

Application of the Pancasila to Build a Foundation of Peace for Mankind

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Abstract: *The whole Globe is receiving unsatisfied things such as epidemics, wildfires, floods ... that have brought about each level of suffering. To overcome them, each person must be aware of living well together or by extension, living in peace. For this purpose, the writer chose the PancaSila (five precepts) of Buddha introduce to the reader as a foundation that brings peace to mankind. These Pancasila are most basic Sila for the cultivator a long with for Buddhists and moreover for mankind. Regardless of religion, ethnicity, class... The first precept is the respect for each other's life, no one harms from punching or stabbing one another to death, helping each other when a person falls into an emergency among death and life; The second precept helps people have the self-esteem of others, it can broadly stated that countries in the universal have their own sovereignty; The third precept, this rule will protect the joys of each family around the globe; The fourth precept, people need trust, this is way for each person to trust together and finally precept is the one that doesn't use substances. To give up alcohol and drugs to mentally be lucid in study and creative at work. By doing that, the family is happy, the society is stable and the Earth is peaceful*

1. Introduction

Happy is the birth of the Buddhas.
Joyful is the teaching of the Transcendent Dhamma.
Joyful is the Unity in the Sangha
And Joyful is spiritual following of the harmony truth-seeker.¹

Buddha was born a happiness for mankind. He is a traveling of teaching from village to village, trust on the rely of each object, he made different Dharma means, but all for a purpose showing people "suffering" and "The way exit of suffering". Ignorance, craving, hatred are beginning of wretched, the root reason of all conflicts and struggles. Only when people extinguish the greed and hatred of fire and will the war end, peace will be established.

In life, humans are dissimilar from animals thanks to "reason". Therefore people can master their monopolize lives, seek happiness. A peace life is imagine, a destination that everybody is always aiming for. By conquering, improving nature, cultivating scientific knowledge to meet material needs, people also require a noble, clean spiritual life, a basic ethic for each individual people, family, society.

Because of Satisfy require of beings, the Buddha clearly sees that craving is the cause of suffering, so happiness have to a direction of life that dominates, ends with craving. Hence Buddha established the precepts. Precepts like the embankment, boundaries keep people from committing evil. The precepts are like a raft that leads people across ways the waterway to cross the river of suffering, to the shore of cheerful and happiness. There a large of kinds precepts, but they have all foundation of the PancaSila

Education and practice agreement to the "five precepts" are the based of personal ethical motive, the institution of household happiness, and the method to build peace for mankind. Put differently, peace does not offering from anywhere. Peace is the upshot of a fierce will, a stubborn struggle, an issue of personal education and self-training, to provide to the same good of mankind.

From intelligibly seeing the considerable and benefits by five precepts, the writer chose to present the issue "Applying the five rule to construct a peaceful foundation for mankind". This is difficult problem that requires a wide knowledge of being and religion, intellect of the PancaSila and its positive spirit to apply for good life. The writer is not afraid of his little knowledge, but has prove to refer to many legal documents and newspapers, plus practice experience (though not much) to analyze and present the above problem in a concise manner. In conformity with a newspaper, I just hope to help everyone see the profit of the five principle for the life that endeavor to study, practice, preserve, to bring a Joyful and happy life for themselves. Person in this life and next life.

2. Overview of Precepts

A group, an organized organization, ideal need a rule, a charter ... to assist as a institution for all members, from there to be aware of what do you like to do? not do and apply like that. Any suit. Together we create a better organization. Indeed, the world has laws, the dharma also has precepts. The precepts are to prevent and guarantee the practitioner from falling into evil, and alike period to increase happiness for the masses, for humanity and for all people.

