

Plant Regeneration from the Leaf Explants of *Enicostemma littorale* Blume through Direct Organogenesis

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Abstract: A rapid and reproducible protocol has been developed for *in vitro* regeneration of plantlets from leaf explants of *Enicostemma littorale* Blume (Gentianeaceae). Leaf segments isolated from young healthy plants were cultured on MS medium fortified with different concentrations of cytokinins (BAP, KIN) ranging from 5 - 25 μ M or in combination with IAA (2 μ M). Inclusion of IAA into BAP+KIN supplemented medium triggered a high frequency of regeneration response from leaf explants. Maximum number of shoots (16.3) with highest shoot length (8.46 cm) were observed on MS medium supplemented with 15 μ M BAP plus 5 μ M KIN and 2 μ M IAA. The isolated shoots were cultured on half strength MS medium containing different concentration of auxins (IAA, IBA and NAA). The best rooting was observed on half strength MS medium augmented with 2 μ M NAA. The regenerated plantlets were successfully hardened on foam cups containing soil, farm yard manure and sand (2:1:1) with 75-80% survival rate.

Keywords: *Enicostemma littorale*, Leaf, Direct organogenesis, Cytokinins, *in vitro* rooting

Abbreviations: ANOVA: Analysis of Variance; BAP: Benzylaminopurine; DMRT: Duncan Multiple Range Test; IAA: Indole Acetic Acid; IBA: Indole Butyric Acid; KIN: Kinetin (6-Furfuralaminopurine); NAA: Naphthalene Acetic Acid; TDZ: Thidiazuron.

1. Introduction

Enicostemma littorale Blume [Syn. *Enicostemma axillare* (Lam.) A. Raynal], a member of Gentianeaceae, is one of the important medicinal plants widely distributed in India. It is an erect or procumbent perennial herb of 5-30 cm tall, simple or branched at the base. This plant is characterized by the presence of many flowered axillary clusters around the stem.

This plant is known to possess antimicrobial [1]-[4], anti-inflammatory [5]-[6], anti-ulcer [7], anthelmintic [8], anti-nociceptive [9], anti-pyretic and anti-malarial [10], anti-oxidant [11]-[12], anti-diabetic [13]-[14] and anti-cancer [15] activities.

Plant cell and tissue culture has become a major tool in the study of an increasing number of fundamental and applied programs of plant science. It is a promising area of biotechnology that enables the production of large number of plants with high qualitative and quantitative characters, thus opening new vistas for genetic variability and selection of desired characters [16]. The techniques are being used globally for the *ex situ* conservation of plants. The endeavour is to adopt the method to multiply the medicinal herbs and monitor their secondary metabolites.

In recent years, there has been an increased interest in *in vitro* techniques which offer a viable tool for mass multiplication and germplasm conservation of rare endangered aromatic and medicinal plants [17]. The significance of tissue culture technique in rapid and clonal propagation of plants was soon realized and several studies in different plant species were carried out by different workers in the world.

Direct regeneration (absence of an intermediate callus phase) is one of the useful alternative techniques over the conventional methods of vegetative propagation. In direct organogenesis, generally, the plants are directly regenerated from existing meristem or non-meristematic regions like internode, leaf, root, etc.

Direct organogenesis has been reported in various plant species [18]-[20]. Only a few micropropagation studies have been conducted in *Enicostemma littorale* [21],[22] including the development of epiphyllous buds from the leaves of *E. hyssopifolium* [23].

In the present investigation, a protocol for shoot induction from the leaf explants of *E. littorale* and further shoot multiplication has been developed. More over, it is also aimed to determine the most appropriate growth regulator and its concentration and combination for the direct shoot organogenesis and rapid multiplication. To achieve the goal, different concentrations and combinations of cytokinins, especially, BAP and KIN were used for shoot regeneration directly from leaves.

2. Materials and Methods

2.1. Source of explants

The plant material, *Enicostemma littorale* Blume, was collected from the agricultural field at Sukkaliyur in Karur District of Tamil Nadu, India. The leaf segments were selected for the source of explants in the present study.

