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# HeartSound AI: A Deep Learning Platform for Automated Phonocardiogram Analysis Enabling Smartphone-Based Cardiac Screening System Architecture, Pilot Validation, and Pathway to Clinical Trials

## Sanjeeva Reddy Bora

Co-Founder & CTO, enaiblr.ai, Hyderabad, India

Corresponding Author Email: sanjeev[at]enaiblr.ai

**Clinical Trials Status: Pending** 

The HeartSound AI platform has NOT received regulatory clearance. Prospective multi-center clinical trials are in protocol development (anticipated ClinicalTrials.gov registration Q2 2026). This work is for research purposes only.

Abstract: <u>Background</u>: Cardiovascular diseases remain the leading cause of global mortality (17.9 million deaths annually). Early detection through cardiac auscultation offers critical intervention opportunity, yet diagnostic accuracy varies widely (sensitivity 32-44% for clinically significant valvular heart disease). AI-powered phonocardiogram analysis presents a promising approach to democratize cardiac screening. <u>Objective</u>: To develop and conduct preliminary validation of HeartSound AI, a comprehensive deep learning platform for automated PCG analysis designed for smartphone deployment. <u>Methods</u>: We designed a modular pipeline integrating: (1) adaptive preprocessing with bandpass filtering (20-800 Hz); (2) signal quality assessment; (3) heart sound segmentation using Hidden Semi-Markov Models; (4) spectro-temporal feature extraction (MFCCs, CWT, Mel-spectrograms); (5) hybrid CNN-RNN classifier with attention; and (6) calibrated probability fusion. Development followed Good Machine Learning Practices guidelines. Evaluation utilized CirCor DigiScope dataset (5,272 recordings) and pilot clinical recordings (n=15). <u>Results</u>: On development data, the platform achieved weighted accuracy of 74.2% (95% CI: 71.8-76.6%) with murmur-present sensitivity of 81.3%. Heart sound segmentation demonstrated S1/S2 detection rates exceeding 94%. Real-time analysis was achieved in <2 seconds on smartphone hardware. In pilot demonstrated sechnical feasibility for smartphone-based cardiac screening. Prospective multi-center clinical trials are required to establish diagnostic accuracy before clinical deployment.

**Keywords:** Phonocardiogram; Deep Learning; Cardiac Auscultation; Heart Murmur Detection; Software as Medical Device; Mobile Health; Point-of-Care Diagnostics; Valvular Heart Disease

#### 1. Introduction

#### 1.1 Global Burden of Cardiovascular Disease

Cardiovascular diseases (CVDs) constitute the predominant cause of mortality worldwide, responsible for 17.9 million deaths annually—32% of all global deaths. Among CVDs, valvular heart disease (VHD) affects approximately 1 in 10 adults over 65, with more than half remaining asymptomatic, leading to delayed diagnosis. In low- and middle-income countries, rheumatic heart disease remains endemic, affecting over 40 million individuals with ~300,000 deaths annually.

# 1.2 Limitations of Cardiac Auscultation

Cardiac auscultation's diagnostic utility is constrained by clinician expertise. Chambers et al. reported sensitivity of only 32% for mild VHD and 44% for clinically significant VHD.<sup>9</sup> Studies demonstrate consistent deficits in auscultation skills among physicians-in-training, with less than half of patients with moderate/severe aortic stenosis exhibiting audible murmurs.<sup>10-12</sup>

# 1.3 AI in Cardiac Sound Analysis

The George B. Moody PhysioNet Challenge 2022 established a major benchmark using the CirCor DigiScope Dataset (5,272 recordings from 1,568 patients). 13-14 The winning hybrid algorithm (McDonald et al.) achieved 92.7% sensitivity for murmur-present cases using RNN with parallel hidden semi-Markov models. 15 Commercial systems like Eko have demonstrated FDA clearance with AI sensitivity of 87% versus 44% for physician auscultation. 16-17

#### 1.4 Study Objectives

(1) Present the technical architecture of HeartSound AI integrating signal processing, quality assessment, segmentation, feature extraction, and deep learning classification; (2) Report preliminary validation results; (3) Outline regulatory and clinical trial pathway. Important: Clinical trials are pending; no diagnostic accuracy claims for clinical populations are made.