1) The background and objective of the precept invented

In the preceding years of teaching, the Sangha developed pure, so the Buddhas haven't control the precepts. At that period, the Sanghas was like a new white shirt, they could

¹ Nguyen Manh Thao translator, Dhammapada. 194, Buddha Vagga chapter 14, Mix HCM city-2015.

not removed or patched. Until the following years, when the Venerable Sudinna violated the precepts, the Buddha began to have morality (around the comm circumstance of the thirteen year next the origination of the Sanghas). From then on, trust on the circumstance of violation, there are appropriate principle. And the intend of precepts is greater than ten things:

- For the profit of the Sanghas ,
- For the comfort of the Sanghas,
- For the restrain of unsteady men,
- For the gladden of well-behaved bhikkhus,
- For the restraining of the pollutions (*asava*) in this current life,
- For guarding against pollutions liable to arise in a next life,
- For the delight of those displeased (with Dharma),
- For the enlarge of those satisfy,
- For the institution of real Dhamma and for the profit of the Vinaya".

2) Definition and classification

• Definition

The precepts can be called together, but they mean two words, the law is different: Morality (Sila) is the right things not to do (maintain); Law (Vinaya) is the right thing to do (achieve of maintenance). Referrals are the keepers of each person; Law is a corporate activity

Here we only mention the inquire of precept and clarify the "five precepts" to see its practical benefits for the man of universe in modern age.

Precept in Sanskrit called Sila, Chinese translated as Thi La, which means "prevention of evil" _ prevent wrongs, stop evil; also means "only evil, good works" stop doing evil and not good act.

Precept can perceive as Ba-la-subject-carpentry-rub, i.e. binding, preserving, urging the actions of Form, words, and consciousness to not create negative karma; or comprehend as Liberation, Land of liberation, or Depending on liberation ... that is, depending on how can keep some, liberate that part, keep more liberation, keep less liberation. Buddha's axiom are not obligatory, trust the individual's enlightenment that spontaneously develop longevity. So, from the being aspect, keeping the precepts is practicing the virtuous lifestyle.

• Classification

There a large of Buddhist precepts, classified into many categories according to ranks or modes, including: Consciousness (Bodhisattva Precepts), Special Precepts (Sutras: 5 precepts, 10 precepts, 250 precepts, 348 precepts). gender, Community religion, ordained, home gender ...

Mahayana is classified into three class of precept: Photography law world, photography good legal world, many useful sex.

In general, although there are assorted types of precept, all them take the five as the base. The content of five rule is not unfamiliar but very practical, close to the normal daily life

of beings, that is: no murder, no stealing, no adultery, no lying, no drinking. These five axiom are the basic moral foundation of every human being, whether at home or ordained, whether it like one who follower or non- Buddhist.

3) Five Precepts, The Underlying Of Peace For Mankind

Peace is tranquil, peaceful, untroubled, something that people need everywhere, every time, near the family, so far from the public, and beyond is the being world. But its core is source in the joyful and tranquility of each personal, If an individual has respectable, if he fixes the wrong, the evil into a good things, loves each everyone, the parent will be happy, but the household is the cell of society, so a blissful kin is a society. New civilization develops, a new globe of peace, a peaceful life. So the five law are necessary for personal morality, like for world peace today. But if want to protect it, firstly we must correct to realize of the PancaSila

• Abstention from killing (Panatipata)

The beginning in five precepts. Buddha is forbidden to kill by himself or tell the killer, from a holy person to a flying cow is not granted to kill. Why? Because life has a certain special value that cannot used to give, give or trade, that be right to life of each person, every being. Accordingly, this is unethical to kill another being to enrich it, to benefit this life.

It is unreasonable that when the world kills people, it be obliged to sacrificed, killing things is considered not, even saying that animals are born to serve human life. If we afraid of death, they will also be afraid of death. Each time he cut his neck, plucked his feathers, he groaned and struggled to his heart, but the people, who was killed to the seed would not know.

That is because the Buddha treasures the sacred quality of the life of all creatures. Not killing but extending compassion, this is before human moral foundation - the lesson of love.

Murder is a felony, but killing yourself is also destroying a life, also committing a crime, it adversely affects the peaceful life of everybody in an organization, a country. Typically in Japan, the situation of collective suicide is an alarming level, significantly affecting the security and economic situation of Japan. . Hence respect for one's life also provide to the overall peaceful stability of mankind.