2.2. Preparation of Explants

The leaf explants were excised and washed with running tap water for 30 minutes. Then they were washed in an agitated

solution of liquid detergent (Teepol) for 5 minutes and washed with distilled water for 2-3 times. After thorough washing, the materials were taken in to the Laminar Air Flow Chamber where they were disinfected with 70% alcohol for 30-60 sec followed by 0.1% mercuric chloride for 3-5 min. Finally, the materials were thoroughly rinsed with sterile distilled water for 4-5 times to remove the traces of mercuric chloride.

2.3. Preparation of Culture Media

The basal medium consisted of the mineral salts and organic nutrients of Murashige and Skoog (MS) salts [24], B₅ vitamins [25] with 3% sucrose and 0.8% agar. After adding the supplements (various concentrations of different hormones) to the basal media, the pH of the media was adjusted to 5.8. The molten media were dispensed in culture tubes or conical flasks and were capped with cotton plugs. The culture media were sterilized by autoclaving at 1.06 kg cm⁻² and 121°C for 15 min.

2.4. PGR supplements

For direct regeneration from the leaf, BAP or KIN alone was tested with different concentrations ranging from 5 µM to 25 µM. After fixing the optimum concentration, low concentrations of auxin (2 µM IAA) were supplemented to enhance the multiplication rate. For rooting, three auxins, viz., IAA, IBA and NAA ranging from 2 µM to 10 µM were used on half strength MS basal medium.

2.5. Inoculation

The surface sterilized explants were aseptically transferred to the culture tubes containing the medium different concentrations of plant growth regulators in the Laminar Air Flow Chamber.

2.6. Culture Conditions

The cultures were maintained in a culture room at 25±2°C under 16 hr photoperiod with a light intensity of 30-40 µM mm⁻² s⁻¹ supplied by cool white fluorescent tubes. The relative humidity (RH) within culture room was maintained at 55±5%. The media was refreshed at 4wk intervals.

2.7. Hardening and Acclimatization

Four to six week old plantlets with well established roots were removed from the culture tubes and washed the roots to remove the adherent medium. The plantlets were transferred to foam cups (8 cm diameter) containing a mixture of red soil, sand and farm yard manure (2:1:1) and maintained inside the culture room at 25±2°C under 16 hr photoperiod and 75-80% relative humidity. The potted plants were periodically irrigated with water for a period of two weeks and then they were transferred to the field for acclimatization.

2.8. Experimental design, data collection and statistical analysis

All the experiments were performed using a randomized complete block design and each experiment consisted of ten tubes with one explant in each and five replicates. The parameters recorded were number of shoots per explant, shoot length, number of roots per shoot, root length and survival rate. The analysis of variance (ANOVA) appropriate for the design was carried out to detect the significance of differences among the treatment means were compared using Duncan's Multiple Range Test (DMRT) at a 5% level of significance [26].

3. Results and Discussion

3.1 Regeneration of shoots from leaves

The shoots were also regenerated directly from the leaves which were cultured on MS medium with different concentrations of cytokinins (BAP or KIN) ranging from 5-25 µM. The shoot buds were developed from either cytokinins more or less similarly (Figure - 1; Table-1). However, BAP was found to induce more number of shoots when compared to KIN. At 15 µM BAP, mean number of 13.1 shoots per leaf was produced with 98% shoot induction frequency with 6.14 cm shoot length. But, average of 11.9 shoots per leaf was induced on medium supplemented with 20 µM KIN with 92% shoot induction frequency with 4.62 cm shoot length. The experiment was further carried out to increase the number of shoots with the combination of these two cytokinins along with low concentration of auxin, i.e., IAA. Different concentrations of KIN were supplemented with a fixed concentration of 15 µM BAP along with 2 µM IAA. The leaf explants growing on 15 µM BAP plus 5 µM KIN and 2 µM IAA produced the maximum number 16.3 shoots per leaf with 100 per cent shoot induction frequency. Shoot length was also increased at this combination to 8.46 cm.

