

Analysis of Psychology Literature in Novel Bidadari Bermata Bening by Habiburrahman El Shirazy

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Abstract: *Psychology is an important aspect that cannot be separated with human life. It is really important for human to have great psychology in facing the life. The purposes of this research are to describe the personality, psychological needs, and psychological conflict of Ayna as a main character in novel entitle Bidadari Bermata Bening written by Habiburrahman El Shirazy. The method used in this research was qualitative method. Technics of data analysis were selecting data, interpreting data, and showing conclusion. The results of this research showed that there are three aspects of literature psychology found in this research. Those are personality which is consist of religious, smart, and spirit, pshicological needs which are consist of achievement need and cooverative need, and psychological conflicts which is consist of soul conflict, confusion, and hapiness.*

Keywords: Analysis, Psychology Literature, Novel, Bidadari Bermata Bening

1. Introduction

Nowadays, competition in the success is very strict. To achieve the success required a conviction, intelligence, perseverance, motivation, mental readiness to confront various obstacles that impede, and most of all have a good personality. A good personality will bring life to a stable direction i.e. in regards to think, Act, behave, socialize, and ways of taking decisions.

Baughman and Welsh (in Minderop, 2016, pp. 6) States the personality is a complex hypothesis construction. Personality into construction because we developed this hypothesis through observation tingkahlaku. Personality is said to be complex because we assumed that the personality consists of quality of reason or the id, ego, and superego. While Alwisol, (2015, pp. 2) States that the personality is part of the build of human existence into one unity, not divisions split in functions.

According to Maddy (in Alwisol, 2015, pp. 8) is a set of personality characteristics and tendencies of stable that determine the generality and differences of psychological behavior (thinking, feeling, and movement) of a person in a long time and can not be understood simply as a result of social pressures and pressure biological time. Stren (in Alwisol, 2015, pp. 7) says that personality is a person's life overall, individual and unique business goals, their ability to survive and to open up, the ability of gaining experience.

Psychology literature is basically an approach in reviewing the work of literature by focusing on behavioral or psychological abuse figures in it. Psychology literature review a literature with the science of psychology. Minderop (2011, pp. 54) mentions that the psychology literature is the study of literary works that are believed to reflect the process and activity of psychological abuse. Meanwhile, Endraswara (2008, pp. 96) States that the psychology literature is a

literature review looked at the paper as a psychological activity.

Literary works in fact reveals the image of life that occur with the expressed packed in such a way. Through the approach of literary psychology students will understand the character or personality that is in the works and can apply it in their personal lives with the imitation of the good stuff. Based on the above description, researchers are interested in doing research on the study of Psychology Literature Novel Bidadari Bermata Bening by Habiburrahman El Shirazy Work Clear. This research focuses on the psychology of the main character, namely Ayena in that novel.

2. Methodology

This research used qualitative research methods by using a descriptive analysis. Moleong (2010, pp. 11) mentions that descriptive method is used because the data will be collected and elaborated in the form of words, not in the form of numbers. Descriptive analysis method is used for describing personality or characters, psychological needs aspect of a character, and describing the forms of conflict experienced by main characters of the novel Bidadari Bermata Bening written by Habiburrahman El Shirazy-works. Data collection techniques used primary sources and secondary sources. Primary source is a data source that directly provides data to the data gatherer, and the secondary source is a source which does not directly provide the data to the data Gatherer (Sugiyono, 2017, pp 225).

3. Result and Discussion

a. Religious

Religious attitudes and behavior that is obedient in carrying out religious teachings which are adhered (Sulistiyowati, 2012, 30 pp.). Meanwhile, Gunawan (2012, PG. 33) States the relating to religious thoughts, words, and actions of a person who will always be based on the values of the Godhead or his religious teachings. Character or personality

that always reflect the obedience in the running of various religious orders adhered. Religious figures in the Act, speak, behave, and always pay attention to the rules of the religion. Religious personalities have a quiet soul, heart and mind always remember Allah, Dzikir is always done under any circumstances. People who are religious personality always taught the truth and invite others to do or do well. The following excerpt describes the religious personalities:

"Ayna motornya driving while reading the blessings multiply. Blessings is a prayer of salvation and well-being. Who send blessings on the Prophet unto King one, Allah will send ten blessings on him. The man in the assurance of salvation God Almighty ... (Habiburrahman El Shirazy, 2017, 6 pp.)".

