

Our results are in concordance with literature data about the effects of stressors activating HPA axis [31].

4. Discussion

Experiments about Kyo are partially connected to its involvement in mechanisms of pain. It's known that Kyo directly activates cortical neurons and indirectly influences μ - and δ -opioid receptors causing prolonged naloxone-reversible analgesia due to Met-Enk and β -endorphin release [24, 41]. D-Kyo has the same indirect effect on μ - and δ -opioid receptors, but causes prolonged naloxone-reversible analgesia through Met-Enk and β -endorphin release [34, 35, 53]. D-Kyo analgesia in naïve animals results to be 5.6 fold stronger than Kyo's [41]. In our first experimental series both Kyo and D-Kyo led to decreased nociception which is consistent with literature data. The stronger analgesic effect of D-Kyo is attributed to its enzyme resistance due to replacement of L-arginine with D-arginine [41]. It's also important that D-Kyo possesses a phenol group participating in interactions of biologically active peptides with cell membrane receptors [29, 30]. Evaluation of nociception after one hour of heat stress showed that heat stress led to higher paw pressure thresholds – results that are fully concordant with literature data about SIA. The underlying mechanism of SIA has two components – an opioid and a non-opioid one [17, 21]. The opioid component is naloxone- and naltrexone-reversible, while the non-opioid one is not sensible to μ -opioid receptor antagonists [27]. In heat-stress-induced analgesia the opioid component of SIA is the more expressed [6, 36]. It's known that analgesic effects of heat stress are naloxone-reversible [20]. Interestingly, administration of Kyo and D-Kyo did not increase pain thresholds after heat stress. Since in the latter the opioid component is the better expressed and given the mechanisms of Kyo and D-Kyo action (through Met-Enk and β -endorphin release) it was more logic to have a potentiation of heat-stress-induced analgesia. Results showed that Kyo and D-Kyo influenced heat-stress-induced analgesia differently than our expectations. Kyo decreased the pain thresholds and shortened HP-latency for the entire time of the experiment. Pain thresholds observed were comparable with those without heat stress (as if Kyo totally “abolished” the influence of 1h HS on animals). D-Kyo decreased PP-thresholds only on the 15th min, while on the 30th min values were comparable to those after 1h HS, and on the 45th min we had even higher than after-1h HS-values. As to HP-latencies, they were shortened in respect to after-1h HS-values and also in respect to controls on the 45th min. A possible explanation of such results could be that Kyo exerts non-opioid effects, unrelated to enkephalin release [50, 53]. In fact even high Kyo concentrations in the brain stem are tightly connected with sites of opioid analgesia, yet 50% of total Kyo is in brain cortex (where opioid receptors and enkephalin concentrations are low) - suggesting a possible non-opioid pathway in Kyo's effects. Kyo represents L-tyrosyl-L-arginine – meaning that the semi-essential amino acid L-arg is in the same time a precursor for and a metabolism product of Kyo. A dual effect of L-arg has been described: an analgesic effect through the kyotorphin-Met-enkephalin pathway and a pronociceptive one through the NO-cyclic GMP pathway [24]. In fact a pro-nociceptive effect of the dipeptidic neuropeptide has already been

described in the periphery: Ueda and Inoue (2000) demonstrated that intraplantar administration of Kyo (100 fmol) elicited a nociceptive response. The effect was linked to Kyo stimulating its specific receptor, followed by Gai and phospholipase C activation [53]. Another possible explanation of our results could be that Kyo, even having analgesic effect in naïve animals, takes part of the anti-stress system decreasing stress-hormones release and increasing pain perception. Stress activates the hypothalamic-pituitary-adrenal axis causing a specific neuroendocrine pattern of interrelations in order to ensure survival and help the organism to restore homeostasis [47, 49]. Since stress is involved in the etiology and pathophysiology of different pathological condition and diseases (commonly called stress-induced diseases) [48], an anti-stress system also exists aiming at control the stress-response and avoid over-reactivity which could be deleterious to the organism [8]. Our supposition in order to explain the results obtained was that Kyo could be part of the anti-stress system of the body. The D-analog, being “unnatural” to the organism, could differently interfere with stress-answer-mechanisms and could possibly manifest its analgesic effect instead of taking part in the anti-stress system. In order to confirm such hypothesis we evaluated ACTH and corticosterone plasma levels after 1h HS followed by Kyo and D-Kyo administration.

As already described both dipeptides decreased both the evaluated hormones. ACTH plasma levels decreased to control values (on the 15th and the 30th min) and even below the control levels on the 45th min. The effects of both dipeptides were equivalent. CORT plasma levels were also decreased even without reaching the controls. Kyo crosses the blood-brain barrier (BBB). Is transported by an H⁺-coupled peptide transporter PEPT2 with high-affinity and low-capacity [12, 13]. PEPT2 mRNA was reported to be strongly expressed in astrocytes of the cerebral cortex, thalamus and hippocampus [10]. Due to its vast distribution in the brain Kyo influences some neurotransmitter systems [15, 26]. It can be supposed that by modulating opioid and non-opioid neurotransmitter systems Kyo helps the organism to regain homeostasis [4, 37]. According to most of the authors D-Kyo doesn't cross the BBB since the Kyo-transport system PEPT2 “prefers” L-amino acids [39, 46]. Nevertheless D-Kyo, similarly to Kyo binds Kyo-receptors in the peripheral tissues [7] and due to its enzyme resistance causes β -endorphin release and Met-Enk release 4 times fold compared to basal levels [34, 35, 41]. Our results demonstrated that both the dipeptides exerted the same effect on ACTH and CORT with D-Kyo having a stronger suppressive effect on the 10th min compared to Kyo. It's known that both the dipeptides induce Met-Enk release and evidence exists that Met-Enk differently modulates other neurotransmitter systems at low and high concentrations [5]. The explanation of the results described should be sought in the involvement of other mediators – opioids, nitric oxide, serotonin, catecholamines [44]. The suppressive effects of both Kyo and D-Kyo were stronger on ACTH plasma levels than on CORT ones. We assume that the anti-stress effect of the dipeptides is better expressed in the beginning of the stress-response and effects strongly the ACTH-release phase than the CORT one. Since Kyo-synthase and Kyo-receptors have been found in rats adrenals, a direct effect of Kyo and D-Kyo on CORT could be involved [22, 54].

5. Conclusion

We assume that by interacting with different neurotransmitter systems after heat stress Kyo and D-Kyo take part in the anti-stress response of the body in the attempt to regain homeostasis. The authors declare no conflict of interests.

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