Then again, due to population stabilization policies, some countries stipulate that only one or two children are born, leading to abortion when it is perceive that the baby in the womb does not consist to the sex that the parents want. Since then, people seem to lose their humanity, reduce morality, and increase negative karma. That negative karma is the reason of samsara and war. Humans keep slaughtering each other, killing all species, rare animals are gradually scarce, there hasn't been a peaceful day in the earth. Why? That place is no fragmentary murder, peaceful results be can not .

The Buddha instruct in the Lankavatara Sutras that : "People often generate the consciousness to kill, the more they grow

in suffering, keep spinning in Samsara, no day out”². And “Monks, if the killing is done, is practiced, is made fullness, leads to hell, will lead to regenerate in an animal, to the heaven ghost. The Vipaka-phala (Sabbalahuso) of destroy is being made human with a short lifespan”³.

Consequently, if the whole mankind keeps true to at first precepts instruct by the Lord Buddha, the war will be over, samsara karma will cease, be liberated and happy.

“All sentient beings not kill karma
In ten directions there hope be no war
Every house, every place is cultivated
Do not worry that humanity is not at peace”⁴

Not killing, more actively extending compassion, assisting life to life, especially human life. Currently, not only in our country but also around the earth have humanitarian surgery programs, especially heart surgery. It is really precious, very suitable for people, exhibit love and concern for another among person in the equivalent community. Not to mention that these programs have brought life to many people, brought happiness to many families, this is a reason of peace for society.

Peace is a peaceful, full life. But recently, Vietnamese people in particular and other nation in the globe in general had to experience natural disasters, storms, floods, earthquakes, epidemics ... with great loss of property and lives, Why? ? Because humans did not respect the universe of the original environment, they destroyed forests, over-exploited resources indiscriminately, leading to fluctuations in nature, creating storms, floods, earthquakes, the epidemic ... but its consequences are the man who have to suffer. Therefore, Buddha taught to open up to compassion to cover all life forms on earth, whether big, small, visible or invisible:

*“Practice kindness,
All the Earth,
Practice mindfulness,
Unlimited large amount,
Above and below,
Same goes for the breadth,
No restrictions, ties,
No hatred, no hostility,
Like a mother's heart,
For your child,
Lifetime of protection,
My only child,
The same goes for all,
Human beings, Practice mindfulness,
Unlimited large amount”*⁵

Japanese Buddhist scientist Harjme Nakamura wrote: “One who of the outstanding features of Buddhism ideal is a being

in unity with nature, a peaceful existence in a beautiful natural landscape, full of aesthetics and dharma.”⁶

Our people often think alternatively of not killing is liberated, this is a beautiful gesture of symbolic value. Merely, if we perceive more deeply, broadly, and positively, we finding that not killing is to treasure, protect, enrich, and enhance the value of life at all levels, in all. form, by participating in anti-war movements, peace protection ... to advocating for environmental security in the international, national, local, ward, commune level ... Because protecting the living environment is also about protecting life, improving the property of life. The living environment here is not merely limited to air, soil, water, plants ... but also includes lifestyle, right or wrong living habits, healthy or toxic, corrupt of each personal, each family, society.

Peace is only when each person is virtuous, conscious, realizing the usefulness of life, Living in unity with people, all species and nature, with the spirit of Loving kindness, Mercy, Joyful, and Wellness, living a plain and healthy life, care for each other, sympathy, share the joys and sufferings of each other. That is the cornerstone for building a cheerful family, peaceful society.

• **Refraining from taking what does not belong to one**

The property belongs to one person, from valuables such as gold, silver, houses ... to small objects such as leaves, peppers, People do not grant, but tell others to bring out. Using force and power to take it, all are guilty of theft.

The ancients said: "Human possessions are like human lifeblood, if he not permit to make mistakes." Knowing his esteem without appreciating others, wanting to usurp others is opposite to fairness, a society that lacks fairness cannot last long, Peace cannot be established.

