

The Behavior of The Mother Post Parenting Program Applied of Basic Needs of Children in the Town of Blitar

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Abstract: *Early childhood is the period of gold development of the baby. At the time this occurs the remarkable surge in child development which does not occur on subsequent pereode. To develop the potential of the child's growth and development as well as the role of parents and the family sorely needed in meeting the basic needs of the child include foster care, foster care and Compassion as: dietary balance, protection of health, orphanage full of affection and stimulation of education corresponding to the stage of growing. Parents and the community are less understood this in order to be so high hopes and entrance which is so expensive tuition fees to educate his son. It is necessary for the stimulation of education harmonious, harmony and mutual support between home base with the center base which is beneficial to optimize growing of child. The purpose of this research was to identify the fulfillment of the basic needs of the child including the following needs feeding, stimulation and love saying and knowing the relationship between knowledge and attitudes with the behavior of the mother in the fulfillment of the basic needs of the child. The design of observational research, the large sample 40 respondenst i.e. mothers who've been following the program parenting in Savannah, Blitar. The sampling technique using total population. Data analysis using the Spearman rank test, SPSS17 or Window on a 0.05 and it is described. The results showed maternal behaviour in fulfilling the basic needs of most child (87.5%) were in the category of good and 12.5% of the respondent's behaviour on the category is enough. Spearman rank test result value $p = 0.007$, meaning that the value of p means there is $0.05 < \text{relationship between knowledge of the behavior of the respondents}$. The test results obtained from the values of $r = 0,422$, means there is a strong connection between the respondent's behaviour with their knowledge. Spearman rank test results show the value of $p = 0.016$, meaning that the value of p means there is $0.05 < \text{relationship between attitude with the behaviour of the respondent}$. From the test results are also obtained the value $r = 0,378$ means there is a connection between the attitude of the respondent's conduct with the tight level was so weak.*

Keywords: Parenting, maternal behavior, the basic needs of the child.

1. Background

Early childhood is the period of development gold of the baby. At the time this occurs the remarkable surge in child development which does not occur on subsequent periode. Experts refer to it as the golden age progression (golden age), and the pereode in a very critical stage of human development. The research results reveal that until the age of 4 years old child's intelligence capability level is to reach 50%. At the age of 8 years reaches 80%, and the remaining 20% was obtained at the time the child is 8 years old and above.

To develop the potential of the development of the child, every child needs a balanced nutritional intake, health protection, compassionate care and educational stimulation that correspond to the stage of development and abilities of each child. Instinctively, the family (parents) is an educator first and foremost when the child is born, even since the child is still in the womb. The granting of this education stimulus should be done gradually, complete, consistent and repeatable, so it has the benefit for the child. As you get older, children need a more complete educational stimulation, thus requiring additional education services outside the home environment as well as made by the institutions of the Early Childhood Education ECE. The stimulation of education done at home (home base) and undertaken outside the home (center base) should be aligned and support each other, so that the obtained optimal benefits.

Phenomena that occur in the community, it is less understood that many parents and community who think that education is entirely the responsibility of the school/institution. On the other hand not a few parents who focus too high expectations on the institution, so that many older people who dare to pay expensive tuition fees. Given the importance of early childhood education, some effort has been made to Blitar town Government improve the quality and intensify the implementation of Programmes in Parenting shaped of informal activities undertaken to align the activities of nurturing and education, between institutions with at home. Parenting is addressed to parents, caregivers and other family members who were involved directly in the process of fulfilling the basic needs of the child include Exercise, foster care and Compassion to grow and develop optimally.

Parenting program activities carried out in the town of Blitar since 2010 until now, but the main success of the program evaluation of its application in everyday of family life no done intensively. Government support against this perenting program is very clear, with the law No. 20/2003 on the national education system that also discusses the informal education, law No. 23/2002 on child protection and the Convention of the world.

2. Statement of the Problem

Crack down on transmitted research results Triana dkk, that parenting programs executed in ECE and can increase the knowledge and attitudes of parents in meeting the basic

needs of the child. Thus researchers want to study: "does the program Parenting in ECE and have an impact on the behavior of the mother post program parenting in meeting the basic needs of the children in the town of Blitar"

3. Research Design

The Research design used in the study is Observational to see the behavior of parents in meeting the basic needs of early childhood post parenting program. The population in this research is the mother who already participate in parenting in ECE Savannah town of Blitar, Eastjava relic of the city resides a number of 40 people. As sampel are mothers who've been following the program parenting in Savannah town of Blitar, live in the town of Blitar a number of 40 people. The sampling technique used is total population.

