

Whispers of Power: The Sands of Time (Captivating Women Characters in Sidney Sheldon's Novel)

Dr. Kavitha K

Government First Grade College Devanahalli (Rural) Bangalore-562110, Karnataka, India

Abstract: *Sidney Sheldon's The Sands of Time is a masterful tale of intrigue, romance, and resilience, featuring a cast of compelling female protagonists who navigate a world of political upheaval and personal transformation. This paper explores the nuanced portrayal of these captivating women, each shaped by fate, love, and the pursuit of power. From their initial vulnerabilities to their emergence as formidable figures, Sheldon crafts a narrative that transcends traditional gender roles, presenting heroines who embody strength, intelligence, and emotional depth. By analyzing the intricate layers of their character development, relationships, and struggles, this study highlights how The Sands of Time serves as a testament to the enduring power of women in literature. Through their whispered defiance and unyielding spirit, these characters not only shape their destinies but also redefine the boundaries of power and resilience in a male-dominated world.*

Keywords: Sidney Sheldon, Women in Literature, Female Empowerment, Character Development, Power and Resilience, Gender Roles, Strength and Survival

1. Introduction

In the world of popular literature, Sidney Sheldon stands as one of the most prolific and influential writers, captivating readers with his intricate plots and dynamic characters. Among his many works, one of the most striking elements is the portrayal of strong, multifaceted women. In Sheldon's novels, women are not mere side characters; they are the driving forces of the story very determined, ambitious, and resilient. *"Empowered Voices and Individual Consciousness: Captivating Women Characters in Sidney Sheldon's Iconic Novel The Sands of Time (SOT)"* delves into the complex, powerful women who shape his narratives, exploring how Sheldon crafts characters that break societal norms, challenge expectations, and navigate the complexities of identity and power. These characters embody empowerment, showcasing not just survival but triumph, independence, and self-realization. This examination of Sheldon's portrayal of women highlights their impact on the narrative and their relevance in shaping modern literature's depiction of women in a world that often underestimates their strength. The four women characters; Lucia, Megan, Teresa, and Graciela living in a convent as nuns, within the strict confines of a convent. Their forced escape into the outside world pushes them to develop independence and challenge their previous beliefs. Each woman encounters dangerous situations, including violence, betrayal, and romantic dilemmas. They must rely on their inner strength to survive. Throughout the novel, the characters make their own decisions about love, faith, and freedom. For example, Lucia, who has a past linked to crime, reclaims her identity and decides her own future. The women evolve from being perceived as fragile and submissive to showing immense bravery, intelligence, and adaptability, proving that their strength comes in many forms. The thematic of the novel *The Sands of Time* admits the pure form of female strength and resilience. The book follows four nuns who flee their convent in Spain and get caught up in the Basque separatist movement. Each woman undergoes a personal journey that tests her courage, intelligence, and adaptability.

From Shadows to Spotlight: Sheldon's Novels Enduring Legacies

From a feminist critical standpoint, literature is often evaluated based on how it represents women's lives, choices, and struggles against oppressive structures. The novel *The Sands of Time*, Sidney Sheldon presents a narrative that sets against the backdrop of political turmoil and centers on female characters who challenge the restrictive norms imposed by both religious institutions and a male-dominated society. The novel can be read as a text that interrogates the traditional roles of women, and even though it is not an explicitly feminist manifesto, its portrayal of the protagonists offers rich material for feminist analysis. The starting point for the protagonists is a convent a place that, while providing spiritual refuge, also represents a highly regulated environment where the roles and behaviors of women are strictly defined. The decision of the nuns to flee can be read as a rejection of imposed limitations. Their departure symbolizes a break from the confines of institutionalized expectations and marking the first step toward reclaiming personal agency. The act of leaving the convent is significant within feminist discourse. It illustrates the courage required to abandon a safe but limiting identity in pursuit of self-determination, a theme echoed in feminist literature where personal liberation often involves a painful, transformative process. Women have been subservient in the past history. Myths and theologies also had stronger roles supporting women's submissiveness. The major root cause of women's disgrace in particular are the role of nuns symbolized the piety and sacrifice, enforcement of patriarchal oppression. Historically, religious institutions, including convents, have played a role in controlling women's choices. While many nuns have been pioneers in education and healthcare, the structure of convents has also contributed to women's subjugation in several ways; forced religious life especially in earlier centuries, families sent daughters to convents to avoid dowries or scandals, effectively stripping them from personal choices. Religious teachings often emphasized submission, humility, and chastity for women, reinforcing their secondary role in society. Moral Policing of Nuns where the "fallen women" who were shamed and punished, reinforcing societal disgrace rather than offering support.

