

Integrative Homoeopathy: A Case Report on Gallbladder Stone Treatment in Pacemaker Implant Scenario

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Abstract: Gallbladder stones, or cholelithiasis, are solid particles formed in the gallbladder, often causing abdominal pain and digestive issues. Homoeopathy offers a non-invasive approach to managing gallstones by focusing on individualized treatment based on the patient's symptoms and constitution. Remedies like *chelidonium* and *Nux Vomica* are commonly used to alleviate discomfort and improve gallbladder function. Pacemaker implantation is a critical procedure for individuals with heart rhythm disorders such as bradycardia or heart block. It involves placing a device under the skin to regulate the heartbeat, ensuring effective circulation. Modern pacemakers feature advanced technologies like adaptive pacing and remote monitoring, enhancing patient outcomes and quality of life.

Keywords: Gallbladder stones, Homoeopathy remedies, symptom focused, pacemaker implantation

1. Introduction

Gallbladder stones, or cholelithiasis, present a significant challenge in medical practice, particularly when compounded by the complexities of pacemaker implantation. Conventional treatments often lean towards surgical interventions, which may pose risks for patients with pre-existing cardiac devices. This article explores the potential of symptomatic homeopathy as a non-invasive, individualized approach to managing gallbladder stones in such cases. By focusing on the patient's unique symptomatology and overall constitution, Homeopathy offers a holistic pathway to relief, emphasizing the body's innate healing mechanisms.

2. Discussion

This case involves a -old female with a recent history of pacemaker implantation. Her son sought homeopathic care for her symptoms, which included loss of appetite, incomplete sleep, and constipation. The treatment approach was tailored to her individual needs, utilizing a combination of remedies:

- 1) **Calcarea Carbonica:** Administered as a constitutional remedy to address her overall health and vitality.
- 2) **Nux Vomica:** Prescribed specifically for her constipation, promoting digestive balance.
- 3) **Chelidonium:** Targeted her gallbladder stones, supporting liver and biliary function.
- 4) **Thuja:** Used as an intercurrent medicine to address underlying chronic tendencies.
- 5) **Rhus Tox and Arnica:** Provided relief for muscular pain and the aftereffects of a fall.

Lifestyle modifications were also advised, including the complete cessation of milk consumption and encouragement of mild body movements within the home setup. These adjustments, combined with the homeopathic regimen, significantly improved her quality of life. Notably, after

initiating treatment, there were no further hospital admissions, highlighting the efficacy of this integrative approach.

Each remedy was selected based on the specific symptoms and underlying conditions of the patient.

- 1) **Calcarea Carbonica:** This remedy is often used as a constitutional treatment, especially for elderly patients with weakened vitality and a history of chronic issues. It addresses general health, including emotional imbalance and metabolic disturbances, and promotes overall well-being.
- 2) **Nux Vomica:** Known for its effectiveness in treating digestive complaints, Nux Vomica was chosen for the patient's constipation and related discomforts. It is particularly suitable for individuals with sedentary lifestyles or those prone to irritability and digestive irregularities.
- 3) **Chelidonium:** This remedy targets gallbladder and liver function. Chelidonium is commonly used for gallbladder stones, supporting bile flow and alleviating pain or discomfort associated with the condition.
- 4) **Thuja:** Thuja serves as an intercurrent remedy, which means it helps address underlying chronic tendencies and enhances the overall effectiveness of treatment. It's particularly useful for dealing with deeper systemic imbalances.
- 5) **Rhus Tox and Arnica:** These remedies were selected to address muscular pain and soreness after the patient's fall. Rhus Tox is effective for conditions worsened by rest and improved by movement, while Arnica is well-known for alleviating bruising, trauma, and post-injury discomfort.

The holistic approach integrates remedies to address not only the immediate symptoms but also the patient's overall constitution and life circumstances, ensuring improved quality of life and minimizing the need for hospital interventions.



