

# Appraisal of Awareness of Surgical Staff about contamination at Selected Surgical Units, Saudi Arabia

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**Abstract:** Background: Awareness of Surgical Staff about contamination requires being highly valued and practices by all the health care practitioners, even though decisive staff development in the prevention of Infection Control. Objective: To Evaluation of Awareness of Surgical Staff about contamination among Surgical Staff at the Selected Surgical Unit-Saudi Arabia. Method: A cross-sectional survey was conducted at the Selected Surgical Unit-Saudi Arabia. Tool was consisting of 16 items self-administered questionnaire was provided to 150 Surgical Staff at the research setting based on their area of their specialties to assess their level of evaluation of Awareness of Surgical Staff About Personal Protective Equipment's. Results: The findings of the current study showed the level of awareness of Contaminations significantly associated with many variables (Table .1). The findings of the current study showed than more than two third (94.0%)\*of the respondents were very aware of Contamination statistically significantly difference in relation to the aspect of Adequate information about how to prevent Infection Control. Moreover, it was found that Surgical staff' had high level of awareness (91.5%)\* in relation to Senior management is accountable for ensuring that healthcare personnel, including licensed and no licensed personnel, are adequately trained and competent to perform their job responsibilities towards Infection Control. Furthermore, majority of the participants (92.5%)\* Personnel from the IPC program, the laboratory, and information technology departments are responsible for ensuring that systems are in place to support the surveillance program of prevention of Infection Control. Conclusions: The current study results revealed that there was a high level of awareness among surgical staff' towards contamination within the study setting.

**Keywords:** Medical Staff; Awareness & Contamination

## 1. Introduction

Contaminations considering as a healthcare-associated Infection Controls. The target of this document is to highlight practical recommendations in a concise format designed to (SSI) at acute care hospitals in implementing and prioritizing their contamination(SSI) prevention efforts. This document updates "Strategies to Prevent Infection Controls in Acute Care Hospitals published in 2008. Contaminations was initially developed in 1987 by the Centers for Disease Control and Prevention in the United States and in 1989 by the Bureau of Communicable Disease Epidemiology in Canada. The Precautions include specific Recommendations for use of gloves, gowns, masks, and protective eyewear when contact with blood or body secretions containing blood is anticipated. (Christian, et al., 2004).

Health care providers' in particular surgical staff' is at risk of acquiring contamination through personal exposure to infectious diseases. The minority studies have reported on surgical staff adherence towards Personnel Protective Equipments and reported lack of adequate practices in relation to compliance towards the personnel protective equipment's. (Peiris, et al., 2003).

Disclosure to particular health hazards are expected to influence definite high-risk for all the health care providers. All the health care workers especially the Surgical Staff who are working in surgical units and Operation Theater are more

required to have a reason of a better understanding in adherence with PPE usage which is significant as it provides an assessment of the efficacy of assemble preventative strategies. This could then (SSI) at to recognize the preventive variables which are likely to improve the compliance and decrease the risk of Infection Control. Then, it is able to integrate these preventative approaches into the strategies of health care setting. (Loeb, et al., 2004 & Ofner, et al., 2003).

Contaminations the only approach so that all these Infection Controls could be prevented. Inadequate experience of Surgical Staff at performing invasive procedures, they are at particular risk of exposure to blood-borne pathogens (Chopra, et al., 2008). Surgical staff' should have reasonable awareness and performance in relation to adherence to personnel protective equipments. Additionally, Low & McGeer (2003), reported that dedicated training must be conducted before a Surgical Staff caring for any patient procedure particularly the ones concerning sharp devices. Physicians' compliance towards the Contaminations been reported to be with low rate. (Spring, 2007).

Hazards caused by non-adherence to Contamination the health care providers, statistics reported by the Central Register of Occupational Diseases in Poland indicates that among 314 new cases of occupational diseases in HCWs in 2005, HBV and HCV represented 42.6% of all cases.9 Despite the substantial reduction in HBV Contaminations vaccination was introduced in 1989, the incidence of HCV

hepatitis in Poland is still on the increase in this occupational group. Chaovavanich, et al., (2004) & Siegel, et al., (2007). contamination consciousness education has not been prominent among health care workers especially the category of surgical staff, particularly in developing countries. To the best of our awareness and standardized practices with PPE among surgical staff. We, therefore, conducted this study to assess the levels of awareness towards contamination among Surgical Staff during their duties at the Selected Surgical Unit, Saudi Arabia.

