An Unexpected Presentation of Child Abuse Case Report and Review of the Literature

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Abstract: An instance of child abuse discovered accidentally is presented. The step-wise patient evaluation, treatment, protection, reporting of findings, family counseling, legal intervention, and final case resolution are reviewed. The interaction of multiple disciplines and skilled professionals is necessary for positive resolution of all issues. Child Abuse has been defined as an act, or failure to act, on the part of a parent or caretaker that results in the death, serious physical or emotional harm. The clinical presentation of our case with convulsions and fever was a clue to suspect meningoencephalitis. The recurrence of this condition associated with multiple hemorrhagic foci on the brain and many risk factors for non-accidental injuries make shaken baby syndrome with post traumatic epilepsy is the diagnosis by exclusion, which was an unexcpected presentation of child abuse.

Keywords: infectious disease, post traumatic epilepsy, child abuse

Abbreviations

ICH: Intracranial hemorrhage CT: Computed tomography MRI: Magnetic resonance imaging MRA: Magnetic Resonance Angiography PICU: Pediatric intensive care unit UNCRC: The United Nations Convention on the Rights of the Child WHO: The World Health Organization, (CDC): Centers for Disease Control and Prevention CSF: Cerebrospinal fluid ICP: Intracranial pressure

1. Introduction

In the absence of known accidental mechanisms or medical causes, children with intracranial hemorrhage (ICH), might be suspected victims of child abuse. In such situations, physicians commonly suspect another medical condition as a possible cause. In addition, because of the legal proceedings associated with cases of potential abuse, physicians might feel compelled to rule out any theoretical possibility of a medical explanation for the child's findings[1-3]

The World Health Organization [WHO] distinguishes four types of child abuse as physical, sexual, or psychological mistreatment or <u>neglect</u> of a child or children, especially by a parent or other caregiver. It may include any act or failure to act by a parent or other caregiver that results in actual or potential harm to a child.[4]The United Nations Convention on the Rights of the Child, or UNCRC, sets out the rights of children, aged 0 to 18 years, and the responsibilities of parents, governments and children themselves to fulfill those rights. $\frac{[5-7]}{2}$

We, here in describe a case of child abuse that was misdiagnosed as dengue fever encephalitis.

2. Case Summary

One year ago, a Yemeni infant, was referred from peripheral hospital after two weeks of admission there as case of meningioencephalitis with history of fever, change of level of consciousness. convulsions and physical examination showed drowsy, irritable infant, pupils 2:2 mm bilateral normaly reactive to light, hypotonia, hyporeflexia. Other systemic examination was unremarkable. Patient was admitted to PICU at KFCH-Jazan, intubated, sedated on ICP prophylaxis protocol, and treated as a case of hemorrhagic encephalitis secondary for 21 days without to dengue fever significant improvement . CT brain showed : Biparietal hyperdense lesion with significant surrounding edema with mild extension into both temporal lobes suggesting hemorrhagic encephalitis, meningoencephalitis, venous infarction, shaken baby syndrome, or infarction with hemorrhagic transformation. MRI brain : bilateral thalamic abnormal intensites (T1 hypo- and T2 hyper intensities). prominent white matter edema around the bilateral parietal lesions. Bilateral cortical / gyriform T1 hyperintensities are seen suggestive of hemorrhage . Bilateral regional subcortical T1 hyperintensities are also seen more on right side and are also impressive of hemorrhages.

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Figure 1: CT brain showed CT brain showed :Biparietal hyperdense lesion with significant surrounding MRI brain showed: bilateral cortical hyperintensities suggestive of edema suggest : hemorrhage.

Figure 2: MRI brain showed hemorrhage

Laboratory investigations showed :HGB:7.8 g/dL, RBC:4.62 x10^12/L, HCT:28.8%, MCV:62.3fL, MCH:19.3pg, RDW:16.1%, PLT:609x10^9/L, WBC:6.33x10^9/L, coagulation profile: normal, protein C: 102% normal, protein S:80% normal, thrombin time: 17.9 sec iron : 4,UMOL/L TIBC : 43UMOL/L, Hb electrophoresis : HbA : 97% Hb F 1% Hb S:--% HbA2:2% which is normal. Reticulocyte count: 2.02%high, peripheral blood smear microcytic hypochromic with reactive neutrophil and thrombocytosis . Dengue fever IgG: negative, Dengue fever IgM: positive, ESR:20mm/hour, C-RP :negative mg/dl, ALT:21U/L AST:39U/L BUN: 1.6mmol/l creatinin: 27 mmol/l sodium:137 mmol/l potassium : 4.3 MMOL/L, lipid profiles : cholesterol:7.1mmol/l high, triglycerides: 1.8 mmol/l normal HDL-cholesterol :1.5 mmol/l normal, LDL-cholesterol :4.8mmol/l normal.

He was discharged home on anti-convulsants with no compliance on medication by parents.

