Validation of Criteria for Smear Review Following Automated Blood Cell Analysis in Ain Shams University Laboratory

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Abstract: The rules suggested by the International Consensus Group for Hematology Reviews have been considered the international standard to indicate situations requiring a blood smear review; however no guidelines can be used universally without considering the actual demands and capabilities of each laboratory. This study aimed to validate and compare the performance of the criteria for smear review suggested by the Consensus Group with our laboratory criteria. 800 blood samples were selected randomly from the daily workload. Automated complete blood counts (CBC) and white blood cell (WBCs) differential counts were performed using Beckman Coulter LH750. Blood films were done for all samples and reviewed for positive smear findings as identified by the International Consensus. The 2 sets of criteria (the Consensus Group and our laboratory criteria) were applied on the samples. Compared with our laboratory criteria, the false negative rate of Consensus Group criteria was higher (9.25% versus 1.62%, p <0.05), the review rate was lower (54.25% versus 71%, p <0.05), the sensitivity was lower (82.13% versus 97.09%, p >0.05), the specificity was higher (78.32% versus 62.04%, p >0.05). In conclusion we found that peripheral smear review rate was significantly reduced by applying the consensus group criteria.

Keywords: Beckman Coulter LH750, CBC, criteria, Smear review.

1. Introduction

Modern automated blood cell counters are the cornerstone of the hematology laboratory, providing quick, cost-effective, and accurate analysis of the blood cells. Peripheral blood smear review still play an important role to identify some morphologic abnormalities and to complete the definitive interpretation in some cases, however it is time consuming, laborious, and demanding the skill of experienced morphologist [1].

The number of samples requiring manual slide review greatly influences the laboratory costs, productivity and turnaround time (TAT) [2]. Therefore the laboratories have been left in a position of challenge to provide accurate test results as soon as possible without compromising the quality and affecting the patient care by reporting false results, leading to suboptimal diagnosis and treatment [3]. As a result each laboratory should have a set of criteria of action after automated analysis of blood cells [4]. In 2005, the International Society for Laboratory Hematology published a set of 41 rules applicable as review criteria for automated complete blood counts (CBC) and suggested that any laboratory adopting the criteria for action, following automated blood cell analysis, validate their operation before implementing them for use on patient samples [5].

The aim of the present work is to validate and compare the performance of the criteria for smear review suggested by the International Consensus Group for Hematology Review in 2005 (Consensus Group criteria) with the currently used criteria for smear review in the main laboratory of Ain shams University hospital (our laboratory criteria).

2. Materials and Methods

The study was performed in the main laboratory of the Clinical Pathology Department, Ain Shams University, a tertiary care university hospital serving a large inpatient and outpatient population. The study samples were routine inpatient samples from all departments of Internal Medicine Hospital except for Hematology Oncology Department which has a dedicated laboratory.

Eight hundreds blood samples were selected over a 3 month period. 20 samples were selected at random from daily workload. As per the laboratory policy, 2mL venous blood samples were drawn using K3 EDTA (tripotassium ethylene diamine tetraacetate) vacutainers under complete aseptic conditions. Samples were analyzed within 3 hours of collection.

2.1 Automated CBC and white blood cell differential counts

Automated CBC and WBC differential counts were performed using Beckman Coulter LH750 (Beckman Coulter, Miami, Florida) that uses electric impedance technology to enumerate WBC, red blood cells (RBC), and platelet (PLT) counts, and to determine RBC and PLT volume. Hemoglobin (Hb) is determined by cyanmethemoglobin colorimetry.

Procedures for quality assurance and quality control were followed to ensure good performance using CBC-5D Hematology Controls. The hematology analyzer was regularly calibrated by standardized calibrators.
Blood films were smeared manually from all samples, and stained with Leishman stain, regardless of whether these blood smears would have been required or not according to our standard operating procedures. A 200 cell manual differential with a blood smear review was performed on all films in the study blindly (without knowing the results generated by the analyzer). The microscopic smear review focused on the morphology of blood cells. The positive smear results were reviewed by senior staff. If the film contained a positive finding, the sample was labeled positive. The criteria for a positive smear were applied as recommended by the International Consensus Group, which included abnormality of RBC morphology abnormality at ≥2% or greater, malaria, giant Platelets at moderate or greater, Platelets clumps at greater than rare/occasional, Döhle bodies/toxic granulation/vacuoles at moderate or greater, blasts at 1 or greater, metamyelocytes at greater than 2%, myelocytes/promyelocytes at 1 or greater, atypical lymphocytes at greater than 5%, normoblast at 1 or greater, or plasma cell at 1 or greater [5].

2.3 Validation of Consensus Group rules and our laboratory criteria

The results of all 800 samples tested were reviewed according to the consensus rules as shown in Table 1. The main adaptation was exclusion of neonates, children and delta check rules. Actually, our laboratory does not receive samples from children or neonates for CBC and it was not possible to implement delta check rules because of limitations of the electronic hospital records.

