

Short Successful Cases with the Help of Knerr Repertory

Dr. Keerti Pathak

Abstract: *As Homoeopaths, we often have cases come to us & we don't have really time to take the case. We must act quickly & effectively otherwise we may miss opportunity to help and can lose the faith of the patient. Thus, with the help of "Repertory of Hering's Guiding Symptoms of Our Materia Medica" we can prescribe medicines easily & effectively. In this article I am trying to share the utility of Knerr Repertory with the help of some short cases. These cases, except Case no. 1, were seen under the guidance of Dr.Ashok Bhinda, Vice Principal and HOD of Pharmacy Department, during Course of MD in Dr.M.P.K.Homoeopathic Medical College, Hospital and Research Centre, Jaipur.*

Keywords: Knerr Repertory, Guiding Symptoms, Materia Medica, Homoeopathy

1. Introduction

While attending to an acute case, the physician should limit his enquiry to the recent deviations from health; no one should waste time in collecting details of the acute totality.

"In acute illnesses, take the acute symptoms, carefully record each one and find out all there is to know about them. If you are dealing with an acute condition, limit yourself to dealing with the acute state alone and don not dip into what has been a chronic state." - **Herbert A. Roberts**⁵

Dr. J.T. Kent asserted, *"If you neglect making a careful examination, the patient will be the first sufferer, but in the end you yourself will suffer from it and homoeopathy also."*³

In **Sec 153, Dr.Hahnemann** mentioned-"In this search for a homoeopathic specific remedy, that is to say, in this comparison of the collective symptoms of the natural disease with the list of symptoms of known medicines, in order to find among these an artificial horrific agent corresponding by similarity to the disease to be cured, *the more striking,singular,uncommon and peculiar (characteristic) signs and symptoms* of the case of disease are chiefly and most solely to be kept in view; for it is *more particularly these that very similar ones in the list of symptoms of the selected medicine must correspond to*, in order to constitute it the most suitable for effecting the cure..."²

"It is impossible to practice homoeopathy without the aid of repertories and the best repertory is fullest"-**Dr.J.H.Clarke**.¹

"Repertory of Hering's Guiding Symptoms of Our Materia-medica" -by Calvin Brobst Knerr is one among the Puritan repertories. In this repertory there are 48 chapters, arranged in Hahnemannian (Anatomical) schema. In this repertory, symptoms are arranged almost in its original form without much change. This repertory is based on 'Hering's guiding symptoms of our Materia-medica'. Knerr used the same symbols and signs as given in Hering's Guiding Symptoms.

2. Gradation of Medicines

The four marks of distinction **II, I, II, I** have the same significance as set down in guiding symptoms.

Single light line (I) - is the lowest and designates an occasionally confirmed symptom.

Double light line (II) - Symptoms more frequently confirmed or, if but once confirmed, strictly in character with the genius of the remedy.

Single heavy line (**I**) -Symptoms verified by cures.

Double heavy line (**II**) - Symptoms repeatedly verified.⁴

Some cases are

Case No. 1

During BHMS final examination, "I had complaints of a worm like sensation in left side of throat, obstructed feeling while eating, drinking and burning in throat. I often felt pain and swelling in my left wrist joint. I was very much worried. I was reading Knerr's Repertory for examination and then I opened the chapter **THROAT** and found the rubric- Throat, sensation as of a worm: **I Puls.** (P.No.-388), only single medicine was given. I took *Pulsatilla* 30 single dose without searching this rubric in other repertories, as I read this repertory is based on pure symptoms of provers. On next day, my all complaints disappeared and thus I attempted my exams very well.

Case no. 2

A female patient came with complaints of stopped sensation of nose, loss of smell & rattling sound during respiration. She had difficulty in evacuating expectoration. She had dyspnea, had to wake up at night. She had to breathe through mouth. She felt as if someone is smoking & her nose was filled with smoke. She also had complaint of pain in chest, which was ameliorated by lying on abdomen. I found in Knerr's Repertory- **NOSE/Nose smoky: IHyos, NOSE/Nose smell, loss of: with loss of taste, I Hyos, RESPIRATION, Breathing, rattling: I Hyos.** I gave *Hyoscyamus niger* 30/3D & got good result.

