## International Journal of Science and Research (IJSR) ISSN: 2319-7064 Impact Factor 2024: 7.101

# Public Health at the Frontier of AI: Aligning UK Competition Policy with National Health and Innovation Goals

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Abstract: This paper examines the disruptive effect of AI in public health in the UK, refracting healthcare innovation, health equity, and competition policy. As AI tools are integrated into healthcare systems, they offer the potential for increased efficiency, predictive capacity, and better outcomes for patients. These developments also raise ethical and equity - related issues, such as algorithmic bias, the development of transparent models that can be used by underserved populations, cost, and availability. It also addresses the importance of the NHS to safeguard patient data whilst facilitating innovation and the need for strong regulatory frameworks to balance both the need to innovate with oversight. The article also reflects on the potential of more recent legislative developments, such as the Digital Markets, Competition, and Consumer Act 2024, to support fair competition in digital health. Overall, the paper calls for a policy environment that ensures AI - led innovations are opportunities for all, including those in vulnerable communities, and supports the UK's health and innovation objectives.

**Keywords:** Artificial Intelligence (AI), Public Health, Health Equity, UK Competition Policy, NHS, Digital Health, Algorithmic Bias, Ethical AI, Innovation Policy, Digital Markets, Regulatory Frameworks, Healthcare Technology, National Health Goals, Consumers Act 2024, Health Data Governance.

#### 1. Summary

Public Health at the Frontier of AI: Aligning UK Competition Policy with National Health and Innovation Goals explores the transformative impact of artificial intelligence (AI) on public health in the United Kingdom, highlighting both the opportunities and challenges that accompany this integration. As healthcare delivery, disease prediction, and patient management evolve through AI technologies, significant discussions arise around the ethical implications and health equity considerations tied to these advancements. The adoption of AI has the potential to enhance healthcare efficiency and improve outcomes, yet it also raises critical concerns regarding algorithmic bias, transparency, and access, particularly for underserved populations [1] [2].

The importance of aligning AI with national health goals cannot be overstated, as the UK navigates a complex landscape where technological innovation must coexist with regulatory oversight. The National Health Service (NHS) plays a crucial role in safeguarding health data while promoting the responsible use of AI tools, necessitating a balance between fostering innovation and protecting patient rights [3] [4]. As AI technologies become increasingly prevalent, ongoing efforts to develop robust regulatory frameworks will be essential to ensure that these innovations contribute positively to public health outcomes without exacerbating existing disparities [5] [6].

Controversies surrounding the ethical deployment of AI in healthcare focus on the potential for perpetuating inequities and the importance of incorporating health equity into AI applications. Stakeholders advocate for inclusive practices that address social determinants of health and engage communities in the development of AI technologies to prevent algorithmic biases from undermining equitable

access to care [7] [8]. The emphasis on health equity not only reinforces the necessity of ethical AI but also aligns with broader public health objectives aimed at reducing disparities across various demographics [2] [9].

As the UK continues to refine its competition policy in response to evolving market dynamics, it faces the challenge of ensuring that digital health innovations remain competitive and equitable. Recent legislative changes, including the Digital Markets, Competition, and Consumers Act 2024, aim to provide regulatory frameworks that promote fair competition while safeguarding public health interests. By addressing these multifaceted challenges, the UK can leverage AI as a powerful tool for enhancing healthcare delivery, improving patient outcomes, and ultimately achieving national health and innovation goals [10] [11].

#### 2. Background

The integration of artificial intelligence (AI) in public health is fundamentally transforming healthcare delivery, disease prediction, and patient management in the UK. This shift is characterized by both opportunities and challenges, prompting discussions around the ethical implications and health equity considerations of AI technologies in health services [1] [2]. A rapid narrative review was conducted to synthesize existing evidence on these health equity considerations, focusing on methodologies for knowledge synthesis that are efficient yet thorough [1].

#### Health Equity and AI

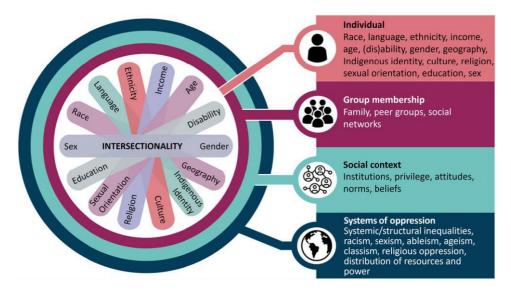
AI's deployment in healthcare must incorporate an equity lens, as disparities in health outcomes can be exacerbated by algorithmic bias and the lack of transparency in AI systems [7] [5]. The Sex and Gender Based Analysis (SGBA) Plus intersectionality framework illustrates the complexity of

Volume 14 Issue 7, July 2025
Fully Refereed | Open Access | Double Blind Peer Reviewed Journal
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### International Journal of Science and Research (IJSR) ISSN: 2319-7064 Impact Factor 2024: 7.101

health determinants and highlights the need for an inclusive approach to AI implementation, recognizing that individual identities and social contexts significantly influence health experiences [1].