4. Result

Data on the knowledge, attitude and Behavior

1. Knowledge of Mother

Table 1: Knowledge mothers who follow parenting in the town of Blitar, Savanna, 2016.

No.	Knowledge Category	Frequency	%
1	Good	25	62,5
2	Average	12	30
3	Less	3	7,5
Total		40	100

Source: Primary Data 2016

Table 1.0 indicates that the level of knowledge of the mother around 62.5% are in the category of good and 3% level of knowledge of respondents on the category less.

2. The attitude of the respondent

Table 1.1: The attitude of mothers who follow parenting in the town of Blitar, Savanna, 2016.

No.	Behavior Category	Frequency	%
1	Positive	20	50
2	Negative	20	50
Total		40	100

Source: Primary Data 2016

Table 1.1 shows that the attitude of the mother is in the category of positive and negative respectively 50%.

3. The behavior of the mother

a. Mother's behaviour in fulfilling the need to eat.

Table 1.2: Post following the mother's behaviour parenting programs in meeting the needs of eating in children in the town of Blitar, Savanna, 2016.

No.	Behavior Category	Frequency	%
1	Good	37	92,5
2	Average	3	7,5
3	Less	0	0
Total		40	100

Source: Primary Data 2016

Table 1.2 shows that maternal behavior in meeting the needs of children, eat at most (92.5%) in both categories and 7.5% of the respondent's behaviour on the category is enough.

b. Mother's behaviour in fulfilling the needs of stimulation

Table 1.3: The behavior of the mother post program parenting in fulfilling needs stimulation in children in the town of Blitar, Savanna, 2016.

No.	Knowledge Category	Frequency	%
1	Good	36	90
2	Average	4	10
3	Less	0	0
Total		40	100

Source: Primary Data 2016

Table 1.3 shows that the behavior of the mother in meet the needs stimulation in children most (90%) in the category of good behavior and 10% of respondents in category enough.

c. Mother's behaviour in fulfilling the needs of love and compassion.

Table 1.4: Post following the mother's behaviour parenting programs in meeting the needs of love and compassion in children in the town of Blitar, Savanna, 2016.

No.	Knowledge Category	Frequency	%
1	Good	35	87,5
2	Average	5	12,5
3	Less	0	0
Total		40	100

Source: Primary Data 2016.

Table 1.4 shows that maternal behavior in fulfilling the needs of love and compassion in children most (87.5%) in both categories and 12.5% of the respondent's behaviour on the category is enough.

d. The behavior of mothers in fulfilling the basic needs of the child.

Table 1.5: The behavior of the mother post program parenting in meeting the basic needs of the child in the town of Blitar, Savanna, 2016

No.	Behavior Category	Freque ncy	%
1	Good	35	87,5
2	Average	5	12,5
3	Less	0	0
Total		40	100

Source: Primary Data 2016.

Table 1.5 shows that maternal behavior in a child's most basic need meet (87.5%) were in the category of good and 12.5% of the respondent's behaviour on the category is enough.

4. The relationship between knowledge, attitude to the behavior of the respondents

a. The relationship between maternal behavior knowledge.

Table 1.6: The relationship of knowledge with the behavior of mothers in fulfilling the basic needs of children in the town of Blitar, Savanna, 2016.

No.	Knowledge			Behavior		
	Category	Frequency	%	Category	Frequency	%
1	Good	25	62,5	Good	35	87,5
2	Average	12	30	Average	5	12,5
3	Less	3	7,5	Less	0	0
Total		40	100	Total	40	100

Spearman rank Test, p value = 0,007, r = 0,422

Source: Primary Data 2016.

Table 1.6 shows the respondents with good knowledge as much as 62.5% and have good behavior as much as 87.5%. Spearman rank test results show the value of p = 0.007, meaning that the value of p so that it can be interpreted $0.05 <$ there is relationship between knowledge with the behaviour of the respondent. From the test results are also obtained the value r = 0,422 which means there is a strong connection between the respondent's behavior with his knowledge

b. The relationship between the respondent's behaviour with attitude

Table 1.7: Relationship attitude with the behavior of mothers in fulfilling the basic needs of children in the town of Blitar, Savanna, 2016

No.	Behavior			Behavior		
	Category	Frequency	%	Category	Frequency	%
1	Positive	20	50	Good	35	87,5
2	Negative	20	50	Average	5	12,5
3				Less	0	0
Total		40	100	Total	40	100

Spearman rank test, p value = 0,016, r = 0,378

Source: Primary Data 2016.