Case no. 3

A female child came with her mother. Her mother told that she had a problem of nose bleeding from right nostril since last 1 month. It occurred 3 times till now. Character of blood was red, thick & occurred during sleep at night only. In Knerr's Repertory, I found the rubric in the chapter of NOSE- 'Nose bleeding (Epistaxis): Rt sided, at night in sleep, I *Ver* (P.no-255). I prescribed *Veratrum album* 30, 2 doses & got satisfactory result.

Case no. 4

An advocate came with complaints of frequent sneezing and nasal discharge only in morning since last 15 days. He felt well in day time. I prescribed him *Kreosote* on the basis of rubrics found in the chapter of nose- NOSE. Nose, sneezing frequent, particularly in morning; I *caust*, I *Kreo* (P.no- 265) & Nose, sneezing frequent with dry nasal catarrh, I *Kreo* (P.no- 265). He came after one week with 100 % relief in his complaints.

Case no. 5

A Patient came with complaints of pain in tendoachillis since last 1-1/2 months. Initially Pain appeared in right & then in left. She had drawing sensation during, after standing & walking. Sometimes she felt stinging or tearing or as if overstraining of tendons. These symptoms when searched in Knerr's Repertory, the rubrics are- LOWER LIMBS – Tendoachillis- Drawing; during or after standing and walking: *Berb*. (P.no-976), LOWER LIMBS-Tendoachillis-Tearing; during or after standing and walking: *Berb*. (P.no-976). *Berberis vulgaris* 30 was given & she showed improvement.

Case no. 6

A patient came with complaints of burning in soles while walking, heaviness and stretched feeling during sitting and walking since last 1-1&1/2 months. Based on these symptoms, rubrics were searched in Knerr's Repertory and the rubrics were- LOWER LIMBS- Feet, burning: especially while walking: I *Natr c* (P.no.935). LOWER LIMBS- Feet, heaviness: with tension when sitting or walking; I *Natr c* (P.no.-938). *Natrum carbonicum* 30 was given and she showed improvement in her complaints.

Case no. 7

A patient had a complaint of Coryza since last 2 days. He had white yellowish nasal discharge. He had pus like smell from nose & sharp thin object like sensation in throat. In Knerr's Repertory I found- NOSE- Smell, hallucinations: of pus; *Arg nit* (P.no-271). NOSE-Coryza, purulent: white; I *Arg nit* (P.no-252) THROAT-Throat, sensation as of a foreign body: as of a splinter, I *Alum*, II *Arg nit*, II *Hep*, I *Natr m* (P.no-377). I gave him *Argentum nitricum* 30, 6 doses for 5 days. After 5 days, all complaints disappeared.

Case no. 8

A patient came with injury to left big toe with dislocated sensation since last 6-7 days. He was given *Ammonium carbonicum* 30 on the basis of rubric- LOWER LIMBS-Toes, injuries; sprain, left big, inflammation, sensation as if

dislocated, I *Amm c*. (P.no. 984) in Knerr's Repertory. He showed improvement.

3. Conclusion

In spite of its vast information, it is one of the repertory which is not been adequately used by our profession in their clinical practice. So here is an attempt to show the importance and effectiveness of Knerr's Repertory in day to day clinical practice.

4. Acknowledgement

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Author Profile

Dr. Keerti Pathak is the Assistant Professor in subject Practice of Medicine. She is teaching Practice of Medicine since last 3 years at Swasthya Kalyan Homoeopathic Medical College and Research Centre, Sitapura, Jaipur. She has completed her graduation in Homoeopathy from Chandola Homoeopathic Medical College and Research Centre, Uttarakhand and she has completed her MD in Repertory from Dr. Madan Pratap Khunteta Homoeopathic Medical College, Hospital and Research Centre, Jaipur. She is doing a Certificate course of Clinical Hypnotherapy from EKKKA (Formerly known as the California Hypnosis Institute of India.)