

# Bcl-2 Expression in Skeletal Muscle in Diabetic Rats

Baloğlu Murat<sup>1</sup>, Devci E<sup>2</sup>

<sup>1</sup>Department of Physiotherapy, Diyarbakir Gazi Yasargil Education and Research Hospital, Diyarbakir, Turkey

<sup>2</sup>Department of Histology and Embryology, Dicle University School of Medicine, Diyarbakir, Turkey

**Abstract:** *Diabetic myopathy is a complication characterized by a decrease in muscle mobility and strength, which varies according to the severity of diabetes. In this study, histopathological changes and Bcl-2 expression in skeletal muscle in diabetic rats were shown. Rats were randomly assigned to two groups as control and diabetes group. Control group was allowed to feed at libitum for chow and water for 8 weeks. Single dose STZ (Streptozotocin 55mg/kg) was dissolved in sodium citrate buffer and intraperitoneally administered to diabetic rats. Glucose values of both groups were compared. Rats in diabetic groups has significantly higher glucose concentration ( $p<0.05$ ). Atrophic areas with degenerative changes in muscle fibers were observed in the diabetes group. It is thought that the high number of picnotic nuclei induces nuclear apoptosis and may cause angiogenesis negatively with vascular dilatation and congestion. In our study, the increase in Bcl-2 expression in the nuclei located in the periphery of muscle fibers, although the degenerative effect of the nuclear structure was seen as a sign of the severity of diabetes, only induced a significant change in muscle structure. The involvement of extracellular matrix and connective tissue cells between the muscle fibers of diabetes has been considered as an important inducing effect in the pathology of diabetic myopathy.*

**Keywords:** Diabetic myopathy, rat, Bcl-2 antibody

## 1. Introduction

Type 2 diabetes mellitus (T2DM) is a metabolic disorder characterized by chronic hyperglycemia leading to long-term damage, dysfunction and failure of various organs, especially pancreas, heart, skeletal muscle and blood vessels. T2DM is initially caused by peripheral insulin resistance syndrome, i.e., the inability of insulin to stimulate glucose absorption in peripheral tissue, in association with the progressive failure of the pancreatic cells to supply a sufficient amount of insulin [1].

Skeletal muscle plays a crucial role in the development of insulin resistance because it is one of the major organs participating in the assimilation, storage and utilization of glucose provided by food intake(2). However, the skeletal musculature is also significantly involved in diabetic complications, that is, contractile weakness, fibre-type changes, decreased oxidative activity and peripheral insulin resistance (3) Muscle is the most important insulin-dependent glucose sink in the body(4), therefore, impaired hormonal signaling has a deleterious effect on glucose uptake.

Studies on insulin-resistance / Type-2 diabetes mellitus animal models showed that muscle regeneration deteriorate skeletal muscle plasticity, leading to serious changes to SC function.

Therefore the authors justify their outcomes by this central mechanism. As discussed, diabetes mellitus impinges on skeletal muscle health.

Uncontrolled diabetes causes characteristic muscle atrophy. The reason for it is elevated proteolysis and incapability to fix damaged skeletal muscle. Loss of skeletal muscle, with enhanced protein breakdown, has been demonstrated in rats with experimental diabetes (6, 7). Alongwith the increased proteolysis, the inability to

repair damaged skeletal muscle is a characteristic feature of uncontrolled diabetes. (8)

Since hyperglycemia causes elevated free radicals and reduced antioxidant levels since it disrupts prooxidant and antioxidant balance. There is enough evidence that oxygen radicals contribute to the progression of diabetes and its complications (9), and promising strategies using antioxidant compounds to prevent oxidative damage in diabetes have been proposed (10, 11). As far as skeletal muscle metabolism is concerned, it has been demonstrated that oxidative stress affects the expression of the redox-sensitive genes involved in protein synthesis (12) and that in vitro H<sub>2</sub>O<sub>2</sub> inhibits myogenesis at the level of muscle-specific protein expression (13). Type 2 diabetes mellitus leads to hyperglycemia, disrupts homeostasis, prevents inflammatory response and generates reactive oxygen species. Apoptosis is a cellular event that plays role in development and tissue process. Level of apoptosis varies in diabetes and depends on pro-apoptotic Bax and anti-apoptotic Bcl-2 (14). In this study, histopathological changes and Bcl-2 expression in skeletal muscle in diabetic rats were shown.