The instrument results for the same 800 samples were also reviewed according to the criteria for smear review already in place in our laboratory, which are mainly based on the expert opinion of department senior professors (Table 1). According to each set of criteria (Consensus Group and our laboratory criteria) we decided on whether one or more rules were triggered and thus necessitate a blood smear review. A rule in the criteria would be triggered when the result was beyond the specified range and/or a specified flag appeared.

**Sample classification**

After defining which samples would have required smear review according to the criteria; the results were compared to the actual findings of the peripheral blood smear to classify samples into true positives, false positives, true negatives and false negatives. If a rule was triggered and the smear result was positive, the sample was graded as a "true positive". If a rule was triggered and the smear did not have any positive findings, the sample was graded as a "false negative". If the rule was not triggered and the smear result was negative, the sample was graded as a "true negative". If a rule was not triggered but the smear contained a positive finding, the sample was graded as a "false negative". This was done for both sets of criteria.

### Additional positive smear cases

An additional 51 inpatient samples with positive smear findings were selected to enrich the tested samples and include findings that were not represented in the 800 samples. Both sets of criteria were applied to the samples.

### 2.4 Statistical Analysis

Statistical analysis was performed with Excel software (Microsoft, Remond, Washington). False positive, false negative, true positive and true negative rates were calculated for both Consensus Group criteria and our laboratory criteria. Efficiency, sensitivity, specificity, moreover positive predictive value (PPV) of flags, negative predictive value (NPV) of flags and the review rate for both Consensus Group and our laboratory criteria for smear review were calculated Chi-square tests with Yat's correction were used to compare the different performance specifications between both sets of criteria. A p value of <0.05 was considered statistically significant.

<table>
<thead>
<tr>
<th>Table 1: Criteria for blood smear review applied in the study</th>
<th>Consensus Group Criteria</th>
<th>Our Laboratory Criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Parameters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>CBC</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hb (g/dL)</td>
<td>&lt;7 or &gt;2 above upper reference range</td>
<td>M: &lt;10 or &gt;19 F: &lt; 9 or &gt; 18</td>
</tr>
<tr>
<td>MCV (fL)</td>
<td>&lt;75 or &gt;105</td>
<td>&lt;70 or &gt;100</td>
</tr>
<tr>
<td>RDW (%)</td>
<td>22</td>
<td>&gt;20</td>
</tr>
<tr>
<td>WBC (&gt;10^9/L)</td>
<td>&lt;4 or &gt;10</td>
<td>&lt;2.5 or &gt;20</td>
</tr>
<tr>
<td>PLT (&gt;10^9/L)</td>
<td>&lt;100 or &gt;1000</td>
<td>&lt;150, &gt;610</td>
</tr>
<tr>
<td><strong>Differential</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No. differential</td>
<td>No differential</td>
<td>No differential</td>
</tr>
<tr>
<td>No. of neutrophils (&gt;10^9/L)</td>
<td>&lt;1 or &gt;20</td>
<td>&lt;1.5 or &gt;15</td>
</tr>
<tr>
<td>No. of lymphocytes (&gt;10^9/L)</td>
<td>&gt;5</td>
<td>&gt;3.5</td>
</tr>
<tr>
<td>No. of monocytes (&gt;10^9/L)</td>
<td>&gt;1.5</td>
<td>&gt;1 with normal neutrophil count, &gt;1.5 with absolute neutrophilia</td>
</tr>
<tr>
<td>No. of eosinophils (&gt;10^9/L)</td>
<td>&gt;2</td>
<td>&gt;1</td>
</tr>
<tr>
<td>No. of basophils (&gt;10^9/L)</td>
<td>&gt;0.5</td>
<td>&gt;0.2</td>
</tr>
<tr>
<td><strong>Suspicious flags</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nucleated red blood cell</td>
<td>Flag</td>
<td>Flag</td>
</tr>
<tr>
<td>Blast</td>
<td>Flag</td>
<td>Flag</td>
</tr>
<tr>
<td>Atypical lymphocyte</td>
<td>Flag</td>
<td>Flag</td>
</tr>
<tr>
<td>Dimorphic RBC</td>
<td>Flag</td>
<td>Flag</td>
</tr>
<tr>
<td>Immature granulocyte</td>
<td>Flag</td>
<td>Flag</td>
</tr>
<tr>
<td>PLT clump</td>
<td>Flag</td>
<td>Flag</td>
</tr>
<tr>
<td>Platelet (except PLT clump)</td>
<td>Flag</td>
<td>Flag</td>
</tr>
<tr>
<td>Verify differential</td>
<td>-</td>
<td>Flag</td>
</tr>
<tr>
<td>Cellular interference</td>
<td>-</td>
<td>Flag</td>
</tr>
</tbody>
</table>