Shoot tip and axillary bud cultures are the most efficient techniques for direct regeneration or micropropagation of plantlets through tissue culture technique because of the presence of pre-existing meristem in these regions. However, the shoots were directly regenerated from the non-meristematic regions like hypocotyl, internode, cotyledon and leaf [18], [27]-[28].

In recent years, direct regeneration of shoots was achieved by several workers by administering various combinations and concentrations of cytokinins and auxins. The medium containing BAP or KIN alone was enough to induce shoots from leaves of some plants [29]. Whereas, BAP or KIN or TDZ in combination with auxins induced shoots in some plants [19]-[20], [30].

Aravind *et al.* [23] observed the *in vitro* epiphyllous buds on tender leaves of *Enicostemma hyssopifolium* on MS medium supplemented with cytokinins (BAP and KIN). They suggested that this phenomenon might be due to cytokinins and occurred only when abaxial surface was in contact with

the media. However, in the present study, shoots were directly regenerated from either side of the leaves irrespective of the contact surface on MS medium fortified with different concentrations of BAP and KIN alone or in combination with IAA.

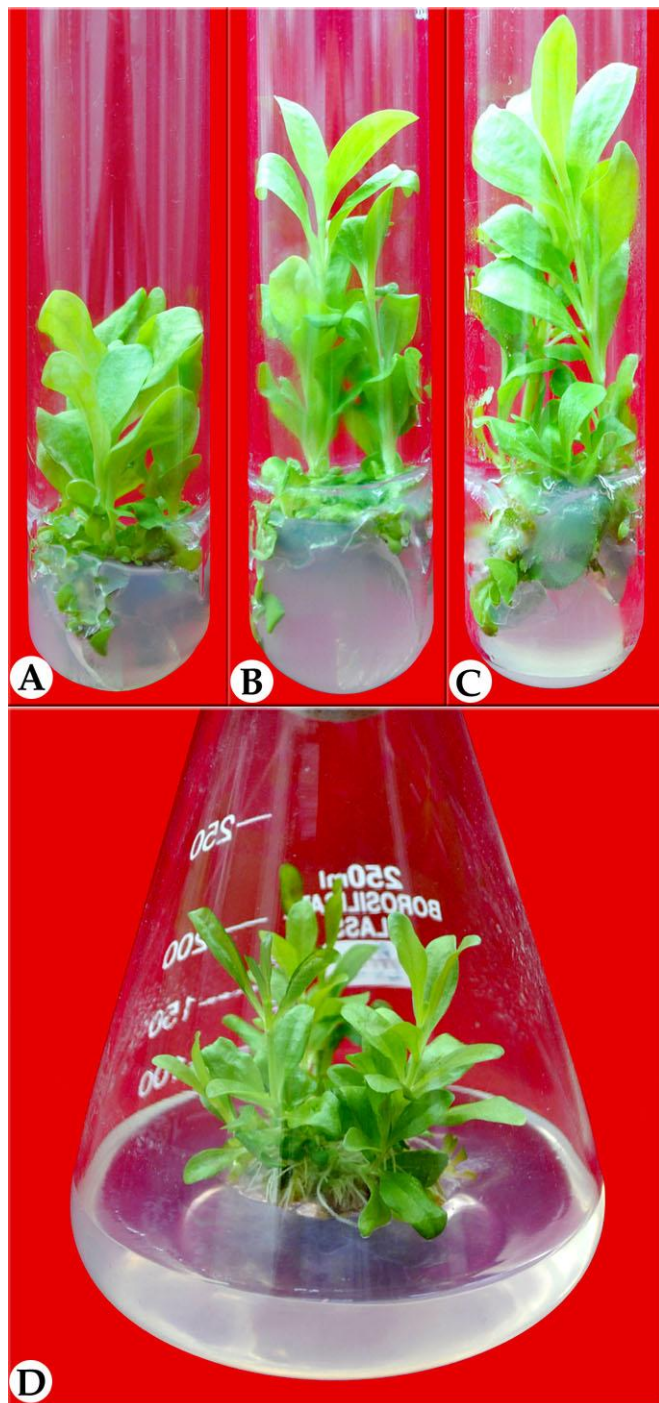


Figure 1: Shoot regeneration from the leaf explants of *Enicostemma littorale* Blume. A-C. shoot initiation and shoot elongation directly from the leaf; D. Further shoot multiplication.

