

# The Women's Libration by Preserving their Value and Dignity in Modern Society of India in Anita Nair's Novels

Saheleh Kheirabadi

Resrarch Scholar of English Department at Bharati Vidyapeeth University.

**Abstract:** *Anita Nair is one of the notable writers in India. She always focuses on the problems of a woman in Indian society. Though Anita Nair has refused to be labeled as a feminist writer her stories portray the sensibilities of a woman, how a woman looks at herself and her problems. Actuality, the intention of writing this article paper is to portray the major theme of the social consciousness of women to find their dignity, independence, and roleplaying in modern society of India. Anita Nair's novels display an amazing depth in her narration, and the main thrust of her novels is the encounter between the self-actualization and family responsibilities of the individuals. Almost all her novels are placed in Indian culture and the characters and settings are original Indian. There are multiple themes in Anita Nair's works, like family, relationship, social position, gender inequality, and etc. One of the main themes which researcher consider in this thesis is women's liberation by preserving their value and dignity. The following is the present research of the thought of women's liberation. The emancipation of women, their liberation in society, legal, economic, and family relationship, and their escape from narrow gender roles are not easily achieved. But the women's characters in Anita Nair's novels try to change the atmosphere of their life and keep their dignity and their liberation in real life. The main purpose of the research is to find out the solution for the social problems women in Anita Nair's novels. And for that one has to explore dignity and liberation women through the different novels.*

## 1. Preliminaries

Anita Nair is a popular Indian writer and contemporary Indian novelist and poetry who famous with her novels as 'The Better Man' and 'Ladies coupe' which have been translated into 21 languages. She was born on 26 January 1966 at Shornur of Palakkad in the state of Kerala and also she brought up in Chennai, India. Anita graduated BA in English Literature in Chennai, India and worked as an innovative director of an advertising agency in Bangalore while she was writing her first book which is a collection of short stories with titled 'Satyr of the Subways'. When she was twenty-four years old, she went to the united states to study journalism. Anita Nair lives in Bangalore with her husband and her son but her parents are still living in Kerala at present.

Usually, Anita Nair's novels have portrayed the situation of woman in South Indian base in which how they are oppressed in the male dominated society and their women's desire is totally repressed in a patriarchal society. It can be proved that Anita Nair's effort to portray the social consciousness of women to find their dignity, independence, and roleplaying in modern society of India. AleksandrIsayevich Solzhenitsyn told that literature isn't the breath of contemporary society but Anita Nair believed that society is the environment in which literature breath. In fact, she intends to depict both the good and bad sides of society in literature. So, her novels have drawn a pattern of problem society among people life.

In these novels, Anita Nair had selected the characters with full of great courage. In fact, she wants to display Indian woman who can independence in society and they can continue to their life in every situation. The purpose of Anita Nair of writing these novels is to sketch how female

oppressed in during of their life while they can gain their dignity and their independence in the modern community.

The author of this paper was interested in writing about the theme the Women's Liberation by Preserving Their Value and Dignity in Modern Society of India. The theme is the result of reading a story to looking for the author's most important comments from their writings. In this study to consider major themes and minor themes on Anita Nair's novels and short stories. Major themes are the most significant themes of the story, and often they are a part of the entire story while minor themes are less important. They refer to an idea that appears in a work briefly and gives way to other minor themes.

## 2. Significance of the Study

Anita Nair is the most significant of the contemporary Indian novelists in English literature, whose works explore different categories. She tries to present the differing perspectives of the East and the West in her novels. Researcher attempts to assert that author's life faced too many social problems in India for this reason she portrays the social problems of characters in her novels. In this paper, researcher purpose to analyses the character's identity to find out the major theme of value and dignity women in their social life.

The emphasis of this paper is to seek and evaluate the social problem of women characters in selected novels of Anita Nair. Although, the author focuses on the feeling of the female characters without the value of being seen in the community. Anita Nair insitences to represent how they faced too many social problems as lack of liberation and right in their society and individual life. Hence The most significant of this study is to display the women's life and portrait the quality of women's courage in Indian society.

Anita Nair highlights the women's lives in the past whom were traditional and their life was narrow and controlled by men in their life and also they were oppressed in personal and social life. The author wants to express how these women try to change the atmosphere of their life and keep their dignity and their independence in real life.

