

Perspective Level of Dental Restorative Staff towards Occupational Hazards at Selected Dental Clinics, Saudi Arabia

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Abstract: ***Background:** Oral liberate of compounds from biomaterials occurs, and adverse reactions may follow dental management. Particularly in allergic reaction vulnerable patients contact allergy may occur. There are reports from many different countries on contact allergy from gold/palladium alloys, components from polymer-based materials, chromium/cobalt alloys, and nickel. Notwithstanding, educational emphasis, the practical application of preparation design routinely exceeds the ideal taper and casts a different light on retention and resistance characteristics described in both laboratory and theoretical work. **Objective:** To Appraisal of the perspective level towards occupational hazards among restorative staff at selected dental clinic, Saudi Arabia. **Method:** A cross-sectional survey was conducted at five dental clinics, Saudi Arabia. 30 items self-administered questionnaire was provided to 200 restorative staff in the research setting based on their area of their specialties to assess the level of awareness towards occupational injury among restorative staff at the selected dental clinics, Saudi Arabia. **Results:** This study finding showed that awareness towards Occupational Injury among some restorative staff at dental clinics was variable. The majority (98.5%) of the restorative staff had a high level of perspective towards occupational hazards in relation to Blood spills should be cleaned up promptly with sodium hypochlorite". On the other hand of the fixed prothodontic staff had a lowest level of awareness towards Occupational hazards in relation to Used needles can be recapped after giving an injection". Although, concerning the Intermittent Level of Awareness the lowest level was awareness towards Occupational Injury in relation to Blood spills should be cleaned up promptly with sodium hypochlorite"(0.5%). While, regarding the highest Level of Awareness towards Occupational hazards was found in the item of "HCWs with non intact skin should not be involved in direct patient care until the condition resolves" (11.0%). **Conclusions:** The current study results revealed that there were high levels of perspective among the restorative staff toward occupational hazards within the study setting.*

Keywords: Occupational Hazards; Parameters of Patients Safety & Restorative staff

1. Introduction

An ultimate dental adhesive should endow with a durable bond between dissimilar materials, possess constructive compressive and tensile strengths, have sufficient fracture toughness to prevent dislodgment as a result of interfacial or cohesive failures, be able to wet the tooth and the restoration, exhibit adequate film thickness and viscosity to ensure complete seating, be resistant to disintegration in the oral cavity, be tissue compatible, and demonstrate adequate working and setting times.

Consequently, there are five types of commercially available luting agents for the long-term cementation of fixed prostheses and they include: zinc phosphate, polycarboxylate, glass ionomer, resin composite, and resinmodified or "hybrid" glass ionomer cements. Each type is physically and chemically unique and no luting agent is ideal for all situations. The purpose of this article is to review the composition and characteristics of these luting agents. (Kuo .et al., 2006).

The ability to adhere to multiple substrates, high strength, insolubility in the oral environment, and shade-matching potential have made resin composite cements the adhesive of choice for esthetic type restorations, including resin composite inlays and onlays, allceramic inlays and onlays,

veneers, crowns, FPDs, and the newly developed fiber-reinforced composite restorations. Chemically polymerized resin composites are specifically recommended for luting base metal resin-bonded FPDs ("Maryland" type). Adhesion to noble metals can be achieved but requires tin-plating. Resin cements are useful when the preparation lacks optimal retention and resistance forms. Proper use requires multiple steps that are technique sensitive. (Odd Cathrine, et al., 2007).

According to Sorrs .et al., (2013), A knowledge of the complications that can occur with single crowns, fixed partial dentures, all-ceramic crowns, resin bonded prostheses, posts and cores, and implant prostheses enhances the scientific foundation upon which diagnosis and treatment planning are based and facilitates the communication of realistic expectations to patients. During a period of time when economic conditions make it difficult for patients to afford needed treatment, many patients' lives are changed through this worthy Foundation charitable grant program. Again, thank you for your generous support of the unique activities of the Osseo integration foundation.

Because of the extensive nature of the implant data base, the complications have been divided into 6 major categories (surgical, implant loss, bone loss, peri-implant soft tissue, mechanical, and phonetic/esthetic). When all types of restorations/prostheses are compared, implant prostheses

exhibited the highest incidence of complications. However, the incidence varies substantially with the type of implant prosthesis. The lowest incidence of complications occurred with implant single crowns, and implant over dentures had the highest incidence of complications. (Rapiti, et al., 2005).

