

# Level of Knowledge Regarding Good and Bad Touch Among Adolescence in Selected Setting, Chennai

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**Abstract:** A small scale preliminary study was carried out among 10 adolescents in selected setting to assess the knowledge regarding good-bad touch. Descriptive research design was adopted. Simple random sampling technique was used and 10 adolescents were selected and data was collected using Modified Good touch Bad touch questionnaire. Descriptive statistics was used and it was found that 50% of the adolescents had inadequate knowledge regarding good and bad touch, 30% had moderate knowledge and only 20% had adequate knowledge. Though it was a small scale study, the project was concluded with few take home suggestions.

**Keywords:** Good touch, Bad touch, Sexual abuse, Adolescents

## 1. Introduction

Sexual abuse of adolescents is a very real problem in India and the situation is aided by the absence of legislation and the silence that surrounds the offence. Sexual abuse referred to as molestation, is the forcing of undesired sexual behavior by one person upon another. There are many types of sexual abuses that includes rape, sexual assault, sexual kissing, fondling, exposing a child to pornography, unwanted touching, molestation, and sexual harassment.

Sexual abuse of girls and women has become increasingly prevalent in our society. Yearly, referrals to state child protective services involve 6.3 million children, and around 3 million of those children are subject to an investigated report. In 2012, State Agencies found an estimated 686,000 victims of maltreatment, but only tells a part of the story.

Category	Prevalence (%)
Physical Abuse	28.3
Sexual Abuse	20.7
Emotional Abuse	10.6
Physical Neglect	9.9
Emotional Neglect	14.8

All these as a starting line and an ending pole in which the adolescence are not taught about good touch and bad touch. Randomly only 10% of the children are taught about good touch and bad touch and the predators.

## 2. Statistics

The statistics indicate that sexual and physical abuse of children and adolescent girls is alarmingly high. Below 16 years raped every 155<sup>th</sup> minute, a child below 10 every 13<sup>th</sup> hour, and one in every 10 children are sexually abused at any point in time.

National and local assistance reports of United Nations have revealed that 1 in 4 girls are sexually abused before the age of 18. Teenagers between the ages of 16 and 19 are 3-5 times more likely than the general public to become victims

of sexual abuse. One in 5 children is solicited while on the internet. Nearly 70% of all reported sexual assaults occur to children aged 17 and under; 30-40% of victims are abused by a family member. Another 50% are abused by someone outside of the family. Ministry of Women and Child Development statistics revealed that about 53% of children in India face one or more forms of sexual abuse. Almost 22% face severe sexual abuse, 22.54% girls face rape, sodomy, touching, or fondling; 58.69% girls face forcible kissing, being exposed to pornographic materials and 6% sexually assaulted. Onset of abuse is from 5 years of age. Severest sexual abuse in age group of 11-16 years; 73% of sexual abuse victims are in age groups of 11-18 years.

## 3. Statement of the Problem

Assess the level of knowledge regarding good touch – bad touch among adolescence in selected setting, Chennai.

## 4. Objectives

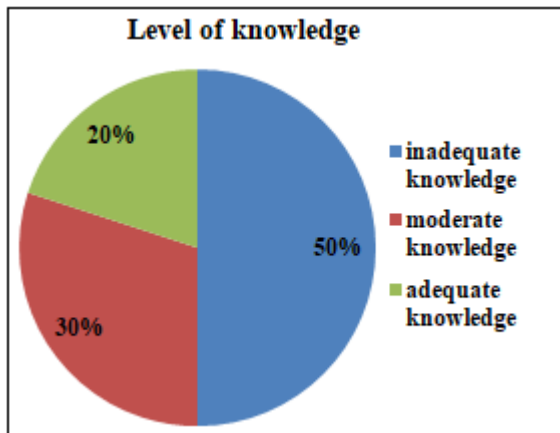
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## 5. Methodology

Descriptive research design was adopted. Simple random sampling technique was used and 10 adolescents were selected. The data was collected, organized and analyzed in terms of descriptive statistics.

## 6. Result

The study findings showed that 50% of the adolescents had inadequate knowledge regarding good and bad touch, 30% had moderate knowledge and only 20% had adequate knowledge.



**Level of Knowledge and the Demographic Variables**  
(n = 10)

S. no	Demographic Variables	Inadequate knowledge		Moderate knowledge		Adequate knowledge	
		No	%	No	%	NO:	%
1	Age in years						
	• 9 yrs to 12 years	0	0	0	0	0	0
	• 13 yrs to 15 years	2	20%	0	0	1	10%
	• 16 yrs to 19 years	3	30%	3	30%	1	10%
2	Sex						
	• Male	0	0	1	10%	1	10%
	• Female	5	50%	2	20%	1	10%
3	Educational Status						
	• 7 <sup>th</sup> to 8 <sup>th</sup> std	0	0	0	0	0	0
	• 9 <sup>th</sup> to 10 <sup>th</sup> std	1	10%	0	0	0	0
	• 10 <sup>th</sup> to 12 <sup>th</sup> std	4	40%	2	20%	1	10%
	• Degree courses	0	0	1	10%	1	10%
4	• Marital Status						
	• Married	0	0	0	0	0	0
	• Unmarried	5	50%	3	30%	2	20%
5	Social Class						
	• Low	5	50%	1	10%	1	10%
	• Middle	0	0	2	20%	1	10%
	• High	0	0	0	0	0	0

## 7. Conclusion

The study findings reveal that Sexual abuse is not been directed only to a particular gender. In news media there are often stories of children facing sex abuse. We are all shocked, scared and worried about our kids' safety after each case surface in media. It is common in girls but rarely in males. Most of the studies states that only females are sexually abused than males.

## 8. Take Home Notes

It is always better to teach the adolescence the following rules:

- 1) It is not okay to touch someone else's private body parts.
- 2) It is not okay for someone to touch his or her own private body parts in front of you.
- 3) It is not okay for someone to ask you to touch his or her private body parts.
- 4) It is not okay for someone to ask you to take your clothes off except if they are a doctor helping to see if you are hurt or sick
- 5) It is not okay for someone to take photos or videos of you with your clothes off.

- 6) It is not okay for someone to show you photos or videos of people without their clothes on.
- 7) You can decide who can touch you, who can kiss you, or who can give you a hug. You have the right to say, "no." What do you do when someone touches you in the wrong way?
- 8) Say no! Tell the person that you don't like it and you don't want to be touched.
- 9) Get away fast! Run away from the person whose touch you don't like. Never stay alone with that person ever again.
- 10) Call for help. You can scream.
- 11) Believe in yourself. You did nothing wrong.
- 12) If someone touches you in the wrong way, tell someone you trust what has happened. Don't let threats scare you into running away or keeping quiet. When a person touches you and asks you to keep it a secret between the two of you, ask yourself, "Does the secret bother me?"
- 13) Don't keep secrets that make you feel uncomfortable. Go to a person you trust-a parent, a relative, a teacher, or your doctor. If the person you go to doesn't believe you, go to someone else you trust until someone believes you and helps you.
- 14) Do everything you can to stay away from the person who is touching you in the wrong way or making you feel uncomfortable. Don't stay alone with a person who touches you in a way that makes you uncomfortable or makes you feel unsafe.

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