Table 1: Effect of different concentrations of plant growth regulators on shoot induction and multiplication from the leaf explants of *Enicostemma littorale* Blume

Concentrations of Plant growth regulators (μM)			Shoot induction frequency (%)	No. of Shoots	Shoot length (cm)
BAP	KIN	IAA			
5	---	---	74	9.9 ± 0.95 ^{ef}	4.62 ± 1.01 ^{hi}
10	---	---	86	10.7 ± 1.12 ^e	5.50 ± 1.02 ^{fg}
15	---	---	98	13.1 ± 1.11 ^b	6.14 ± 1.07 ^e
20	---	---	70	8.9 ± 1.08 ^g	4.65 ± 1.01 ^h
25	---	---	64	6.9 ± 1.18 ^{jk}	3.49 ± 1.06 ^{lm}
---	5	---	70	4.7 ± 1.00 ^m	3.77 ± 1.03 ^k
---	10	---	76	5.9 ± 1.27 ^l	3.74 ± 1.00 ^{kl}
---	15	---	80	9.9 ± 1.29 ^{ef}	4.29 ± 1.01 ^{ij}
---	20	---	92	11.9 ± 1.70 ^d	4.62 ± 1.16 ^{hi}
---	25	---	62	7.2 ± 1.25 ^{ij}	3.36 ± 1.01 ^{mn}
15	5	2	100	16.3 ± 1.57 ^a	8.46 ± 1.29 ^a
15	10	2	90	13.4 ± 1.57 ^{bc}	8.27 ± 1.10 ^{ab}
15	15	2	88	11.9 ± 1.08 ^d	7.72 ± 1.20 ^c
15	20	2	76	8.6 ± 1.04 ^{gh}	5.83 ± 1.18 ^{ef}
15	25	2	70	7.4 ± 1.14 ⁱ	6.57 ± 1.13 ^d

Values are Mean of 5 replicates recorded after 30 days of culture. Values in the last two columns are Mean ± SE of Mean followed by the letters within the column indicating the level of significance at P<0.05 by Duncan's Multiple Range Test (same letter within the column of the respective growth regulator indicates the absence of difference; different letters indicate the significant difference; and combination of letters indicate no significant difference)

3.2. Rooting of regenerated shoots

The isolated microshoots of 3-5 cm length were transferred to rooting medium containing half strength MS salts with different concentrations of three auxins, namely, IAA, IBA and NAA. Rooting was induced in all the three auxins at low concentrations ranging from 2-10 μM. Rooting was initiated within a week in all the three auxins and well established in 30 days. However, NAA was found to be better in root induction when compared to IBA and IAA (Figure - 2; Table - 2).

Maximum root induction was observed on medium fortified with 2 μM of NAA and IBA with 100% root induction frequency with mean number of 15.2 and 13.3 roots per shoot respectively. However, more number of roots were initiated when the shoots were grown on NAA compared to that of IBA. Maximum number of 9.5 roots per shoots were initiated from the shoots growing on medium having 6 μM IAA with 94% root induction frequency. From these results, it was observed that NAA favoured root induction from the microshoots of *E. littorale*, followed by IBA and IAA.