The quotation above shows a religious personality indicators. Boost id make Ayna doing so. Religious personalities Ayna evident when he performed the font to natural junjuran Prophet Muhammad. On the way he was chanting blessings. This ranching Brides. He ceaselessly against Sufi Prophet because he knows the reward to be given by him when always practise shlawat over the Prophet of God would assure the safety of people who always Sufi Prophet. Religious personalities are seen also in the following quotation:

"Ya Nabi salam ', o Apostle sent greetings ' send, ' send' salam Ya Habib
Send "Shalawatullah '."

Ayna shalawatan lead in the regular payroll pekanan mothers in his community. In the four days he was directly connected with the pulse of life. All welcome him with great pride (Habiburrahman El Shirazy, 2017, pp. 111)".

The quotation above shows an indicator that Ayna religious personality, it can apply its own science in public life she lived in the neighborhood.

b. Smart

Smart is a clever, shrewd, crafty, capable in doing or working on something (KBBI Online, 2018). It personality or character that so smart in doing everything well and able to digest properly. Such as in the following quotation:

"Subhanallah, total vscore is 55.60. Okey I will read. Indonesian Language score is 8.9, English is 9.5, Economic is 9.8. Mathematics, waww... perfect! Math 10. Subhanallah. Keep the sociology 8.3 and then geography 9.1. "Mbak Ningrum gives a paper to Ayna. Ayna cries happily when reading her score of National Exam (UN) in that letter. Zulfa also reads it with pride. Just then Ayna Takbeer and prostration of gratitude on the kitchen floor (Habiburrahman El Shirazy, 2017, pp. 12-13)".

The quotation above shows a smart character indicators. Ayna proved the value of national exam which is very satisfying. Ayna ranked one in the national exam. This suggests a boost IDs intelligence that exists within him, he can prove his ability and blessing her dicipline in learning so that the results obtained are excellent. Ayna very enterprising and intelligent, as well as avidly as in the following quotation:

"In addition to our daily activities to fill adds to the hapalan of the Qur'an, he took private lessons in a City that exists in the LKP Purwodadi. Principle increased age should increase knowledge. That's what he is holding. He is also the course of driving a car, because at home there is an idle Avanza car. After you can drive a car, he can more freely move. Two days once he could deposit memorizing the Qur'an at Pesantren Al Badriyyah, Mranggen (Habiburrahman El Shirazy, 2017, pp. 193)."

The quotation above shows smart character. Ego boost that makes Ayna do that activity. Ayna is disciplined in time. Time used effectively for a positive activity. As in the following quotation:

"Ayna works with great seriousness. All its work he used to do. Its main task is to maintain cleanliness, tidiness, and any purpose Bu Rosidah. Hospitality and elegance makes all his guest bu Rosidah give praise. Ayna is not a type of worker who are just waiting for orders of superiors. He is a clever worker and his thoughts the way. Not long ago, he knew the kinds of cakes are the Favorites of the employer. Then it silently in the room of his boarding house he made dough and he brought to the Office and cook with the oven that is in the Office kitchen. So the cake is cooked, serve it at Bu, and Rosidah guests coming. Also it for friends. No wonder himself received by employer and loved by almost all of the employees (Habiburrahman El Shirazy, 2017, pp. 259)

The quotation above shows an indicator that Ayna has the clever personality.

c. Spirit

Spirit is willingness to work and to struggle (KBBI, online, 2018). See in the following quotation:

"I will start from the effort to make bread, Bu. Capital is not great. In this House there are also oven nice and rarely used. From deposited in the cafeteria used to be a small-office canteen around our Office. "A smart idea. Immediately begin! "The effort to make and selling bread and cakes were now starting to develop. Ayna has already rented a shop house near the University of Ibn Khaldin as a place of business which he named "Roti Barokah" (Habiburrahman El Shirazy, 2017, pp. 263-264)". The quotation above shows the spirit of personality indicators.