**3. Results**

### 3.1 Analysis of smear review findings

The 800 blood films examined were related to 416 (52%) females (F) and 384 (48%) males (M) with a M/F ratio of 0.9. Their age ranged from 18 to 90 years with a median of 54 years. Following the Consensus Group definition of positive smears, 434 samples (54.25%) had positive smear results. Among the positive samples, 370 (52.63%) had RBC abnormalities, 98 (13.94%) had WBC abnormalities, 154 (21.90%) had PLT abnormalities between 485 and 447. Additional positive smear cases included abnormality of RBC morphology abnormality at ≥2% or greater, malaria, giant Platelets at moderate or greater, Platelets clumps at greater than rare/occasional, Döhle bodies/toxic granulation/vacuoles at moderate or greater, blasts at 1 or greater, metamyelocytes at greater than 2%, myelocytes/promyelocytes at 1 or greater, atypical lymphocytes at greater than 5%, normoblast at 1 or greater, or plasma cell at 1 or greater [5].
abnormalities, 40 (5.68%) had both RBC and PLT abnormalities, 20 (2.84%) had both RBC and WBC abnormalities, 15 (2.13%) had both WBC and PLT abnormalities, and 6 (0.85%) had RBC, WBC, and PLT abnormalities.

3.2 Comparison of performance between the Consensus Group and our laboratory criteria for smear review

On applying the Consensus Group criteria for smear review and counting any sample requiring review as one sample regardless of the number of criteria triggered, 434 samples of the 800 samples required review with review rate of 54.25%. While on applying our laboratory criteria the corresponding figures were 568 samples and 71.0%. The samples that required review were further analyzed according to the criteria triggered, i.e. a sample triggering more than one criterion was counted with each criterion (Table 2).

Table 2: Number of cases requiring smear review by each of the triggering criteria of the Consensus Group and our laboratory criteria

<table>
<thead>
<tr>
<th>Rule triggered</th>
<th>Occurrence</th>
<th>Rule triggered</th>
<th>Occurrence</th>
</tr>
</thead>
<tbody>
<tr>
<td>WBC (&lt;5 x 10^9/L)</td>
<td>&lt;2.5</td>
<td>&lt;20</td>
<td>27</td>
</tr>
<tr>
<td>&gt;30</td>
<td>14</td>
<td>&gt;20</td>
<td>41</td>
</tr>
<tr>
<td>PLT (&lt;5 x 10^9/L)</td>
<td>&lt;150</td>
<td>&gt;610</td>
<td>12</td>
</tr>
<tr>
<td>&lt;100</td>
<td>169</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&gt;1000</td>
<td>0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hb (g/dL)</td>
<td>&lt;10 (M)&lt;9 (F)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;7</td>
<td>60</td>
<td>&gt;10</td>
<td>49</td>
</tr>
<tr>
<td>&gt;75</td>
<td>92</td>
<td>&lt;70</td>
<td>27</td>
</tr>
<tr>
<td>&gt;105</td>
<td>8</td>
<td>&gt;100</td>
<td>28</td>
</tr>
<tr>
<td>RBC (×10^9/L)</td>
<td>&lt;1.5</td>
<td>&gt;15</td>
<td>53</td>
</tr>
<tr>
<td>&gt;1</td>
<td>19</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lymphocytes (×10^9/L)</td>
<td>&gt;3.5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&gt;5</td>
<td>18</td>
<td>&lt;1.5</td>
<td>31</td>
</tr>
<tr>
<td>&gt;20</td>
<td>19</td>
<td>&gt;15</td>
<td>53</td>
</tr>
<tr>
<td>Monocytes (×10^9/L)</td>
<td>&gt;1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&gt;1.5</td>
<td>49</td>
<td>&gt;1</td>
<td>75</td>
</tr>
<tr>
<td>Eosinophils (×10^9/L)</td>
<td>&gt;1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&gt;2</td>
<td>2</td>
<td>&gt;1</td>
<td>6</td>
</tr>
<tr>
<td>Basophils (×10^9/L)</td>
<td>&gt;0.2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&gt;0.5</td>
<td>0</td>
<td>&gt;0.2</td>
<td>2</td>
</tr>
</tbody>
</table>

Suspect flags

<table>
<thead>
<tr>
<th>n</th>
<th>% of reviewed cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dimorphic picture</td>
<td>47</td>
</tr>
<tr>
<td>NRBC</td>
<td>61</td>
</tr>
<tr>
<td>PLT clumps</td>
<td>60</td>
</tr>
<tr>
<td>Giant PLT</td>
<td>76</td>
</tr>
<tr>
<td>Immature granulocytes</td>
<td>62</td>
</tr>
<tr>
<td>Variant lymphocytes</td>
<td>8</td>
</tr>
<tr>
<td>Blasts</td>
<td>15</td>
</tr>
<tr>
<td>No differential</td>
<td>30</td>
</tr>
<tr>
<td>Cellular interference</td>
<td>53</td>
</tr>
<tr>
<td>Verify differential</td>
<td>12</td>
</tr>
</tbody>
</table>

* WBC histogram pattern consistent with interference at the 35 fL region. When the separation between the WBC populations is poorly defined on the histogram, WBC correction will be performed.
* When an unexpected data pattern is encountered. The message also is generated when WBC >1.5 x 10^3 cells/µL and MO%>20.