## 2. Material and Method

The present work was conducted in accordance with the guidelines for the Care and Use of Laboratory Animals from the Dicle University. The study was conducted as per approval of the Animal Experiments Local Ethics Committee, Dicle University. Experimental Animal Research Center. 20 adult male Wistar rats were randomly divided into 2 groups. Control group (n=10) was fed standard rat chow and drinking water for 8 weeks. Diabetic Control (DC) group (n=10):Single dose STZ (55 mg/kg), was dissolved in sodium citrate buffer (0.1 M, PH 4.5) and carried out intraperitoneal injection. The experiment subjects fasted for 12 hours, then started to be fed with standard rat chow and drinking water after 4 hours. After 2

days, 12 hours of fasting after the application from the tail end with the capillary blood glucose meter (Contour TS Bayer) hand blood glucose levels were measured and the value 250 mg / dl or above was taken to diabetic group. At the end of the experimental period, rats were anesthetized under ketamine+xylazin and sacrificed by cardiac puncture. Blood samples were taken for biochemical tests of rats. The animals were sacrificed by decapitation. Samples were collected included limbs skeletal muscle Specimen's from rats muscles were excised and cut to small pieces .The muscle tissue were fixed with neutral buffered formalin solution Samples were directly dehydrated in a graded series of ethanol and embedded in paraffin wax. Next, 4–6 μm sections were cut with a microtome (Rotatory Microtome, Leica, RM 2265, Germany) and mounted on coated slides. The sections were stained with Haematoxylin and Eosin for observation by light microscopy (Nikon Eclipse 80i)

**Immunohistochemical staining**

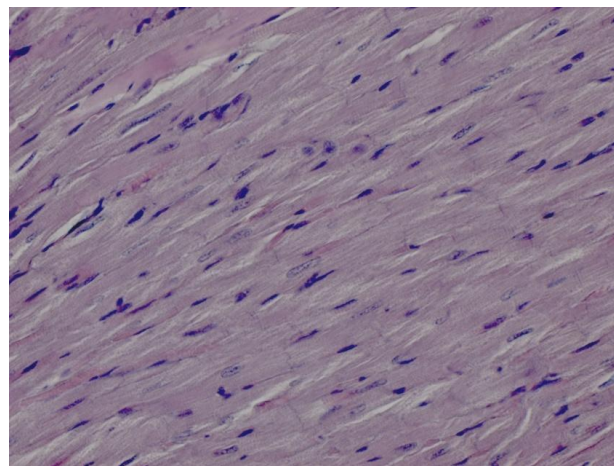
An antigen-retrieval process was performed in citrate buffer solution (pH 6.0) two times: first for 7 min, and then for 5 min in a microwave oven at 700 W. They were allowed to cool to room temperature for 30 min and washed in distilled water for 5 min twice. Endogenous peroxidase activity was blocked in 0.1% hydrogen peroxide for 15 min.Ultra V block (Histostain-Plus Kit, Invitrogen, Carlsbad, CA) was applied for 10 min prior to the application of the primary antibody (Bcl-2 antibody, mouse monoclonal, 1/200, Santa Cruz Biotechnology) overnight. The secondary antibody (Histostain-Plus Kit, Invitrogen, Carlsbad, CA) was applied for 20 minutes. Then the slides were exposed to streptavidin-peroxidase for 20 min. Diaminobenzidine (DAB, Invitrogen, Carlsbad) was used as a chromogen. Control slides were prepared with same procedure but no primary antibodies. After counterstaining with Harris Hematoxyline stain, slides washed in tap water for 5 min, and in distilled water for 2x5 min, mounted.