### 3. Problem of Study

Anita Nair is one of genuine writer who creates life like female characters in her works. These characters reflect the real condition of present women from Indian social. The author portrays the role play of women in the growth and development of the society and making it a progress and modern society. The role of women in the development of society is of utmost importance. In fact, it is the only thing that women are the backbone of the society. So, women should have a special place in society, but Indian society hasn't been able to accept this fact about the importance of female's role, for this reason, there is a need for studies in this field to find out an effective solution for maintaining the value and dignity of women in modern society of India.

### 4. Aims and Objectives

The purpose of the study this article is detect major theme on Anita Nair's novels which have selected in this paper. Researcher considers role of women characters and their social problems to find out particular theme. The quality theme of this study referring women's liberation by preserving their value and dignity in society.

The aim of this study is to treat the concept of 'female-female' polarity as a natural in the society. The study on Anita Nair with her novels have a different aims and objectives as:

- To consider liberation women in Indian society.
- To show patience and endure of women characters against the tribulations of social life.
- Epitomize effort of Indian women for independence and sexual equality in society.
- To portray successful women in their social life and their individual life.
- To analyze Indian female characters and their life in Indian society.
- Expression theme women's liberation by preserving their value and dignity on Anita Nair's novels.

### 5. Scope and Limitation

The study on Indian English authors brought enormous changes in the attitude of the Indians. Writing of Indian writers are in line with the people's culture of the region. So these writings attempt boost the level of public awareness and create a culture of society. This type of social culture helps a lot of people in order to grow their country. Hence social culture helps a lot of people in order to grow their country and enhance their level social knowledge in society.

Though Anita Nair is not a feminist, her stories portray the sensibilities of a woman, how a woman looks at herself and her problems. Researcher focused on major theme selected

novels of Anita Nair in which Indian fiction in English has heavily laid emphasis on Indian themes. It has expressed the Women's Liberation by Preserving Their Value and Dignity in Modern Society of India and also considers conflict between traditional and modernity in Indian women's life. The study centralizes on the main theme of have selected novels as; the women's liberation and their value and dignity in modern society of India.

### Hypothesis of Study

The present research attempts to bring out major theme of Anita Nair's works as the Women's Liberation by Preserving Their Value and Dignity in Modern Society of India. The prognostics in these stories sketched problems as women weakness in during their life and suffering experienced in their society. So, the researcher wants to prove that these women found their way and attempt gain their freedom and keep their dignity in their family and community.

Although, the researcher wants to prove that Indian women have suffering in society and also in their home and faced many problems as loss of their right and ignoring them in public and private their life but these women continue to their life and independence in their society by great attempt. The researcher wants to connect author's life with her character's life and proves that the author displayed their life in the pictures of character's life in the stories.

### 6. Methodology

The researcher has selected sociological study method to consider major theme the Women's Liberation by Preserving Their Value and Dignity in Modern Society of India on Anita Nair's novels. Sociology is an exciting and illuminating field of study that analyzes and explains important matters in our personal lives, and our communities. A general definition of sociology is the systematic study of human society, culture, and relationships on a group level.

Women are the powerful entities and they are always being a brave fighter in the battle of life. They have proved that they aren't invincible and face with any problems in real life. As women in the novels of Anita Nair weren't feeble and confront with all problems in their individual and social life. They have achieved a right to equality to men in society and found their place and dignity in the community.

Sociology offers a specific and illuminating way of seeing and understanding the social world in which we live and which shapes our lives. It is a discipline that expands our awareness and analysis of the human social relationships, cultures, and institutions that profoundly shape both our lives and human history. The world cannot go on without men and women and for this reason women should be given rights in our society. Today, institutions and organs should provide a growth platform for women until they can without worry of losing their dignity appear in the community. In fact, a healthy social is created with the presence of women and men alongside each other and the right to equality women to men in social life. For this reason, Anita Nair efforts to portray Women's Liberation and their values in

community. She does her best attempt to make the public aware that women as men can be useful in community development.

In this paper will study social problem of women and their gender, and their role in the community. As Anita Nair attempts to find a solution to the social problem of women, the researcher also working to solve this problem by using the sociology of knowledge.

## 7. Conclusion

Researcher wants to portray that women in Anita Nair's novels are brave and independent and they only need to be allowed in every situation in order to show their capability. Readers see a new image of women in Anita Nair's novels as self-esteem, self-respect, self-reliance, self-improvement, and courageous. Anita Nair proves that woman can a real self-realization and she must adhere to the desire and appetite.

