

# Computation of Achievement Motivation among Young Rural Footballers

Dr. Sudhira Chandel<sup>1</sup>, Prakhar Rathore<sup>2</sup>

<sup>1</sup>Professor, School of Physical Education, Devi Ahilya Vishwavidyalaya, Indore (M.P.)

<sup>2</sup>PhD Scholar, School of Physical Education, Devi Ahilya Vishwavidyalaya, Indore (M.P.)

**Abstract:** *In this study total twenty five rural female footballers (n=25) of Kendriya Vidyalaya, Barwani, Madhya Pradesh those who represented in national championship were selected as the subject of under 14 to 17 years of age. Questionnaire was distributed to the gymnasts and under the supervision of their coaches and the investigator the data was recorded appropriately. The study was delimited on the Questionnaire of Achievement Motivation i.e. Sports Achievement Motivation by Dr. M.L. Kamesh. As per the reported findings 68% of girls possess low level of achievement motivation whereas 28% of girls found moderate level of motivation and only 4% of girls consist highly motivated. As we can see that most of the girls found low in achievement motivation which may be due to their rural background because in Indian rural conditions parents and their children are not much aware about the resources and facilities which enhance their motivation level, further the data was collected during their training period where the motivational techniques might not be used.*

**Keywords:** Football, Achievement Motivation, Rural

## 1. Introduction

The n-ach person is 'achievement motivated' and therefore seeks achievement, attainment of realistic but challenging goals, and advancement in the job. There is a strong need for feedback as to achievement and progress, and a need for a sense of accomplishment. People with a high need for achievement seek to excel and thus tend to avoid both low-risk and high-risk situations. Achievers avoid low-risk situations because the easily attained success is not a genuine achievement. In high-risk projects, achievers see the outcome as one of chance rather than one's own effort. High n-ach individuals prefer work that has a moderate probability of success, ideally a 50% chance. They prefer either to work alone or with other high achievers. (McClelland, 1961)

Achievement motivation seems to vary from person to person. Some people have high achievement motivations in school, while others in bowling, while others in nothing at all. What makes us strive or not strive for that goal- well one easy way to think about it is through extrinsic and intrinsic motivators. Achievement motivation is the effort an athlete (or individual in a non sporting sense) makes to succeed within their chosen field. It's their attempts at overcoming obstacles or mastering a particular task. There are so many descriptions of this theory that an athlete, exerciser, sports psychologist, or coach could easily come up with. All of which help inspire us to achieve greatness and hit those targets we make for ourselves.

Many athletes thrive on competition. Those who are competitive strive for excellence by comparing themselves to others as a way of evaluating their own skill level. This behavior is a form of achievement motivation. It can be very specific to the individual and their situation. For example, just because someone wants to be dominant on the tennis court doesn't mean they will have the same drive and determination to succeed in school.

## Objective

To investigate the Sports achievement motivation of the footballers from Kendriya Vidyalaya, Barwani, Madhya Pradesh.

## Delimitations

- 1) The study was delimited to the female footballers of Kendriya Vidyalaya, Barwani, Madhya Pradesh.
- 2) The study was further delimited to the twenty five rural female footballers those who had participated in national level championship.
- 3) The study was delimited to the subjects belonging to the age group from under 14 to 17 years.
- 4) The study was delimited on the Questionnaire of Achievement Motivation i.e. Sports Achievement Motivation by Dr. M.L. Kamesh.

## Limitations

- 1) True responses given by the subject on questionnaire may act as limitation of the study.
- 2) Daily routine, training age, individual differences and environmental factors may act as a limitation for the study.

## Sample

For the present study the Purposive sampling technique was employed to select the sample of twenty five rural female footballers (n=25) of under 14 to 17 years of age participated in national championship from Kendriya Vidyalaya, Barwani, Madhya Pradesh.

## Tool

The selection of suitable tools is of paramount significance in any investigation. The success of research immensely depends upon the instruments, which are used for the data collection. In the present study, the following tool was used:

Questionnaire of Achievement Motivation i.e. Sports Achievement Motivation by Dr. M.L. Kamesh.

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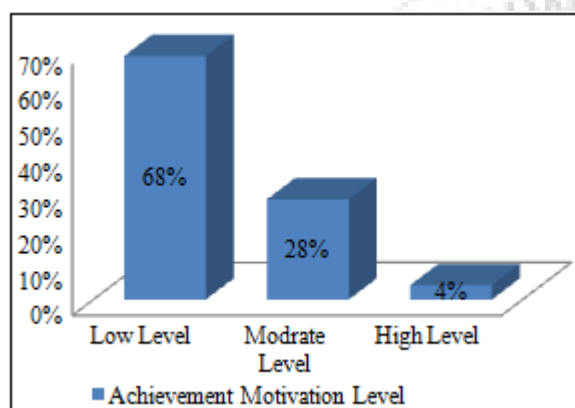
## 2. Methodology

In this study total twenty five female footballers (n=25) of Kendriya Vidhayalaya, Barwani, Madhya Pradesh those who represented in national championship were selected as the subject of under 14 to 17 years of age. Questionnaire was distributed to the gymnasts and under the supervision of their coaches and the investigator the data was recorded appropriately.

## 3. Results and Discussion

**Table 1:** Total Percentage of raw score of the footballers

S. no.	Percentage of raw score	Classification of Scores
1.	68%	Possess Low level of Achievement Motivation
2.	28%	Possess Moderate level of Achievement Motivation
3.	4%	Possess High level of Achievement Motivation



**Figure 1:** Graphical Representation of percentage of Achievement Motivation

As per the reported findings 68% of girls possess low level of achievement motivation whereas 28% of girls found moderate level of motivation and only 4% of girls consist highly motivated. As we can see that most of the girls found low in achievement motivation which may be due to their rural background because in Indian rural conditions parents and their children are not much aware about the resources and facilities which enhance their motivation level, further the data was collected during their training period where the motivational techniques might not be used.

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