

Cutaneous Warts Treated with Natrum Muriaticum 30c Homoeopathic Medicine: An Evidence-Based Case Report

Dr. P. Chandra Sekaran¹, Dr. Abhijith Ranjan²

Abstract: Cutaneous warts are hyperkeratotic protrusions over the skin caused by human papilloma virus (HPV). These are common throughout the world. Cutaneous warts can occur at any age but are unusual in early childhood and infancy. **Case Summary:** A 6-year-old male child was presented with history of warts on different parts of body especially on face and fingers. After careful case-taking and construction of the totality of symptoms, NATRUM MURIATICUM 30C was prescribed. In response to the medicine, warts began to reduce in size and eventually fell off in six months. Therefore, this case demonstrates the positive role of individualised homoeopathy in treating cutaneous warts.

Keywords: Cutaneous warts, Homoeopathy, Human Papilloma Virus (HPV), Natrum muriaticum, Plane warts

1. Introduction

Warts are the growth of skin resulting from human papillomavirus infection. In general, three types of warts are found. (a) common warts appear on any part of the body, (b) plantar warts appear on the sole of feet, and (c) genital and anal warts appear on the genitalia and anal region. On clinical examination, warts may be flat, rough and painful papulonodular epidermal lesions over different body parts.^[1] The prevalence of cutaneous viral warts in the general population is estimated to be 7-12%.^[2] Warts affect approximately 10% of children and adolescents, with the peak incidence occurring between the ages of 9 to 16 years.^[3] Even though warts are local diseases, they should be treated with internal medicine based on the individualisation of the case.^[4] Immunocompromised patients with warts may exhibit incomplete clearance, and the warts may be resistant to treatment. The two most common treatments for warts are patient-applied salicylic acid and physician-administered cryotherapy with liquid nitrogen.^[5] This case was selected to report the role of homoeopathic medicine in treating cutaneous warts through an individualized medicine.

2. Case Report

A 6-year-old, school-going male child presented with multiple warts on his face and on right and left middle and index finger. The complaints started 1 and ½ years.

History of Presenting Illness:

The patient came with the complaints of multiple warts on his face and on right and left middle and index finger for 1 and ½ years. First it started on right middle finger and later warts also extended to other locations such as face and left, right index finger. He was reported to have taken treatment from the allopathy, as well as tried external ointments without any relief.

Past History:

H/o allopathic treatment for similar complaints for past 2 months.

No H/o jaundice, typhoid.

Family History:

No relevant family history.

Life Space Investigation:

- Born by normal vaginal delivery.
- Crossed all milestones normally.
- He was emotionally attached to his mother and communicated his desires only to his mother.
- One elder sister 8 Years old.
- Being male child and younger sibling, he was well tended by his family members including his sister.
- Since he is pampered, he usually weeps easily for little disappointments and for trivial issues.
- Mother staff nurse in a govt hospital and father an insurance advisor.

Physical Generals:

- Appetite: 3 times /day.
- Thirst: good (1- 1/2 lit / day)
- Urine: passes regularly.
- Stool: constipated/once in 2 days
- Sleep: good.
- Perspiration: generalized
- Desire: strong desire for salty and sour foods.
- Aversion: being covered and used to bath in cold water.
- Thermal: hot

General Examination:

- Patient is conscious and well oriented with time, place and person.
- General Appearance: fair complexion.
- Built and Nourishment: Moderately built and moderately nourished.
- No signs of pallor, oedema, clubbing, jaundice, lymphadenopathy, cyanosis.
- Respiratory Rate: 19 cycle/min.

Local Examination:

- **Inspection:** Warts on the right middle and index finger and in face are multiple in number. The warts are big and rough.
- **Palpation:** Not painful, but tender on pressure. The warts on the right middle finger was flat and hard to touch.

Diagnostic Assessment:

- Based on clinical examination, the case was diagnosed as multiple cutaneous warts.

Therapeutic Intervention:

All the symptoms obtained from detailed case-taking were analysed, and the most characteristic symptoms were converted to rubrics, followed by repertorization with synthesis repertory^[6]. After repertorization and referring to

Materia Medica Natrum Muriaticum was selected, covering the maximum rubrics, including the characteristic features of the warts on lips, on the back of hand, on fingers, adjacent to fingernails, etc ^[7]. Afterward, assessing the patient susceptibility based on age, seat of the disease, pathology, and nature of the disease, higher potency was indicated 30 C is selected^[8].