Sex and Gender Based Analysis Plus intersectionality wheel and flower.



#### **Collaborative Efforts in AI Development**

The successful integration of AI in public health requires collaboration among clinicians, data scientists, patients, and policymakers. Such partnerships can facilitate the responsible use of AI, ensuring that technological advancements translate into tangible benefits for all populations [6]. Moreover, there is growing support from both the public and clinicians for the ethical use of AI in healthcare, which underscores the importance of developing robust frameworks for accountability and governance [5] [12].

#### 3. Regulatory Frameworks

Regulatory initiatives play a very important role in shaping the landscape of AI in healthcare. In the UK, the National Health Service (NHS) acts as a statutory custodian for health data, overseeing data - sharing practices and compliance with laws such as the UK General Data Protection Regulation (GDPR) [3]. The emergence of AI technologies necessitates a balance between innovation and regulatory oversight, with an emphasis on data protection, privacy, and the ethical use of personal health information [4] [13].

As AI technologies continue to evolve, the healthcare sector is at a pivotal moment where it must navigate the complexities of technological advancements while prioritizing patient safety and health equity [2] [5]. Addressing these challenges is essential to harness the full potential of AI in improving healthcare outcomes across diverse populations.

#### AI and Public Health

The integration of artificial intelligence (AI) infused into public health is a rapidly evolving area, offering significant potential to enhance public health outcomes, streamline operations, and improve decision - making processes. As public health agencies explore these possibilities, they face both opportunities and challenges that need careful

consideration to avoid making inequlity more severe or violent existing health inequities.

#### **Opportunities and Applications**

Al can significantly alleviate the burden on the public health workforce by automating time consuming tasks, such as data processing and administrative duties. For instance, AI technologies can quickly analyze vast datasets, assist in generating communication materials, and support public health surveillance efforts [8] [2]. In Canada, there is a growing interest among local health departments to utilize AI, particularly for tasks that enhance productivity and efficiency, although only a small percentage currently implement these technologies [8].

#### **Ethical Concerns and Challenges**

While AI presents promising advancements, there are substantial ethical concerns surrounding its use in public health. Issues such as algorithmic bias, transparency, and accessibility of AI technologies raise critical questions about the equitable application of these tools. The omission of social determinants of health from AI training data can lead to biased algorithms that reinforce existing disparities in health outcomes [1] [2]. Moreover, ethical and privacy concerns about data misuse further contribute to public mistrust, potentially deterring marginalized populations from participating in AI - driven initiatives [1] [2].

#### **Health Equity Considerations**

To effectively integrate AI into public health without making inequality more severe or violent existing health inequities, it is essential to address health equity considerations proactively. This involves engaging communities in the development and deployment of AI technologies and ensuring inclusive data practices that account for diverse populations [2] [9]. Safeguarding patient privacy and ensuring informed consent are paramount, particularly for populations with limited English proficiency, highlighting the need for clear communication regarding data usage in AI applications [2] [9].

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**Impact Factor 2024: 7.101** 

#### **Systems of Oppression**

The integration of AI in public health also necessitates an understanding of the broader social contexts and systems of oppression that can influence health equity outcomes. By incorporating insights related to social determinants of health, public health agencies can mitigate risks associated with algorithmic bias that ensure that AI applications promote health equity rather than perpetuate existing disparities [1] [8].

#### **UK Competition Policy**

UK competition policy has undergone significant transformations, especially since the last Labour government (1997 to 2010), which introduced substantial changes to competition law and merger control. The government removed the powers of the Secretary of State to refer mergers for consideration, thereby depoliticizing the merger regime and shifting from a broad public interest test to a more economically focused competition test. [10] This shift was intended to enhance transparency and predictability, aligning UK practices more closely with EU competition law enforcement. In light of recent events, including Brexit and rising corporate mark - ups, there is a pressing need for a reevaluation of competition policy to address the evolving market landscape and to ensure fair competition across sectors, particularly in high - growth areas such as digital markets. [14]

The Competition and Markets Authority (CMA) has been actively involved in this reevaluation, especially in response to concerns regarding market dominance and the potential for anti - competitive behaviors. The CMA has noted a 6% increase in mark - ups since the global financial crisis of 2007 - 09, suggesting a decline in competition across the UK economy over the past two decades. [14] This trend is particularly concerning given that competition is essential for fostering innovation, reducing prices, and preventing excessive market power among large corporations. [14]

The recent introduction of the Digital Markets, Competition, and Consumers Act 2024 (DMCCA) highlights the CMA's new regulatory powers aimed at overseeing digital markets, which are critical for fostering a level playing field for startups and established firms alike [11] Under this act, the CMA can designate firms as having Strategic Market Status (SMS), allowing it to impose requirements that promote fair competition and curb anti - competitive practices. The act represents a strategic opportunity for the UK to enhance its competition framework in the digital economy, addressing issues of dominance, lock - in, and network effects that can stifle competition [11]