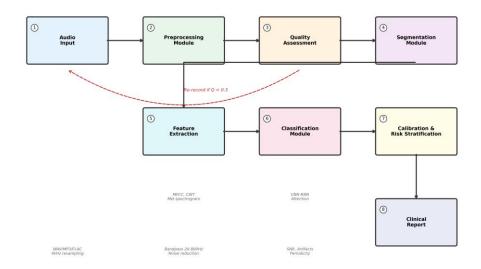
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#### 2. Methods

## 2.1 System Architecture Overview

HeartSound AI employs a modular pipeline comprising six integrated components (Figure 1). Development followed the ten guiding principles of Good Machine Learning Practices (GMLP) jointly published by FDA, Health Canada, and UK MHRA.<sup>18</sup>

Figure 1: HeartSound AI System Architecture



**Figure 1:** HeartSound AI System Architecture — Six-module pipeline from audio input to clinical report. Dashed red line indicates quality-based feedback loop for re-recording

### 2.2 Data Preprocessing Module

**Audio Standardization:** Resampling to 4,000 Hz (Nyquist criterion for cardiac frequency content 20-800 Hz); multichannel to mono conversion; peak amplitude normalization to [-1, 1].

**Bandpass Filtering:** Fourth-order Butterworth filter (20-800 Hz) with zero-phase forward-backward filtering. Transfer function:  $|H(j\omega)|^2 = 1 / [1 + (\omega/\omega_c)^{2n}]$  where n=4.

**Noise Reduction:** Spectral subtraction for stationary noise; discrete wavelet transforms with soft thresholding for transient artifacts; Hilbert transform envelope computation (20 ms window).

# 2.3 Signal Quality Assessment Module

Signal quality critically determines algorithmic reliability. The quality module provides quantitative metrics for recording rejection, confidence weighting, and result caveating (Figure 2).

Figure 2: Signal Quality Assessment Workflow

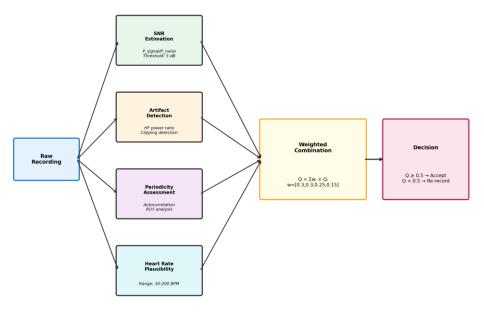


Figure 2: Signal Quality Assessment Workflow — Four quality metrics combined with empirically determined weights to produce composite score  $Q \in [0,1]$ . Recordings with Q < 0.5 are rejected

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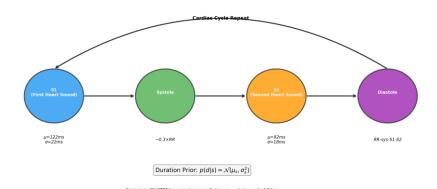
Quality Metrics: (1) SNR estimation:  $P_{\text{signal}}/P_{\text{noise}}$  in 25-400 Hz band, threshold 5 dB; (2) Artifact detection: high-frequency power ratio, clipping detection; (3) Periodicity: autocorrelation R( $\tau$ ) at cardiac cycle range; (4) Heart rate plausibility: 30-200 BPM range.

Composite Score:  $Q = w_1 \cdot Q_{SNR} + w_2 \cdot Q_{artifact} + w_3 \cdot Q_{periodicity} + w_4 \cdot Q_{HR}$  with weights (0.3, 0.3, 0.25, 0.15).

