

Management of School Nursing Services

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Abstract: *School health services; they had important contributions such as reaching a large audience, intervening immediately, contributing to primary health care and health economics. These services are based on scientific principles, providing effective financial management, management is very important for individuals and institutions. School health nurses; work actively with their professional roles such as manager, educator, coordinator, consultant, change agent, collaborator, and policy improvements.*

Keywords: school health, school health nurse, management

1. Introduction

Management seen as the oldest of the arts and the newest science; it means controlling and pulling of work [1]. Management is related to the service provided; these are all the tasks that enable the execution and supervision of services such as setting goals, finding and managing resources, using human power effectively and organizing organizations, and making political decisions. Management services consist of financial management, management theories, service organization, total quality management, change management, communication, time and meeting management and personnel management. Health management is planning, managing, controlling and coordinating the services that enable the health care and healthy environment demands of individuals [2]. The school is the place where all kinds of education and training are made collectively. Turkey Ministry of Health has been defined as "Children, young people and adults' lives more productive, training to maintain a healthy and comfortable, they see education institutions" [3].

Schools in Turkey, it has an important place in the provision of health services because it has almost one third of the population and directly affects the physical and social environment and health [4, 5, 6]. Another issue that is frequently discussed alongside education and training services is school health services. School health services which are medical services, teaching and other professional practices, or services that improve the well-being and well-being of children outside the school and, in some cases, the whole family [7].

Its purpose is to ensure that all children in school age at school reach their highest levels of physical, mental and social health, thereby increasing the health level of children, and therefore society. School health services are important for health examinations during the school age and for the school age children, evaluation of health status, gaining healthy life behaviors, early detection and diagnosis of diseases which can be diagnosed early, benefiting from treatment opportunities, and thus laying the foundation for future healthy society [8].

In terms of giving these services; the population of the school is quite large considering that 23.6% of the population is 0-14 years old and there are 17.885.248 students and 1.030.130 teachers in formal education. The number is increased by adding other staff and student families [9].

School health services should be provided multidisciplinary. Team is consisted of physician, nurse, teacher, parents, psychologist, psychological counselor, social worker and dietitians [10].

2. Models of School Health Services

School health services are a specialized sub-specialty of public health services. School health services should be presented with a multidisciplinary approach. In the literature, health service models developed by current health policies and school health service protocols such as Comprehensive School Health Model, Global Contemporary School Health Model, School Health Model, Health Enhancing Schools Program and Safe Schools Program [6, 10, 11, 12, 13].

For nursing practices that play a key role in the management of school health services, "Advanced practice registered nurses Consensus Model" consisting of four steps, was established by the American Nurses Association in 2006. These steps are as follows:

- Step 1: Professional practice standards, ethical codes, expertise
- Step 2: Nursing actions and regulations
- Step 3: Corporate policies and procedures
- Step 4: Experience

ANA indicates that that the use of this model in service management will occur in safe, quality and evidence-based nursing practices [14].

3. Management of School Nursing Services

The school nurse is a professional nurse who specializes in improving the well-being of the students, achieving academic success and ensuring that they continue for a lifetime. School

nurses help students adapt to the normal development process; improves health and safety; tackles real and potential health problems; adaptation, self-management, self-completion and information for students and families to develop the capabilities of active cooperation and case management is defined as a member of the profession [15].

3.1 Roles and responsibilities of nurses in managing school health services

The manager who performs the management of health services, plays a key role in effective management of health services by intervening in crises and manages all maintenance programs by taking the lead role. The practitioner-coordinator who coordinates health care services, provides school-home-community coordination, works on time management. Caregiver who plans, implements and evaluates care with a systematic approach, performs health screening, contributes to early diagnosis by performing health screening, intervenes in daily and emergency health needs [16]. The nurses plan, apply and evaluate nursing processes by performing an effective nursing diagnosis with the role of a clinician. Defends the right to health of the population with the role of advocate. Being aware of health care needs, it is responsible for making the necessary intervention and care and informing the individuals. It encourages the individual to take positive decisions about his / her health after the role of change agent and after care and interventions [17]. Researcher role, evidence based practices and current literature knowledge constantly improves itself. Describing, metadological, epidemiological and so on. Consultancy; advises on the identification and management of health problems and on which health services it can benefit from. Trainer; educates the school population to increase their knowledge and awareness about the health issues they need. [18]. It provides coordination in a multidisciplinary team with its cooperative role. In addition, it plays an important role in student-school-home-community coordination. Professionalism for professional development; guides meetings, conducts audits, collaborates with written-visual-social media, contributes to the increase of evidence-based practices. Increases communication and interaction among colleagues. Improves collaboration [19]. The role of policy-making contributes to the development of school health policies with the results of his research on school health and the data obtained from school health services. The liaison role co-operates with different disciplines such as health care, social services, religious institutions, legal systems, non-governmental organizations, business and factories, professional organizations, national education directorate and media [19].

Nurse has drawn a framework with the "Framework for 21st Century School Nursing Practice", which is published by the National Association of School Nurses in 2016. These are Health Services that include emergency intervention, acute and chronic disease care interventions. It is Health Education which includes the trainings given to protect and improve health, to develop positive life style behaviors and to influence the course of the disease positively. Employee Health includes health promotion and chronic disease follow-

up interventions. Counseling, Psychological Services and Social Services which include initiatives for cognitive, behavioral, emotional and social needs. The Nutrition Environment and Services include initiatives to monitor, regulate and support dietary habits, and encourage healthy nutrition through nutritional education. Physical Education and Physical Activity includes monitoring, organizing and supporting physical activity. The Social and Emotional Environment includes initiatives to create a positive social and emotional space, attempting to establish a safe physical environment that promotes physical environmental health protection and development. Community involvement, which includes initiatives to reach a larger audience and support co-operation and learning, is a concept that includes initiatives to ensure cooperation between institutions and stakeholders [21].

4. Conclusion

Based on all these; School health nurses, which have an important role in the provision of school health services, play an active role in all stages of service management.

Have knowledge about the state of the institution, financial management activities, leadership, management of information sources, legal and ethical issues, which can contribute to health policies, can do epidemiological studies, cause-effect relationship with the service timely, can contribute to the science of nursing, interpersonal relations are strong and functional health professionals who have the characteristics required by management as strong individuals with autonomy. It provides school health nursing services in a holistic way by providing school-family-community integrity.

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