Table 1.7 shows the respondents with a positive attitude as much as 50% and have good behavior as much as 87.5%. Spearman rank test results show the value of p = 0.016, meaning that the value of p so that it can be interpreted $0.05 <$ there is relationship between the attitude to the behavior of the respondents. From the test results are also obtained the value r = 0,378 which means there is a connection between the attitude of the respondent's conduct with the level keeratan weak.

5. Discussion

1. Characteristics of respondents.

Based on the results of the research the age of respondents ranged from 24 years up to 42 years, with an average of 35.83 years. In general these respondents is a mother who belong to the productive age. Huclok (1998) says it is getting enough of age, level of maturity and strength of a person will be more mature in thought and work. In terms of the Community trusts someone who is believed to be more mature than people who haven't been high his maturity.

Educational level of respondents the majority of administration over (75%) and no one is illiterate. With secondary education and above, one would be inclined to get information, either from others or from the mass media. The more information that comes in, the more did the knowledge gained about health.

The type of improvements, some 75% of the respondents work and only 25% as a housewife. The work environment can make a person gained experience and knowledge both directly and indirectly. The knowledge and experience gained from the environment of its work can be applied in fulfilling daily basic needs of the children, so that children can grow and develop optimally.

In addition to the involvement of the respondent in the parenting program in Savannah will get a lot of information related to parenting, it can help speed up a person to acquire new knowledge and experience whic can be practiced in everyday childrearing, caregiving patterns between can customize home with at school.

Families income, 60% of its revenue between 2 million 2,600,000 s. d, 30% between 3 million til 3,600,000 and 10% \geq 4 million. In general the income already above the minimum regional salary society city of Blitar. From the income can support families in preparing balanced meals to meet the basic needs of the child.

The person responsible for meeting the needs of the majority of the children were conscious mother were 70%. The role of a mother in the household is very important. In the current era of a mother is claimed to be colonised a wide variety of things, the mother is responsible for the care of the child is included in meeting the needs of the Foundation. That dominate decision making in family around 47.5% 22.5% of fathers, mothers and other family 30%. The father as head of the family had an important role, should be a professional, caring, attentive and present within the family as a whole, for children is also his partner in parenting. The presence of a father in the home, significantly impacting not only to children but also psychological of the mother.

Weight 75% of children have a good nutritional status. 20% more nutrition status and 5% have the status of nutrient medium. Height 100% have a good nutritional status. Between weight dang height compared age, then the majority be on good nutrient status. Fulfillment of past packed of children prepared everyday by mother already refers to a balanced nutrition.

2. Mother's behaviour in fulfilling the need to eat

The results showed that 92.5 in the categories of good and 7.5 in the categories are. All mothers have discipline guardian student in Savannah town of Blitar have been following the activities of parenting education, aims to improve the ability of parents in parenting skills, caring for, protect and educate his son at home to singkronize and alignment between child care at home. Type of activity: brainstorming, shaped activities and simulation. They conduct learning specific skills, is an activity that is more directed at training delivery in individual or group with the

aim of increasing or mastery of a particular skill. Example: processing of snacks that are safe, nutritious, varied and balanced.

The knowledge gained during experience and following the program parenting at home, applied in providing daily food so that mothers are able to meet the needs of a balanced nutritional meal refers to fit their needs, both in the selection of foodstuffs, a way of processing and presentation of food in the family. The mother was able to overcome the problems that often occur in children associated with the need to eat. This is in accordance with the indicators of the results of the Parenting Program in fulfillment of nutritional needs include: 1) Parents can arrange for nutritious food are minimal (Plan menu) 2) Parents can make food menu from local materials 3) children's physical Growth looks significantly.

This is supported by the results of research on the weight of the child: 75% of baby included in nutritional status is good, 20% included in nutritional status over and 5% included in nutritional status. 100% in height requirement of good nutritional status. The results of research on family income indicates that the Income of the family, 60% among 2 million 2,600,000 s. d, 30% between 3 million s. d 3,600,000 and 10% \geq 4 million. In general is the income already above the minimum regional salary society town of Blitar. The income can be assumed to be able to prepare/organize a family food ingredients that meet the basic needs of the child. Fulfillment needs of nutrition in children much needed to improve health reduce infant mortality and improve the capability of toddlers, flower growing physical, mental, social, and academic achievement.