Follow-Up and Outcomes:

1 MIND - CONSOLATION - amel.
2 MIND - WEEPING - trifles, at
RECTUM
3 RECTUM - CONSTIPATION
EXTREMITIES
4 EXTREMITIES - WARTS - Fingers
5 EXTREMITIES - WARTS - Hands -
Back of hands
GENERALS
6 GENERALS - FOOD and DRINKS - sa
desire

Remedies	ΣSym	ΣDeg	Symptoms
nat-m.	6	12	1, 2, 3, 4, 5, 6
caust.	5	11	1, 2, 3, 4, 6
nit-ac.	5	9	2, 3, 4, 5, 6
sep.	5	8	2, 3, 4, 5, 6
nat-c.	5	7	1, 3, 4, 5, 6
sil.	5	7	1, 2, 3, 4, 6
trit-vg.	5	5	1, 2, 3, 4, 6
vanil.	5	5	1, 2, 3, 4, 6
calc.	4	8	2, 3, 4, 6
con.	4	7	1, 2, 3, 6
staph.	4	6	1, 2, 3, 6
sulph.	4	6	2, 3, 4, 6
carc.	4	5	1, 2, 3, 6
nat-s.	4	5	3, 4, 5, 6
spong.	4	5	1, 2, 3, 6
phos.	3	9	1, 3, 6
lac-c.	3	8	3, 4, 6
verat.	3	8	2, 3, 6

Date	Sign and Symptoms	Prescription
15 February 2024 Baseline visit	Multiple warts on both finger, right middle finger and left index finger and also on face. Constipation	Natrum muriaticum 30C/ 1 dose Sac lac/6 dose
23 February 2024	Warts on the left index finger and face become tender. Constipation relieved. Soft stool passed regularly	Placebo 30/1 dose Sac lac /6 dose
7 March 2024	Warts on the finger reduced in size. Warts over the face are persist.	Natrum muriaticum 30C/ 1 dose Sac lac/6 dose-2 weeks
19 March 2024	Warts on hands reduced much better. those on face reduced in number	Placebo 30/1 dose Sac lac /6 dose-2 weeks
4 April 2024	Warts on hands same size on last visit and warts on face shredded	Natrum muriaticum 30C/ 1 dose Sac lac /6 dose-2 weeks
18 April 2024	Complaints much better. Warts on all location disappeared	Placebo 30/1 dose Sac lac /6 dose-2 weeks
3 May 2024	No warts present over the body.	Placebo 30/1 dose Sac lac /6 dose-4 weeks
5 June 2024	No complaints	Placebo 30/1 dose Sac lac /6 dose-4 weeks
2 July 2024	No complaints.	Placebo 30/1 dose Sac lac /6 dose-4 weeks

Before Treatment**After Treatment****3. Discussion**

During the course of treatment, the patient experienced a gradual decrease in complaints without any worsening of symptoms, aligning with J. T. Kent's fourth observation, indicating "no aggravation with recovery of the patient". This observation highlights that with the accurate remedy and potency, particularly in cases with less depth in pathology or functional diseases, cure can be achieved without exacerbation of symptoms. The patient continued treatment without any recurrence of complaints.^[9]

The patient showed marked improvement in a period of six months, warts on the right middle and index finger and face are fell off. All warts completely disappeared and improved patient satisfaction and quality of life.

4. Conclusion

A complete disappearance of cutaneous warts within six months of homoeopathic treatment is evidence of the definitive role of *Natrum muriaticum* in the cure of warts. Since it is a single case report, a well-designed study with large sample size is recommended to prove the effectiveness of homoeopathic remedies for treating cutaneous warts.

Declaration of Patient Consent:

The authors certify that they have obtained patient consent and that the patient has given his consent for his photographs and other clinical information to be reported in the journal. In addition, the patient was made to understand that his name and initials would not be published, and efforts would be made to conceal his identity.

References

- [1] Shaikh M. Case studies for treatment of warts with Homoeopathy. Indian Journal of Research in Homoeopathy. 2016;10(4):272-8.
- [2] Lynch, M. D., Cliffe, J., & Morris-Jones, R. (2014). Management of cutaneous viral warts. BMJ (Clinical Research Ed.), 348(may27 8), g3339. <https://doi.org/10.1136/bmj.g3339>
- [3] Bellew, S. G., Quartarolo, N., & Janniger, C. K. (2004). Childhood warts: an update. Cutis; Cutaneous Medicine for the Practitioner, 73(6), 379–384. <https://cdn.mdedge.com/files/s3fs-public/Document/September-2017/073060379.pdf>
- [4] Hahnemann CF. Organon of Medicine. New Delhi: B. Jain Publishers; 2008
- [5] Schroyens F, Frederik S. Augmented Clinical Synthesis 9. 1. 2018.
- [6] Boericke W. Boerike's New Manual of Homoeopathic Treatment with Repertory, 3rd Revised & Augmented

Edition Based on Ninth edition. New Delhi: B.Jain Publishers (P) Ltd; 2010. p. 392-3

- [7] Close S. Chapter VII- Susceptibility, Reaction and Immunity. In: The Genius of Homoeopathy, Lecture and Essays on Homoeopathic Philosophy, Reprint edition. New Delhi: B. Jain Publishers, Pvt.Ltd.; 2001. p. 82,183-212.
- [8] Kent JT. Lectures on Homoeopathic Philosophy, Reprint edition: Lecture XXXV Prognosis after Observing the Action of the Remedy. New Delhi: B. Jain Publishers Pvt. Ltd; 1999. p. 229.
- [9] (N.d.-b). Aafp.org. Retrieved May 15, 2025, from <https://www.aafp.org/pubs/afp/issues/2005/0815/p647.pdf>