As shown in Table 2, the three most common flags encountered were giant platelet flags (76 cases; 17.9 %), immature granulocyte flags (62 cases; 14.6%) and normoblast flags (61 cases; 14.4%). The performance of the Consensus Group criteria for smear review was compared with our laboratory criteria (Table 3), it is worth noting that the review rate with the consensus group criteria was significantly different from that with our laboratory criteria with a p value <0.001, the false negative rate was higher with the Consensus Group criteria than our laboratory criteria (p <0.001), however, the efficiency was not different between the 2 sets of criteria (p= 0.5).

Table 3: Comparison of performance between the Consensus Group and our laboratory criteria

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Consensus criteria</th>
<th>Our laboratory criteria</th>
<th>P Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>False negative, n(%)</td>
<td>77(9.25%)</td>
<td>131(16.2%)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>False positive, n(%)</td>
<td>80(10.2%)</td>
<td>134(16.75%)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>True negative, n(%)</td>
<td>230(36.12%)</td>
<td>219(27.37%)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>True positive, n(%)</td>
<td>354(44.25%)</td>
<td>434(54.25%)</td>
<td>0.00</td>
</tr>
<tr>
<td>Efficiency</td>
<td>80.37%</td>
<td>81.62%</td>
<td>0.566</td>
</tr>
<tr>
<td>Review rate</td>
<td>54.25%</td>
<td>71%</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Positive predictive value</td>
<td>81.56%</td>
<td>76.40%</td>
<td>0.526</td>
</tr>
<tr>
<td>Negative predictive value</td>
<td>78.96%</td>
<td>94.39%</td>
<td>0.163</td>
</tr>
<tr>
<td>Sensitivity</td>
<td>82.13%</td>
<td>97.09%</td>
<td>0.098</td>
</tr>
<tr>
<td>Specificity</td>
<td>78.32%</td>
<td>62.04%</td>
<td>0.051</td>
</tr>
</tbody>
</table>
3.3 Analysis of false negatives and false positives

We conducted analysis of false negatives encountered on applying either set of criteria and found that RBC morphology was the most frequent cause with both Consensus Group criteria and our laboratory criteria. Within the red cell morphology, microcytosis and hypochromia were the most commonly missed, being 29 cases by the consensus and 6 cases by our laboratory criteria (Table 5). With our laboratory criteria, the false negative results that had abnormal PLT morphology were just two cases of giant platelets, while application of Consensus Group criteria missed PLT clumps in 21 cases and giant platelets in 16 cases. Regarding abnormal WBC morphology 1 case of toxic granulation and 2 cases of immature granulocytes were missed by our laboratory criteria. On the other hand with Consensus Group criteria, fifteen cases were missed for immature granulocyte, 7 cases with toxic granulation and 5 cases were missed for atypical lymphocytes. No cases of blasts were missed by applying either set of criteria (Table 5).

Table 6 shows the top six causes of the false positive results with the application of each set of criteria. Platelet flags (32 cases) were the most common cause of false positive smear reviews with the consensus group criteria. On the other hand, with our laboratory criteria, platelet flags (32 cases) came third as a cause of false positive smear review after platelet count criteria and low Hb levels (46 and 35 cases, respectively).

3.4 Additional positive smear cases

Table 7 shows the positive findings seen in the additional 51 samples were analyzed. Regarding WBCs abnormalities, left shift (promyelocytes, myelocytes, metamyelocytes) occurred 11 times, blast cells 8 times and atypical lymphocytes 6 times.
times. The RBCs abnormalities included normoblasts (19 cases), schistocytes (4 cases), sickle cells (3 cases), ovalocytes (2 cases), target (2 cases), tear drops (2 cases) and malaria (1 case). As to PLT abnormalities, giant platelet occurred 10 times and platelet clumps 4 times.

Applying both sets of criteria, all 51 cases required smear review as they triggered one or more of the rules. For example the cases with immature granulocytes triggered the low platelet rule of the Consensus Group in 5 cases, generated immature granulocytes flag in 4 cases and triggered the RDW rule in 3 cases. On the other hand, the same positive finding (the presence of immature granulocytes) triggered the low PLT rule of our laboratory criteria in 6 cases, the RDW rule in 5 cases and low Hb rule in 5 cases.

Table 7: Description of positive findings in the additional 51 samples and the rules they most commonly triggered