As the UK navigates the complexities introduced by Brexit, maintaining a robust competition policy becomes increasingly important to ensure that the economy remains competitive and innovative. There are concerns that a return to public interest tests might compromise the integrity of competition law, as emphasized by experts such as John Vickers, who argue for a clear separation between competition objectives and broader public interests in policymaking. [14] The government's approach to consultation and the potential for proactive intervention by

the CMA will be pivotal in shaping the future of competition in the UK. [10]

#### Aligning AI and Public Health Goals

The integration of artificial intelligence (AI) into public health presents both significant opportunities and ethical challenges that must be carefully navigated to ensure equitable health outcomes. AI has the potential to enhance healthcare efficiency, improve diagnostic accuracy, and streamline workflows within public health agencies [8] [9]. However, these advancements raise critical concerns regarding health equity, privacy, and the ethical deployment of AI technologies in diverse populations.

#### **Health Equity in AI Applications**

Health equity is a central consideration when implementing AI in public health. It involves the fair distribution of health technologies and their benefits across various demographics, including socioeconomic status, race, gender, and geographic location [2]. The uneven deployment of AI diagnostic tools, such as those for diabetic retinopathy, primarily in well - resourced healthcare settings illustrates the risk of exacerbating existing inequalities in access to healthcare [2]. To promote health equity, stakeholders must collaborate in ensuring that AI technologies are accessible to all populations, particularly those that are underserved or marginalized.

#### 4. Ethical Considerations

The ethical implications of AI use in public health are multifaceted, encompassing algorithmic bias, transparency, and the interpretability of AI models [1]. As AI technologies evolve, addressing issues related to data privacy and the ethical use of sensitive health information becomes paramount. The potential for dehumanization in patient care and reduced patient - provider interactions further complicates the integration of AI into health services [2]. By proactively engaging with these ethical challenges, public health professionals can leverage AI to enhance health outcomes while adhering to principles of justice and respect for individual rights.

#### 5. Regulatory and Policy Frameworks

To align AI with public health goals, robust regulatory frameworks are essential. These frameworks must not only facilitate innovation but also ensure that ethical and equitable practices guide the development and application of AI technologies [15].

Engaging stakeholders, including regulators, civil society, and the healthcare community, is crucial in creating policies that address the unique challenges posed by AI [16].

Implementing principles such as transparency, fairness, and accountability within these frameworks can help mitigate the risks associated with AI deployment in public health [16] [3].

#### **Innovation Goals in the UK**

The United Kingdom is at a pivotal juncture in leveraging artificial intelligence (AI) to boost its productivity and overall economic performance. Despite a prolonged period

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Fully Refereed | Open Access | Double Blind Peer Reviewed Journal
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of slow productivity growth, the potential benefits of AI adoption present significant opportunities for the nation. Conversely, failure to effectively harness and manage this technology could exacerbate existing economic challenges and diminish the UK's competitive edge in a rapidly evolving global landscape [17].

#### **Emphasizing Pro - Innovation Strategies**

In response to the need for a coherent approach to AI, the UK government has articulated a pro - innovation framework aimed at fostering an environment conducive to responsible AI development. This initiative emphasizes several key objectives: driving economic growth through clearer regulations, establishing robust standards for managing risks, and enhancing the UK's stature as a global leader in AI innovation [16] [18]. The framework aims to stimulate investment in AI technologies, create jobs, and promote the efficient utilization of resources across various sectors.

#### **Enhancing AI in Healthcare**

A significant focus area for AI innovation lies within the healthcare sector, particularly in the wake of the COVID - 19 pandemic. The health and social care industry has experienced a surge in collaborative efforts with technology partners to effectively manage and interpret vast amounts of unstructured data. AI's ability to contextualize this data can lead to substantial improvements in patient outcomes and operational efficiencies within the National Health Service (NHS) [19] [4]. For this potential to be fully realized, it is essential to develop a clear regulatory regime that supports innovation while ensuring ethical standards and safety for patients [18] [19].

#### 6. Addressing Challenges and Opportunities

While the UK aims to position itself as a leader in AI, challenges remain, particularly regarding the pace of technological advancement and the need for ongoing evaluation of AI applications in real - world settings. The government acknowledges the necessity for increased investment in evaluation capacity to bridge the gap between innovation and implementation within healthcare [18] [4]. By prioritizing these areas, the UK can not only enhance the efficacy of AI in healthcare but also ensure that such innovations are equitable and transparent, thereby building public trust in AI systems [20] [21].

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Volume 14 Issue 7, July 2025
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**Sreekanth B Narayan** with two decades of experience in enterprise architecture and SAP transformation, Sreekanth Narayan has consistently driven process optimization for global organizations. Beginning his

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