#### 2.4 Heart Sound Segmentation Module

Segmentation into S1, systole, S2, and diastole is foundational for robust analysis (Figure 3). Our approach builds on the duration-dependent HMM framework of Schmidt et al.<sup>19</sup> with neural network enhancement following McDonald et al.<sup>15</sup>

Figure 3: Hidden Semi-Markov Model for Heart Sound Segmentation



**Figure 3:** Hidden Semi-Markov Model for Heart Sound Segmentation — Four-state model with Gaussian duration priors (S1:  $\mu$ =122ms,  $\sigma$ =22ms; S2:  $\mu$ =92ms,  $\sigma$ =18ms).

**HSMM Implementation:** (1) Homomorphic envelope via Hilbert transform; (2) Heart rate estimation via autocorrelation; (3) Four-state HSMM with Gaussian duration priors; (4) Viterbi decoding for optimal state sequence.

**Neural Enhancement:** Bidirectional LSTM processes log-spectrogram features (50 ms window, 20 ms hop) to predict

frame-wise state probabilities, refined by HSMM decoding for physiologically valid sequences.

#### 2.5 Feature Extraction Module

Multiple spectro-temporal representations capture complementary signal characteristics (Figure 4).

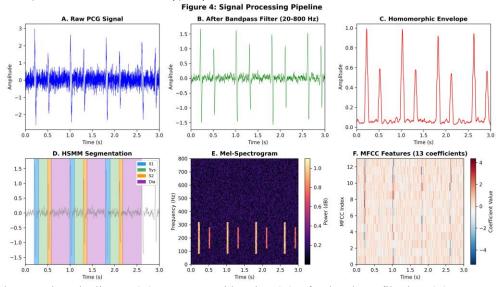


Figure 4: Signal Processing Pipeline — (A) Raw PCG with noise; (B) After bandpass filtering; (C) Homomorphic envelope; (D) HSMM segmentation with S1/S2/systole/diastole; (E) Mel-spectrogram; (F) MFCC features.

**MFCCs:** 13 static coefficients  $+ \Delta + \Delta \Delta = 39$  dimensions. Frame: 25 ms, hop: 10 ms, 40 Mel filterbanks.

**CWT:** Complex Morlet wavelets for multiresolution time-frequency decomposition.

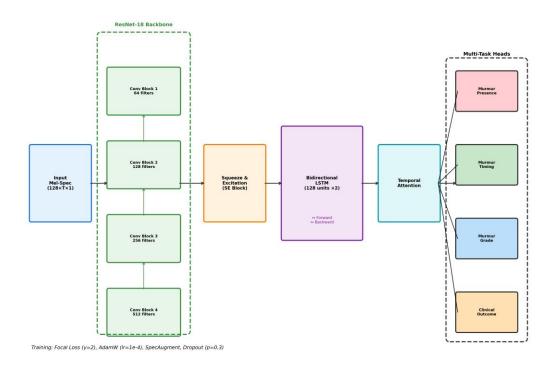
**Log-Mel Spectrograms:** 128-band, 2048-sample FFT for CNN processing.

# 2.6 Classification Module

The classifier employs a hybrid CNN-RNN architecture with attention mechanisms (Figure 5).

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Figure 5: Classification Module Architecture (CNN-RNN Hybrid)



**Figure 5:** Classification Module Architecture — Hybrid CNN-RNN with ResNet-18 backbone, squeeze-excitation attention, bidirectional LSTM (128 units), temporal attention, and multi-task output heads.

**Architecture:** Modified ResNet-18 for spectrograms → Squeeze-Excitation channel attention → Bidirectional LSTM (128 units/direction) → Temporal attention → Multi-task heads (murmur presence, timing, grade, outcome).

