

# Seroprevalance of Hepatitis B Virus (HBV) in a Tertiary Care Hospital

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**Abstract:** ***Objectives and Aim:** We performed a study on Seroprevalance of HBV among the patients attending a tertiary care hospital in India. **Background:** Globally, Hepatitis B is one of the most common infectious diseases. It is ranked by the WHO as one of the top ten killers. The virus is responsible for approximately 1.5 million deaths worldwide in each year, two thirds of which are attributable to primary Hepatocellular carcinoma following HBV infection. About 360 million people are estimated to be chronically infected with HBV. **Methods:** Out of 4648 serum samples submitted to the Department of Microbiology at JSS Hospital Mysuru during the study period of one year from January to December, 284 samples were positive for HBsAg by ELISA. **Results:** The seroprevalance of Hepatitis B infection in our study was 6%. **Conclusions:** The study showed a seropositivity of 6% in patients attending this tertiary care centre, because there is lack of awareness and health education, negligence. Stringent blood banking laws need to be introduced. NAAT screening is currently in use in most of the developed countries but not yet mandatory in India.*

**Keywords:** Hepatitis B virus, Elisa, HBV, Tertiary care hospital, Seroprevalance

## 1. Introduction

Viral hepatitis due to Hepatitis B virus (HBV) is a major public health problem throughout the world affecting several hundreds of millions of people. It is a cause of considerable morbidity and mortality in human population from both acute infections and chronic squal which include acute infection, chronic active hepatitis, cirrhosis and primary liver cancer.<sup>1</sup>

Hepatitis B virus was recognized originally as the cause of serum hepatitis, the most common form of parenterally transmitted viral hepatitis, and an important cause of acute and chronic infection of the liver in many countries. More than one third of the world's population has been infected with HBV and WHO estimates that it results in 1 to 2 million deaths every year. The incubation period of hepatitis B is variable with a range of between 1 and 6 months. Acute hepatitis B infection is anicteric and asymptomatic most of the time, although a severe illness with jaundice can occur and acute liver failure may develop. The virus persists in about 10% of infected immunocompetent adults and in as many as 90% of infants infected perinatally, depending on the ethnic group of the mother. About 350 million people worldwide are persistent carriers of HBV. Liver damage is mediated by the cellular immune response of the host to the infected hepatocytes. Approximately 25% of all patients with chronic hepatitis will progress to cirrhosis and about 20 % of those with cirrhosis will develop Hepatocellular carcinoma.<sup>2</sup>

Hepatocellular Carcinoma is one of the most common cancers worldwide. However the significance and magnitude of the problem vary from country to country.<sup>3</sup>

As per WHO guidelines, Countries are classified on the basis of endemicity of hepatitis-B virus (HBV) infection into high (8% or more), intermediate (2-7%), or low (less than 2%) incidence countries. The prevalence of chronic HBV infection in India ranges from 2% to 10% as shown in

different studies. India therefore comes under the intermediate to high endemicity category. India has approximately HBV carrier rate of 3.0% with a high prevalence rate in the tribal population.<sup>3</sup> With a population of more than 1.25 billion, India has more than 37 million HBV carriers and contributes a large proportion of the global HBV burden. While horizontal transmission in childhood appears to be a major route of transmission, the role of vertical transmission is probably underestimated<sup>4</sup>. Blood transfusion and unsafe therapeutic injections continue to be important modes of transmission of HBV.<sup>3,4,5</sup>

## 2. Material and Methods

### 1) Source of data

Total number of samples received during the study period of one year in the Department of Microbiology, JSS Hospital, Mysuru for HBV screening were 4648 out of which HBsAg was detected in 284 (6.2%) by ELISA.

### a) Inclusion Criteria

- All patients suspected of Hepatitis and in whom HBsAg is detected by ELISA
- Asymptomatic patients for whom serum samples are submitted to the laboratory for routine investigation and are HBsAg positive, in spite of the clinical presentation.

