

# Freshwater Fungal Richness, Their Assessment and Impact on Human Welfare: A Review

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**Abstract:** *Fungi are eukaryotic, heterotrophic organism, including both single-celled yeasts and multi-cellular filamentous fungi which can survive in oligotrophic environments, also called recyclers of organic material. The diversity spectrum and identification method of fungi are reviewed in such order that is adapted to aquatic ecosystem as well as their contribution to the environment and significant to human welfare.*

**Keywords:** Aquatic Fungi, Isolation Method, Hazards

## 1. Introduction

The variety and galaxy of fungi and their natural beauty occupy prime place in the biological world and India has been the cradle for such fungi. There are approximately 1.5 million fungal species on earth that estimated by [1]. Of these, only around 3000 species are known to be associated with aquatic habitats and only 465 species occur in marine waters [2]. About 10,000 fungal genera are reported around the world out of which one fifth of the world's mycodiversity i.e., more than 2,000 genera and 14,000 species which is largest biotic community after insect known from India at the globe level and [3] recorded 185 more new genera of fungi and complied with the account of Indian Fungi. A broad definition of 'freshwater fungi' includes any species which, for the whole or part of their life cycle, rely on free freshwater. A large number of "extra aquatic" fungi had been reported on insect as well as materials like nails, hairs etc. Fungi are omnipresent and therefore associated with almost every organism, often as parasites, sometimes as symbionts and of course as decomposers. Some predaceous and coprophilous had also been reported by [4].

## 2. Diversity Stretch

Water associated fungi have been known historically as "Phycomycetes", a functionally defined group consisting of "true fungi" colloquially known as "water moulds", which comprise of approximately 200 species inhabiting freshwater, mud and soil, many of which are parasitic [5-6].

The fungal groups that occur most commonly on submerged natural substrates are chytridiomycetes, meiosporic and mitosporic ascomycetes and basidiomycetes, and the non-fungal saprolegniales of the oomycetes [7].

Father of aquatic hyphomycetes is known to be C.T. Ingold who named them as 'Aquatic Hyphomycetes' [8]. Later it described them as "Freshwater Hyphomycetes" [9-10] which are mostly found in the temperate region. Ascomycete's fungi are found in freshwater habitats and complete a part or the whole of their life cycle within freshwater habitats [11]. Taxonomically, most aero-aquatic fungi are classified as

Ascomycota, although four aero-aquatic species have been classified as Basidiomycota, and one as Oomycete [2].

The number of species in various taxonomic groups commonly found in aquatic habitats according to [12]:

Fungi From Aquatic Habitats	
Taxonomic group	Number of species
Chytridiomycota	576
Freshwater meiosporic ascomycetes	450
Mangrove meiosporic ascomycetes	612
Marine meiosporic and mitosporic ascomycetes	465
Ingoldian mitosporic fungi	290
Aeroaquatic mitosporic fungi	90
Miscellaneous mitosporic fungi	405
Saprolegniales	138
Basidiomycetes from freshwater habitats	11
Basidiomycetes from brackish and marine habitats	10
Total number of taxa	3047

## 3. Fungi Analysis Methods

A number of different methods should be used to analyse water moulds suggest as in [13] including culture, measurement of ergosterol, quantitative PCR, gene markers and probes, protein probes, direct observation and mass spectrometry. There is currently no international standard specifically for the measurement of fungi in drinking water, and there is no widespread adoption of other relevant standards. Furthermore, the most commonly used unit of quantification is numbers of Colony Forming Units (CFUs). However, this measure does not necessarily give an accurate representation of the number of fungi present in a sample, as not all species can be detected using culturing methods. It is also likely that one colony is formed of many different fungal structures, such as hyphae, conidia, conidiophores, from different "individuals" clumped together into one CFU. Many of the fungi that have been found in treated drinking water are known to be pathogenic, particularly *Aspergillus* and *Candida* [13]. [14-15] suggested some classical method for investigating fungal diversity such as sample collection, incubation in moist chamber, examination of fungal fruiting bodies and the employment of various ecological statistics that often used to document fungi in a specific region or on a

specific host together with correlations between fungal communities and environmental parameters [16]. This methodology however, largely relies on the discovery of fungal fruiting bodies that was dependent on the degree of fungal sporulation. The structures of fungi communities had been affected by the substrate incubation that was revealed by [17]. By using traditional methodology, it is difficult to recognise and record those fungi which cannot produce reproductive structures but exist in their hyphal states. In addition, traditional methods are often time consuming and usually acquire high taxonomic expertise, which is often not available.

As these DNA-based methods have been successful in identifying vegetative structures, they make it possible for mycologists and ecologists to obtain an understanding of fungal communities which have previously been undetected [18-19].

