Psychological Problems of Adolescents from Beed District

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1. Introduction

Adolescence is the age when the individual becomes integrated into the society of adults the age when the child no longer feels that he is below level of his elders but equal society has many effective aspects, more of lees linked with puberty.

The major psychological hazards of adolescence center around the failure in making the psychological transitions to maturity that constitute the important developmental tasks of adolescent. In most cases adolescence fails to make these transitions not because they want to remain immature but because they encounter obstacles in their attempts to achieve maturity. To study psychological problems of adolescents from Beed District.

The Objectives are framed are following:

1) To study the psychological problems of urban adolescents girls & rural adolescents girls.
2) To study the psychological problems of urban and rural Adolescents boys.
3) To study the psychological problems of adolescents from urban and rural adolescents.

2. Material and Methods

For this study researcher studied 600 adolescents from Beed District 300 adolescents from urban and 300 from rural background are selected.

150 adolescents are girls and 150 adolescents are boys. Total 300 from Urban and likewise from rural area were selected. They were given the questionnaire to fill in. The name of test is problem check by List Dr. M.C. Joshi and Dr. Jagdish Pandey.

The investigator approached the respondents personally. To start with, the adolescents were contacted through some of the private coaching classes and schools of Beed District. The data collected in the present study was first put to the testing for scoring with the help of key of the test. The scores were calculated and tested separately.

The problem check list covers various factors related to health; social, moral etc. included psychological factor as well as adjustment.

3. Result and Discussion

Table 1: The comparison of psychological problems urban adolescent girls and rural adolescent girls

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Urban Adolescent Girls</th>
<th>Rural Adolescent Girls</th>
<th>Total</th>
<th>P Value</th>
<th>'t' calculated</th>
<th>'t' tabulated at 95%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>150</td>
<td>150</td>
<td>300</td>
<td>0.683</td>
<td>0.48</td>
<td>1.645</td>
</tr>
</tbody>
</table>

Significance level at 0.05

At significance level 0.05
Calculated ‘P’ value is greater than 0.05 (0.683>0.05)

- Calculated ‘t’ value is less than ‘t’ tabulated (0.48<1.645)
On the whole from this table it can be said that the psychological problems of Adolescents girls in Urban area are less their rural counterpart.

The table no. 1 and graph no.1 shows that the comparison of score of psychological problems in Adolescents girls in urban area and adolescents girls in Rural area calculated ‘P’ value 0.683 ‘t’ value is 0.48 and tabulated ‘t’ value is 1.645 at 0.05 significance level.

In the cities adolescents girls enjoy the life freely but in rural adolescent girls does not get that freedom compared to the adolescent girls belonging to urban area.

Table 2: The Comparison of Psychological problems in Urban Adolescent Boys & Rural Adolescent Boys

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Urban Adolescent Boys</th>
<th>Rural Adolescent Boys</th>
<th>Total</th>
<th>P Value</th>
<th>‘t’ (Calculated)</th>
<th>‘t’ (tabulated) at 95%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>150</td>
<td>150</td>
<td>300</td>
<td>0.001</td>
<td>3.2</td>
<td>1.645</td>
</tr>
</tbody>
</table>

* Significance Level at 0.05

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The table No 2 & graph no. 2 shows that in this is comparison of psychological problems in urban adolescent boys and rural adolescent boys. According to test score calculated P value 0.001. 't' value 3.2 and tabulated 't' value 1.645 at 0.05 significance level.

At significance level 0.05
- Calculated 'p' value is greater than 0.05 (0.001 > 0.05)
- Calculated 't' value is less than 't' tabulated (3.2 < 1.645)

It can be concluded that the psychological problems in boys in urban area are more than that of boys in rural area.

The table No 3 and graph No. 3 shows that this is the comparison of psychological problem in urban adolescents and rural adolescents.

<table>
<thead>
<tr>
<th>Sr. No</th>
<th>Urban Adolescent</th>
<th>Rural Adolescent</th>
<th>Total</th>
<th>P value</th>
<th>'t' calculated</th>
<th>'t' tabulated at 95%</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>300</td>
<td>300</td>
<td>600</td>
<td>0.028</td>
<td>1.91</td>
<td>1.645</td>
</tr>
</tbody>
</table>

At significance level 0.05
- Calculated 'p' value is greater than 0.05 (0.028 > 0.05)
- Calculated 't' value is less than 't' tabulated (1.91 < 1.645)

The table no. 3 and graph no. 3 shows that this is the comparison of psychological problems in urban adolescents and rural adolescents.

It was seen that more adolescents in urban area want to have influential personality. Mostly rural adolescents live joint families but they have more adjustment strong as compare too capacities Urban adolescents compare to rural Adolescents leaving clearly. So they are much stronger psychologically.

So it can be said that the psychological problems in Urban adolescent are more than in rural adolescents.

4. Conclusion

Psychological problems of Adolescents are more than in rural adolescent.

References