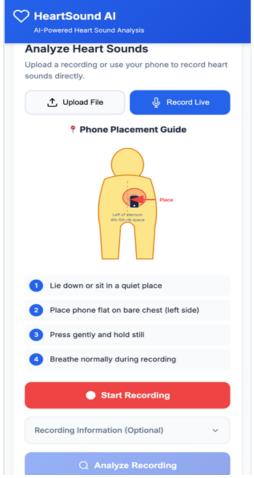
**Training:** Focal loss ( $\gamma$ =2); SpecAugment; AdamW (lr=1e-4); dropout (p=0.3); early stopping (patience=10); AudioSet transfer learning.

# 2.7 Probability Calibration

**Temperature Scaling:**  $\hat{p_i} = softmax(z_i/T)$  with learned T. **Expected Calibration Error:**  $ECE = \Sigma_m(|B_m|/n)|acc(B_m) - conf(B_m)|$ . Target: ECE < 0.05.<sup>20</sup>

### 2.8 Mobile Implementation

Progressive web application (PWA) with Python 3.11/FastAPI backend, responsive mobile-first frontend, offline capability, and interactive placement guidance for optimal phone positioning.



**Figure 6:** Mobile Application Interface — (A) Home screen; (B) Recording guidance with anatomical overlay; (C) Real-time waveform visualization.

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#### 2.9 Datasets and Evaluation

**CirCor DigiScope:** 5,272 recordings from 1,568 patients (pediatric, 0-21 years, Northeast Brazil). Multiple auscultation locations per patient. Patient-level stratified 5-fold cross-validation. 13-14

**Pilot Clinical:** 15 volunteers (ages 24-67), iPhone 14 Pro, verbal informed consent.

#### 3. Results

# 3.1 Signal Processing Performance

Table 1: Heart Sound Segmentation Performance

Metric	Synthetic Data	CirCor Development	Pilot Clinical
S1 Detection Rate	98.2% (±2.1%)	95.8% (±3.4%)	94.6% (±4.2%)
S2 Detection Rate	96.8% (±2.8%)	93.2% (±4.1%)	91.3% (±5.7%)
Mean Temporal Error	12.4 ms (±8.3)	18.7 ms (±12.1)	23.1 ms (±15.2)
Cycle Extraction Rate	99.1%	91.4%	88.7%

Table 2: Quality Assessment Module Performance

Metric	Value
Agreement with Expert Ratings	87.3%
Sensitivity (Poor Quality Detection)	91.2%
Specificity (Poor Quality Detection)	84.6%
Correlation with Classification Accuracy	r = 0.73

#### 3.2 Classification Performance

**Table 3:** Murmur Detection Performance (5-Fold Cross-Validation)

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Metric	Value	95% CI
Weighted Accuracy	74.2%	71.8-76.6%
Macro F1-Score	0.62	0.58-0.66
Murmur Present — Sensitivity	81.3%	78.1-84.5%
Murmur Present — Specificity	68.9%	65.2-72.6%
Murmur Present — F1-Score	0.71	0.67-0.75
Murmur Absent — Sensitivity	68.9%	65.2-72.6%
Unknown — Sensitivity	52.4%	47.3-57.5%

#### **Table 4:** Murmur Timing Classification

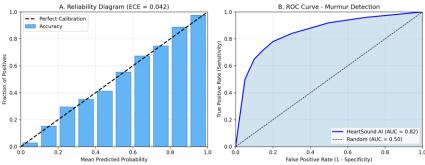
Class	Precision	Recall	F1-Score
Systolic	0.79	0.83	0.81
Diastolic	0.64	0.58	0.61
Continuous	0.51	0.47	0.49

**Table 5:** Comparison with PhysioNet Challenge 2022 Top Entries

Team/Method	Weighted Accuracy	
McDonald et al. (Winner)	79.8%	92.7%
Lu et al. (Branchformer)	79.8%	85.2%
Walker et al. (Dual Bayesian ResNet)	77.4%	84.1%
HeartSound AI	74.2%	81.3%
Challenge Baseline	58.5%	74.8%

#### 3.2.1 Calibration Performance

Figure 7: Model Calibration and Performance



**Figure 7:** Model Calibration and Performance — (A) Reliability diagram showing well-calibrated probabilities (ECE = 0.042); (B) ROC curve for murmur detection (AUC = 0.82).