Women's life proves the fact that women are not weak creatures or pitiable victims but they can achieve everything they need, all by themselves, even without the help of man. This paper shows the image of women's aggressive nature at social, familial and financial level that getting their social status. Eventually, women in these novels were able to remove obstacles and adapt to their current circumstances and preserving their dignity in their society and their personal's life.

Theme is a big idea of author's writings. A major theme is an idea that a writer repeats in her works, making it the most significant idea in a literary work. The major theme on Anita Nair's works is Women's Liberation and minor theme of these novels is Dignity, Independence, and Role-Playing in society. In fact, minor theme refers to an idea that appears in a work briefly and gives way to another minor theme.

## References

- [1] Abhilasha, Singh. "Women as Catalysts in Anita Nair's Ladies Coupe". *International Journal of Humanities and Social Sciences*, Vol.1, no.2, September 2014, PP.171-177.
- [2] Arthi, Arul C. "Marriage in Crisis: A Study of Anita Nair's Lesson in Forgetting". *International Journal of Research in Humanities, Art, Literature*, Vol.4, no.4, April 2016.
- [3] Bhuvaneshwar, K. "Self-Discovery in Anita Nair's the Better Man". *International Journal of English Language, Literature and Translation Studies*, Vol.3, No.1, January 2016.
- [4] Cherian, Alice. "Indian Femenism in Anita Nair's Ladies Coupe and Mistress". *International Refereed e-Journal of Literary Explorations*, Vol.1, no.3, August 2013, PP1-5.
- [5] Iyengar, Srinivasa K.R. *Indian Writings in English*. New Delhi: Sterling publishers, 1987.Print.
- [6] Mathuramani, Kumar Greeta. "Anita Nair's Women\_ A Study". *International Journal in English, Pune Research*, Vol.2, no. 5, September 2016.

- [7] Nair, Anita. *Ladies Coupe*. New Delhi: Penguin Books, 2002.
- [8] Nair, Anita. *The Better Man*. New Delhi: Penguin Books, 2001.
- [9] Nair, Anita. *Mistress*. New Delhi: Penguin Books, 2006.
- [10] Nair, Anita. *Lessons in Forgetting*. New Delhi: Penguin Books, 2011.
- [11] Nair, Anita. *Alphabet Soup for Lovers*. India: HarperCollins, 2015.
- [12] Nair, Anita. *Idris: Keeper of The Light*. India: Harper Collins, 2014.
- [13] Nair, Anita. *The Lilac House*. New York: St. Martin's Press, 2012.
- [14] Nair, Anita. *Najma*. India: Harper Collins, 2013.
- [15] Naikar, Basavaraj. *Indian English Literature*. New Delhi: Atlantic Publishers, 2002. Print.
- [16] Pushpanathan, T. "Aggressive Nature of Women in the Novels of Anita Nair". *International Journal of Research Granthaalayah*, Vol.4, no.4, April 2016.
- [17] Rghuvamsi, D.V. "Complexities in Art and in Life as Portrayed in Anita Nair's Mistress". *IOSR Journal of Humanities and Social Science*, Vol.20, no.12, December 2015.
- [18] Rajeshwar, M. *Preface to Indian Women Novelists and Psychoanalytic*. India: Atlantic Publisher and Distributors, 1998.
- [19] Sasikala, A. "A New Women in Anita Nair's the Better Man". Vol.1 no.3, 2013, PP1-5.
- [20] Suganya, S. "Rupturing the Wedding Bond in Anita Nair's the Better Man", *International Multidisciplinary Research Journal*, Vol.2, no.1, January 2013.
- [21] Verma, Rana Sarita. "Self-discovery and Sanguinity in the Novel The Better Man", *South Asia Journal of Multidisciplinary Studies*, Vol.1, no.6, July 2015.

## Work cites

- [22] <https://Literary devices.net/them>.
- [23] <https://www.Cliffsnotes.com/Literature/theme/essay>.
- [24] <https://Literary device.net/theme>.
- [25] [www.anitanair.net](http://www.anitanair.net)
- [26] [www.anitanair.net/news.htm](http://www.anitanair.net/news.htm)
- [27] [www.dreams2000.com/nair/anithanair.htm](http://www.dreams2000.com/nair/anithanair.htm)