From the explanation above, as parents are aware of and understand the interests of children in the future are already supposed to be family, primarily mothers should pay more attention to his food with his best so that children can grow and develop optimally and will be a tough generation to succeed. In this case the position of a mother as a central character, it is very important to carry out the treatment and care of families with patient, cordial and consistently, mothers maintain relations within the family, creating an atmosphere that supports the smooth development of the child and all other elements of the existence of family continuity (Gunarsa, 2008).

3. Mother's behaviour in fulfilling the needs of Stimulation

The results showed that the behavior of the mother in meet the needs stimulation in children most (90%) in the category of good behavior and 10% of respondents in category enough. The stimulation is one of the basic needs of the children in the group needs Sharpening. The stimulation is an activity that aims to stimulate the basic capabilities of a child aged 0-6 years so that children grow and develop optimally. Every child needs to get regular stimulation as early as possible and continuously on every occasion.

Any of the materials provided on the activities of the parenting education is stimulation in children, followed by engaging actively in the process of the activities organized in

schools program by parenting education, held 2 times a month by involving parents in the Group (parents teaching). The activities carried out are meeting, discuss and practice making skills along with nanny and related institutions. Examples of such activities are the manufacture of APE and learning activities of groups play/landfill, gymnastics together learners and Nanny. Based on a variety of information, knowledge and experiences of parenting programs, parents primarily mothers, these activities continue to be carried out at home in providing developmental stimulation in children everyday.

Based on the results of the interview method and observation during the process of data capture, provides a means of expressing the mothers play in children occurring needs that must be met to support the conducting stimulation could be run effectively and efficiently. The gaming device is already adapted to the age stage of the child. The implementation of stimulation of mothers at home with customized principle of stimulation. Mom always pay close attention to the condition of the children, prior to giving stimulation. Given the lack of stimulation and the granting of improper can cause deviations of growing flower child even disorders that settled. From 8 basic prinsif to look for in each provide stimulation, the average mother did 7-8 prinsif.

Principle base that many mothers are not performed, provide equal opportunities between boys and girls in the next gave stimulates/gifts when child is able to do properly stimulation. The parents, especially the mother still perceives that gift-giving is identical to provide goods such as toys, school tools, food that endeared the child, so that mothers are less accustomed to give praise when children manage to do something, even sometimes mothers scold a child who have not managed to do something. The role of parents in providing stimulation in children is creating an environment that can support the child's development towards the positive.

4. Mother's behaviour in fulfilling the needs of Love affection

Based on the research results obtained that the behavior of the mother in meeting the needs of children in the most compassion (87.5%) in both categories and 12.5% of the respondent's behaviour on the category is enough. Children need love trough close relationships, in harmony and in tune with his mother. Give compassion will help grow flower physical, mental and psychosocial optimal child. Since small children can sense that he is loved, note, accepted and appreciated. Sanyang's love that indicated reasonably in accordance with the age of the child, for example by way of kissing, stroking, patting his shoulder, praise, uttered words that are comforting and others. Affection of parents to the child should be fixed/constant and sincere real so that the child really feel any compassion. Lack of maternal affection in the first years of life negatively affect children's flower-growing good physical, mental and social emotions. The affection of the people of his Lord (father/mother) will create a close bond (bonding) and basic trust (basic trust).

The involvement of parents in parenting programs not only joining activities of the parent (parent class) but also

involved in activities and events processed together. Mothers are given the opportunity to do the learning classroom together with family and nanny. Activities that involve parents/families in the form of: (1) play with children in the classroom; (2) assist the educator in the learning process in the classroom; and (3) as a form of learning for parents about the child's learning process. Experience the activity of control parenting program, continued to be applied at home childcare in everyday, so there is a link between the applied study program at the Institute of ECE at home.

Results of interview and observation data capture at the time, the average mother able to do 11 aspects of 12 aspek to do in giving love and love saying. Many aspects are not done mom is delivering children sleep with fairy tales/telling story/song. Next to accompany the child while playing and giving punishment when the children make mistakes. The pattern of these habits are already less done parents effectively, given the children prefer playing electronic games, such as the assembled playing Mobile phone, look at television. Thus the mother already apply the material and experience obtained from the program parenting in the fulfillment of love and compassion in everyday parenting, although there are still some parenting that is applied in accordance with the experience given his parents habits and patterns of the environment day.

For that keep children feel protected, pay attention to the interests, wishes and opinions. To give an example, not force, to help encourage/motivate, appreciate the opinion of children, educating with full of fun play activities and make corrections with joy and affection (not a threat/punishment). In fact in the parenting involves granting compassion and a sense of security, even discipline and a good example. Parenting is the process of educating personality so that children can be well developed, thus becoming responsible adults, tough, not easily influenced by bad environment and capable of facing the challenges of his life. This is in accordance with the indicator of success in Nurturing parenting programs: parents can apply the guidance by providing a nurturing appropriate stimulation with child development stages.

