Provision of Comprehensive Abortion Care in Public Health Facilities in Nairobi County

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1. Background & Objectives

Comprehensive abortion care is rooted in our belief that women must be able to access high-quality, affordable abortion care in the communities where they live and work. This care includes contraception, safe abortion, post abortion care and pain management, law reforms and referrals. The study was to determine the health system factors influencing the provision of comprehensive abortion care in public health facilities in Nairobi County, Kenya. Specific Objectives were to establish the extent into which health care providers attitude influence the provision of comprehensive abortion care , determine the extent into which reproductive health policies influence the provision of comprehensive abortion care and to identify health facilities resources influencing provision of comprehensive safe abortion care.

2. Methods

This was a descriptive cross-sectional survey. The target population was nurses working in Nairobi county referral facilities that provide abortion services. Semi-structured questionnaires with both open and closed ended questions and interview schedule were used. Systematic random sampling was applied and 152 returned completed questionnaires which were 80% response rate. Descriptive statistics were used to describe and summarize data while inferential statistics were used to test hypothesis. Qualitative data were analyzed in the thematic areas of the study.

3. Results

Pearson correlation coefficient indicated that there was strong correlation between the attitude, reproductive health applications and very strong association with health facility resources utilization and this was the same case in both facilities. The computed chi-square values were greater than their corresponding critical values.

4. Conclusion / Recommendation

This indicates that the Nurses attitude, application of reproductive policies and utilization of health facilities resources have significant influence on the provision of comprehensive abortion care. Training of Health care professionals, adherence to reproductive health policies and increased utilization of Health facility Resources for comprehensive abortion care are recommended.

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