

The Need for Intergenerational Integration and the Obstacles Created for Lasting Well-Being in Society

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Abstract: *The concept of society is very broad. In this, social interaction between individuals is very important. If there is no social interaction, it cannot be called a society. Individuals are the components of this society. As the individual grows older, members are born in that family. The children born in this way are considered to be the next new generation. For this new generation, the next generation is expected to accept, preserve and accept the things, culture, traditions, values, language, etc. created by the previous generation. But this does not happen, there are some obstacles for that. What are those obstacles? Due to this, the number of elderly people in old age homes is increasing. This article provides information on what can be done to solve it.*

Keywords: seed words, sustainable well-being, intergenerational integration, obstacles and solutions, intergenerational integration

1. Introduction

Purpose: Eternal Barriers and solutions to intergenerational integration for well-being Study them.

Hypothesis: Obstacles arise in achieving harmony between the old and new generations while creating intergenerational unity for sustainable well-being.

Study methods: To conduct this study, the observation method and secondary sources have been adopted as primary sources in social sciences.

Detailed

The concept of society is very broad. Society is sustained by social relations. But if that society is to be maintained, it needs individuals. Society cannot be formed without individuals. Individuals die. They are replaced by new members who are born. We call these members the new generation or the next generation. If the new generation wants to maintain its existence, what has been preserved for future people while their previous generation fulfilled its needs. Or what has been preserved for them. It is on this basis that the next generation lives a happy and contented life. This chain continues. If the next generation wants to live a good life, it is seen that it has a correlation with the previous generation. The next generation can live a good standard of living, but that generation has to struggle a lot. That is, it is important for it to have the background of the previous generation. The need for individuals in society Society is a living, strong and constantly changing element formed by many generations. The sustainable (long-term and inclusive) well-being of a society depends on mutual cooperation, coordination and communication between different generations in that society. In today's changing social, economic and technological era, the importance of intergenerational integration has increased even more.

What is eternal welfare ?

Ashok Hanwate According to him, "Sustainable well-being" That is, to develop a society that meets the needs and requirements of the present generation without compromising

the ability of future generations to meet their own needs, and to preserve social justice, ecological balance, and cultural values".

"Sustainable well-being is social development that meets the needs of the present without compromising the needs of future generations." For **example:** Every person should have access to education, healthcare, employment opportunities, and environmental, cultural, and social harmony should be preserved.

Need for Intergenerational Integration:

Intergenerational The following are important if unity is to be maintained.

- 1) **Preservation of cultural heritage:** A person has created some things for himself, it is necessary to preserve the things he has created. Only the previous generation has created traditions from the old generation to the new generation for the next generation to come. It is necessary to reach those appropriate and good traditions to the people and preserve them. Customs, traditions, values, language, and cultural identity are all necessary to maintain intergenerational unity. It is necessary for a person to cultivate values while living his life. In which personal values, social values, national values include sensitivity, punctuality, neatness, scientific approach, courtesy, dignity of labor, gender equality, interfaith harmony, patriotism, national unity. At the same time, language is a medium of communication. If thoughts are to be exchanged, language is necessary. Which includes verbal. Therefore, if we want to reach anywhere on a global scale, language plays an important role. Language becomes our medium of communication. Therefore, the preservation of language is necessary in a way that will integrate the entire world. The culture of a person is understood from how a person lives, behaves, eats, drinks, and what their habits are. Respect for a person, giving respect to people, all these things fall into cultural elements and therefore preserving cultural heritage and its preservation are very important. We have to call it preserving cultural heritage, which is the way of

preserving it and passing it on from the previous generation to the next generation. Integration is necessary to pass on traditions, values, language, and cultural identity from the old generation to the new generation.