<table>
<thead>
<tr>
<th>Findings</th>
<th>n</th>
<th>Consensus Group rules, n (%)</th>
<th>Our laboratory rules, n (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metamyelocytes, myelocytes, promyelocytes</td>
<td>11</td>
<td>Low PLT rule 5/11 (45%)</td>
<td>Low PLT rule 6/11 (54%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>IGs flag 4/11 (36%)</td>
<td>RDW rule 3/11 (27%)</td>
</tr>
<tr>
<td>Blast cells</td>
<td>8</td>
<td>Blast flag 6/8 (75%)</td>
<td>Blast flag 6/8 (75%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Low PLT rule 6/8 (75%)</td>
<td>Low PLT rule 6/8 (75%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Giant PLT flag 3/8 (37%)</td>
<td>Low Hb criteria 6/8 (75%)</td>
</tr>
<tr>
<td>Atypical lymphocytes</td>
<td>6</td>
<td>Variant lymph flag 3/6 (50%)</td>
<td>Variant lymph flag 3/6 (50%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>RDW rule 2/6 (33%)</td>
<td>RDW rule 3/6 (50%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Low PLT rule 1/6 (16%)</td>
<td>Low PLT and high TLC 1/6 (16%)</td>
</tr>
<tr>
<td>Normoblasts</td>
<td>19</td>
<td>Giant PLT flag 11/19 (57%)</td>
<td>Low Hb rule 14/19 (73%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>RDW rule 11/19 (57%)</td>
<td>PLT rule 15/19 (78%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Low PLT rule 9/19 (47%)</td>
<td>Giant PLT flag 11/19 (57%)</td>
</tr>
<tr>
<td>Schistocytes</td>
<td>4</td>
<td>Giant PLT flag 4/14 (28%)</td>
<td>RDW rule 7/14 (50%)</td>
</tr>
<tr>
<td>Sickle cells</td>
<td>3</td>
<td>RDW rule 3/14 (21%)</td>
<td>Low Hb rule 6/14 (42%)</td>
</tr>
<tr>
<td>Ovalocytes</td>
<td>2</td>
<td>Diphillogranulocyte flag 3/14 (21%)</td>
<td>Giant PLT flag 4/14 (28%)</td>
</tr>
<tr>
<td>Target cells</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tear drops</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Malaria</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Giant platelets</td>
<td>10</td>
<td>Giant PLT flag 5/10 (50%)</td>
<td>Low Hb rule 6/10 (60%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Low PLT rule 4/10 (40%)</td>
<td>Giant PLT flag 5/10 (50%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Low Hb rule 2/10 (20%)</td>
<td>Low PLT rule 5/10 (50%)</td>
</tr>
<tr>
<td>Platelet clumps</td>
<td>4</td>
<td>Giant PLT flag 4/4 (100%)</td>
<td>Giant PLT flag 4/4 (100%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Cellular interference 4/4 (100%)</td>
<td>Cellular interference 4/4 (100%)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Low PLT rule 3/4 (75%)</td>
<td>Low PLT rule 4/4 (100%)</td>
</tr>
</tbody>
</table>

3.5 Positive predictive value of suspect flags

We analyzed the suspect flags obtained for all 851 samples to evaluate the positive predictive value of each flag for its particular abnormality. For example, immature granulocytes flag appeared 67 times, it was associated with the presence of immature granulocytes in the smear in 33 of these 67 times. Then the abnormality-specific PPV of the IG flag was calculated (49.25%). The PPV for blast flag, atypical lymphocyte flag, NRBC flag, giant platelets and platelet clumps were 41.66%, 30.76%, 21.91%, 33.70% and 22.22%, respectively. Table 8 also shows the number of occurrences of these flags without the corresponding abnormality on smear review (false positive flag).

Table 8: Positive predictive value of each suspect flags for its specific abnormal finding

<table>
<thead>
<tr>
<th>Suspect flags</th>
<th>Specific abnormal finding in smear</th>
<th>Abnormality-specific PPV of flags</th>
</tr>
</thead>
<tbody>
<tr>
<td>Immature granulocytes</td>
<td>Present</td>
<td>33</td>
</tr>
<tr>
<td>Blast flag</td>
<td>Present</td>
<td>10</td>
</tr>
<tr>
<td>Atypical lymphocytes</td>
<td>Present</td>
<td>4</td>
</tr>
<tr>
<td>NRBC</td>
<td>Present</td>
<td>16</td>
</tr>
<tr>
<td>Giant platelets</td>
<td>Present</td>
<td>30</td>
</tr>
<tr>
<td>Platelet clumps</td>
<td>Present</td>
<td>14</td>
</tr>
</tbody>
</table>

*False positive flagging # False negative flagging

4. Discussion

The commission on laboratory accreditation of the College of American Pathologists (CAP) requires each laboratory to have criteria about when to perform manual smear review following automated blood count analysis [2].

In the present study, the use of the Consensus Group criteria generated quite high review criteria (54.25%). This review rate is, however, comparable to the 46.06% overall review rate reported by Comar et al., (2014) [6], applying Consensus Group criteria on results obtained by 2 analyzers. It is even closer to the 54.45% microscopic review rate they reported on using the XT-2000i than to the 43.86% of the XE-2100D.

On the other hand, it is much higher than reported by other investigators who also applied the Consensus Group criteria. Wei et al., (2010) [7] review rates were 37.94%, 35.56%, 33.44% and 37.94% respectively on Siemens Advia 2120 (Siemens Diagnostics, Tarrytown, NY), Sysmex XE-2100, Sysmex XT-1800i and Sysmex XS-800i (Sysmex, Kobe, Japan). Pratumvinit et al., (2013) [8] reported a rate of 29.33% on applying Consensus Group on results obtained by 2 analyzers. It is even closer to the 54.45% microscopic review rate they reported on using the XT-2000i than to the 43.86% of the XE-2100D.