## 2. Participants and Methods

The participants were selected from the Surgical Staff at Selected Surgical Unit. After signing an informed written consent form, the questionnaire was given to each participant. Before administration of the questionnaire, the purpose of the study was explained to each respondent and confidentiality of the information assured.

The research was carried out the authors who were appropriately trained in administering the informed consent and the self-report questionnaire to the health care workers. In this cross-sectional study, a structured questionnaire prepared by the authors, was administered to the participants. 16-items self-administered structured questionnaire about awareness and awareness of contamination in the health care system was devised de novo and tested. It included a full range of response options, designed to identify the dental restoratives' level of awareness towards Contamination the selected setting. Prior to distribution of the questionnaire, a pilot study was done on a selective group of health care workers who were asked to fill out the questionnaire and return it back with their comments and criticism. Minor changes were then made to the final instrument.

The initial part of the questionnaire consisted of demographic information such as occupation, age, gender, and the marital status. The second part of the questionnaire comprised of questions regarding their awareness dental restoratives' level of awareness towards Contamination the selected setting. This part also assessed awareness of policies regarding universal precautions, availability of protective equipments and measures how they value the use of protective equipments. It took approximately 15 minutes to complete each questionnaire.

The level of aware towards Contamination examining questions about: use of protective barriers such as gloves and gown, mask and protective goggles. A score of "1" was (SSI) for a correct answer and "0" for an incorrect answer. A health care worker who obtained a total score of "5" was considered "very awareness able;" "4 or 3" "somewhat aware;" and "1 or 0" "not awareness able."

The contamination required by the health care worker include N95 mask, surgical mask, paper mask, protective goggles, gowns, gloves, and (SSI)r cover, among other equipments. These vary depending on the duty performed by the health care provider. If less than half of the personal protective equipment identified by the particular health care worker was provided, then provision was considered "inadequate." If more than half of the protective equipment identified by the participants was provided, then provision was considered "adequate."

The data were coded and analyzed by SPSS® for Windows® ver. 12.0. Strict confidentiality was maintained. All the data were stored in computers at a secured location, with access provided only to the researchers involved in the study. The  $\chi^2$  test was used to test association between categorical variables. A p value <0.05 (two-tailed) was considered statistically significant

## 3. Results

**Table 1:** Percentage of the Level of Awareness of Surgical Staff about contamination Selected Surgical Units, Saudi Arabia

Level of Awareness of Surgical Staff about Contamination(%) Variables			
Level of Awareness of Surgical Staff about Infection Control	Not Aware	Somewhat Aware	Very Aware
Senior management is responsible for ensuring that the healthcare system supports an Contamination prevention and control (IPC) program that effectively prevents healthcare-associated Infection Controls (I C) and the transmission of (SSI) of epidemiologically important pathogens			
Senior management is accountable for ensuring that an adequate number of trained personnel to avoid (SSI) to the IPC program and adequate Staff in other departments that play a key role in (SSI) prevention (eg, environmental services)	140 (94.0%)	5(3.4%)	3(2.5%)
Direct healthcare providers (such as physicians, nurses, aides, and therapists) and ancillary personnel (such as environmental service are responsible for ensuring that appropriate IPC practices are used at all times (including hand hygiene, standard and isolation precautions, and cleaning and decontamination equipment and the environment)	4 (2.3%)	6 (4.7%)	140 (94.0%)*
PC leadership is responsible for ensuring that an active program to identify (SSI)s is implemented, that (SSI) data are analyzed and regularly provided to those who can use the information to improve the quality of care (eg, unit staff, clinicians, and hospital administrators), and that evidence-based practices are incorporated into the program	18 (12.0%)	14 (9.3%)	118 (78.7%) **
Senior and unit leaders are accountable for ensuring that appropriate training and educational programs to prevent (SSI) are developed and provided to personnel, patients, and families	7 (3.5%)	20 (10.0%)	173 (86.5%)
Senior management is accountable for ensuring that healthcare personnel, including licensed and no licensed personnel, are adequately trained and competent to perform their job responsibilities towards Infection Control	5 (2.5%)	18 (8.9%)	187 (91.5%)*

Adequate information about how to prevent Infection Control	4 (2.0%)	16 (8.0%)	180 (90.0%)*
Personnel from the IPC program, the laboratory, and information technology departments are responsible for ensuring that systems are in place to support the surveillance program of prevention of Infection Control	7 (3.5%)	10 (4.0%)	183 (92.5%)*
	63 (40.0%)	6 (3.4%)	86(65.6%)
Significantly different: *p<0.0001; †p<0.01			