d. Lover

Lover is Compassionate person who is compassionate (KBBI Online, 2018). Character compassionate attitude is always full of affection. As in the following quotation:

"Ayna went back to the kitchen and then come with carrying a basin containing hot water and towels. Ayna puts the basin on the floor. The girl then insert both feet Bu Rosidah in the basin. Attentively Ayna washing and adoptive mothers feet memijit it. Bu Rosidah open his eyes with a smile. Even the daughter and daughter-in-law there is nothing like it was his attention to him (Habiburrahman El Shirazy, 2017, pp. 277-278).

The quotation above shows an indicator of compassionate. Boost id create with painstaking care for the Ayna Bu Rosidah. He massages the foot of Bu Rosidah with warm water, it does so with care and compassion. As in the following quotation:

"Yes, Ayna is definitely the story. Ummy breakfast already? " Ayna menu that provided hospital still intact. "Ummy don't taste." "Ayna bring warm gruel. Ummy attempting to eat Yes, Ayna suapi, huh? " Bu Nyai nodded. Mr. Patni, Gus Asif and his wife and Dralfoldman bit wonder, why just the same Bu Nyai manut Ayna. "Sit down, ya Ummy, preferably let me?" BU Nyai back nodded. Ayna tried mounting the Bu Nyai, with sprightly Dralfoldman help. Ayna and then tell the bundle brought Lestari. He opened the gruel that wrapped in paper and pour onto the plate and then slowly menyauapkan to the mouth of the Bu Mrs. Ayna feeding lovingly, as if feeding her biological mother who is sick (Habiburrahman El Shirazy, 2017, 292 pp.)

Psychological Needs

a. Needs of Achievement

The needs of achievement for completing something difficult and exciting, overwhelm, overcome obstacles, and achieve the best possible standards, do, compete to outperform others. The needs of the achievements seen in the following quotation:

"Ayna works with seriousness. All its work he used to do. The main task of maintaining cleanliness, tidiness and all needs of the Bu Rosidah. Hospitality and elegance makes all his guest Bu Rosidah give praise. Ayna is not only the workers who are just waiting for orders of superiors. He is a clever worker and his thoughts the way. Not long ago, he knew the kinds of cakes are the Favorites of the employer. Then it silently in the room of his kos he made dough and bring it into the Office and cook with the oven that is in the Office kitchen. So the cake is cooked, serve it on the Bu Rosidah, and his guest that come. Also it for friends. No wonder himself received by employer and loved by almost all of the employees (Habiburrahman El Shirazy, 2017, 259 pp.)

The quotation above describes the needs of achievement. Ayna an employee his job cleaning up, merapihkan Office, and serve all the needs of the Bu Rosidah, he did his work with agile. He worked with skilled and intelligent. Ayna is very clever not only do one job only, he can work that is able to make a cake. This is a skill that he has and can be enjoyed by others. Ayna Semangat and hard work are very high. The following excerpt shows the need of achievement:

"And stay with Bu Rosidah Housing in Bogor Sentausa really remind her time living with his mother in both Kaliwenang. Times he sixth grade elementary to graduate from Junior High School. After that he to boarding school, and then his mother died. He treats his mother as Rosidah own Bu. And he learned a lot from him. It turns out Bu Rosidah is the wife of a Professor of agricultural economics IPB, the late Professor Nur Wahyudin. So, there are thousands of books in the House. And he let read a book where he likes (Habiburrahman El Shirazy, 2017, pp. 263)".

b. Need of cooeration

Needs of cooeration is the need to approach and enjoying cooperation with others, got the person who endeared affection, became a friend of everyone else, kindly, doing something together with others. It can be seen in the following quotation:

"You know, I think you have seen a performance of leather puppet of the same Dralfoldman and others, kok even wash clothes nights here. Why not tomorrow morning? "Mrs Nur Fauziyah peeking inside of shower door open. If tomorrow morning, sorry this Afifuddin said, Gus wants to wear tomorrow after Shubuh. Last day, Kang dropped off kulo bardi, but forgot. May be dry (Habiburrahman El Shirazy, 2017, pp. 45)".