**3. Results**

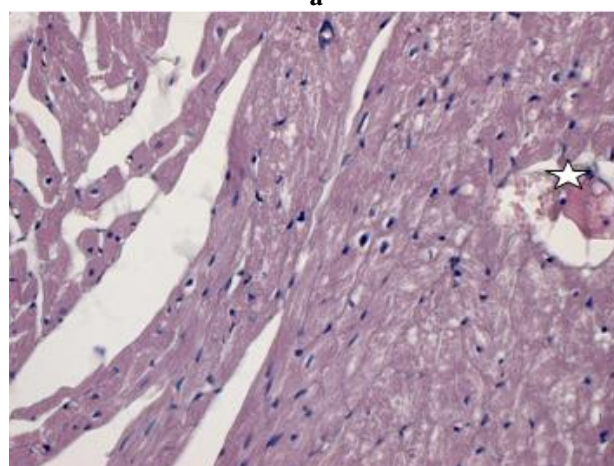
The serum glucose levels were found statistically significant between the two groups (Table I). The blood glucose levels of diabetic group showed significantly higher compared to control group. The blood glucose concentration in diabetic rats was significantly increased (p<0, 0001).

**Table 1:** Glucose levels of diabetic control group

Groups	Average of blood glucose concentration (mg/dl)	Mean	Standard Deviation	Difference	Test statistic	p<0, 0001
Non-diabetic group	96, 322	5, 246	301, 34	30, 044		
Diabetic group	397, 122	27, 774				



**a**



**b**

**In the control group sections;** fusiform nuclei between the longitudinal muscle fibers were found to be arranged in parallel. There was no change in the amount of extracellular matrix in which the fibroblast cells settled regularly in the connective tissue between muscles. Blood vessels were seen in flat vision of regular endothelial cells (Figure 1a). **In the diabetes group sections;** Picnosis and vacuolar areas were observed in the nuclei located between the muscle fibers. Degenerative changes and atrophic areas between muscle fibers were detected in some areas. Excessive dilatation of blood vessels between muscle fibers and congestion (star) were observed in erythrocyte infiltration in the free state outside the vessel.



**c**



d

**Control group:** Negative Bcl-2 expression was observed in the nuclei located in the periphery of the longitudinally extending muscle fibers, while Bcl-2 expression was positive in some fibroblast cells. **Diabetes group:** Expansion of extracellular matrix between muscle fibers, blood vessels endothelial cells and nucleus of muscle cells and also some of the muscle fibers showed positive Bcl-2 expression.

#### 4. Discussion

Diabetic myopathy is a complication characterized by a decrease in muscle mobility and strength, which varies according to the severity of diabetes. Diabetes affects intracellular PH activity, resulting in decreased muscle strength in skeletal muscles(15).

Inhibition of extracellular matrix (ECM) turnover causes an elevation in plasma PAI-1 level, which is related to impaired diabetic regeneration. Due to this mechanism, macrophages and SC cannot migrate to damaged/necrotic area of injured muscle. Although PAI-1 is increased, muscular pattern showed impaired regeneration (16). Souza et al (17) elevated ECM levels have been demonstrated in a variety of diabetic tissues. The improper turnover of ECM proteins may also hinder growth factor signaling, further impeding myogenesis(18). In our study, the amount of extracellular matrix increased with detachment of muscle fibers(Figure1b). it was thought to induce diabetic myopathy.

In a streptozotocin induced rat model, the expression of MuRF1, E3 ubiquitin ligase, a mediator of skeletal muscle wasting in various skeletal muscle atrophy models, its expression is upregulated by oxidative stress in gastrocnemius muscle was detected by immunohistochemistry (19). In our study, atrophic areas with degenerative changes in muscle fibers were observed in the diabetes group. It is thought that the high number of picnotic nuclei induces nuclear apoptosis and may cause angiogenesis negatively with vascular dilatation and congestion.