Theft is due to greed. Greed is the beginning of conflicts and struggles. Because of benefits, people interrupt the situation, the meaning, give up gratitude, gradually move distance from the moral lifestyle, become a depraved person, this is a concern for society.

The Life Law newspaper was reported: “A person researches a product diligently, released it and then... was sued, after the product was successful in the market place. The sure is also no stranger: that is his best friend ". That is the condition of Mr. Tran Thanh Van and the vacuum measuring instrument product manage in the technology of manufacturing car brakes for cars and motorcycles. Mr. Van bitterly said: "My biggest crime is trusting people too much, chiefly, those who had work with since childhood, so now I have to realize as a thief!"⁷ For profit, people steal not only material but also spirit and beliefs of each other. What Mr. Van feels more than just "friendship" is lost. If this second precept was regarded and preserved by everyone, such unfortunate things would not happen.

² Venerable Thich Thien Hoa, Duty of Buddhist, Religion, 2002,p.8

³ Anguttara Nikaya, volume III A. 230

⁴ Venerable Thich Thien Hoa, Universal Buddhist studies, Religion, 2002,p.76

⁵ Metta Sutta, p.25

⁶ Venerable Thich Minh Châu, Five Precepts - healthy, peaceful and happy life , Webmaster:

quangduc@quangduc.com

⁷ The Life Law newspaper

Theft are not only limited to revealing acts of robbery, but also acts of public abuse, smuggling, corruption, fraud, tax evasion ... to get words, nefarious assets are all crime of theft. Typically, the sentence of Nguyen Viet Bang and his confederate hid over 19 billion in tax dollars⁸

From acts of theft to instability in social security, making people live in fear of insecurity. A country where the security situation is unstable cannot develop, because human not dare to career and get rich, foreigners not come to invest, but poor countries are prone to rebellion. In the earlier, The Buddhas observe clearly the grandness of economics, so he instruct: the state must always improve the social economy, so it should help farmers with necessary seeds and materials; capital help for merchants; pay proper remuneration for the remuneration⁹. The alike period must educate people to live honestly, to know fully and above all realizing how to cherish and share each other's difficulties by acts of generosity: almsgiving of material possessions, verbal instruction Talking benefits, and jobs that bring happiness to everyone. These the positives of the axiom of not stealing.

Anyone who live honestly, not greedy of others, know enough with things we get from their labor force, our kin is peaceful, the villages are peaceful, and the organization is clean. Contribute to maintaining discipline and creating a peaceful society, this is a prerequisite for national development. Every country is rich and strong, mutually supportive, not taking upper hand of, competing for a common peace for mankind. Therefore, the earth of non-theft is very important in the establishment of human personality, like as well in the edifice of peace for humanity.

• Abstention from illegitimate sexual relation

Adultery is about impolite, illegal, National unlawful, and immoral. Buddha taught:

Due to love born sorrow
Due to being afraid
Who is renounce from craving.
No sadness, no fear¹⁰

Craving is the root of Samsara, then for the monastic, the Buddha teaches to stay a existence of virtue, to divorce sex, to stop lust. Particularly for the Lay person, the Buddhas does not set such high requirements, but only advises them have to legitimate marriage. Because in fact, the security of the earth due to the harmony between boy and girl, Ladies and gentleman lovingly establish a parent is recognized by society. And the cherish of couple, in addition to love, is also meaning, the pillar of other family relationships such as parent-child relationship, sibling relationship, and more broadly kinship relationship. The pillar is power and fitness, so all other relationships are healthy. The stable, healthful and glad family is the root for building a stable society with cultural development.

⁸ Ho Chi Minh CTy Police Newspaper, 1481

⁹ Walpola Rahula, Buddhist and Social Morality, Sai Gon, 1965, p. 24

¹⁰ Dammapada, translated by Venerable Thich Minh Chau, HCM, 1990, p.120

Today we repeatedly see the banners: "Cultural Quarter" "Cultural Village" "Cultural Village", this is united block of happy cultured families. Pioneering in this cultural problem is not merely economic development, security stability but besides a moral ethical lifestyle, healthy activities of each person, each family. In which the situation of husband, wife, father, mother is very important, it determines the stability and health of the small town, streets, society, like as the education and fostering career of next generations.