5. The behavior of mothers in fulfilling the basic needs of the child

The results showed that the mother's behaviour in fulfilling the basic needs of most child (87.5%) were in the category of good and 12.5% of the respondent's behaviour on the category is enough. The process of the implementation of the programme for the mother parenting parents Savannah conducted 2 weeks in ECE and all, is housed in the learning space learners. The activities of the Organization of the family-based ECE/parenting approach implemented with andragogy (adult learning), its activities shaped brainstorming, meeting, simulations and learning skills, using media that is tailored to the needs of the topic fit these will help understand process subject learners with parenting program. Program planning parenting is done by the overall Manager and educator (mother's parents), both in determining the schedule of activities, program materials, and the infrastructure to support the implementation of the programme of parenting to run optimally. Mothers excited,

relaxed, full of fun and responsible in following the process of learning applied in childcare at home.

The application of the results of learning in the program parenting question is an activity in a given everyday parenting parents on her son after she did the program parenting shaped: 1) provides daily family food was already taken into account the quality and quantity of the value of its nutrition value. 2) provides a special time to do stimulation in children with attention to principle grant of stimulation 3) daily parenting is done with loving care in a safe, comfortable situation, fun and uplifting to optimize growing flower child. These conditions are in accordance with the purpose of doing Class parents in parenting programs that are expected to increase the awareness, knowledge, attitudes, and skills of the parents in the exercise of his own family in the neighborhood and to share information and strategies in parenting.

6. The relationship between maternal behavior knowledge

The results showed good knowledge as much as bottom 62.5% and have good behavior as much as 87.5%. Spearman rank test results show the value of $p = 0.007$, meaning that the value of p so that it can be interpreted $0.05 < p$ there is relationship between knowledge with the behaviour of the respondent. From the test results are also obtained the value $r = 0,422$ which means there is a strong link between the respondent's behaviour with his knowledge.

Respondent's behaviour with his knowledge. Human behavior is very complex and has a very wide scope. Benjamin Bloom, 1908 in Notoatmodjo, 2003 divides human behavior into 3 domains or domains: cognitive Domain, the realm of effective (effective domain) and the psychomotor Domain. The third realm is so associated in one's behavior changes. The existence of new knowledge related to the previous behavior, which proved to be more beneficial to health, and is not contrary to the values, norms, customs has impact on the realm of psychomotor behavior. When a person's level of knowledge in both categories, then their psicomotor also tend to be good.

The success of the program parenting to change someone's behavior, influenced a lot by many factors such as: material or his message, the officer who did it, and Viewer tools and methods that will be used in the submission of information (Notoatmodjo (2007)). Parenting programs in the Providence of ECE, based on the timetable of the planned activities, are adopting a cross-sector resource related, election methods and media analytical study tailored to the topic and goals of learning. This condition can give you peace of participants, increases the concentration of learning so as to help the process of acceptance of the material presented. Education level of mothers work, also at the reception of the material delivered so that the mother's parenting program participants knowledge will increase. It is aligned with one of the goals of the program is to increase the knowledge, attitudes, and skills of parents/families in performing the process optimization of all aspects of growth and development of early childhood.

7. The relationship between maternal behavior with attitude.

Data results show respondents with a positive attitude as much as 50% and have good behavior as much as 87.5%. Spearman rank test results show the value of $p = 0.016$, meaning that the value of p so that it can be interpreted $0.05 < p$ there is relationship between the attitude to the behavior of the respondents. From the test results are also obtained the value $r = 0,378$ which means there is a connection between the respondent's behavior with knowledge with the correlation level was weak.

Attitude is the readiness to act and not an implementation of a particular motif. The attitude is not yet an action or activity, but it is a reaction or response of someone who is still closed to a stimulus or object (Notoatmodjo, 2003). In the domain of behavior, attitudes related to psychomotor domain. The existence of a good attitude affect their psychomotor. The successful application of the knowledge and experience gained from following programs parenting in everyday life in families affected by someone's attitude.

Research results in conformity with the theory advanced by Notoatmodjo that someone who behaved well will embody good practice and to embody an attitude to be an act or action that required real constituents or conditions of support, among other things: facilities and infrastructure, and the support of other parties. Mother's education, employment, the dominant and influential people in decision-making in the family also will have an effect on a person's attitude.

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