

# Mathematical Model for Diabetes Use Glucose Tolerance Test (GTT)

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**Abstract:** *Diabetes is disease of metabolism whose essential feature is excessive sugar in the blood and urine. Second order differential equation has been formulated to describe the performance of BGRS during GTT and its solution has been shown over here. Interesting points in that the sociological factors play an important role in the Blood Glucose Regulatory system.*

**Keywords:** Mathematical Modeling, Diabetes, Second order differential equation, and Glucose Tolerance Test

## 1. Introduction

### Diabetes

Most of the food we eat is turned into glucose (sugar) for our bodies to use for energy. The pancreas, an organ near the stomach, makes hormone called insulin to help glucose get into our body cells. When you have diabetes, your body either doesn't make enough insulin or can't use its own insulin very well. This problem causes glucose to build up in your blood.

Diabetes means that a person's blood sugar is too high. Your blood always has some sugar in it because the body needs sugar for energy to keep you going. But too much sugar in the blood can cause serious damage to the eyes, Kidneys, nerves and heart.

### Signs and symptoms of Diabetes

You may recall having some of these signs before you found out you had diabetes:

- Being very thirsty.
- Urinating a lot – often at night
- Having blurry vision from time to time.
- Feeling very tired much of the time
- Losing weight without trying
- Having very dry skin
- Having sores that are slow to heal.

### Types of Diabetes

There are two main types of diabetes

- Type 1 Diabetes
- Type 2 Diabetes

Another type of diabetes appears during pregnancy in some women. It's called gestational diabetes.

### Type 1 Diabetes

One out of 10 people with diabetes has type 1 diabetes. These people usually find out they have diabetes when they are children or young adults. People with type 1 diabetes

must inject insulin every day to live. The pancreas of a person with type 1 make little (or) no insulin.

### Type 2 Diabetes

Most people with diabetes 9 out of 10 have type 2 diabetes. The pancreas of people with type 2 diabetes keeps making insulin for some time, but the body can't use it very well. Most people with type 2 find out about their diabetes after age 30 or 40.

Certain risk factors make people more likely to develop type 2 diabetes. Some of these are.

- A family history of diabetes.
- Lack of exercise.
- Weighing too much
- Being of African American.
- Being of African American, American Indian, Asian / Pacific Island heritage
- Gestational diabetes history.

### Glucose Tolerance Test (GTT)

To diagnose diabetes is by the Glucose Tolerance test (GTT) in which the patient is called the hospital after overnight fasting. On his arrival he is given a large dose of glucose (the form of sugar in which it occurs in the blood stream) and then several measurements of the concentration of glucose in the patient's blood is taken during next 3 to 5 hours. Based on his measurements, the physician makes the diagnosis of diabetes which obviously depends on his interpretation of the results.

### Formulation of Mathematical Model:

We formulate an appropriate model in two steps.

### Step 1 Background Information on the model

We assume that the following two concentrations adequately describe the performance of blood glucose regulatory system (BGRS).

- (i) Concentration of glucose in the Blood (g).
- (ii) Net Hormonal concentration (h).

Since, the variable  $g$  and  $h$  change with time, we consider  $g$  and  $h$  as dependent variables while  $t$ (time) as the independent variable. From the elementary concentration of the biological facts, stated above, the logistic law governing the performance of BGRs may be written as

$$\frac{dg}{dt} = E_1(g, h) + F(t) \quad (1)$$

$$\frac{dh}{dt} = E_2(g, h) \quad (2)$$

Where  $E_1$  and  $E_2$  are the same functions of  $g$  and  $h$ , while  $F(t)$  is the external rate at which the Blood Glucose concentration (BGC) is being increased.

## 2. Mathematical Model use Glucose Tolerance Test

Formulate a second order differential equations model to describe the performance of BGRS during a GTT.

Let  $g_0$  and  $h_0$  be the optimal value of  $g$  and  $h$  respectively.