The quotation above describes the need of cooeration. Humans will not be separated from the help of others. Man is a social creature who must interact with others, such as mutual help and concern for others. It can be seen how Ayna help mencucikan outfit Gus Afifuddin. Ayna tried to put aside his own puppet performances to watch, he is more attentive to the needs or interests of others. In the following quotation illustrates the concern for the lives of others such as:

"... Ayna has finished ironing. He was hesitant to knock on doors. He took a breath and then berdehem. Instantly Ayna looking into the origin of the voice dehem. And somewhat surprised when looking at Gus Afif is not far from the door. "Em, thank God it is over. Sorry it might be a little different, because it has not kept too dry ironed,"softly Ayna handed folds clothes, gloves and a turban. Thank you, sorry it's been a hassle," said Gus Afif while receiving his clothes (Habiburrahman El Shirazy, 2017, PG. 55)".

The quotation above describes the need of cooeration. Ayna ironing clothes help Gus Afifuddin. This proves the importance of paying attention to the needs of others. Ayna felt responsible because it dropped off by Badri for washing clothes of Afifuddin that will wear for his Praying. In life need others to accompany, share, and communicate. It is like the following excerpt:

"Mothers have long searched for a suitable person to accompany the mother. Has not yet found. I feel it fits you. During this time I lived with two assistants; Food, food, nut and Ginah. Please, don't reject the offer. Or professional mother, your willingness to stay at mother's home to accompany the her will appreciate per day. Want to how many per day? "Ayna received gladly. Anyway, during this Ayna already consider the mother like my own biological mother. So no need to use a count per day, how much so (Habiburrahman El Shirazy, 2017, pp. 262)".

3. Psychic Conflict

a. Soul Conflict

Soul conflict is a conflict caused by the presence of two or more ideas or conflicting desire to master yourself so that affect behavior (KBBi Online, 2018). The soul conflict that plagued Ayna is so complex. Inner conflict which first experienced Ayna when Kyai Joseph asked His Bu

melamarkan Ayna to become his wife. This is evidenced in the following quotation:

"Ayna breathes for many times. Feeling happy and poignant as blending in his blood. That feeling seems to be the poison that is now spread throughout her body. If he mengiyakan the application Patni Joseph among them because of the high respect to him. Love has not been present there. He just feels it will be able to bring the love over time. The seeds for the growth of love he see there has been a living plant it. Whereas now, the request is a request from Afif youth that he respect while secretly is love. However he continued to ward off that feeling because he did not feel worthy to have a love like that. And he feels share a frog wants to fly to grab the star. Something impossible happened (Habiburrahman El Shirazy, 2017, 150 pp.)".

The quotation above shows an indicator that Ayna experience contention. Ego boost that makes Ayna faced two choices. If he chooses Patni Joseph, he felt no sense of love, it requires a long process. He only has respect for Kyai Joseph. While in the Afif it already has the flavor of early but the status that makes a difference, he found it impossible to build love with Afif came from a family of kyai while himself just a regular guy, he thinks this is something that may not happen. But Gus Afif asked her to become his wife. It is like the following quotation:

"Now the young man asked her to be his wife? If it's not a dream? Yes, it's not a dream. Sentences like that hand Afif Gus angel who threw the seed of love into the fertile soil, and the seed is instantly transformed into a lush leafy tree of love in no time. Tree of love is lived waiting to bear alone. But he knew, the tree may not be fruitful. The tree must hold himself bear to not even turn off himself, so the other trees grow and bear fruit. Forbidden love trees bear fruit that now grow in the recesses of his soul is most in. And he alone requires that the tree may not be fruitful. That's the poison being he feels." (Habiburrahman El Shirazy, 2017, 150 pp.)