- 2) **Combination of experience and energy:** Experience is a very large resource. And older people are very experienced. They have many things in their lives. They have seen the days. Their experience grows with each passing day. So Adult Their place in society They are respected and important. Their social status is high. So Elderly Person Based on their experience, they have created things. It is necessary to preserve their upbringing and the store of that experience and pass it on to the next generation. On the basis of which the store of experience of the elderly is a kind of It becomes a source of energy. And this source of energy means the old generation and the new generation. Between If coordination is achieved Unity This will increase. And the next generation will be better, better and will become experienced. This will lead to lasting well-being. For this, the elderly Experience Benefits The next generation gets new things. can be created from it. Therefore, the experience of the elderly is To the new person It will be a source of energy for work. Therefore, the new generation should build on the experience of the previous generation. It will be easier to move forward. This If used Based on the experience of an older person Youth get energy and inspiration. On that basis If used correctly and in a balanced manner Society is more profound. And it will definitely become a source of eternal welfare. It was. A balanced use of the experience of older people and the energy of young people makes society more profound and sustainable.
- 3) **Mental and social health:** in the current period The distance is increasing at a very large scale. In Many media It is causing distance. Such as telecommunications, entertainment, cutting-edge scientific research Because of things like that In person A distance is being created. For example, a person sitting watching TV all day. Sitting playing with mobile phones all day, mobile phones do not create proper communication between two generations. Therefore, if there is a need to have proper communication between two generations, then if these devices are kept away Exchange of ideas with each other Will happen. If If the same people live far apart, means of communication This is beneficial. If there is no exchange of ideas between them, Distance is created. This thing It starts to have an adverse effect on the mindset of an adult. Naturally Due to this adverse effect There was no proper communication between the two generations. So Mental and social health This becomes dangerous. This creates unity between two generations. We see that it is not staying. The result of this is Person and the dialogue within it Because of this Social health begins to become dangerous and dangerous Between two generations To achieve harmony Other effective tools too Very big For example, if older people want to reduce loneliness, it is essential for their next generation to coordinate with them. And to achieve correlation, it is necessary to create harmony. The next generation and the previous

generation His thoughts Modern And the conflict between old ideas It is possible. But It begins with can be brought about and based on it The person's mental and social health This can be kept constant. So For social and mental health A united society is needed to increase integration between two generations. Intergenerational interaction reduces loneliness among the elderly and provides psychological support to the young.

- 4) **Financial Mutual Support:** It is very important for individuals to rely on each other to fulfill their needs. Many needs like financial needs and emotional needs and psychological needs are fulfilled through the cooperation of these individuals. If a person is in financial need, then they need to get financial support from others. At times, this can be done by taking out a loan, providing financial assistance, helping with money. It is necessary. But if a person's financial needs are not met as per their needs, stress increases. As a result, financial stress can lead to suicide. Things are happening. It is important to cooperate with each other to prevent this from happening. Close people are needed for help. Also, older people have the resources to help experienced people. If help is provided to a needy person, their needs are met. If their needs are met, it is also their responsibility to repay them. Therefore, if financial responsibility and their resources are provided, both the family and the society can become stronger.
- 5) **Social Unity and Stability:** In the present times, many forms of conflicts are arising in the society. These include social and religious riots. Due to this, the society is becoming unstable. If the society wants to remain stable and balanced, the teachings of social unity in the society should be passed on from the previous generation to the next generation. Social unity prevents instability in the society Even if it is It starts to stabilize. And due to this, relationships can be cultivated. Similarly, disintegration between generations is also avoided. It is necessary to keep intergenerational relationships strong. At the same time, if there is social unity between generations, the society stays together. Therefore, social harmony and social integration are maintained. For that, harmony between two generations is necessary. And its legacy must be carried forward. If intergenerational relationships are strong, disintegration in society is avoided and social harmony is maintained.

Obstacles in Intergenerational Integration:

Some of the obstacles that arise while maintaining intergenerational unity are outlined as follows:

- 1) **Gap in value thinking:** It is necessary to cultivate values. We have seen this above. Accordingly, the thinking of the old generation and the new generation differs according to time and place. The old generation starts to think that what is old is gold. While the new generation starts to feel the need for something modern. This creates a value conflict. Due to the lack of communication between old thoughts and new thoughts There is a gap between them. In the thinking of the older generation, cooperation and mutual relations start decreasing. Migration or other factors are also responsible for this. For job opportunities, education and other reasons, a person migrates to a new place, city. And

the things there also attract him. This creates a distance between the people of our older generation. Due to this, respecting the person, being close to the person, maintaining unity, these things start to go a little far. And because of this, they do not feel the need for the values of the people of the older generation. Difference in thinking between the old and new generations. It falls and Distance builds and cooperation begins to diminish. This leads to a decrease in mutual understanding and cooperation.