We set  $g = G - G_0$  and  $h = H - H_0$

Substituting these values of  $g$  and  $h$  in equations (1) and (2) and using Taylor's Expansion, we get.

$$\frac{dg}{dt} = \left[ E_1(G_0, H_0) + G \left( \frac{\partial E_1}{\partial g} \right)_0 + H \left( \frac{\partial E_1}{\partial h} \right)_0 + d_1 \right] + F(t) \quad (3)$$

$$\frac{dh}{dt} = \left[ E_2(G_0, H_0) + G \left( \frac{\partial E_2}{\partial g} \right)_0 + H \left( \frac{\partial E_2}{\partial h} \right)_0 + d_2 \right] \quad (4)$$

Where  $\left( \frac{\partial E_1}{\partial g} \right)_0$ , and  $\left( \frac{\partial E_2}{\partial h} \right)_0$  denotes  $g = G_0$  and  $h = H_0$

and  $d_1, d_2$  contains terms of second and higher powers in  $g$  and  $h$ .

(i) Assume that if  $E_1(G_0, H_0) = 0$  and  $E_2(G_0, H_0) = 0$ , because it is assumed that  $g$  and  $h$  have their optimal values  $G_0$  and  $H_0$  respectively by the time the fasting patient arrives at the hospital and (ii)  $E_1$  and  $E_2$  being small quantities may be neglected and  $g$  and  $h$  are very small.

Substituting these two conditions in equation (3) and (4) we get

$$\frac{dg}{dt} = \left[ G \left( \frac{\partial E_1}{\partial g} \right)_0 + H \left( \frac{\partial E_1}{\partial h} \right)_0 \right] + F(t) \quad (5)$$

$$\frac{dh}{dt} = \left[ G \left( \frac{\partial E_2}{\partial g} \right)_0 + H \left( \frac{\partial E_2}{\partial h} \right)_0 \right] \quad (6)$$

To find the value of

$$\left( \frac{\partial E_1}{\partial g} \right)_0, \left( \frac{\partial E_1}{\partial h} \right)_0, \left( \frac{\partial E_2}{\partial g} \right)_0 \text{ and } \left( \frac{\partial E_2}{\partial h} \right)_0.$$

### Case (i)

We consider  $g > 0, h = 0$  (excessive glucose) ie  $\frac{dg}{dt} < 0$ .

The equation (5) implies that  $\left( \frac{\partial E_1}{\partial h} \right)_0$  may be negative.

### Case (ii)

If  $h > 0, g = 0$  (excessive insulin) ie.,  $\frac{dh}{dt} < 0$ .

Then the equation (5) implies that  $\left( \frac{\partial E_1}{\partial h} \right)_0$  may be negative.

Similarly,  $\left( \frac{\partial E_1}{\partial h} \right)_0$  and  $\left( \frac{\partial E_2}{\partial h} \right)_0$  also be negative.

Therefore equation (5) and (6) can be written as

$$\frac{dg}{dt} = -A_1g - A_2h + F(t) \quad (7)$$

$$\frac{dh}{dt} = A_3g - A_4h \quad (8)$$

Where are all positive constants.  $A_1, A_2, A_3$  and  $A_4$ .

Since it is the BGS that can be measured easily therefore we attempt to eliminate  $h$  if possible, between equations (7) and (8).

Differentiate equation (7), (8) with respect to  $t$ .

$$\frac{d^2g}{dt^2} = -A_1 \frac{dg}{dt} - A_2 \frac{dh}{dt} + \frac{dF}{dt} \quad (9)$$

$$\frac{d^2h}{dt^2} = -A_3 \frac{dg}{dt} - A_4 \frac{dh}{dt} \quad (10)$$

Substitute - equation (7) the value of  $\frac{dh}{dt}$  in equation (9) we get

$$\begin{aligned} \frac{d^2g}{dt^2} &= -A_1 \frac{dg}{dt} - A_2 (A_3g - A_4h) + \frac{dF}{dt} \\ \frac{d^2g}{dt^2} &= -A_1 \frac{dg}{dt} - A_2A_3g + A_2A_4h + \frac{dF}{dt} \end{aligned} \quad (11)$$

