

The Relationship between the Fear of Failure and Academic Procrastination for the University Student in Arranging Scientific Paper Case Study of University Student of Medicine Faculty of Sultan Agung Islamic University

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Abstract: *The purpose of this research is in order to know the correlation between the fearness of failure and the academic procrastination for the university student in arranging the scientific paper. Population of this reseach in the university student of medicine faculty of Sultan Agung Islamic University. Sample Taken Technical that be used is incidental quota sampling. Base on validity test of 42 item for scale of fearness of failure there is 33 items which is valid and nine item which is invalid by validity coefficient is about 0,3119 to 0,6022 and from 56 items of academic procrastination scale there is 43 items which is valid and 13 items which is invalid validity coefficient is about 0,3105 to 0,5703. Base on reliability test be gotten scale of the fearness of failure for reliability coefficient is about 0,8760 and scale of academic procrastination is about 0,8986. Because of that such both scales be mentioned reliable. base on normality test for variable of fearness of failure be gotten the coefficient KS-Z= 0,962 and n p= 0,313 (p > 0,05) and academic procrastination variable be gotten the coefficient is about 0,802 and p= 0,541 (p > 0,05). This result point out whereas both variable fulfill the normality assumption on linearity test for variable of fearness of failure to academic procrastination be gotten the coefficient is about $F_{linear} = 29,82$ and $p = 0,000$ ($p < 0,05$). This result point out whereas data fulfill the linearity test. Based on hypothesis test be gotten the correlation Ber about $r_{xy} = 0,526$ and $p = 0,000$ ($p < 0,01$). The conclusion of this research is there is positive relation between the fearness of failure and procrastination for university student in arranging scientific paper Because of that, hypothesis that be applied in this research is received.*

Keywords: The fearness of failure and academic procrastination

1. Introduction

To join in globalization era today, human being ba faced to technology and communication which is develop rapidly. Indonesia state itself today is enforcing the development in all sectors diligently. One of such some development infrastructures is to build Indonesia human being entirely, namely the qualify human being because of the needs for today is more heavy. The changing of technology which is more high technology is claim about the reform of human being behaviour which is ideally become the decision maker of the progressive of civilization. The dimanization of technology make the saving of time become very important, something must be done rapidly because it is one of some modern culture characteristic.

Some effort that be implemented to increase the performance, namely by effort in increasing the quality of human resource. The effort in increasing the quality of human resource is refer to the education sector. Hasbullah (2001, p.2) said whereas the education is an effort, influence, protection and assistance that be given by the purposed individual to the maturity of such individual in order that enough smart in implementing her/his life task. The education for individual is about to increase the ability of understanding to the values, skill and knowledge that be used to increase individual performance. In the fact the process of education do not always operate as suitable to the target. The mental behavior of student and university/

academy student who do not discipline yet in learning can make the process of education do not operate well, so that make the effort in realizing qualify human being resource will have the obstacles. Less of consciousness for the student in learning be influenced by the existence of behaviour or tend to reach the happiness by finding out the felling of happiness so much as possible and attempt to prevent in avoiding the feeling of unhappiness, such as by watching television or movie in cinema, to read comic, novel or magazine, to listen the music, p go traveling and eating while chatting in restaurant or café with the friend collectively and so on. This fact is the illustration of student or university or academic student who do not discipline about time and feel happy in cancelling the project or task or academic.

Some research of indiscipline behaviour of time in psychology science literature be mentioned as *procrastination* become substantial problem for university/academic student. Procrastination involve the cancelling of postponing the important things to other time or next day (*Psychological Services Center, 2003*).

Negative imagination about science paper often make university/academic student cancel or postpone in finishing his/her science paper. Such cancelling or postponing is the strategy in advocating from unhappiness feeling. Possible unhappiness feeling be related to various kinds of reason, including the fearness of us about failure, the fearness of

successful, the willingness of perfection, or the willingness in having the control of life (Rosenthal, 2001).

The feeling of fear of failure in writing science paper be felt by final grade of university/academic student when applying the title, there is feeling of fear when the title that be applied do not approved by the advisor so that the title can't consult to the advisor lecturer. The arrangement of research proposal also often have the obstacle because the existence of fear feeling if do not get needed theory, proposal do not begin to be done soon by the material that have been exist but to wait in collecting the material as many and complete as. The feeling of fear if the proposal that have been done do not be received or to many mistake by the advisor lecturer also make the university/academic student cancel in doing and applying to the advisor lecturer. The cancelling in arranging scientific paper also can make the existence of fearness if the result of research that be done do not suitable to the theor and hypothesis that be applied, and also the feeling of fear that can not answer the questions that be asked by tester lecturer and be stated do not pass for the scientific paper when facing the testing of scitific paper.