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UnicelDxH 800 (Beckman Coulter Inc., Fullerton, CA) and Advia 2120 analyzers, respectively. In the study of Froom et al., (2009) [10] the smear review rate was 13.9% on using Consensus Group criteria.

The high review rate in the present study can be explained by a number of factors that were confirmed in other studies. First, our laboratory serves a large university hospital, a tertiary care center. Patients who seek medical treatment at large hospitals tend to have illnesses of greater severity which may generate greater number of abnormal RBC results that are mostly positive and easy to trigger the rules. This issue was raised by the CAP Q-probe study program (2006) and emphasized by Wei et al., (2010) [7]. The latter stressed that not only the type of instrument, but also the type of hospital can lead to different performance if the smear review criteria were introduced without any adoption.

Second, the present study was conducted on inpatients. Patient composition (inpatients versus outpatients) has been recognized as a factor affecting review rate [9]. This probably explains the significantly lower review rate (13.9%) reported by Froom et al., (2009) [10] on analyzing outpatient samples.

A third factor which could have helped lower the review rate is the application of delta check. Unfortunately, this could not be used because of limitations of LIS currently in use (upgrading is in place). All patients’ samples were thus considered as first time samples. At least a proportion of the samples that required smear review would not have required it if delta check criteria were applied and the difference was found within acceptable limits. This was the same for Comar et al., (2014) who did not apply delta check rules and reported a comparably high review rate even though their samples were from both inpatients and outpatients.

The review rate when our laboratory criteria were applied was even higher than the Consensus Group criteria (71.0% compared to 54.26%). It is worth noting that these criteria were in use in our laboratory but have not been validated. That is why they can’t be considered as optimized criteria and compared to the rates reported by different authors applying their own optimized criteria.

In fact, by using their own laboratory optimized criteria, Pratumvinit et al., (2013) [8] and Comar et al., (2014) [6] lowered their review rate to 23.37%, 37.3% respectively. Similarly, Wei et al., (2010) [7] optimized the rules and finalized the criteria suitable for their laboratory. The review rates were lowered to 31.07%, 30.00%, 30.01% and 30.09% with their 4 analyzers, and there was no hematological malignant tumor missed. Using their own review criteria, Leers et al. (2011) [11] found 25.4% of specimens to require microscopic review after initial processing with the XT-2000i and 22.7% after using the CELL-DYN Ruby (Abbott Laboratories, Diagnostics Division, Santa Clara, CA). The 13.9% review rate reported by Froom et al., (2009) [10] using the Consensus Group criteria was lowered to 7.2% by using their stringent criteria and to 2.6% by using delta check.

In the Q-probes study, designed by the CAP to benchmark performance in laboratory medicine (2006) [2], each laboratory used the criteria he had in place. These could be Consensus Group criteria, adapted Consensus Group criteria or optimized own laboratory criteria. The rate of manual review varied considerably among participants. The median institution (50th percentile) performed manual reviews of peripheral smears on about one fourth (26.7%) of all specimens submitted for CBC determination. In the 10% of institutions in which the lowest percentage of peripheral blood smears were reviewed manually, participants examined less than 10% of specimens. Among the 10% of institutions in which the largest percentage of smears were reviewed, the review rate was 50% or more.

The false negative rate is of utmost importance in the evaluation of review criteria. It is related to their capability to filter samples with relevant morphological abnormalities (i.e. positive smear findings). In the present study, Consensus Group criteria resulted in 9.25%, false negative rates whereas our laboratory criteria were associated with a significantly lower, false negative rate (1.62%), ($p<0.05$), probably at the expense of a review rate of 71.0%.

Similarly, Comar et al., (2014) [6] reported a 6.73% false negative rate with screening criteria adapted from Consensus Group. On the other hand, a much lower false negative rate (2.22%) was verified by Pratumvinit et al., (2013) [8] with Consensus Group criteria than with their own laboratory criteria (8.09%). After optimization of their laboratory review criteria, they were able to achieve a false negative rate of 2.98%. A false negative rate of <3% was reported by Wei et al., (2010) [7] by applying both the Consensus Group and their optimized criteria to results obtained from 4 different analyzers (Siemens Advia 2120, Sysmex XE-2100, Sysmex XT-1800i and Sysmex XS-800i).

The consensus group considered 5% as the maximum acceptable false negative rate to ensure patient safety [5]. However, we believe, in agreement with Wei et al., (2010) [7] that this 5% is rather high and that false negatives should not exceed 3% with no leukemia or lymphoma missed.

Fortunately, none of the cases with blasts would have been missed by either the Consensus Group criteria or our laboratory criteria. However, since there were only 5 cases with blasts in the 800 samples, 8 additional samples with blasts were analyzed to check our criteria. Still, no cases with blasts were missed, although the blast flag was only detected in 10 of 13 cases. Each of the 3 cases that did not show the blast flag triggered more than one rule in both sets of criteria including low Hb level, high lymphocyte count, low PLT, low neutrophil count, normoblast flag and cellular interference flag.