### b) Exclusion Criteria

Patients who are treated with Antiviral therapy are excluded from the study

### 2) Collection of samples

2ml of venous blood sample was collected in EDTA vacutainer from patients who tested positive for anti HBV antibody by 3<sup>rd</sup> generation ELISA (QUALISA). Demographic data and clinical history and clinical examination of the patients who were seropositive was recorded in the proforma and risk factors for the infection were taken note of, haematological tests (PT, Platelet count) and liver function tests(LFT) were done for these patients.

Liver biopsy, ultrasonography, CT abdomen and fibroscan were also done for these patients.

### 3) Tables and Figures

#### Cross sectional study

Cross sectional study is the simplest form of an observational study. It is based on a single examination of a cross-section of population at one point in time- the results of which can be projected on the whole population provided the sampling has been done correctly. Cross sectional study is also known as “prevalence study”. Cross-sectional studies are more useful for chronic diseases. It tells about the distribution of a disease in population rather than its aetiology.

#### Statistical methods Applied

Qualitative variables are expressed as proportions and 95% confidence interval (95% CI). Quantitative variables are expressed as mean and standard deviation. Chi square test is used to check the association of qualitative variables. In accordance with the prevalence of seropositivity the same number of controls were randomly selected and analysis done for association with risk factors using chi square test.

#### Contingency coefficient test (Cross tabs)

The Crosstabs procedure forms two-way and multiway tables and provides a variety of tests and measures of association for two-way tables. The structure of the table and whether categories are ordered determine what test or measure to use.

#### Chi-square test

The Chi-Square Test procedure tabulates a variable into categories and computes a chi-square statistic. This goodness-of-fit test compares the observed and expected frequencies in each category to test either that all categories contain the same proportion of values or that each category contains a user-specified proportion of values. All the statistical methods were carried out through the SPSS for Windows (version 16.0).

### 3. Results

#### Demographic characteristics

Out of 4648 serum samples submitted to the Department of Microbiology at JSS Hospital Mysuru during the study

period of one year from January to December, 284 samples were positive for HBsAg by ELISA (Figure 1).The patients for whom the samples were submitted formed the subjects of this study. Out of these 198 were Male (69.7%) and 86 were female (30.3%) (Table 2, Figure3). The mean age of the patients was  $39.426 \pm 10.6$  years.(Table1,figure 2). Majority of the samples for evaluation of the HBV infection were from the Department of Medicine (145/284[51.5%]),followed by Department of surgery,OBG,Nephrology, Skin and from Dental also. (Table 3, figure 4).

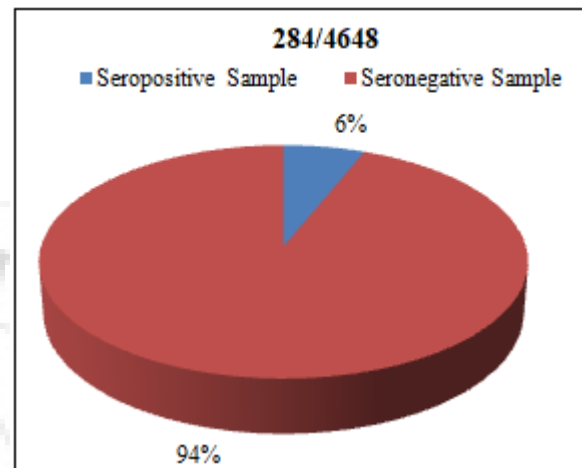


Figure 1: Prevalence of HBV

#### Demographic distribution

Table 1: Age distribution

Age	Frequency	Percentage
<b>0-10 YEARS</b>	-	-
<b>11-20 YEARS</b>	9	3.2
<b>21-30 YEARS</b>	63	22.2
<b>31-40YEARS</b>	109	38.4
<b>41-50YEARS</b>	66	23.2
<b>51-60YEARS</b>	29	10.2
<b>61-70YEARS</b>	8	2.8
<b>TOTAL</b>	284	100