A. The Library Review

1) The Understanding of Academic Procrastination

The therminology of procrastination firstly be used by Brown andHoltzman to point out a tent to canceling finishing a task or a job (Rizvi, dkk, 1997, p 53).Here the understanding of procrastination more referer to the claim in perfecting the task optimally (Rachmahana, 2002, p. 132).

2) Characteristic of Procrastination

Schouwenberg (Nurpitasari, 2001, p.16) state whereas academic procrastination as a cancelling behavior can be manifested in decided indicator that can be measured and be observed.The decided characteristics in academic procrastination are

- There is cancelling for beginning and finishing the job task that be faced
- The lateliness in doing the task. Procrastination need the more longer time from the needed time by other person in general in doing the task.
- The gap of time between planning and the actual performance. It is possible for someone who have been plan in beginning in doing the task when the time that have been decided by themselves, meanwhile when the time is coming do not do it soon as suitable to the planning, so that the cause of lateliness or failure in finishing the task.
- To do the other activity which is more happiness than to do the task that must be done.

3) The factors that influence procrastination

Someone cancel the job or to do procrastination because of some reasons, namely (Psychological Services Center, 2003):

a) Fear of failure

Defended by the existence of anxiety to be evaluated.According to the heavy job or project can be beneficial for temporarily in order to prevent a possible occurred failure

b) To prevent unhappiness task

They don't like the work that must be done can cause delays in work.

c) Finding Out The Happiness

The failure in finishing the task because do not pay the attention about the effect in cancelling the task. Possibility someone is focused about do not thinking about next responsibility.

d) Anger/Hatred

Sometimes someone have frustration because they feel forced to do that.

B. The fear about failure

1) The understanding of The fear about failure

Chaplin (2001, p.189) make the meaning of fear as the strong emotional reaction involve unhappines subjective feeling completely,agitation (extreem anxiety),and feel to escape or hide.

2) The characteristic of fear of failure

Someone who have the fear of failure will point out some characteristics. Rothblum, Solomon(2005, p.389) illustrate someone who fear of failure is someone who :

a) Perfectionist

Perfectionist comes from Greek language perfection which have a meaning perfection. Someone who perfectionist is someone who always want the result of job must be perfect absolutely (Hardjana, 1999, p.60).

b) Low Self Esteem

The meaning of self esteem is the way of someone feel about themselves,that involve level of honor and the receiving of someone about themselves.

c) The Anxiety of Evaluation

The anxiety is the inability of someone in controlling bad thinking continuity (Talis, 2004, p.3). According to Rothblum (2005) university/academic student by the fear of failure absolutely will have worry and anxiety when close the dealine of collecting the task time. Base on the description above can be made the conclusion whereas the characteristic of anxiety person about failure is such person tend to perfectionist, have the honorable to themselves which is low, and also have the anxiety to the evaluation that be given by other person because of their job continuity (Talis, 2007, p.3)

C. The Relation between Fear of failure and University/ Academic Student Procrastination.

To postpone the job can be done by whoever only and it is occurred in every aspect of life. There is somebody who estimate the job as the problem, and there is evenly choose in cancelling the job as the way in doing something to get the best result

The most academic task which is postponed to be done by the university/academic student is the task or writing.One of some task of writing is to write the scientific paper that be given to the university student who get (S1) program for final level as the final task.The university student estimate by the value academic for the scientific paper as the very important task and have high influence to the academic

achievement because the task in arranging scientific paper become requirement of graduation for university student.

According to Burka and Yuen (Yulista, 2003, p.25) reel fear is appear because in the prokrastinator, the doer has brittle sense of self worth so that can be reformed by the decided threat mainly the threat that appear in form of assessment and also the controlled by procrastination be used as the strategy to protect themselves from the fearnesses that become the fundamental of such threats.

One of some fearnesses that make someone become procrastinator is the fearness of failure. The fearness of failure by Burka dan Yuen (Yulistia, 2003, p.25) be meant as there is morew and more worry to the possibility of failure occurred. This factor involve the existence of cognitive factor such as to think whereas do not do something in more better (more do not make a pain)than to do and failure, there is a target which is too high to themselves so that the worry is possible can not fulfill such target, and more better not to do than to let someone know about the lack of him.

