722-4731.

# Volume 9 Issue 11, November 2020

www.ijsr.net

## Licensed Under Creative Commons Attribution CC BY

- [24] E.V. Savateeva, A.A. Karabutov, S.V. Solomatin and A.A. Oraevsky, 2004, "Optical properties of blood at various levels of oxygenation studied by time resolved detection of laser-induced pressure profiles", Biomedical OptoacousticsVol. 3, Pp. 63-75.
- [25] Y.H. Wang,A.H. Liao,J.H. Chen, C.R. Wang, P.C. Li, 2012, "Photoacoustic/ultrasound dual-modality contrast agent and its application to thermotherapy", J. Biomed. Opt., Vol. 7, 045001.
- [26] Y.H. Wang, S.P. Chen, A.H. Liao,Y.C. Yang, C.R. Lee, C.H. Wu, 2014, "Synergistic delivery of gold nanorods using multifunctional microbubbles for enhanced plasmonic photothermal therapy", Sci. Rep, Vol. 4, 5685.
- [27] J.P. May, E. Hysi, L.A. Wirtzfeld, E. Undzys, S.D. Li, M.C. Kolios, 2016, Photoacoustic imaging of cancer treatment response: early detection of therapeutic effect from thermosensitive liposomes PLoS One, Vol. 11 Article e0165345.
- [28] Y.G. Yuan, Q.L. Peng, S. Gurunathan, 2017, "Silver nanoparticles enhance the apoptotic potential of gemcitabine in human ovarian cancer cells: combination therapy for effective cancer treatment", Int. J. Nanomed., Vol. 12., Pp. 6487-6502.
- [29] Y. Luo, X. Wei, Y. Wan, X. Lin, Z. Wang, P. Huang, 2019, "3D printing of hydrogel scaffolds for future application in photothermal therapy of breast cancer and tissue repair", Acta Biomater, Vol. 92, Pp. 37–47.
- [30] K. Wilson, K. Homan, S. Emelianov, 2012, "Biomedical photoacoustics beyond thermal expansion using triggered nanodroplet vaporization for contrastenhanced imaging", Nat Commun. Vol. 3, Pp. 618.
- [31] Q. Chen, J. Yu, K. Kim, **2018**, "Review: opticallytriggered phase-transition droplets for photoacoustic imaging", Biomed Eng Lett, 8:223–9.
- [32] V.S. Dogra, B.K. Chinni, K.S. Valluru, J. Moalem, E.J. Giampoli, K. Evans, 2014, "Preliminary results of ex vivo multispectral photoacoustic imaging in the management of thyroid cancer", AJR Am J Roentgenol, W552–8.
- [33] K.P. Kubelick, E.J. Snider, C.R. Ethier, S. Emelianov, 2019, "Development of a stem cell tracking platform for ophthalmic applications using ultrasound and photoacoustic imaging", Theranostics, 9:3812–24.
- [34] W.W. Liu, S.H. Chen, P.C. Li, **2019**, "Functional calcium imaging using optical-resolution photoacoustic microscopy in a 3D tumor cell culture", Proc SPIE.

## **Author Profile**



**Eko Hidayanto** received the B.S. degree in Physics from Diponegoro University, M.S. degree in Physics from Bandung Institute of Technology in 2004, and PhD degree in Materials Science & Engineering from Kyoto University Japan in 2008. He works in

Department of Physics Diponegoro University from 1998 to present. His research interest are radiation, materials, spectroscopy, and medical physics.