The quotation above shows an inner contradiction. Speech Gus Afif gives hope. Cultivate the seeds of hope to grow and bear fruit. He was aware that the tree could not grow and bear fruit. The tree will be toxic in itself. But the love in him grows, it now only hold so that the love he feels is not growing. Ayna mind raged with questions, as in the following quotation:

"That night the Ayna can't close my eyes because the thought of what had happened. Do it as soon as he should get married? But in the end the woman getting married too right? If for example he received it on whether her Pakde would agree? What is the approx said his friends if they knew she would marry the Kyai Joseph Badrudduja? Keep if he's already worth so mother with two children aged seven and five years? What about the difference in age are a bit far? He has eighteen years of age and her future husband thirty-six years. Difference in eighteen years. Do not like Siti Nurbaya while married to Datuk Maringgih? Ah no, too. His case is different, not be qiyas. Qiyas named fariq (Habiburrahman El Shirazy, 2017. pg. 90)".

The quotation above shows an inner contradiction. Ayna think of possibilities will happen to him. He thought if he already deserves to marry at a young age, new age eighteen. He thought that in the end woman will definitely be married also, and when she married Joseph Kyai whether her Pakde will approve it or not. Ayna's mind is filled with various things that might happen to him. He thought of his friends also do know that he will marry the Kyai Joseph and whether he deserves to be the mother of the two older Kyai Joseph. He continues to think nothing will happen to him.

b. Anxiety

Anxiety is a sense of giddy (KBBI Online, 2018). Ayna felt it when her Pakde asks the certificate of the land and the House. Ayna hearts feel anxious if her Pakde really wanted to take the certificate of land and House as the following quotation:

"He thought, is this all just a ploy? Stratagem for a particular purpose. Is it true it's all purely a sincere goodness of a nephew to Pakde? Why ask the land certificate? For what? What's for sale? Or want to make any warranty to borrow money in the bank? (Habiburrahman El Shirazy, 2017, pp. 103)".

The quotation above shows an indicator that Ayna experiencing confusion. Boost id causes anxious thought Ayna Pakdenya who asked the question of the existence of the certificate of the land home. He was anxious if the Pakdenya sell land and his house, or guarantee to the bank to borrow money. Mind Ayna shrouded various possibilities that make him feel anxious and it is not clear what will happen. Anxiety also increases as in Ayna excerpt follows:

"Somehow, suddenly there is a sense of worry in his awareness of subtle creep. Strangely he did not know he should be worrying about what? He could only pray, in order for God to keep from all malice and slander. Good-looking or not looking (Habiburrahman El Shirazy, 2017, pp. 132) The indicator shows that the quotation that Ayna feel dizziness.

c. Happiness

Happiness is an oversized heart, feeling proud, self-satisfaction (KBBI, online, 2018). Such as in the following quotation:

"That night, Ayna lays on in his room at the hotel with informal apprenticeships. He couldn't close my eyes because the happy. One of his biggest dream that is in harmony with the young man who loved will become a reality. The story of a long journey of his life winding system used for granted until the time of Suhoor arrived (Habiburrahman El Shirazy, 2017, pp. 315).

The quotation above shows an indicator of Ayna feel happy. This caused Ayna clarity over her love to be married to their beloved ones. It is like the following quotation:

"Bu Nyai Ayna guide keeps wiping his eyes with a handkerchief. Ayna sitting next to Gus Afif. He felt himself float in space because such a happy ending. He has officially

become the youth that he loved his wife. He received the licenses with a hand shake. She and her husband shows licenses. Photographer ask both the bride and groom to smile then the picture will be taken (Habiburrahman El Shirazy, 2017, pp. 321).

The quotation above shows that Ayna is really happy.

4. Conclusion

Base on this research, Ayna, the main character in novel entitle *Bidadari Bermata Bening* written by Habiburrahman El Shirazy, an author who comes from Indonesia has many psychology literature aspects to be analyzed. Ayna's personality is religous, smart, and spirit person. She has pshicological needs such as achievement need and cooverative need. Also, sometimes she many psychological conflicts withher self like soul conflict, feeling confusion, and feeling hapiness.

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