The same observation was reported by Pratumvinit et al., (2013) [8]. No cases of blasts would have been missed by the Consensus Group criteria or their own laboratory criteria. The blast flag was only detected in 11 of 12 cases. One additional case was triggered by low WBC counts, a low neutrophil count, and low PLT count criteria. Froom et al., (2009) [10] reported that a blast flag was found in 22 cases of 24 acute leukemia patient studied. They added that 19 of...
the 24 cases were also triggered by the criteria of basic parameters alone (low Hb, low WBC or high WBC or low PLT).

On the other hand Comar et al., (2014) [6] found that one false negative sample contained blasts. They stressed that it is unacceptable to fail to detect cases of undiagnosed hematological malignancies; and advised each institution to evaluate the need to perform smear reviews in all patients in the hematology unit even at the expense of an increased microscopic review rate.

Inversely related to the false negative rate is the negative predictive value. In the present study, the negative predictive value showed that in 78.96% of the times in which the Consensus Group criteria did not indicate the need for blood smear review, the sample analyzed really did not contain any positive smear findings.

In the present study, the observed sensitivity was 81.13%. Out of 434 samples with positive smear findings; 354 were correctly screened by applying the Consensus Group criteria. An even higher sensitivity (97.09%) was achieved using our laboratory criteria. The specificity of Consensus Group criteria (78.32%) was higher than that of our laboratory criteria (62.04%). However, neither the sensitivity nor specificity showed statistically significant difference.

It is to be noted that with both criteria sensitivity was higher than specificity. This was particularly evident with our laboratory criteria and in line with the higher review rate observed with our laboratory criteria. This is in agreement with Comar et al., (2014) [6] who reported that sensitivity (77.19%) was higher than specificity (67%), again in accordance with their high review rate.

Analysis of false negatives showed that they were mainly related to RBCs abnormalities in both Consensus Group and our laboratory criteria. In our laboratory criteria, they were by far- more prevalent than WBCs or PLT abnormalities.

The contribution of the individual rules to false positives was different on applying Consensus Group and our laboratory criteria. This can simply be a reflection of the fact that the threshold to trigger some of rules is not the same for both sets of criteria. In the current study, our laboratory criteria were the same as those of the Consensus Group for no or incomplete differential counts, high hemoglobin values and the presence of suspect flags. We used more sensitive criteria leading to more peripheral blood smear reviews for high WBC count, all WBC differential counts, RDW, low hemoglobin value and PLT counts. However, our criteria were stricter for low MCV and low WBC count. Actually, with our laboratory criteria the MCV has to be <70 fL and the low WBC count <2.5 x 10^9/L to trigger the rule and call for smear review.

Theoretically, the use of our laboratory stricter criteria has the potential to avoid some of false positives encountered with the Consensus Group criteria while it carries the risk of missing some true positives. In our study, of the 43 cases that fell between the two cutoffs for low MCV (to be smear reviewed according to Consensus Group but not according to our laboratory criteria), 8 were false negatives with the <70 fL criterion while 4 were false positives by the <75 fL criterion.

This was the case in Pratumvinit et al., (2013) [8] study where the false negatives increased after they adjusted the threshold to the stricter <70fL. However, they did not worry about this increase as they believe that in patients with microcytosis, the detailed blood smear review may not be useful to discriminate between iron deficiency anemia, thalassemia minor, and anemia of chronic disease. Froom et al., (2009) [10] went even further and did not perform slide review in patients with microcytosis. They rather perform reflex testing using hemoglobin electrophoresis if not previously done in samples with MCV <75 fL and RBCs ≥4.5×10^12/L. This led to a new diagnosis of β-thalassemia minor of 67.8% the patients they tested.

The lower cutoff value defined by our laboratory criteria for low TLC criteria resulted in missing 1 case as false negative while avoiding 8 cases that were false positive with the Consensus Group criteria.

On the other hand, our criteria were more sensitive than the Consensus Group for low Hb value, high MCV value, RDW, high WBC count, low and high neutrophil count, high lymphocyte count, high monocyte count and low platelet count. Altering the threshold in that direction has the potential to duly request a smear review for some of the cases that were considered as false negatives with the less sensitive Consensus Group criteria. However, it carries the risk of unduly smear review cases that have no positive smear findings i.e. increase the false positives.

For all parameters, the use of more sensitive laboratory criteria resulted in more false positive cases. This was not accompanied by correction of the status of any of the false negatives by the Consensus Group criteria except for high lymphocyte and monocyte count parameters (one case for each parameter).

Although it seems that our more sensitive laboratory criteria just increased false positives without substantially ameliorating the false negatives encountered with the less sensitive Consensus Group criteria, yet, verifying such assumption requires appropriate further statistical analysis which was not attempted in the present study.