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Elizabeth Candy Stanton in *The Women's Bible*¹ about women's experience. Stanton reexamined biblical passages that had been used to justify women's subordination, such as Eve's role in the Fall. She argued that the story was a tool of male dominance rather than a divine mandate for female inferiority. She exposed how religious institutions manipulated scripture to maintain male authority, limiting women's rights in marriage, education, and leadership. She finds the very basic biblical views on women as '*degradation*' and '*sexism*' as the depth of pertinence in Christian traditions. Stanton strongly declares theology as a product of male experience. She argues on the points made by Reinhold Niebuhr and Anders Nygren, the two major theologians who established the universal definition of '*sin as pride and grace as sacrificial love*'. Stanton argues that sin committed by men was seen as pride of their liberty whereas for woman, it was greater than crime to accept the whips with grace. **"They not only fail to illuminate women's experience, but also reinforce what might be considered "women's sin" of self-forgetfulness and self-negations."**² Mary Daly entered the feminist theological field in 1968 with the publication of her first major work *The Church and the Second Sex*. Her message about "God the father, **"the great patriarch in heaven, and the male Christ**"³ brings the ideas chiefly focused on the themes of women's place in the church as slaves (nuns). She contends that the church's attitude towards women had been prejudiced **"messianic community, uniquely able to examine and challenge the oppressive tendencies of the traditional religion."**⁴ The novel *The Sands of Time* (1988) projects convictions of ideological and religious myths of women's humiliation in the *Christian tradition*. This novel marks the social and cultural transitions encouraging modernity. Sidney Sheldon brings four tangible characters: Sister Teresa, Sister Graciela, Sister Megan, and Sister Lucia, representing them by the transitions of modernity. Sheldon also in his novel makes a statement that, **"The Church is one of the great ironies of our history...."** (SOT, p: 16) Christianity is oriented to male chauvinism with the Pope, the Bishops, and the Father. The philosophy of the church towards women (nuns) was to make them love, serve, and sacrifice. Women as nuns were treated as slaves. They were corrupted for centuries by the institutions imposed on them as the brides of Jesus. They were forced to control their physical and mental desires, pressured by unnecessary disciplines. Is it true that they can control themselves and merge in the name of God throughout their life? God himself being a male (Jesus) does it not make to think that a nun is completely forced to love him? What difference does it make if men think they are Gods and take supreme power to rule? It is the subtle conspiracy that even the Gods trick women into persuading them to serve them as their bride (nun) forever.

Sheldon adds that human desires are stronger than the "theological truths". He makes it clear through the four nuns from the Cistercian Convent of Avila. The story is based on the struggle of the Basque tribes in Pamplona fighting against Spain (Separatist movement) for their freedom and cultural independence in 1976. Jaime Miro, the leader of the Basque terrorist group, sneaks into the Pamplonian prison in disguise as a priest and escapes with two of his fellow terrorists, Ricardo Mellado and Felix Carpio. The Prime Minister nominates Colonel Ramon Acoca as the head of the anti-terrorist group to find and kill Jaime Miro. Acoca has his own

reasons for taking personal interest in finding Jaime Miro because he lost his pregnant wife in the Basque struggle years before. Colonel Ramon Acoca thinks the 'Catholic Church' has been supporting the Basque National Force. He decides to ride the Cistercian Convent and spoils the strict observance of silence in the convent. The nuns living there eat little, pray more, and work hard. The irony is that they use the 'discipline' (a whip) to punish themselves for no mistake. They know nothing about the outside world. In the Church raid, the Reverend Mother Bettina mistakes thinking that the raid was for the Gold Cross which had been hidden in the convent centuries before. She wants to save the Gold Cross and pleads Sister Teresa to move out of the convent to some other convent taking the Gold Cross. In this situation the other three sisters also move out of the convent. Unfortunately, they happen to join the Basque group in the forest. Their encounter with the men in the forest makes them understand the social world. All the four sisters suffer hysteria because of their past histories.