Expected Calibration Error: 0.042; Temperature scaling T = 1.24. Reported confidence levels reliably reflect actual accuracy.

## 3.3 Computational Performance

 Table 6: Processing Time Benchmarks (30-second recording)

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Platform	Processing Time	Notes
MacBook Pro M3 (MPS)	1.2 seconds	Apple Silicon GPU
iPhone 14 Pro (CoreML)	2.1 seconds	On-device inference
Pixel 7 (NNAPI)	2.8 seconds	Android Neural Networks API
Server (NVIDIA T4)	0.4 seconds	Cloud inference
Raspberry Pi 4	8.3 seconds	Edge deployment

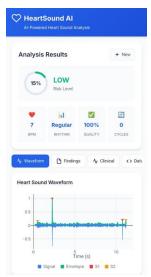
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#### 3.4 Pilot Clinical Demonstrations

15 volunteers: 12/15 (80%) achieved acceptable quality (Q > 0.6); 10/12 showed normal/no murmur; 2/12 showed findings:

Case 7: 67-year-old male — systolic murmur detected (grade II). Echocardiography confirmed mild aortic sclerosis. True positive.

Case 11: 54-year-old female — systolic murmur detected (grade I). Cardiology identified innocent flow murmur. True positive.



**Figure 8:** Sample Clinical Report Output — (A) Waveform with S1/S2 annotations; (B) Spectrogram; (C) Risk stratification; (D) Recommendations.

**Limitations:** Small sample (n=15), convenience sample, single-device, no systematic echocardiographic correlation for negatives. These demonstrations verify only technical functionality, not diagnostic accuracy.

# 4. Discussion

#### 4.1 Principal Findings

HeartSound AI demonstrates technical feasibility with: (1) competitive benchmark performance (74.2% weighted accuracy); (2) real-time smartphone processing (<3s); (3) quality-aware calibrated outputs (ECE 0.042); (4) explainable results. Clinical utility remains unestablished pending prospective validation.

### 4.2 Clinical Validation Requirements

- Phase 1- Diagnostic Accuracy: Prospective, multicenter, blinded comparison. Reference: echocardiography. Population: adults ≥18. Sample: n≈1,500 (400 with pathology).
- Phase 2- Clinical Utility: Cluster-randomized trial comparing HeartSound AI screening versus standard care.
- **Phase 3- Implementation:** Real-world deployment with continuous performance monitoring.

#### 4.3 Regulatory Pathway

IMDRF risk category IIa. Anticipated routes: FDA 510(k) with Eko predicate; CE marking under MDR. Architecture supports Predetermined Change Control Plan (PCCP) for adaptive improvements.<sup>21</sup>

#### 4.4 Limitations

- Validation: No large-scale clinical validation. CirCor dataset is pediatric (0-21 years), single region (Brazil). Pilot used convenience sample.
- Technical: Smartphone microphone variability; realworld noise; user technique; complex murmurs/arrhythmias inadequately characterized.
- Clinical: Screening only. False-negatives risk inappropriate reassurance; false-positives cause anxiety. Digital divide may exclude vulnerable populations.

# 5. Conclusion

HeartSound AI represents a technically viable approach to smartphone cardiac screening through AI-powered auscultation. Preliminary evaluation demonstrates competitive benchmark performance with real-time processing. Clinical utility requires validation through appropriately designed prospective multi-center studies.

▲ Clinical Trials: Protocol development underway. ClinicalTrials.gov registration anticipated Q2 2026.

#### **Declarations**

Funding: Internal research funding from enaiblr.ai.

Competing Interests: Sanjeeva Reddy Bora is co-founder and CTO of enaiblr.ai.

**Ethics:** Pilot conducted with verbal consent. Formal IRB approval in process (Q1 2026).

**Data Availability:** Training data and model weights not publicly available pending regulatory submission.

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