Fortunately all 51 additional samples that had positive smear reviews triggered the rules in both Consensus Group and our laboratory criteria. Cases were further analyzed to define which rule(s) were triggered. Most cases triggered more than one rule. However, it is worth noting that one of the 2 cases with ovalocytosis was not triggered by any of RBC parameter criteria as hemoglobin, MCV and RDW but it was reviewed because of the presence of absolute lymphocytosis >3.5 x 10^9/μL and giant platelet flag. This case would have been missed if the unrelated accompanying lymphocytosis or giant platelet flag were not present.

One of the main rules for smear review, irrespective of the criteria a laboratory uses, relates to instrument suspect flags. The instruments use flags to notify the user that the automated differential WBC count may not be correct and
significant interobserver variability in the classification of recent abnormalities. van der Meer et al., 2004, 2007 [16], [17] found variation of 88% for the atypical lymphocyte count. More specifically, Koepke (1977) [15] who reported a coefficient of variation of 75% for the atypical lymphocyte count, observed a difference in the classification of lymphocytes findings. The difficulty in correctly classifying lymphocytes findings as within reference range or as atypical was pointed out by Koepke (1977) [15] who reported a coefficient of variation of 75% for the atypical lymphocyte count. More specifically, Koepke (1977) [15] who reported a coefficient of variation of 75% for the atypical lymphocyte count, observed a difference in the classification of lymphocytes findings. The difficulty in correctly classifying lymphocytes findings as within reference range or as atypical was pointed out by Koepke (1977) [15] who reported a coefficient of variation of 75% for the atypical lymphocyte count. More recently van der Meer et al., 2004, 2007 [16], [17] found significant interobserver variability in the classification of lymphocytes as atypical or within reference range. Furthermore, when the same cell was shown twice, it was classified by 34% of the observers as a different subtype. Because of the limited reproducibility of the atypical lymphocyte count, we agree with Pratumvinit et al., (2013) [8] that missing some cases with increased atypical lymphocytes was acceptable. However, analysis of false negatives showed that 4 of the 9 cases with atypical lymphocytes that were not triggered by atypical lymphocyte flags, were triggered by other rules in the Consensus Group criteria and all were triggered in our laboratory criteria. In our study, we did not include band count as positive smear findings. The International Society of Laboratory Hematology recommends that the use of band count should be in accordance to laboratory standard operating procedures. We opted not to consider increased bands as positive smear findings in view of the questionable clinical utility besides the differences in defining what is to be considered a band count. In fact, studies indicate that "the band count is a nonspecific, inaccurate, and imprecise laboratory test" with a review of the literature providing little support for clinical utility of the band count in patients over 3 months of age [12].

As our laboratory does not test samples from newborn, we were not concerned that underreporting of band forms would have an adverse clinical effect. This is in agreement with Ward et al., (2012) [13] and Sireci et al., (2010) [14]. On the other hand, Comar et al., (2014) [6] considered a band count of >8% as a positive smear finding. They explained that a substantial proportion of doctors in Brazil claimed that there is an association of a nuclear shift to the left of neutrophils with infectious and inflammatory conditions. In their study, band count represented the commonest cause of false negatives.

Although in the present study, we compared the performance of the two sets of criteria, the Consensus Group criteria and our laboratory criteria, and tried to describe the consequences of the different triggering thresholds in some rules, yet, solid conclusion could not be made in this regard as it required more sophisticated statistical analysis. In addition, optimization of the criteria was beyond the scope of the study. Moreover we can safely conclude that the use of Consensus Group criteria for smear review yielded a significantly lower review rate than our laboratory criteria. These rates, though relatively high, are acceptable as long as it is within the capability of the staff and does not affect the TAT. Even with the higher false negative rate while using the Consensus Group criteria we did not miss any serious finding.

There are a number of limitations in the current study. The study did not include outpatients and it was conducted on samples from the Department of Internal Medicine that are particularly prone to have more abnormal CBCs and consequently a higher review rate. The findings of the study may not be valid for samples from inpatients in the Surgical Departments (general surgery, orthopedics, etc). These patients, apart from the cause of admission to hospital, are generally healthier and have less abnormal CBCs.

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Samples were collected from routine workload over a period of 3 months, so some uncommon positive findings were not adequately represented in the study such as malaria, RBC autoagglutination and rouleaux formation. The study did not either include cases where diagnosis relies heavily on morphology such as autoimmune hemolytic anemia or microangiopathic hemolytic anemia.

In the view of the present study, we would recommend the extension of the study on inpatient samples to include the abnormalities under-represented or not represented in the present study. Validation of the criteria for smear review on outpatient samples as they are expected to give a lower review rate and ameliorate the TAT. Optimization of the review criteria to suit the population served and the analyzers used in the laboratory with inclusion of the Delta check should be attempted, aiming at reducing the number of blood films examined without missing important diagnostic information. This will improve the efficiency and reliability of the CBC results directly released without a smear review. When a specimen is flagged and smear review is indicated, it is prudent to review the smear thoroughly for any morphological abnormality and not only for the abnormality suggested by the flag.

5. Disclosure

The authors state that they have no conflict of interest.

References


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