The Character Teresa starts as a religious zealot who believes in strict adherence to convent life. She resists change and initially views the outside world as sinful. However, as she faces new experiences, she begins to question the structures that have dictated her life. Her arc is one of self-liberation from blind faith and rigid ideology. From a feminist perspective, Teresa's journey can be interpreted as a critique of how religious institutions often confine women within roles of submission and obedience. However, her transformation is somewhat abrupt, as she shifts from extreme devotion to questioning everything she once believed. While this change symbolizes personal empowerment, it also reinforces the idea that breaking away from traditional roles is the only path to growth, which may align with all feminist perspectives. In such a condition Sister Teresa who had been in the convent for forty long years and her sudden exposure to the outer world makes her psychic. She mistakes thinking that the Basque tribes are bad men trying to kidnap her. She withdraws herself from the gang where she goes in search of Colonel Acoca to inform about the Basque terrorists. Colonel Acoca captures Sister Teresa. When he finds his interrogation never appealed to her, he makes his men take turns raping her. But Sister Teresa knew nothing other than her God Jesus and thinks, God is the supreme power above all would rescue her. **"God will strike them all dead. He will not let them touch me, for I am His vessel. I am one with the lord, drinking from His fountain of Purity."** (SOT, p: 234) Until she comes to know that she is more powerful than her God to save herself: **"As the sixth man enters her body, the epiphany suddenly came to her. God was not listening to her because there was no God. (She realized that) "If God Exists, he would have saved me." ...Teresa grabbed the pistol from his holster, and before anyone could react, she turned it on...kept firing...Four of them fell to the floor before the others came to their senses and began to shoot at her...Sister Teresa and her last ravisher died at the same moment.** (SOTp:235-236) The final retribution is her *self-realization* to think that no God or men will come in rescue, for it is only women should know of their real strength. Traditionally, women in literature have often been confined to roles of passive caregivers or objects of desire. In contrast, the protagonists in *The Sands of Time* are portrayed as active agents in their destiny. Their involvement in politically

charged situations and their readiness to face danger highlight a form of strength that challenges stereotypical images of femininity as weak or subordinate.

From Victims to Victors: Women's Empowerment in Sheldon's Narratives

The Character *Lucia Carmine* is perhaps the strongest embodiment of female empowerment in the novel. Having been raised by a Mafia boss, she is a woman accustomed to power, manipulation, and survival. Lucia is the most assertive and empowered character in the novel. Having grown up in a world of crime and betrayal, she is sceptical, pragmatic, and unwilling to trust easily. Unlike the other women, who struggle with adjusting to the outside world, Lucia embraces it, seeing it as an opportunity to reclaim her lost freedom. From a feminist perspective, Lucia represents a woman who refuses to be controlled by men. She does not hesitate to make her own choices, whether in survival or romance. However, her character also plays into the stereotype of the "tough woman" who must harden herself to navigate a male-dominated world. While she is portrayed as intelligent and independent, her ability to survive is partially attributed to her father's influence and her past connection to male power structures. Her decision to escape the convent and navigate a dangerous world on her own terms highlights her resilience and agency. Lucia refuses to be a passive participant in her fate, making choices that prioritize her freedom and personal strength. She attributes the *masculine model* character. Lucia Carmine the wealthy, daughter of a Mafia boss in Italy seeks representing the type of *Modern woman*. Her affair with the bodyguard Benito turns her father and brothers to prison. With vengeance Lucia kills her boy-friend and the Judge who bargains her sex to release her father and brother. She flees to Switzerland, where a hidden bank account contains millions of dollars promised by her father. While going through Spain, she decides to hide for some time in the convent to escape from the police. However, her forest experience makes her fall in love with Rubio, but plans to steal the Gold Cross and pawn it for her travel to Switzerland. Meanwhile, Rubio is stabbed when he defends a snide comment someone makes about Lucia at an inn and they both get arrested. The police recognize Rubio as a terrorist and Lucia as a murderer from Italy. Jaime's men find ways to escape them from the prison and at the end they get married. After the war they live in France countryside with two kids.