Comparison of preparations done by residents and by restorative in this study showed that ideal preparation taper is seldom achieved. The long-term clinical outcome of restorative treatment depends, in part, on the use of adhesives that can provide an impervious seal between the restoration and the tooth. There are several types of available luting agents, each possessing unique properties and handling characteristics. No one product is ideal for every type of restoration. To the greatest of our understanding, the attentiveness of restorative staff in relation to knowledge and awareness about policies of safety measures within the work setting. Consequently, conducted this study to assess the level of awareness' towards occupational injury among restorative staff at the dental clinics, Saudi Arabia.

2. Participants and Methods

This study was conducted in among restorative staff at the dental clinics, Saudi Arabia. The study was granted ethical approval by the clinics ethical committee.

The participants were selected from the selected dental clinics. After signing an informed written consent form, the questionnaire was given to each participant. Before administration of the questionnaire, the purpose of the study was explained to each respondent and confidentiality of the information guaranteed.

The research was carried out by one of the authors who were appropriately trained in administering the informed consent and the self-report questionnaire to the participants. In this cross-sectional study, a structured questionnaire prepared by the authors, was administered to the participants. A32-item

self-administered structured questionnaire about awareness' towards occupational injury among the selected fixed restorative staff, which advised de novo and tested. It included a full range of response options, designed to identify the practitioner's level of to assess their level awareness' towards occupational injury among fixed restorative staff within the selected setting. Prior to distribution of the questionnaire, a pilot study was done on a selective group of health care workers who were asked to fill out the questionnaire and return it back with their remarks and criticism. Minor changes were then made to the final tool.

The preliminary part of the questionnaire consisted of demographic information such as occupation, age, gender, and the marital status. The second part of the questionnaire comprised of questions regarding their level of awareness' towards occupational injury among medical staff. This part also assessed awareness' towards occupational injury. It took approximately 15 minutes to complete each appraisal.

The level of awareness' towards occupational injury fixed restorative staff at the dental clinics, Saudi Arabia. By examining questions. A score of "1" was assigned for a correct answer and "0" for an incorrect answer. A health care worker who obtained a total score of "5" was considered "very aware;" "4 or 3" "somewhat aware;" and "1 or 0" "not aware." The data were coded and analyzed by SPSS® for Windows® ver. 12.0. Strict confidentiality was maintained. All the data were stored in computers at a secured location, with access provided only to the researchers involved in the study. The χ^2 test was used to test association between categorical variables. A p value <0.05 (two-tailed) was considered statistically significant differences.

3. Results

3.1 Level of Perspective' Towards Occupational Hazards among Restorative staff at the selected clinics

Items of Occupational Hazards	High Level of Awareness		Intermittent Level of Awareness		Low Level of Awareness	
	No	%	No	%	No	%
Widespread precautions are applied to patients with HIV and viral hepatitis only"	174	73.3%	6	2.3%	20	25.4%
"Isolation is necessary for patients with blood-borne infections"	178	88.5%	10	5.0%	12	5.5%
Used needles can be recapped after giving an injection"	164	82.0%	16	8%	20	10.0%
For decontamination of devices (with only contact with skin) washing with usual detergent is enough"	187	93.5%	3	1.5%	10	5.0%
Universal precautions are not necessary in situations that might lead to contact with saliva"	189	94.5%	6	3.0%	5	2.5%
"HCWs with non intact skin should not be involved in direct patient care until the condition resolves "	168	84.0%	10	5.5%	22	11.0%
Blood spills should be cleaned up promptly with sodium hypochlorite"	196	98.0%	1	0.5%	3	1.5%

This study finding showed that awareness towards Occupational Injury among some restorative staff at dental clinics was variable. The majority (98.5%) of the staff had a high level of restorative towards Occupational hazards in relation to Blood spills should be cleaned up promptly with sodium hypochlorite". On the other hand of the fixed p staff had a lowest level of awareness towards Occupational hazards in relation to Used needles can be recapped after

giving an injection". Although, concerning the Intermittent Level of Awareness the lowest level was awareness towards Occupational Injury in relation to Blood spills should be cleaned up promptly with sodium hypochlorite" (0.5%). While, regarding the highest Level of Awareness towards Occupational hazards was found in the item of "HCWs with non intact skin should not be involved in direct patient care until the condition resolves " (11.0%).