Aragno et al (8) stated that oxidative stress reduces myogenesis. Their study revealed that expression of prominent myogenic factors (MyoD, myogenin and Jun D) was lower in STS-diabetic rodents than that of non-diabetic rodents in response to muscular injury. They also measured decreased expression level of muscular creatine kinase and myosin. Any interruption seen in early stages of regeneration (i.e. satellite cell functionality) initiates a cascade eventually leading to muscular harm. In another study, it was shown that oxidative stress starts adipogenic transformation of muscle SCs (20).

Hyperglycemia induces apoptosis, causing damage to many organs and systems, including the reproductive system(21). Oxidative stress due to hyperglycemia has been reported to play a major role in the onset of apoptosis(22, 23). DM induces apoptosis by regulating signaling molecules such as Bcl-2 / Bax / Caspas-9 in the apoptosis pathway. Bcl-2 is a protein located in the inner membrane of mitochondria and blocks apoptosis. Transition of cytochrome c from mitochondria to cytoplasm inhibits free radical production. Galkowska et al demonstrated that apoptosis in the endothelial cells of diabetic ulcers and overexpression of Bcl-2(24). In our study, the increase in Bcl-2 expression in the nuclei located in the periphery of muscle fibers, although the degenerative effect of the nuclear structure was seen as a sign of the severity of diabetes, only induced a significant change in muscle structure. Separation of muscle fibers and increase in connective tissue, positivity of Bcl-2 expression in fibroblast cells in connective tissue areas induced apoptotic development. In particular, the involvement of extracellular matrix and connective tissue cells between the muscle fibers of diabetes has been considered as an important inducing effect in the pathology of diabetic myopathy.

#### References

- [1] Fraenkel M, Ketzinel-Gilad M, Ariav Y, Pappo O, Karaca M, Castel J, et al. mTOR inhibition by rapamycin prevents beta-cell adaptation to hyperglycemia and exacerbates the metabolic state in type 2 diabetes. *Diabetes*. 2008; 57(4):945–57.
- [2] Reaven GM. Banting lecture 1988. Role of insulin resistance in human disease. *Diabetes*. 1988; 37(12):1595–607.
- [3] Petersen KF, Shulman GI. Pathogenesis of skeletal muscle insulin resistance in type 2 diabetes mellitus. *Am J Cardiol*. 2002 Sep 5; 90(5A):11G-18G.
- [4] Wasserman DH. Four grams of glucose. *Am J Physiol Endocrinol Metab*. 2009 Jan; 296(1):E11-21.
- [5] Nguyen M.-H., Cheng M., Koh T. J. (2011). Impaired muscle regeneration in Ob/ob and Db/db mice. *ScientificWorldJournal* 11, 1525–1535 10.1100/tsw.2011.137
- [6] Lecker SH, Salomon V, Price SR, Kwon YT, Mitch WE, Goldberg AL: Ubiquitin conjugation by the N-end rule pathway and mRNAs for its components increase in muscles of diabetic rats. *J Clin Invest* 104:1411– 1420, 1999

