

# To Study the Utility of Synthesis Repertory in Cases of Hemorrhoids

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**Abstract:** Hemorrhoids are one such disease which challenges the modern treatment namely local medication and surgical removal. Half the population suffers from this disease with bleeding, pain, itching, prolapse or altered bowel habits. This causes extreme inconvenience which hinders and hinders the patient's daily routine with great mental agony and anxiety. In Homoeopathy, Hemorrhoids are treated as not local but as derangement in the dynamic vital force that are expressed out through signs and symptoms of bleeding, pain, itching and prolapse and are corrected only by means of dynamic medicines, which are capable of producing artificial similar diseases in healthy individuals, in a safe, gentle and effective manner. **Objectives:** To review the literature of the utility of synthesis repertory in cases of hemorrhoids to select 50 cases of patients suffering from hemorrhoids, to do proper case taking to individualize each case, to select the most similar medicine on the basis of similia similibus curanter, to evaluate the role of homoeopathic treatment and to keep regular follow-up of the case to observe the action of remedy. **Result:** Out of 50 cases 40 show improvement, whereas 10 cases remained unimproved. In maximum number of cases constipation and prolonged sitting was found to be the main predisposing factor for hemorrhoids. During the study sulphur was the indicated medicine prescribed in maximum number of patients, other medicines being Lachesis, Nux vomica, Calcarea carb, Bryonia and Lycopodium. **Conclusion:** The finding of the above study concluded that 94% of the cases responded well to the indicated homoeopathy similmum by using Synthesis repertory. This study proved the utility of synthesis repertory in cases of hemorrhoids precisely.

**Keywords:** Hemorrhoids, ICD-10-CM, Synthesis repertory, HTN

## 1. Introduction

Hemorrhoids (also known as haemorrhoids or piles) are enlarged and engorged blood vessels in or around the anus. They are varicosities or swelling and inflammation of the hemorrhoidal plexus of veins situated in the loose sub mucus coat of anal canal and lower part of the rectum. They can be bleeding and non- bleeding.

### Types of hemorrhoids:

- 1) Internal hemorrhoids – when the superior hemorrhoidal venous plexus is involved, the condition is designated as internal hemorrhoids. Occur inside the rectum. Not painful. May bleed when irritated.
- 2) External hemorrhoids – when the inferior hemorrhoidal venous plexus is involved, the condition is called as external hemorrhoids. Occur outside of anal verge (distal end of anal canal) sometimes painful. Swelling and irritation present. Itching is present. Prone to thrombosis, if the veins rupture a blood clot formed.

### Gradation of Hemorrhoids-

Grade I - Hemorrhoids project into the anal canal and often bleed but do not prolapsed.

Grade II - Hemorrhoids may protrude beyond the anal verge with straining or defecating but reduce spontaneously when straining ceases.

Grade III - Hemorrhoids protrude spontaneously or with straining and require manual reduction

Grade IV - Hemorrhoids chronically prolapsed and cannot be reduced. They usually contain both internal and external components and may present malignancy.

Hemorrhoids are one such disease that is becoming very common in the modern life style which challenges the modern treatment namely local medication and surgical removal diagnosis described on the basis of ICD-10-CM codes of K64 as per degree of severity. Approximately 50-60% of people have problems with hemorrhoids at some points of their life. More than 10 million case per year in India.

In Homoeopathy judicious prescribing of medicine can cure the condition or in some cases can prevent the surgeries. The successful prescription depends upon the view taken of the totality of the symptoms. Synthesis repertory deals with so many rubrics, sub-rubrics and cross-references in its chapters, all of them dealing only with one subject; repertorization, that is finding a suitable remedy for a given case.

So I intend to know precisely about the utility of synthesis repertory in cases of hemorrhoids for repertorization of each individual case accordingly in order to achieve favorable results or the cure for nearly 18 months of study. The study will be done by taking 50 cases of hemorrhoids selected on the random basis.

### Causes of Hemorrhoids:

It is a known fact that constipation and prolonged straining at stool are main causes of piles but there are some other important aspects too.

Low fiber diet causing small caliber stool and straining during defecation, Sitting for prolonged period at closet, Hypertension mainly in portal vein, Sodomy without use of lubricants, Obesity, Sedentary life style, Constipation as well as chronic diarrhea, Pregnancy causes hypertension and increases strain during bowel movements. Increased use of alcohol and caffeine, Lack of erect posture, Colon

malignancy, Episiotomy, Ageing – weakened support structures

### Rectal Bleeding Tests

The best test for rectal bleeding depends upon your age, symptoms, and past medical history.

**Rectal examination** —Sometimes a clinician can detect the cause of rectal bleeding with a rectal examination. In younger people, this examination may be all that is necessary.

**Anoscopy** —Anoscopy allows a clinician to inspect the anus and lower rectum. It can be done in the office and does not require sedation.

**Sigmoidoscopy** —During a sigmoidoscopy, a clinician can examine the rectum and most of the lower large intestine. Sigmoidoscopy can be done without sedation.

**Colonoscopy** —A colonoscopy is a procedure in which a physician examines the entire colon, usually while the patient is sedated.