Nowadays, the society develops very complicatedly, the material is so abounding that the commanding virtues mental of the soul is too weak. So, there are myriad and many young people living in depravity, immersed in lust, discos, gambling ... with no orientation for the hereafter. Like a conclusion, they themselves must be suffer when they do carrying the germ of the century disease (AIDS), their health deteriorates, their mental breakdown. Not only that, they must spent a large of currency on the nowhere else, also cause anxiety, burden on families and society, and headache for scientists who have to research and find a cure.

If everyone learns, understands and practices the globe of "no adultery", then surely the press would not report "killing for love", "rape", "trafficking in women" ... the society will less worries, the family desire live in joyful and in the least the precepts can live a peaceful, clean, healthy life and be respected by everyone, in furthermore to avoiding bad consequences in the later life.

Besides, adultery is like stealing your family's happiness, stealing people's happiness, and sometimes committing murder, so this crime is very serious. The wise person clearly sees the profit of keeping this axiom and the harms of adultery, so they dare not commit it.

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“Slaughtering and stealing,
Lying, marrying someone else's wife,
The wise person do not praise,
Such actions”¹¹

That is how we see the Lord Buddha because of clemency, for the peace and peace of the earth, so this third precept is established. Not for Brothers and sisters who are lay person, but regardless of who has believer or haven't any religion, if they keep this precepts, they will all benefit the same, first a happy family, then a happy society.

• Refraining from Speech wrong

For example, when we feel like to criticize a person, if this is straightforward person, it is no matter, we can boldly speak up, then same this above someone who is self-centered, guilty, lacks the strength to rise. We should clever in speaking, cleverly advised so that that person can

¹¹DighaNikaya, II, P.531, SigalovadaSutta,translated by Venerable Thich Minh Chau, Vietnam Buddhist Research Institute, 2001.

recognize mistakes to correct, without being discouraged to rise in life.

About morality, an upright person shall not telling the truth in different ways: lying, bilingual, embellishing or evil. Because for them is nice to say "the truth is displeased" but "before losing heart, to be satisfied later" than to lie to themselves. They shall be good children, good citizens in society.

About business courtesy, if someone not talk lie, which talk right time, right words and action together, it will create a reputation and establish a relationship in the marketplace. Opposite, if you lie, it will injurious, that can be losing your partner, not being trusted by everyone, not to remark that if talk lie causes great damage to the common property, you shall be sentenced to the law. As the current press has reported a chain of news, who capitalization of their credit have appropriated people's property. Although at currently undetected cases where they live materially well, who can guarantee that in their hearts not worried?

Lying, saying bad things, stemming from greed, anger manifested through books, newspapers, the internet ... so its consequences are unpredictable, unlimited, creating negative trends that negatively affect the stability in society, sometimes even causing hatred, the One must bear the heaviest consequences is none other than themselves who did it. In fairy tale had a story: a shepherd boy wants to deceive his neighbors, lying for fun by shouting: wolf! Wolf! Help me! But he can only deceive others once time, twice, and more time the wolf really, although he cried bitterly, but nobody came to save. Therefore, everyone must prove to keep on this precepts, should not lie, even just for fun, telling for courtesy, lying many times will become a habit, then it's difficult to correct and it comes back. Mix yourself, create negative karma. If you not talk lie, your serenity do not make disturbance or discord in society, this also the fundamental factor that contributes to human peace.

In the life have cases where we cannot or cannot to speech sooth for the profit, or the being of others, other species, it is temporary lie, but must come from compassion, don't make mistakes, also by greed, anger is offense

If everyone applies this fourth precepts, they not deceive each one, but live in solidarity, cherish and accept each one, so worry about society not developing. Therefore, belief is greatly meaningful, it can eliminate hatred, create a connection between people, between nation and nation, it shall be a bird of peace for humanity.