Substitute - the value of  $A_2h$  in (7) in (11) we get

$$\frac{d^2g}{dt^2} = -A_1 \frac{dg}{dt} - A_2A_3g + (-A_1g + F(t) - \frac{dg}{dt})A_4 + \frac{dF}{dt}$$

$$\frac{d^2g}{dt^2} = -\frac{dg}{dt}(A_1 + A_4) - g(A_2A_3 + A_1A_4) + F(t)A_4 + \frac{dF}{dt}$$

$$\frac{d^2g}{dt^2} + 2\beta \frac{dg}{dt} + w_0^2g = m(t) \quad (12)$$

Where  $2\beta = (A_1 + A_4)$ ,  $w_0^2 = (A_2A_3 + A_1A_4)$  and  $m(t) = F(t)$

$$A_4 + \frac{dF}{dt} \cdot \frac{d^2g}{dt^2} + 2\beta \frac{dg}{dt} + w_0^2g = 0 = m(t) \quad (13)$$

Where  $m(t)$  is identically zero. Equation (13) is known as second order differential equation with constant coefficient

which governs, the BGRS after a heavy load of glucose is ingested.

### 3. Analysis of the Model

The mathematical model have been analyzed the following step.

The auxiliary equation of (13) is written as

$$m^2 + 2\beta m + w_0^2 = 0$$

Whose roots are given by

$$m = \beta \pm \sqrt{\beta^2 - w_0^2}$$

Three cases can be considered.

$$\beta^2 - w_0^2 \leq 0, \quad \beta^2 - w_0^2 \geq 0.$$

And it is fact that equation (13) approaches to 0 as  $t \rightarrow \infty$  and so our model confirme to reality in predicting that the BGC tends to return ultimately to its optimal concentration. So it passes the test of consistency.

For the case  $\beta^2 - w_0^2 < 0$

$$g(t) = Ae^{-\beta t} \cos(wt - \delta) \quad (14)$$

where  $w = \sqrt{\beta^2 - w_0^2}$

#### Particular integral

$$\begin{aligned} \text{P.I} &= \frac{1}{D^2 + 2\beta D + w_0^2} e^{-at} \\ &= \frac{1}{a^2 + w_0^2 - 2\beta a} e^{-at} \end{aligned}$$

$$g(t) = g_0 + Ae^{-\beta t} \cos(wt - \delta) + \frac{1}{a^2 + w_0^2 - 2\beta a} e^{-at} \quad (15)$$

Equation (15) have unknown  $g_0, \beta, w_0, \delta$  and  $a$ .

$g_0$ , being Blood Glucose Concentration before the glucose load is ingested can be determined by measuring the patients Blood glucose concentration immediately upon this arrival at the hospital.

$$\begin{aligned} g_i(t) &= g_0 + Ae^{-\beta t_i} \cos(wt_i - \delta) \\ &+ \frac{1}{a^2 + w_0^2 - 2\beta a} e^{-at_i}, \end{aligned}$$

$i = 1, 2, 3, 4, 5, 6, \dots, n$

By taking  $n$  measurements of  $g_1, g_2, \dots, g_n$  of the patients BGC at time  $t_1, t_2, \dots, t_n$  respectively.

If we take  $n = 7$  or  $8$  measurements of  $g_1, g_2, g_3, g_4, g_5, g_6, g_7$  we find the optimal values of  $g_0, \beta, w_0, a$  and  $\delta$ . Such that the least square error given by

$$e = \sum_{j=1}^n (g_i - g_0 - Ae^{-\beta t_i} \cos(wt_i - \delta))^2 \quad (16)$$

### 4. Conclusion

The aim of study can be concluded that the optimal value of  $g_0, \beta, w_0, a, \delta$  can be calculated in Blood Glucose regulatory system to a Glucose Tolerance Test. If  $w_0$  may be regarded

has been defined by  $T_0 = \frac{2\pi}{w_0}$ ,  $w_0$  is the natural frequency

of the system and here it is considered " $T_0$ " as a suitable parameter for diagnosis of diabetes. If has been concluded that a value of less than four hours for  $T_0$  indicated normally suppose  $T_0$  is more than four hours implied mild diabetes.

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