

5. Conclusion

Comfort is important aspect of nursing care .Assessment of correct level of comfort will help in delivering effective nursing care to children. Instead of using long questionnaires it will be better to use observation check list and comfort daises for assessment of level of comfort in children. Asking long questions creates discomfort in children.

References

- [1] Froehlich, M. A comparison of the effect of music therapy and medical play therapy on the verbalization behavior of pediatric patients. *Journal of Music Therapy*1984, 21 (1), 2-15.
- [2] Ellerton, M.L., & Merriam, C. Preparing children and families psychologically for day surgery: an evaluation. *Journal of Advanced Nursing*1994, 19, 1057-1062.
- [3] Schmidt, L.R. Hospitalization in children. *Cambridge Handbook of Psychology, Health and Medicine*. Edited by Andrew Baum, Stanton Newman, John Weinman, Robert West, Chris McManus. Cambridge University Press. 1997
- [4] Kain Zn, Mayes lc, O'connor tz, Cicchetti Dv: Preoperative anxiety in children. Predictors and outcomes. *Arch Pediatr Adolesc Med*; 1996, 150:1238-45.
- [5] Kolcaba, K. An introduction to comfort theory. 2010. In *The comfort line*. (Retrieved January 02, 2014) from <http://www.thecomfortline.com/home/intro.html>