4. Discussion

This study finding showed that awareness towards Occupational Injury among some restorative staff at dental clinics was variable. The majority (98.5%) of the staff had a high level of perspective towards Occupational hazards in relation to Blood spills should be cleaned up promptly with sodium hypochlorite". On the other hand of the staff had a lowest level of awareness towards Occupational hazards in relation to Used needles can be recapped after giving an injection". Although, concerning the Intermittent Level of Awareness the lowest level was awareness towards Occupational Injury in relation to Blood spills should be cleaned up promptly with sodium hypochlorite" (0.5%). While, regarding the highest Level of Awareness towards Occupational hazards was found in the item of "HCWs with non intact skin should not be involved in direct patient care until the condition resolves " (11.0%).

Another study reported by McCarthy,(2000), involving 550 medical students and residents during the 1989–1990 training year likewise reported a high prevalence of needle stick injuries (69%), and a higher frequency of injury (by a factor of 6) among surgical residents than among medical residents. In these two studies, rates of reporting needle stick injuries ranged from 13 to 23%, and a more recent survey of all types of providers from an Iowa medical organization found that 34% had reported their exposure to an employee health service. On the other hand, the study carried by Regina (2002), showed that only 59% of surgical residents report such injuries extends previous observations that underreporting may result in a substantial underestimation of the magnitude of the problem.

The ‘shortened dental arch’ perception is a nominal treatment intervention approach that has been advocated for a wide range of partially edentulous patients. This concept of intervention to achieve patient-perceived acceptable function levels in the presence of multiple missing teeth. The implementation of minimal interventions should be balanced by considering risk-to-benefit ratios, as well as the consequences of nonintervention or low-level restorative interventions. The ‘nonintervention’ approach and low-level restorative interventions have inherent consequences and well-documented risks; professional ethics dictate that practitioners present these risks as well as the known benefits of all treatment options. Developing countries are under significant pressure to effectively utilize limited resources, increase skilled human resources, and provide advanced levels of care to very large numbers of patients and plan for the future dental health care of their society. Many developing countries are prime candidates for inadvertent abuse and misappropriation of restorative materials, treatment modalities and human resources in trying to provide cost-effective restorative care. This research findings is congruent with the findings of the study carried out by (Rapiti, et al., 2005), who found that the greater awareness of universal precautions among health care workers employed for a longer period non-compliance among medical doctors and nurses are associated with

insufficient knowledge, workload, forgetfulness, workplace safety and the insight that colleagues also failed to track.

Personnel protective equipments reduce the risk of exposure of the health care provider’s skin or mucous membranes to potentially infectious materials. Protective barriers reduce the risk of exposure to blood and other body fluids to which universal precautions apply. Examples of protective barriers include gloves, gowns, masks, and protective eyewear. Just over one half of the respondents indicated that they were provided with protective equipment most times. Furthermore, more nurses were provided with protective equipment than medical technologists and medical doctors. Interestingly, more respondents who were aware of universal precautions reported being provided with protective equipment more often than those who were somewhat or not aware. This study results congruent with the research data carried out by Pournaras, et al,2004, who reported that less than two-thirds of health care workers claimed that they always used personal protective equipment such as aprons, gowns and gloves, during surgeries and while conducting deliveries. According to Jawaid, et al, among medical doctors working in a tertiary care hospital in Pakistan, compliance for hand washing was 86%, for wearing gloves was 79%, masks 46%, eye goggles 25% and for using gowns/plastic aprons was 45%.³⁵ However, there is sometimes a high rate of non-compliance among health care workers and this may be due to a lack of understanding among health care workers of how to properly use protective barriers.

This study showed that there was high level of awareness’ towards occupational injury among restorative staff within the study setting. These findings suggest that training of dental staff to maintain and enhance their knowledge about occupational safety, blood borne pathogens and universal precautions could improve their use of universal precautions. Regular training should include the universal precautions, initial biohazard handling, safety policies, safety behavior, safety equipments, continuing monitoring and maintain continuous quality improvement concerning the practice of occupational safety.

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