- 2) **The gap in technology:** The more the person It is becoming progressive and scientific. Technology is developing at the same rate. Of course, the technology of the people of the old days is less developed. But for the coming generations, new and sophisticated And the latest technology is being created. The use of that technology brings a huge change from the perspective of the new generation. Also, the gap between the technology of the previous generation becomes very large. In each generation, its use and Many things like qualifications etc. They become associated with this technology. Because of that technology, the older generation And the new generation To integrate between It is not possible. Therefore Older generations tend to like the old, while newer generations tend to like the essentials and the latest things. This leads to an exchange of ideas between the two. Differences start to arise. This leads to increased discord. This creates obstacles to the creation of harmony. For example, old farmers used to plow the fields on their own with the help of bullocks. But the new modern generation is using tractors or modern tools to do farming. Due to this, their expenses are increasing rapidly. The old generation used to work hard and do farming with the help of bullocks. Therefore, they gave more importance to labor. Therefore, over time, there is a gap in thinking and harmony between the two. The new generation has rapidly adopted technology, and the elderly find it difficult. This also becomes a barrier to communication.
- 3) **Busy Lifestyle:** In the current period, many things in modern knowledge dissemination, education, science have developed rapidly. In the same proportion The business style of individuals has changed. Jobs and businesses have become busy. As a result, young people are living a busy lifestyle. The rush for jobs, the competition for jobs and careers have made them busy. Due to this, the elderly members are being neglected. Naturally, the elderly people do not talk to the next generation, do not communicate with the elderly, do not consider them. They are absorbed in their own thoughts. They start worrying about them. And this is a kind of They become a problem. So The hustle and bustle of youth, their jobs, and the competition for careers are driving attention to older members. It becomes difficult. The hustle and bustle of youth, competition for jobs and careers, leads to neglect of older members.
- 4) **Generation Gap:** Every person's desires, expectations, and aspirations are different. Everyone has their own vision of how their lifestyle should be. Therefore, it is not possible for everyone or others or people from previous generations to fulfill each person's expectations. Also, their expectations are different. Some people are expensive because of their preferences. That expense is

not affordable. Also, a person's way of living, which we also call lifestyle. There is also a difference in that. Between the two generations. In lifestyle. We see a huge gap. This gap prevents communication between each other. Perhaps this creates an obstacle to building trust between the two generations. Therefore Under the generation Conflict arises and distrust begins to grow. Differences in expectations, preferences, and lifestyles lead to mutual distrust.

- 5) **Urbanization and Migration:** In today's world, if a person wants to develop, there is no option but to migrate. And due to migration Job education is obtained. People are migrating from villages to cities in large numbers. The older generation is living in villages. And the new generation is looking for jobs, business or education. Going to the city. Cities have many modern things. In rural areas This traditional and old There are things. Therefore, the temptation to live in cities is increasing. Naturally, the younger generation and the older generation Among them Migration This is becoming a reason for the rift. Job And family arrangements due to migration for education This is getting annoying. The joint family system has been disrupted by the migration of young people for jobs and education.
- 6) **Influence of Media:** Social media has grown tremendously in the current period. Due to which people are starting to feel important to live a virtual life. But Because of these media Modern resources have had a huge impact on the mindset of the youth. Due to this impact, To create a gap in the relationship between family and society are causing. Which person are causing obstacles. Which Old thoughts, and Personal experiences To what extent do people of the new generation accept this? This question seems to be a stumbling block. The influence of social media and modern media is increasing on the youth and they are moving away from family and society.

2. Measures

Intergenerational conflict should not increase. And the following measures must be taken to ensure that the coming generation remains happy and satisfied.

- 1) **It is necessary to communicate well** - In the current period, there are obstacles in the way of communication among the people of the society. In the past, people were busy due to TV or mobile. But as members of the society, it is always necessary to hold family meetings. This will allow communication to take place and it is necessary to establish good communication through outings and community programs.
- 2) **Social education from school life itself** - Primary Education should be used to teach and instill social values. This should enable the new generation to connect with the older generation, which will ensure the continued well-being of the family.
- 3) **Including value education** - It is necessary to instill values that can instill respect and gratitude towards the elderly in the younger generation. Elders should be respected. And the elderly should also behave in a respectful manner. This will not create conflict. Efforts are needed for this.

- 4) **Use of social media** - Social media is used to convey messages to the society and disseminate them on a large scale. It is possible to use this medium for creative work.
- 5) **Policy solutions** - When policies should be implemented at the government level from the perspective of solving the problems of the society. The government and NGOs should implement special schemes to build bridges between the elderly and the youth.

3. Summary

Sustainable society building does not depend solely on economic or technological progress, but is based on traditions, communication, and mutual cooperation passed down from generation to generation. Intergenerational solidarity is the soul of society. It is only when everyone takes the initiative to maintain it that true social cohesion will be achieved.