While most rectal bleeding is caused by the non-serious causes mentioned above, bleeding can also be caused by cancerous or precancerous conditions. Precancerous polyps near the end of the colon can mimic bleeding from hemorrhoids. These are generally present in the colon for years before they become cancerous, and they can be removed very safely from the colon, preventing progression to cancer. Colon cancer may be diagnosed in patients who have ignored bleeding for years because they assumed it was from hemorrhoids. Polyps and colon cancer become more common with aging, and thus investigation of bleeding is most important, and is usually most intensive, in patients over the age of approximately 40 to 50 years if someone ignore this rectal bleeding this may cause Anemia-Aplastic Anemia. Many females after 25 - 40 years are having profuse menstrual bleeding lasting 4-6 months also develops Anemia, Aplastic anemia & many females develops piles during & after pregnancy - Many women who have fibroids don't have any symptoms. In those that do, symptoms can be influenced by the location, size and number of fibroids. In women who have symptoms, the most common symptoms of uterine fibroids include:

- Heavy menstrual bleeding
- Menstrual periods lasting more than a week
- Pelvic pressure or pain
- Frequent urination
- Difficulty emptying the bladder
- Constipation

Backache or leg pains If bleeding continues for longer time that may leads to Anemia if persists for years may turns into Aplastic Anemia 48 such females are benefited by Homeopathic medicines & their anemia has been successfully cure by homeopathic medicines just in 6-8 months their menstrual bleeding & rectal bleeding are also cured & now completely free from anemia. In central jail Indore more than 40 prisoners have been examined for bleeding piles and given homeopathic medicines on the basis of symptoms totality for 3 months all are cured having

regular bowel habits & no anemia. Following homeopathy treatment was given to above patients depending upon their conditions and their previous history. The different medicines prescribed to above patients are given below. The results were very encouraging and all the patients from the central jail got relief and also the women's who were suffering from rectal bleeding are also cured & now completely free from anemia.

### Medicines indicated as per Synthesis repertory for Hemorrhoids

SL.NO.	Medicine	Marks
1.	SULPHUR	23/8
2.	NIT. ACIDICUM	22/8
3.	GRAPHITES	22/8
4.	CALC.CARB.	21/8
5.	NUX VOMICA	21/8
6.	PHOSPHORUS	21/8
7.	SEPIA	20/8
8.	LYCOPODIUM	19/8
9.	CAUSTICUM	19/8
10.	ARSENIC ALBUM	18/8
11.	LACHESIS	18/8
12.	MERCURIUS	18/8

The different medicines prescribed to above patients. The results were very encouraging and all the patients from the OPD, IPD of sri guru nanak dev homoeopathic medical college and hospital, Ludhiana got relief and also the women's who were suffering from rectal bleeding are also cured & now completely free from anemia. If the patients are properly treated with the homeopathic medicines their anemia - aplastic anemia from bleeding piles hemorrhoids & due to profuse menstrual bleeding is cured completely.

## 2. Materials and Methods

### Population

The subjects for the study has been taken from Patients attending OPD, IPD and peripheral dispensaries of Sri Guru Nanak Dev Homoeopathic Medical College & Hospital.

### Age & Sex

Patients of all age groups, both sexes irrespective of their economical status and caste.

### Medicines

Medicines has been prescribed on the basis of symptom Similarity.

### Inclusion Criteria

Patients suffering from hemorrhoids on the basis of clinical history and findings. Grade I, II, III are taken.

### Exclusive Criteria

Cases which needs surgical interventions, advanced stage cases. Cases with complications of hemorrhoids and CA rectum cases.

### Type of Study

Exploratory Study with 50 cases selected on random basis.

**Research Technique** Detailed case taking has been done in which all symptoms as per grading has been taken to evaluate the similimum.

#### **Treatment Method**

Repetition and Change of Potency according to instructions given by Dr. Hahnemann in Organon of Medicine. Diet and Regimen according to instructions given by Dr Hahnemann in Organon of Medicine. Duration of Study was 18 months.

#### **Assessment and Follow up**

After every 20 days, on the basis of subjective symptoms, objective symptoms and laboratory investigations wherever required.

#### **The Outcome of the study**

Bleeding - Out of 45 cases ,39 cases (86.67%) were improved and 4 cases (13.33%) showed no improvement. Pain - Out of 38 cases, 31 cases (81.86%) were improved and 7 cases (18.42%) showed not improvement. Constipation - Out of 34 cases, 28 cases (72.41%) were improved, 7 case improved and 3 case (8.45%) remained unchanged. Itching - Out of 20 cases, 17 cases (85%) were improve and 3 cases (15%) showed slight improvement. Swelling – Out of 16 cases, 13 cases (81.20%) improved and 3 cases (18.3%) are not improved. Most prescribed medicines were sulphur , Lachesis, Nux Vom, Calc Carb , Bayonia Nat mur, Lyco, Nit acid etc.

### **3. Conclusion**

Total 50 patients were analysed in the study by using the Synthesis repertory, 40 cases improved that is 80 % and 10 cases shows not improved that is 20%. Therefore Homoeopathic medicines are effective in treatment of Hemorrhoids. This study proved the utility of synthesis repertory in cases of hemorrhoids precisely.

### **4. Acknowledgement**

Dr Muktinder Singh MD (Hom), Professor Homoeopathic Repertory, SGNHMC & H, Ludhiana.

### **5. Conflict of Interest**

The author declare that there is no conflict of interest.

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