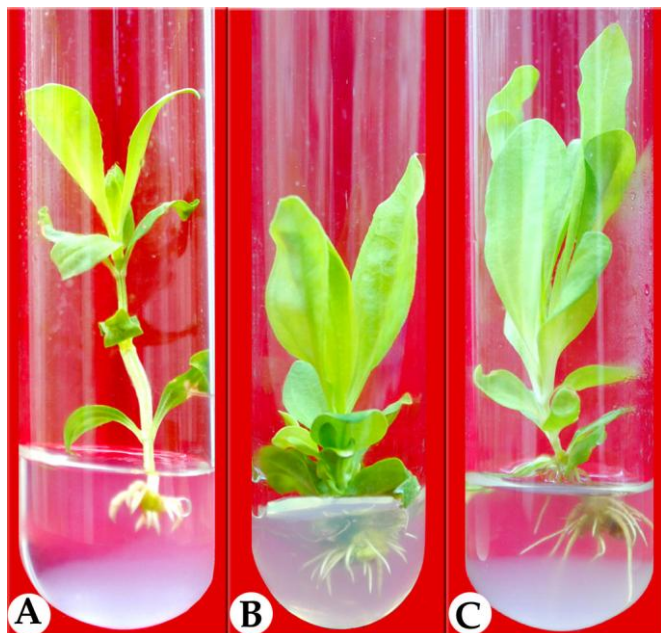


Figure 2: Rooting of isolated shoots of *Enicostemma littorale* Blume. A. initiation of roots; B. elongation of roots; C. elongation of roots and shoot.

Table 2: Effect of different concentrations of plant growth regulators on rooting of isolated shoots of *Enicostemma littorale* Blume

Concentrations of Plant growth regulators (μM)			Root induction frequency (%)	No. of roots	Root length (cm)
IAA	IBA	NAA			
2	---	---	82	6.2 ± 0.73 ^{lm}	3.85 ± 0.59 ^l
4	---	---	86	8.7 ± 1.34 ^h	4.50 ± 0.81 ^h
6	---	---	94	9.5 ± 1.80 ^{fg}	5.60 ± 0.64 ^c
8	---	---	82	6.4 ± 0.78 ^l	3.53 ± 0.62 ^{mm}
10	---	---	66	5.6 ± 0.89 ^{mm}	3.13 ± 0.73 ^o
---	2	---	100	13.3 ± 1.36 ^{cd}	5.71 ± 1.24 ^b
---	4	---	94	12.3 ± 1.42 ^e	5.08 ± 1.03 ^{de}
---	6	---	86	8.6 ± 1.48 ^{hi}	4.87 ± 0.81 ^{fg}
---	8	---	78	7.2 ± 0.78 ^{jk}	4.27 ± 0.73 ^{ij}
---	10	---	74	6.2 ± 1.11 ^{lm}	3.54 ± 0.85 ^m
---	---	2	100	15.2 ± 1.12 ^a	6.16 ± 0.89 ^a
---	---	4	96	14.2 ± 0.60 ^b	5.22 ± 1.02 ^d
---	---	6	94	13.8 ± 0.82 ^{bc}	4.89 ± 1.11 ^{ef}
---	---	8	86	9.8 ± 1.13 ^f	4.47 ± 0.68 ^{hi}
---	---	10	76	7.5 ± 0.53 ^j	3.91 ± 0.94 ^k

Values are Mean of 5 replicates recorded after 30 days of culture.

Values in the last two columns are Mean \pm SE of Mean followed by the letters within the column indicating the level of significance at $P < 0.05$ by Duncan's Multiple Range Test (same letter within the column of the respective growth regulator indicates the absence of difference; different letters indicate the significant difference; and combination of letters indicate no significant difference)

In the present study, of the three auxins tested, NAA was found to induce more number of roots in this plant. Similar results were also observed in *Cichorium intybus* [18],

Solanum nigrum [31], *Hybanthus enneaspermus* [32] and *Enicostemma littorale* [33].

3.3 Hardening and acclimatization

The rooted plantlets were initially transferred to the paper cups containing red soil, farm yard manures and sand in the ratio of 2:1:1 (Figure - 3). The survival rate of these plants was 75-80%. Finally they were transferred to the field where they were established well [32]-[34].



Figure 3: Hardening the rooted plant of *Enicostemma littorale* Blume.

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