Discharge Summary

Dept. of GASTROENTEROLOGY

GENERAL INFORMATION

UHID	AHB.0000903109	Patient Identifier	AHBIP129710
Name	Mrs. SAVITRI KUMAR	Age	77Yr 11Mth 15Days
Sex	Female	Ward/Bed No	LEVEL-3 , MICU 2, Bed no:3027
Policy/Agreement	MEDI ASSIST INDIA - MEDI-ASSIST INDIA LTD IP AGREEMENT	Address	VIJAYA ENVLAVE, NB1-24, SRS NAGAR, VIJAYA BANK LAYOUT, Bangalore, Karnataka

CONSULTANT DETAILS

Primary Consultant	Dr. Prasanna K S DM(Gastro,SGPGI) GASTROENTEROLOGY
Consultants:	DR. C M NAGESH, CARDIOLOGY DR. R S BHAT, SGE

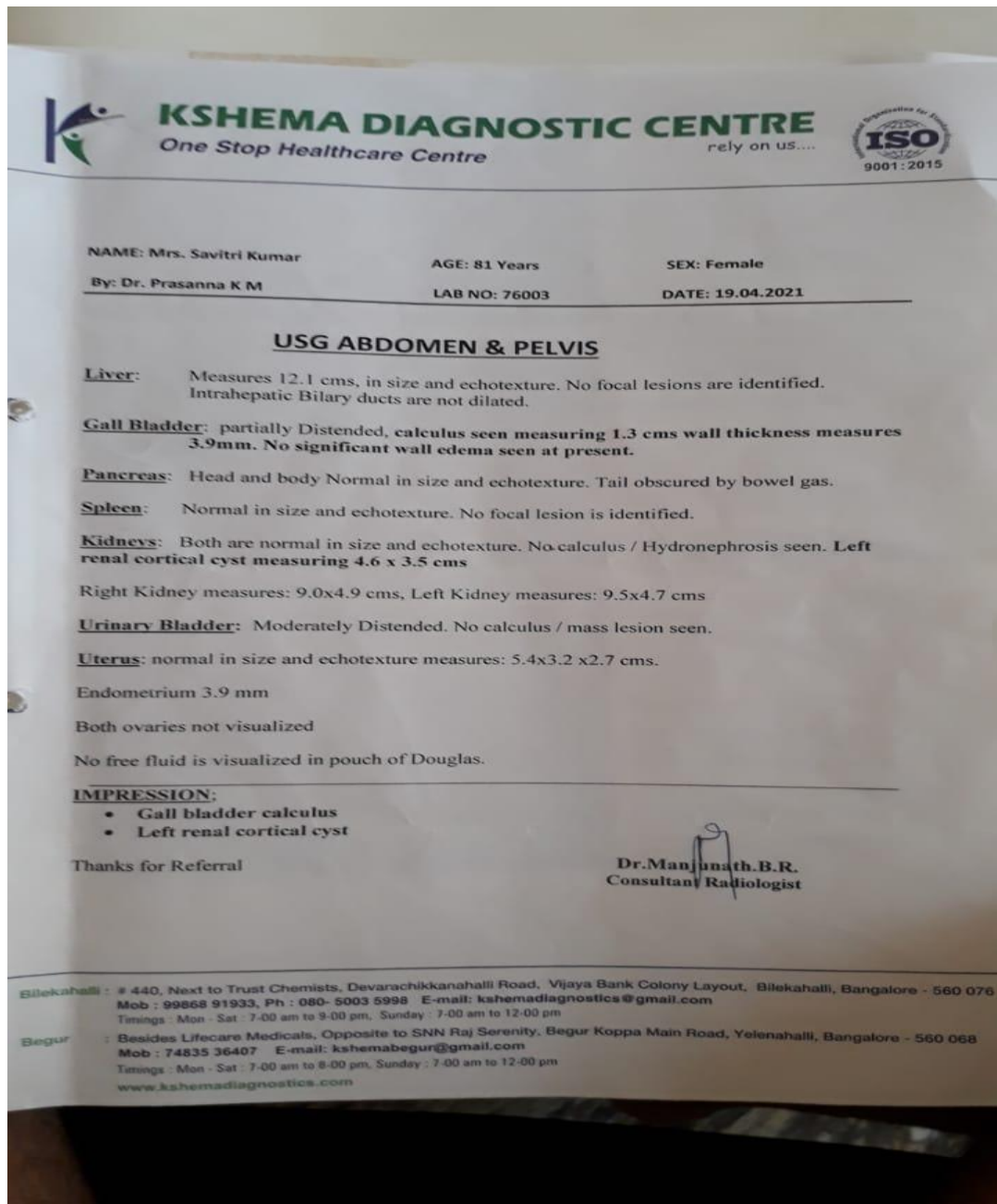
DIAGNOSIS & CLINICAL HISTORY

Date of Admission	13-Apr-2021
Date of Discharge	16-Apr-2021
Diagnosis	ACUTE PANCREATITIS - LIKELY PASSED OFF BILIARY SLUDGE ACUTE CHOLECYSTITIS FATTY LIVER
	HTN, SSS, PAF S/P PPI
Type of Discharge	Normal
Chief complaints	Complaints of abdominal pain since yesterday night.
History of Present Illness	80 year lady known case of Hypertension, S/P Pacemaker implantation (02/04/2021), presented to the emergency with the complaints of abdominal pain since yesterday night, sudden in onset, right sided, non radiating, no aggravating or relieving factors. History of 1 episode of vomiting since yesterday night.