• Abstention from intoxicants

Wine is a drink made from rice, glutinous rice, grapes ... brewed for fermentation, it stimulates digestion, stimulates nerves, could made medicine (if used sparingly). But it's simple to use the drinker addicted, dull, and mentally confused. And getting drunk is very harmful. Scientists have researched and proven that drinking numerous inebriant has very bad effects to the mentality, brain cells, and has 12 times higher risk of intestinal cancer compared to community who not to drink. For a pregnant woman, it more injurious, easy to be born prematurely and negative

affect on the baby's brain. Here is a negative health effect, not to comment that drinking alcohol excessively causes a fail of money to the household and the state. Therefore, the Buddha's precepts prohibit drinking alcohol.

By drinking alcohol blindly, it can run to bad behavior, insecurity, violations of the law, mislaying of citizenship. Today, the quantity of fatalities in traffic accidents in the land is really high today, most of which is on account drivers of vehicles had use high containing alcohol

In Digha - Nikaya, Buddha taught "This homeowner, passionate about alcohol has six dangers: Property loss; controversial; suffer from many diseases; honor injury; revealing clothing that reveals hidden sound; mentality is harmed.¹²

Referable the harmful make of inebriant so many and so dangerous, Buddha forbids drinking alcohol

This is require to today's society and must understood further. In addition to alcohol, substances that make reason intoxication such as beer, alcohol, drugs, tobacco ... should not used. Because they shall actually harm the healthful of it's users and create incurable pathogens, sometimes a bad trend for society. When drunk or crushed, one can commit many other crimes: friction, arguing, brawling with hatred until committing the precepts, religion, lust, hope... is very dangerous. Better is not use alcohol beverage unless sick, but limited.

People working in business must consideration to this precept. Often referable the require to communicate, people often invite each other to go outside for drinking. If the leader, the person with authority in a certain field likes to drink, is not sober, it is simple to deception without unawake up put down to sign fake contracts and like a consequence, they being empty-handed, sometimes be handled by law, imprisoned

Thus, looking for that, if not drinking inebriant is extremely beneficial, healthy for ourselves, family is peaceful, harmonious, creating a good lifestyle for the successive life to follow. At the same time, it also contributes to protecting the security and safe habitat, limiting unfortunate accidents in traffic like economic financial, creating a premise for the growing country, a fair and civilized society. People live in happy peace.

3. Conclusion

Buddha- A sentient being unaffected by ignorance, be born in being, the joyful of the majority, for cheerful, for the bliss of the Lords and human race. He always said real things to life, not saying anything far away. With people as the focus, and teaching the most practical basics to build a good life for each person, every family and for peacefulness of humanity, there are PancaSila

¹²DighaNikaya, SigalovadaSutta, P.533, translated by Venerable Thich Minh Chau, Vietnam Buddhist Research Institute, 2001.

Beings are often attracted to lust, losing themselves in sin. Buddha gives five things to save them tame desires, master themselves. The sober person knows clearly what to do well for himself, for his family, for society and all mankind. Thus, the Buddha propose each person have to definition themselves. Only who good at self-correcting and who not distracted can know the mode to stop arguing, quarreling, aggression, and realize how to stay in harmony, love and happiness in peace.

In the earth, some countries make the mistake of using war to resolve conflicts, because every war brings immeasurable suffering. Victory arises hatred, failure generates suffering. Afterward, it alive peacefully, using peaceful means to end disagreements and conflicts. All most practical method is the self-control of the Form, Speech, and Mind of each individual, limiting delusions, argument, wrong views, do not allow greed and ignorance to arise.

I feel that for the profit of human peace, each person, every nation should apply the upon PancaSila to build morality for themselves, happiness for family, peace for humanity. Because in conscious does not rise craving (adultery, stealing), anger (killing, lying), delusion (drinking alcohol), then pure body, speech, and mind, Metta, Karuna, Mudita, Upekkha arises, free evil deeds, work Blessing, blessing current being and the next for ourselves and everyone, moreover, have a nice sample for the successive generation.

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