The level of awareness of Contamination was significantly associated with many variables (Table .1). The findings of the current study showed the level of awareness of Contamination was significantly associated with many variables (Table .1). The findings of the current study showed that more than two third (94.0%)\*of the respondents were very aware of Contamination statistically significantly difference in relation to the aspect of Adequate information about how to prevent Infection Control. Moreover, it was found that Surgical staff had high level of awareness (91.5%)\* in relation to Senior management is accountable for ensuring that healthcare personnel, including licensed and no licensed personnel, are adequately trained and competent to perform their job responsibilities towards Infection Control. Furthermore, majority of the participants (92.5%)\* Personnel from the IPC program, the laboratory, and information technology departments are responsible for ensuring that systems are in place to support the surveillance program of prevention of Infection Control.

#### 4. Discussion

The findings of the current study showed the level of awareness of Contamination was significantly associated with many variables (Table .1). The findings of the current study showed that more than two third (94.0%)\*of the respondents were very aware of Contamination with statistically significantly difference in relation to the aspect of Adequate information about how to prevent Infection Control. Moreover, it was found that Surgical staff had high level of awareness (91.5%)\* in relation to Senior management is accountable for ensuring that healthcare personnel, including licensed and no licensed personnel, are adequately trained and competent to perform their job responsibilities towards Infection Control. Furthermore, majority of the participants (92.5%)\* Personnel from the IPC program, the laboratory, and information technology departments are responsible for ensuring that systems are in place to support the surveillance program of prevention of Infection Control.

Our survey found gaps in awareness and adherence recommended PPE use for influenza control across all types of dental staff with restorative specialty. This survey had a high overall response rate (91.5%) and included respondents at the study setting. Significant variability in adherence was seen across the participants' awareness toward the use of PPE. Conviction that PPE adherence was inconvenient was associated with decreased odds of self-reported high adherence. However, perception that a supervisor would reprimand non- adherence significantly increased the odds of self-reported adherence.

Even though Contamination prevention and control practices can significantly improve patient outcomes at Surgical Unit adherence with these practices is generally high. In our survey of dental staff with restorative specialty, majority of the participants (87.5%) replied that they were adequacy of protective equipments within the current research setting. Majority of participants (80%) reported that they were positively in relation to value of adherence towards personnel protective equipments.

This self-reported adherence rate likely overestimates actual adherence. Henry et al, (2012) demonstrated that point estimates of self-reported adherence with all barrier precautions with the exception of gloves. Furthermore, the current study findings is consistent with the reported results of the study carried out by, O'Boyle et al., (2011) found that the correlation between reported and observed adherence with hand-washing recommendations among dentists was quite low ( $r = .22$ ). To overcome this overestimation, respondent reports regarding their colleagues' adherence with expected practices have been used as a surrogate measure for actual adherence. toward PPE. Using this measure, we would estimate that adherence in our study is approximately 47%. The fact that (80%) of respondents felt they could improve their use of PPE confirms that they were aware that their adherence is suboptimal.

Little is known about how HCWs are currently using recommended barrier precautions to prevent spread of influenza and other respiratory viruses, or the factors that influence adherence. Identified influences on adherence to best practice guidelines have included awareness, attitude, belief, and behavioral factors Predictors of PPE use Awareness' of correct PPE, age, and race were not significantly associated with reported PPE adherence in simple logistic as showed in (Table 1). Surgical Staff role, marital status, and specific beliefs about PPE use and efficacy were found to be significant predictors of high levels of adherence with PPE in both simple and multivariable logistic on analyses.

Majority of respondents reported a belief that PPE use would protect them and their patients, respectively, from getting influenza. Although this belief is plausible, given Centers for Disease Control and Prevention recommendations for PPE use, as we have mentioned, it is not supported by evidence from randomized clinical trials. Further, neither did this belief seem to influence behavior nor did it translate to similarly high levels of awareness regarding recommendations. In fact, a large proportion of our respondents also demonstrated important awareness gaps. This current study findings s congruent with the results carried out by Sandrock & Stollenwerk (2008) , who reported that , more than 75% of

respondents were unable to identify the group of precautions expected to confer appropriate protection from Infection Control. This awareness gap suggests that some dentists may be unaware that they are inadequately protecting themselves and their patients. At least half of our respondents reported that complying with recommended PPE was inconvenient. Inconvenience, in turn, was predictive of poorer adherence.

## 5. Acknowledgment

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## 6. Conflicts of Interest

None declared

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