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Homoepathy Treatment Started -May 2021

Complaint of

Loss of Appetite

Incomplete sleep

Difficulty to pass motion

Through her tears, she recounted the sorrowful news of her husband's passing and mentioned how the frequent hospital visits had led her daughter-in-law to leave the home, all while speaking with understanding and without any criticism toward her.

According to her son, she is a gentle woman who has never scolded or raised a hand against him or his brother.

Calcarb 200- 4 pills/1 dram- Morning and Evening.

Chelidonum 30-4 pills Afternoon.

Low fat less spicy Diet.

Small frequent meals.

Stop milk

Take a walk in your drawing room at a pace and duration that suits your comfort and capacity, ensuring the space is safe and free from obstacles.

Avoid close contact with devices that generate strong magnetic fields (e.g., MRI machines, powerful magnets, or certain electronic equipment).

Keep mobile phones and other wireless devices at least 15 cm (6 inches) away from the pacemaker site.

5 Sep 2021---Improvement. Appetite-good. Motion-Constipation.

Rx

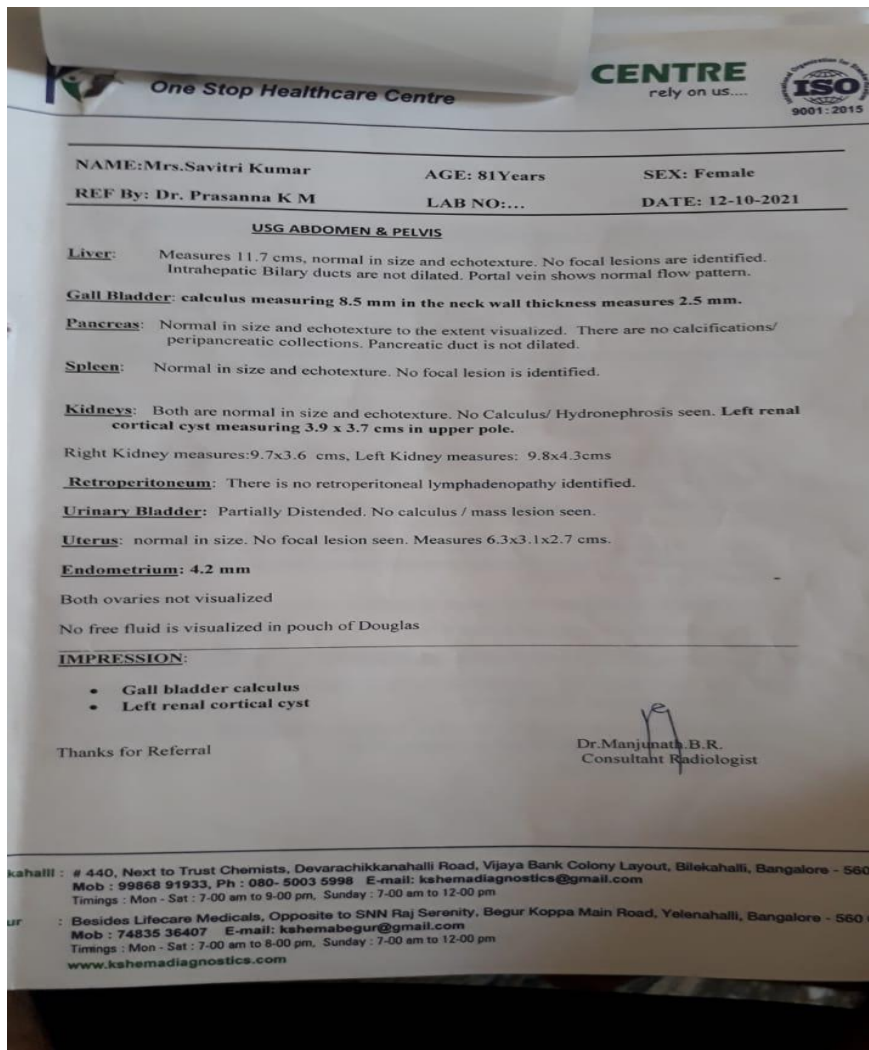
Calcarb 200- 4 pills Morning.