The character Graciela is the most tragic figure in the novel. She is portrayed as innocent and delicate, making her an easy target for the harsh realities of the outside world. Her suffering highlights the dangers that women face in a world dominated by violence and male power. From a feminist perspective, Graciela's character is problematic because she falls into the trope of the passive female victim. Unlike Lucia or Megan, she does not gain significant agency or control over her life. Instead, she becomes a symbol of the consequences of male oppression rather than an active participant in her own fate. Sister Graciela, the daughter of a woman whose fiancé left when he found she was pregnant. The consequences turn Graciela's mother into a whore. When Graciela was fourteen, she is raped by one of her mother's clients known as the Moor. When Graciela's mother comes to know about this, she throws her out of the house. So Graciela chooses to join the convent. Sister Graciela and Ricardo Mellado have been

traveling together in the forest. He is overwhelmed by her beauty and reluctantly falls in love. It isn't until she is attacked by a wild wolf in a cave she speaks to him. Though, her childhood memories never allowed her to trust any man; she falls in love with Ricardo agreeing to marry him. But the thoughts about her mother's life troubled her and made her feel sick of men and the outside world. So, finally, she chooses her destiny by going back to the convent.

In the interim, the minor character Ellen Scott joins as a worker in one of the Scott Companies. She gets attracted to Milo Scott, (chief of the Scott Companies) for her sharp intelligence. They fall in love and marry. After marriage Ellen comes to know that Byron, the elder brother had all the powers of the Scott Companies and Milo was given minimum powers in the company. Her hopes to persuade Milo for his share of the companies make Milo unhappy. Byron and his wife Susan have a baby girl named Patricia Scott whom Ellen assumes would inherit the company. While on a business trip to Spain, travelling in their private jet, the plane crashes, killing everyone except Milo, Ellen, and the baby. Ellen forces Milo to abandon the baby at a farm so that the baby will be assumed dead and the company will go to Milo. When they read Byron's Will later, they discover that his fortune was left to Patricia Scott. Milo feels guilty of injustice done to his brother's daughter. He dies of his mental sickness and Ellen becomes the head of the entire Scott companies. Twenty-eight years later, Ellen comes to know of her cancer and hires Alan Tucker a former detective to search for the baby abandoned in Spain. Alan Tucker finds that Sister Megan was the baby left on the door steps of the orphanage and later joined the convent.

Megan's character arc represents personal growth from innocence to empowerment. At the beginning of the novel, she is portrayed as soft-hearted and somewhat dependent on others. However, as she is thrust into the chaotic world outside the convent, she learns to make her own decisions and protect herself. From a feminist viewpoint, Megan's transformation is significant because it challenges the stereotype that women must always rely on men for protection. However, her character remains tied to traditional feminine virtues—compassion, gentleness, and love. While she becomes stronger, she does not entirely break away from societal expectations of what a "good" woman should be. Sister Megan is the most inspiring personality in the novel. Megan is thrilled when she comes to know of her birth from Alan Tucker. Later, Megan becomes the owner of her inherited property. Even though, she was brought up in an orphanage, she seems to be amazingly intelligent to handle the company affairs. Sheldon justifies her *intellectual power* by giving importance to save the Scott companies from all obstacles of financial troubles not as a legal heir but, as a woman capable of running it. Further, her astuteness intelligent is seen where she saves Jaime Miro's life and the novel has a happy ending. These four characters represent the social reality of human conditions that transcends the spectrum of *situational demands* and surpasses the conventional orders and the system of traditional institutions. This kind of transformation can also be interpreted as a kind of resurrection of the modern world. *"As in dealing with the problems of living quality in the second stage as best we can, personally and politically- we must, above all, hold on to the*

concreteness, the changing realities of each situation, and our own and others experience of it, so that we neither overestimate nor underestimate the real possibilities of movement or the dangers and resistance to it"⁴ Such realities motivate women to come out of their stifling darkness. There are stars forever to shine down, which procreate eternal light down to earth, for the earth holds the most precious living creatures. And in its women epitomize the changing realities of modern life and the "*spirit of the new*."¹⁹ Especially women having acquired the intellectual capacity of independent survival are preoccupied by the mind of modernity.

2. Conclusion

Sidney Sheldon's *The Sands of Time* presents complex female characters who demonstrate resilience, intelligence, and courage. From a feminist perspective, the novel provides a narrative of women breaking free from oppressive systems and asserting their agency. However, it still adheres to traditional tropes of love, sacrifice, and tragedy, which limit the full realization of feminist ideals. While the novel takes a step toward portraying strong women, it does not completely break free from the gender norms that have long shaped literature. The four female characters navigate dangerous situations and show resilience and evolve into stronger independent women. From a feminist perspective, the novel offers glimpses of female strength but does not completely break free from conventional gender tropes. The women are survivors, but their full independence remains constrained by the male-dominated world they inhabit.

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