After 1 year, now he is aged 32 months, patient presented with similar manifestations; fever, focal tonic - clonic convulsions affecting RT upper limb lasting for up to 10 minutes, with up - rolling of eyes, associated with decreased oral intake and decreased level of consciousness. History as mentioned by grand mother, as parents never showed up ,included a mild head trauma after falling from bed a couple of days before admission, according to her. No history of sib death. He lives with his poor family: father, mother and two sibs.

His weight was 10 kg on 5th percentile, his height was 88 cm on 25th percentile and head circumference was 47 cm on 10th percentile. No dysmorphism, impaired

level of consciousness [drowsiness], GCS: 9/15, aphasia no neuro-cutaneous stigmata, Rt hemiparesis, power grade 3/6 Fundus examination: No retinal hemorrhage. Other examination was unremarkable. CT brain showed hyperdense lesions in the leaflet of the tentorium cerebelli with perifocal edema and other two hyperdense lesions in the left parietal region also noted ... hemorrhagic foci, mild effacement of the cerebral sulci with ill defined white and gray matter, may represent mild diffuse cerebral edema, bilateral parietal encephalomalacia . MRI/MRA brain showed left temporoparietal, occipital cortical gyri /T/ posterior corpus callosum with DW/T/ADC restriction with effacement of sulci, in keeping with acute infarction in the territories of left PCA/T/MCA. Left temporal, temporooccipital gyrus, cortical laminar necrosis with superficial siderosis. Cystic changes (encephalomalacia) with siderosis in the previously described haemorrhagic areas was noted on bilateral frontal gyri/T/ with siderosis sylvian fissure showed (liquifed hematoma). Other imaging done: skeletal survey: normal. Abdominal U/S :normal.

showed :HGB:9g/dL Laboratory investigations RBC:4.62x10^12/L HCT:28.3% MCV:62.3fL,MCH:19.3pg RDW:16.1% PLT:609x10^9/L WBC:11.77x10^9/L, coagulation profile was normal ANA: negative, HIV: negative, dengue fever IGM: positive, dengue fever IGG: negative, dengue fever NS: negative, immunoelectrophoresis IgA: 0.91 g/L normal, IgM :1.14g/L normal, IgG : 8.29 g/L normal

After few days in hospital, the child became fully conscious but he was apprehensive, irritable, resisting examination and avoiding eye contact with others. We were unable to examine other sibs or to council the parents.

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Figure 3 A & B: Our patient (fearful, anxious and depressed)



Figure 4: MRA brain

The social worker and physician discussed their findings regarding the reporting of this incident and the relative degree of risk to the child. Taken into account were: the child's age; the psychosocial history.

3. Reporting

Telephone and written reports to child protective services were made. These include:

- 1) Demographic information including patient and parent name and address
- 2) Time, day, and date of presentation
- 3) History, including detailed sequence of events, discovery of the injury, and the persons presentat the time of injury
- 4) Detailed physical findings, including location, size, color and nature of each individual site
- 5) Results of X ray and laboratory tests
- 6) Conclusion stating that this incident represented non accidental trauma and a potential for re injury to the child.

Family Therapy

The family was referred to a public assistance social worker for support during periods of financial need.

Consultations

Neuro – surgery Pediatric neurology Pediatric hematology Pediatric infectious disease Ophthalmology Psychiatrist Social worker Child Protection committee

4. Discussion

Data from the Centers for Disease Control and Prevention (CDC) and Behavioral Risk Factor Surveillance System corroborate high rates of child abuse. For legal and cultural reasons as well as fears by children of being taken away from their parents most childhood abuse goes unreported and unsubstantiate. [8-10]

This child admitted one year back to PICU as case of meningoencephalitis secondary to dengue fever with history of insignificant trauma, CT-brain findings suggestive of hemorrhagic encephalitis, meningoencephalitis, venous infarction, shaken baby syndrome, or infarction with hemorrhagic transformation. He was discharged after 21 days without significant improvement and post-meningeal sequalae in form of aphasia. After one year, he presented again with same presentation and again hemorrhagic foci on his brain imaging. Dengue fever NS was negative which excluded dengue fever. With this recurrent presentation, it was unlikely to be infectious diseases and many signs suggest non accidental causes of this hematoma (recurrent presentation, poor socioeconomic status, history of insignificant trauma, in a withdrawn depressed child who examination was fearful and refused during hospitalization, poor compliance on medication at home, intracranial hemorrhage without scalp fractures, absence of vascular malformation, absence of bleeding disorder).

Shugerman et al. reported that 6% of their 93 cases with the diagnosis of child abuse were suspected because of the recurrence of intracranial hemorrhage and the absence of any compatible trauma mechanism related during clinical interview which is a common characteristic of child abuse cases[11-13]

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5. Conclusion

We here in describe a case of child abuse that was misdiagnosed as dengue fever encephalitis. The incongruence between clinical history and physical findings in child abuse cases defies even the most skilled clinicians. This case reminds us that even though very frequent in our society, child abuse is not the sole cause of incongruence between history and physical exam. Pediatricians should thus always bear in mind the differential diagnosis of this clinical entity.

The recurrence of intra cranial hemorrhage for no apparent cause, should alert the pediatrician to the possibility of child abuse.

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