Chelidonum 30 -4 pills-Afternoon.

Nux vomica 200- 4 Pills Night.

Milk and milk products completely stopped.

Walking -Small steps at Home.



Oct 2021- After Report.

Calcarb 200- 4 pills

Thuja 1 M- 4 pills.

Though now constipation is much better Patient is taking Nuxvomica 200 as per required.

Advised to maintain the food timing.

For Frequent meals- Eat every 2 Hours.

Patient visiting to another son.

So for Three Months Medicine Given.

Calcarb 200-4 pills-Morning

Thuja 1 M-4 pills Afternoon

Chelidonium 30-4 pills Evening

Thuja occidentalis is seen as an intercurrent remedy by Dr. Kent, Dr. Allen, and Dr. Boericke for conditions linked to the sycotic miasm, like gallbladder stones. It helps clear

obstacles, addresses miasmatic tendencies, and supports the liver and biliary system to prepare for specific treatments.

4 Feb 2022- Patient another son(Native) contacted after three months.

She is much better Appetite Good, Motion-Good. Sleeping Well. Walking in Drawing room.

No medical Emergency till Now.

C/O: Backache:

Calcarb 200- 4 Pills.

Rhus tox 200-4 pills.

Taken medicine for three months.

As USG report done April, Patient son insisted for investigation as patient will undergo complete Health Check-up.

SHAKUNTALA
DIAGNOSTICS & IMAGING

SD
IMAGING

Radiology No. :	Date :
Patient Name : SAVITRI KUMARI	Sex : F
Referred : SELF	Age : 81 Y

ULTRASOUND WHOLE ABDOMEN

FINDINGS:

LIVER is normal in size (12.5 cm) and shows increase parenchymal echogenicity (Fatty infiltration). No focal lesion is seen. Intra hepatic biliary radicals are normal. Portal vein is normal in course and caliber.

GALL BLADDER is normally distended. Wall thickness is normal. No obvious gall stones seen. Common bile duct is within normal limits.

PANCREAS is normal in size, outline and echotexture. No focal lesion is seen. No evidence of calcification is seen.

SPLEEN is normal in size (8.4 cm) outline and echotexture. Splenic vein is normal.

RIGHT KIDNEY is normal in size (9.0 cm), shape and echotexture. Corticomedullary differentiation is maintained. No evidence of calculus or hydronephrotic changes seen.

LEFT KIDNEY is normal in size (9.2 cm), shape and echotexture. Corticomedullary differentiation is maintained. There are multiple well defined anechoic cortical cysts seen, largest measures approx. 40.7 x 40.5 mm in upper pole. No evidence of any calculus or hydronephrosis seen.

URINARY BLADDER appears normal. No calculus or mass lesion is seen within.

UTERUS is anteverted and measures approx. (6.4 x 3.2 x 2.7 cms). Endometrial thickness measures 3.5 mm. No myometrial mass is seen.

CERVIX is normal.

Bilateral adnexal regions appear normal.

No significant lymphadenopathy is seen. No free fluid is seen in the peritoneal cavity.

OPINION:-

- FATTY INFILTRATION OF LIVER GRADE "I".
- LEFT SIMPLE RENAL CORTICAL CYSTS.
- NO EVIDENCE OF CALCULUS IN GALL BLADDER LUMEN.

SUGGESTED CLINICAL CORRELATION.

Note:- In case of contracted/partially distended gallbladder, patient is advised to review next day (9to 11am) in empty stomach after 6-8 hours.

Dr. P. K. Choudhary.
Consultant Sonologist.

Dr. N. Shekhar, MD.
Radiologist

Dr. Swati Shekhar, DMRD
Radiologist

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4-4-2022- No evidence of Calculus in Gall-bladder Lumen.

