

Unusual Case of Spontaneous Extrahepatic Bile Duct Perforation with Vague Clinical Presentation

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Abstract: *Spontaneous extrahepatic bile duct perforation is a rare entity. In this case report we will see that diagnosis in such cases is very difficult. Patient in this case was managed by exploratory laparotomy, CBD exploration and CBD repair with T-tube insertion.*

Keywords: CBD- Common Bile Duct, TLC- Total Leucocyte Count, choledocholithiasis, T-tube

1. Introduction

Spontaneous perforation of extrahepatic bile duct not associated with any primary pathology is very rare. In most of the reported cases some associated cause is present. Most common associated pathologies in infants are choledochal cysts and anomalous union of pancreaticobiliary ductal system (AUPBD). In adults most common associated pathologies are choledocholithiasis, choledochal cyst, previous CBD exploration, choledochenterostomies, pregnancy and acalculous cholecystitis.

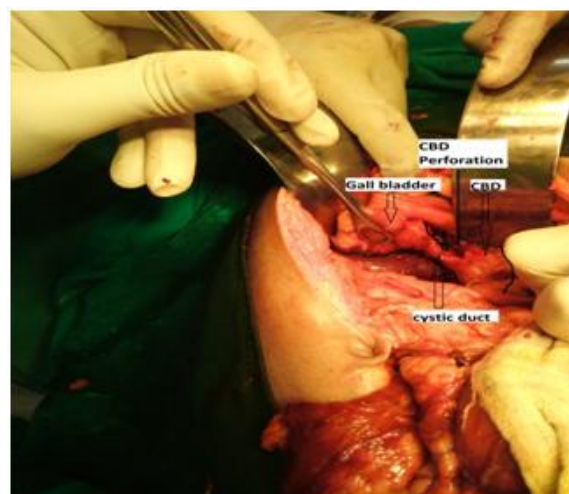
Here we report a case of spontaneous common bile duct (CBD) perforation. Clinical features were not very specific and the perforation was diagnosed only after exploratory laparotomy.

2. Case Report

18 years old female came to surgery OPD with complain of mild pain abdomen. On examination tenderness was present in epigastrium. General examination was normal and no jaundice was present. Patient already had an ultrasound report which showed diagnosis of cholelithiasis with dilated CBD and IHBRs. Patient was admitted and investigations were done. Reports showed total bilirubin- 1 mg/dl, TLC- $11.9 \times 10^3/\text{ml}$, serum electrolytes (sodium, potassium and calcium) within normal limits. Conservative treatment was continued with analgesic, antibiotics and PPI etc. Patient was not improving and abdomen got distended 2 days after admission. Repeat ultrasound study was done which showed mild fluid collection in abdomen, cholelithiasis and dilated CBD. Blood examination reports showed total bilirubin 4.3 mg/dl, direct bilirubin- 1.85mg/dl, prothrombin time- 18 seconds with INR- 1.30. On fourth day of admission decision of exploratory laparotomy was taken as the patient was not improving and abdominal distension and jaundice were increasing.

On abdominal exploration 2liters of bilious fluid was found in peritoneal cavity. There was a perforation at the junction of cystic duct with CBD. Multiple stones were felt both in gall bladder and CBD. Cholecystectomy was followed by CBD exploration. Multiple CBD stones were seen in the lumen. CBD stones were cleared and CBD closed over T-tube. Abdominal drain was put and abdomen was closed.

Post operatively the patient recovered well. Abdominal drain was removed after 48 hours. T-tube cholangiogram was done on 10th postoperative day which showed free flow of dye and no residual stone. T-tube was removed and patient was kept in observation for 1 more day. Patient was discharged in 12th post-op day.



Figures showing Intraoperative findings



Figure showing gall bladder filled with stones



Figure showing free flow of dye in T-tube cholangiogram of the patient

3. Discussion

A spontaneous perforation of CBD is rare in adults [3] with perforation mostly found at the confluence of the cystic duct and common bile duct, which supports the suggestion of an area of developmental weakness [4]. Proposed theories for spontaneous CBD perforation include congenital weakness of the CBD, distal obstruction and pancreatic reflux [1]. Most of the cases are associated with choledocholithiasis [5], other causes of spontaneous CBD perforation are choledochal cyst, site of previous CBD exploration, choledochenterostomies, pregnancy, and acalculous cholecystitis [5]. Perforation of extra hepatic biliary tract is more common than intrahepatic biliary tract [1]. The presentation of CBD perforation may be acute or insidious, with insidious form being more common than acute form. Rarely, spontaneous CBD perforation may mimic gastric

outlet obstruction. Duodenal perforation or gallbladder perforation.

The management depends on the type of presentation. In patients with insidious onset a staged management helps in converting emergency into an elective situation. In these patients percutaneous drainage of biliary collection or biliary decompression can be done initially for the biliary leak or collection followed by a definitive surgical repair. For patients with acute presentation the recommended treatment for common bile duct perforations is biliary decompression with T tube drainage of the common bile duct. In cases with distal obstruction of the CBD, a biliary enteric bypass can be done [1]. Primary suture repair of the common bile duct is considered unnecessary and even hazardous due to local inflammation and leak.

4. Conclusion

Spontaneous CBD perforation is rare. The diagnosis of CBD perforation in acute setting is challenging and it is important to have a high degree of suspicion especially in patients with presence of bile in the peritoneal cavity with normal stomach, duodenum and pancreas. Repair of perforation with T-tube insertion is safe and effective treatment in such cases.

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