MEAN =39.426  
 SD=10.6  
 MINIMUM=16.0  
 MAXIMUM=70.0

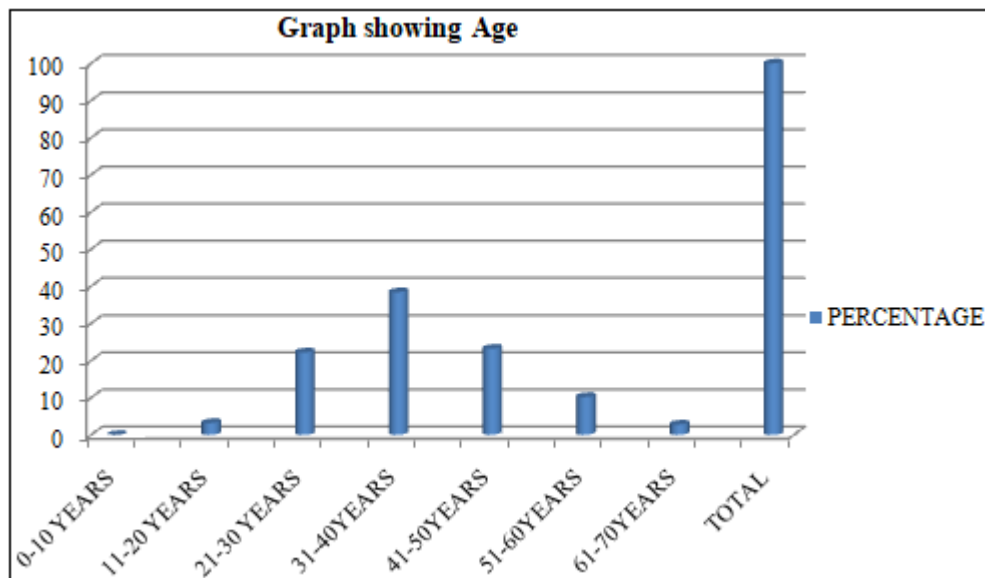


Figure 2: Age distribution.

Table 2: Gender distribution

Sex	Frequency	Percentage
Male	198	69.7
Female	86	30.3
Total	284	100

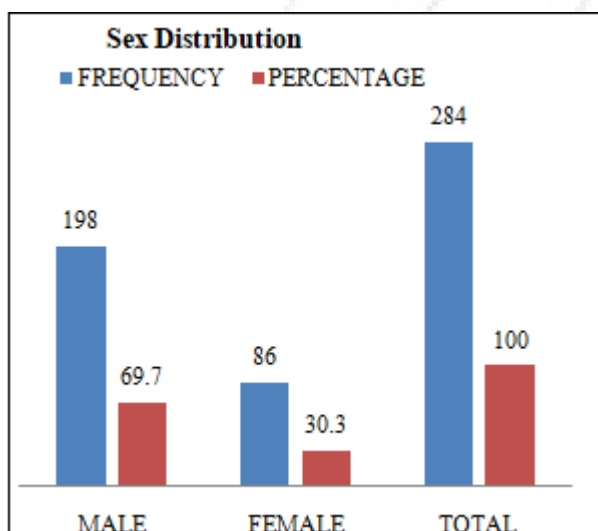


Figure 3: Gender distribution

Table 3: Ward distribution

Wards	Frequency	Percentage
Dental	12	4.2
Medicine	145	51.5
Nephro	16	5.6
OBG	48	16.9
Skin	28	9.9
Surgery	35	12.3
Total	284	100