MANORMA
ULTRASOUND & DIGITAL SPECTRUM

Multi Slice CT Scan Color Doppler
USG 3D/4D Digital X-Ray

Patient Name : SAVITRI KUMARI
Referred By : DR. HOPE HOSPITAL
BHAGALPUR

Age/Gender : 84Yrs /Male
Date : 15/08/2024
Patient Code : 15082404002943

CXR - PA VIEW

Bilateral lung parenchyma appears normal.
No obvious focal lung parenchymal lesion seen.
Hilar shadows appears normal.
Cardiomegaly.
Left CP angle blunted.
Soft tissue and bony thorax appear normal.

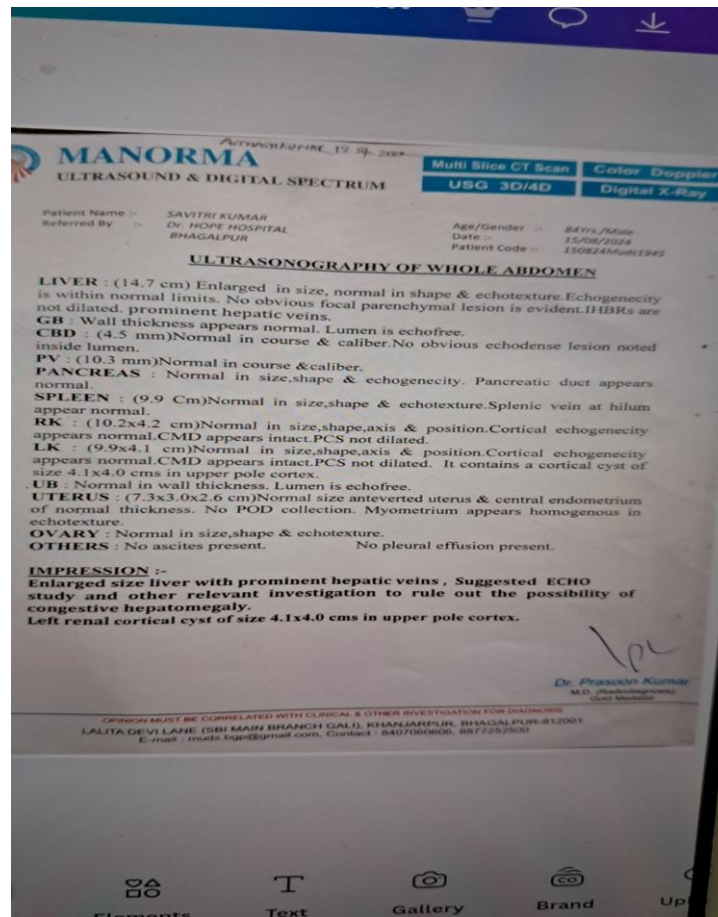
IMPRESSION :
Cardiomegaly.
Left CP angle blunted.
Pacemaker device in situ.

PL CORRELATE CLINICALLY

Dr. Prashant Kumar
M.D. (Radiology)
Consult Radiologist

OPINION MUST BE CORRELATED WITH CLINICAL & OTHER INVESTIGATION FOR DIAGNOSIS
KALITA DEVI LANE (SDI MAIN BRANCH GATE), KHANJARPUR, BHAGALPUR-812001
E-mail : mdsbtp@gmail.com, Contact : 8407060600, 8877252900

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15-08-2024--- Gall bladder wall thickness appears normal. Lumen is echofree.
4-4-2022 and 15-08-2024 USG Abdomen report –
GB –wall thickness appears normal lumen is echofree.
30-12-2024
C/O Arm pain both since 4 months. Generals better. Active. H/o of fall.
Arnica 30 -4 pills morning and 4 pills evening.

Conclusion: Managing gallbladder stones and addressing the challenges of pacemaker implantation involves a comprehensive approach combining constitutional, symptomatic, specific, and intercurrent remedies. Constitutional medicines like ****Calcarea Carbonica**** support overall health and address chronic tendencies. ****Nux Vomica**** is beneficial for managing constipation, ensuring regular bowel movements and improved digestive function. Symptomatic remedies such as ****Rhus Tox**** effectively alleviate muscular pain, enhancing comfort during recovery. Specific medicines like ****Chelidonium**** target gallbladder and liver health, while intercurrent remedies like ****Thuja**** help clear miasmatic blockages, optimizing the overall effectiveness of the treatment.

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