- [7] Smith OL, Wong CY, Gelfand RA: Skeletal muscle proteolysis in rats with acute streptozotocin-induced diabetes. *Diabetes* 38:1117–1122, 1989.
- [8] Aragno M, Mastrocola R, Graziella Catalano M, Brignardello E, Danni O, Boccuzzi G., 2004. Oxidative Stress Impairs Skeletal Muscle Repair in Diabetic Rats. *Diabetes*, 53:1082-1088.
- [9] Evans JL, Goldfine ID, Maddux BA, Grodsky GM: Oxidative stress and stress-activated signalling pathways: a unifying hypothesis of type 2 diabetes. *Endocr Rev* 23:599–622, 2002
- [10] Aragno M, Parola S, Brignardello E, Mauro A, Tamagno E, Manti R, Danni O, Boccuzzi G: Dehydroepiandrosterone prevents oxidative injury induced by transient ischemia/reperfusion in the brain of diabetic rats. *Diabetes* 49:1924–1931, 2000
- [11] Ziegler D: Therapy with antioxidants in human diabetic neuropathy. *J Neurochem* 85:15–19, 2003
- [12] Li Y-P, Schwartz RJ, Waddell ID, Holloway BR, Reid MB: Skeletal muscle myocytes undergo protein loss and reactive oxygen-mediated NF- $\kappa$ B activation in response to tumor necrosis factor. *FASEB J* 12:871–880, 1998
- [13] Zhou LZ-H, Johnson AP, Rando TA: NF $\kappa$ B and AP-1 mediate transcriptional responses to oxidative stress in skeletal muscle cells. *Free Rad Biol Med* 31:1405–1416, 2001.
- [14] Ebru Gokalp-Ozkorkmaz, Günsel Kirman, Zafer Pekkolay, Firat Asir and Engin Deveci Expression of Apoptotic Proteins Bax and Bcl-2 in Blood Cells of Type 2 Diabetic Patients. *Cell Death Proceedings* 2018, 2(25), 1563
- [15] Challiss R.A.J, Vranic M. And Radda G.K: Bioenergetic changes during contraction and recovery in diabetic rat skeletal muscle. *Am. J. Physiol.* 1989: 129- 137
- [16] Krause, M. P., Al-Sajee, D., D'Souza, D. M., Rebalka, I. A., Moradi, J., Riddell, M. C., et al. (2013). Impaired macrophage and satellite cell infiltration occurs in a muscle-specific fashion following injury in diabetic skeletal muscle. *PLoS ONE* 8:e70971
- [17] Souza DM, Dhuha Al-Sajee and Hawke T. Diabetic myopathy: impact of diabetes mellitus on skeletal muscle progenitor cells. *Front. Physiol.*, 20 December 2013
- [18] Gopinath S. D., Rando T. A. (2008). Stem cell review series: aging of the skeletal muscle stem cell niche. *Aging Cell* 7, 590–598
- [19] Chen GQ1, Lü KR, Yang YQ, Wang S, Bie MJ. Effects of oxidative stress on MuRF1 expression in skeletal muscle of diabetic rats]. *Life Sci.* 2011 Jul 4;89(1-2):44-9
- [20] Vettor R., Milan G., Franzin C., Sanna M., De Coppi P., Rizzuto R., et al. (2009). The origin of intermuscular adipose tissue and its pathophysiological implications. *Am. J. Physiol. Endocrinol. Metab.* 297, E987–E998
- [21] Waisundara VY, Hsu A, Huang D, Tan BKH. *Scutellaria baicalensis*: enhances the anti-diabetic activity of metformin in streptozotocin-induced diabetic Wistar rats. *Am J Chinese Med* 2008;36:517-40.
- [22] Long L, Wang J, Lu X, et al. Protective Effects of Scutellarin on Type II Diabetes Mellitus-Induced Testicular Damages Related to Reactive Oxygen Species/Bcl-2/Bax and Reactive Oxygen Species/Microcirculation/Staving Pathway in Diabetic Rat. *J Diabetes Res* Volume 2015,
- [23] Jang JH, Surh YJ: Potentiation of cellular antioxidant capacity by Bcl-2: implications for its antiapoptotic function. *Biochem Pharmacol* 2003;66:1371-9
- [24] Galkowska, H.; Olszewsk, W.L.; Wojewodzka, U.; Mijal, J.; Filipiuk, E. Expression of apoptosis- and cell cycle-related proteins in epidermis of venous leg and diabetic foot ulcers. *Surgery* 2003, 134, 213–220