Now a day's, techniques such as DGGE, RFLP, T-RFLP have been developed. A DGGE profile was first reported by [20], in which DGGE was employed to detect the organisms in bacterial mats and bio films which based on the fact that PCR products can be separated electrophoretically to obtain whole-community genetic profiles and putative lineage assignments. DGGE has since been used to survey fungal pathogens in plant roots [21] and fungi previously undetected by traditional surveys were recovered. There are some other techniques such as competitive PCR and quantitative PCR, in which PCR is used to quantify the concentration of DNA to estimate the biomass of a target lineage [22].

#### 4. Significance of Aquatic Fungi

The aquatic fungi play a key role in the decomposition of leaf litter in aquatic environments [23-24]. Generally, low to moderate nutrient concentrations stimulate fungal activity [25]. Aquatic fungi, being heterotrophs, are reliant upon photo synthetically produced organic matter. In order of decreasing biodegradability, the fungal community consumes microscopic algae, macroscopic aquatic macrophytes and terrestrial plant litter (including wood). In aquatic environment the planktonic taxa is an integral part of food chain which plays a significant role in freshwater food webs as organic matter decomposers and contributors to nutrient cycling, as symbionts with plants. Aquatic fungi are important for industrial and pharmaceutical use.

Some fungi, including *Penicillium* spp., *Aspergillus* spp., *Fusarium* spp. and *Claviceps* spp. are known to produce mycotoxins such as patulin, aflatoxins and zearalenone. It is thought that concentrations of mycotoxins in drinking water are low due to being diluted but it may cause serious disorders or infection to the an organism who used to port it. Fungi also produce secondary metabolites, some of which are toxins. Some of the fungal species and their produced metabolites are known to be human pathogens or allergens. Aquatic fungi are heterotrophs, i.e. they sense strictor depend on external organic matter, which may be dead or alive. Aquatic systems harbour a wealth of organisms that can serve as suitable hosts: algae from different phyla, cyanobacteria, Protistas, zooplankton, fish, birds, mussels,

nematodes, crayfish, mites, insects, amphibians, mammals, plants and other fungi [26].

#### 5. Some aquatic fungi that found in surface water are mentioned below

Taste of water after fungal infection and reported some species of *Acremonium*, *Alternaria*, *Aspergillus*, *Cladosporium*, *Geotrichum*, *Paecilomyces*, *Penicillium*, *Phoma* and *Trichoderma*, all these produces compounds that causes off tastes of water [27]. Some species of *Aspergillus* were reported allergens [28] while some mycotoxin [29]. Many species of *Acremonium* proved as opportunistic pathogens [30]. *Alternaria* species can cause upper respiratory tract infections and asthma [31] and some species were unusual pathogens [32]. *Beauveria* proved pathogenic by [33] and some *Candida* species described pathogenic by [34]. *Byssochalmys* species were called to be non-pathogenic for human welfare either it can produce myotoxin named patulin [35].

*Betina*, [36] revealed that some of *Ascochyta*, *Fusarium*, *Monascus* and also *Anthrinium* species [37], can produce myotoxin such as *Fusarium* produces fumonisins and trichothecenes. *Lorone*, [38] studied on pathogenic effect of aquatic fungi and resulted that *Scopulariopsis* and *Exophilia* (yeast like) are pathogenic whereas *Scopulariopsis* causes nail infections and occasionally subcutaneous and invasive infection, some *Epicoccum* species are non-pathogenic while some *Aspergillus* species causes invasive aspergillosis and some *Fusarium* species were reported opportunistic pathogen that can also causes eye infections and disseminated systemic infections. *Phoma* have some species that were proved to cause opportunistic phaeo-hyphthomycosis, allergies and respiratory infections. Some *Penicillium* species also implicated in a range of diseases causing germ but its significant causes were unknown. *Stachybotrys chartarum* also produces mycotoxins, and they were proved potentially pathogenic to human welfare.

*Lecytophora* species were reported are pathogen [39] and *Geotrichum* species revealed pathogenic [40,27]. Some species of *Paecilomyces* were also well known pathogen [41]. In case of *Cladosporium* that were reported as one of known causative of skin, toenail, sinusitis and pulmonary infections [42]. Species of *Verticillium* were also reported as a possible cause of keratitis [43].

#### 6. Conclusion

Fungi are not only beautiful but play a significant role in the daily life of human beings besides their utilization in industry, agriculture, medicine, food industry, textiles, bioremediation, natural cycling, as bio fertilizers and many other ways. The review reveals on diversity for which population approaches and molecular data are needed to resolve phylogenetic relationships and cryptic species to fully assess aquatic fungal diversity. There is clear evidence that fungi trigger a range of allergic responses, and signifies some fungi can pathogenic to human welfare. In other hand fungal biotechnology has become an integral part of the human welfare which is now an emerging branch of

bioscience to study further on research to find new species of aquatic fungi and their monitoring for the scientist and scholars.

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