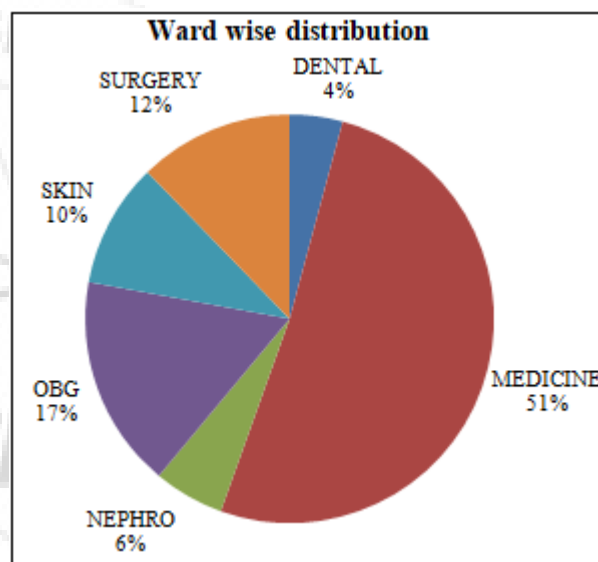


Figure 4: Ward distribution

## 4. Discussion

### a. Seropositivity

The seroprevalence of Hepatitis B infection in our study was 6%. This may not necessarily represent the endemicity, magnitude in this part of the state, as ours is a tertiary care centre and significant no. of samples were from clinically suspected cases. The prevalence of Chronic HBV infection in different studies ranged from 2 to 10% (below 8%) as per literature survey. Therefore India has intermediate to high endemicity<sup>6</sup>.

Pragati Abhimanyu Bullee *et al*<sup>7</sup> in Yavatmal (Maharashtra), India found that the Seroprevalence of HBsAg positive was 1.57% while in healthy donors it was 0.87%. The prevalence of HBsAg in the general population of Asia, Africa, Southern Europe and South America ranges from 2% to 20%. HBsAg seropositivity of 3-4% is reported in the Indian population. There is wide variation in the prevalence in different regions of the country with the highest prevalence in Andaman and Arunachal Pradesh<sup>11</sup>. Various studies across India reports HBsAg seroprevalence ranging

from 1.6% to 5.7% in South India, 3-6% in North India, and 2.97% in West Bengal.<sup>10</sup>

The HBV seropositivity in our study was high in male (69.7%) as compared to female (30.3%) similar results were observed in another study conducted by AtulRukadikar *et al*, they found that seropositivity was high in male i.e., 73.39% than female 26.60%.<sup>8</sup>

This could be due to greater exposure of male patients to the health care set up. Most of the patients infected with Hepatitis B were in the age group of 31 to 50 years in our study, similar results were seen in study conducted by Prasad Bhat *et al*.<sup>9</sup>

## 5. Summary

- 1) Hepatitis B virus is a global public health problem.
- 2) The present study Titled "**SEROPREVALANCE OF Hepatitis B virus (HBV) IN A TERTIARY CARE HOSPITAL**" was taken up with the objective of detecting the prevalence of HBV infection at J.S.S. Hospital, Mysuru.
- 3) Total of 4648 serum samples were screened out of which 284 were HBsAg positive. The Seroprevalence of HBV infection was 6.1%.
- 4) Highest number of HBV seropositive patients were in the age group 41-50 years. HBV seropositivity was high in males (69.7%) in comparison with females (30.3%).
- 5) The mean age of the patients was  $39.426 \pm 10.6$  years.

## 6. Conclusion

- 1) The present cross sectional study titled "**SEROPREVALANCE OF Hepatitis B virus (HBV) IN A TERTIARY CARE HOSPITAL**" was undertaken in the Department of Microbiology, spanning over one year duration showed a seropositivity of 6% in patients attending this tertiary care centre.
- 2) Because there is lack of awareness and health education, negligence, the focus of primary prevention efforts should be safer blood supply in the developing world, safe injection practices in health care and other settings, and decreasing the number of people who initiate injection drug use.
- 3) Stringent blood banking laws need to be introduced. It is important to screen the blood donors to control the spread of HBV infection. The latest specific measure is the introduction of viral nucleic acid amplification test (NAAT). NAAT screening is currently in use in most of the developed countries but not yet mandatory in India. It detects viral genes rather than antibodies or antigens. NAAT will enable earlier detection of HBV.
- 4) Further studies need to be done on genotyping of large number of sample in order to determine the association with disease severity, progression and risk factor.

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