Too perfectionist behavior make someone do not doing a job soon and will postpone the job that become the responsibility to be given to him (Hardjana, 1999, p.60).

The prokrastinators tend to be able to choose in doing other activity that they estimate more happiness to them and worry if the result of their job to be evaluated by other person, they, not whoever if their job get a critical think from other person. Bandura (Nawang Sari, 2001, p.80) define the worriness as the condition of inefficacy (The uncertainty of the ability) if face out to an occuranced or situation so that have a potency to be occurred and to direct to the prevention behavior.

Base on the decription above,observed whereas there is the fearness feeling of failure have the influence to the academic procrastination behavior for the university/academic student who is arranging the scientific paper. The university/academic student who have perfectionist characteristic, feel worry if to be evaluated and have the honorable to themselves which is low will tend to do the cancellation of task or procrastination in order that the university/academic student feel more secure of the feeling of fearness of failure.Base on such description above can be concluded whereas the fearness of failure and the university/academic student procrastination, there is position relation .

Hypothesis

Base on the description of problem and the theory review above, so that the writer apply the hypothesis as follows: there is positive corelation between the fearness of failure and university/academic student procrastination in arranging scientific paper.More higher of fearness of failure so also more higher of university/academic student procrastination in arranging the scientific paper, and vice versa, More lower of fearness of failure so also more lowerer of university/academic student procrastination in arranging the scientific paper.

2. Research Method

The beginning step before implementing the research is to observe the domain of research be began by doing the introductory observation that be adjusted to the characteristic of population of research. This research be implemented Sultan Agung islamic University Semarang.

Dependen variable in this research is the fearnessof failure and independent variable is academic procrastination. The measurement of this fearness of failure be measured by using scale that be arranged by the researcher by the aspects that refer to the characteristics of fearness of failure, namely perfectionist, the honor of themselves which is low, and the anxiety to evaluate.

Aspect that refer to academic procrastination, namely to cancell in beginning to do and to finish the task, lateliness in doing the task, the gap of time between the plan and implementation, to do more happiness activity.

The research that have the decided characteristic in a research or total of individual who have the same characteristic. From the population be taken the hoped sample that be hoped represent the population. The sample is a part of population who is its characteristic want to be observed. There is an action in order to decide the sample, first of all is to decide wide and characteristic of population and the strict limitation (Hadi, 1997).

The population that be taken in this research the university student of medicine faculty of Sultan Agung Islamic University, who have been take the major of scientific paper more than two semesters by the reason whereas the average of university student can finish the scientific paper not more than two semesters. Sample taken technical is the technical of *incidental quota sampling* namely the technical that decide the sample as the smallest element of population whereas individual who become the subject of research is whoever that be founded in the place of research including a group that be chosen as the sample to the wanted quota .

The method that be used in this research namely scale method. Scale method is a research method by using the list of question or statement that indirectly describe the indicator of behavior of attribute that want to be measured but to describe the indicator of behavior from related attribute. The fearness of failure consists of 42 item and scale of procrastination of academic consist of 56 items.

Method of that be used namely quantitative method. Scale that be used in this research namely two scales: scale of fearness of failure and academic procrastination.

3. Result of Research and Discussion

The test of hypothesis in this research use correlation technical of product moment from Karl Pearson. Base on the test of hypothesis of correlation coefficient $r_{xy} = 0,562$ with p is about 0,000 ($p < 0, 01$) so that can be concluded whereas there is positive correlation and very significant

between the fearness of failure to academic procrastination. There is effective contribution that begiven to variable of fearness of failure to variable of academic procrastination is about 27,7%.

Data interpretation base on the calculation be gotten minimal score is about 73, maximal score is about = 125, mean is about 97,69 and deviation standard is about 14,79, so that can be concluded whereas university/academic student procrastination for medicine faculty of Sultan Agung Islamic University involve middle category. Base on the result of calculation, minimal score is about 43, maximal score is about = 102, mean = 72,56 and deviation standard is about 11,26, so that can be concluded whereas the fearness of failure is small for the medicine faculty of Sultan Agung Islamic University is middle category.

The fearness of failure into a part of university/academic student involve three matters namely perfectionist, low honor itself, and the anxiety to evaluation.

4. Conclusion

Base on the result of research can be concluded whereas there is positive corelation between the fearness of failure to the academic procrastination of university/academic student in arranging the scientific paper.

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