

Organon-Based Approach to Surgical Diseases: Case of Rectal Polyp Expelled in Four Days

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Abstract: Rectal polyps are small mucosal growths that may be benign or malignant. While surgical excision remains the conventional treatment, homoeopathic medicine offers a non-invasive alternative. This case report presents the successful management of a rectal polyp in a 1.5-year-old female using *Nitricum Acidum* in LM potency, resulting in complete expulsion within four days without bleeding or scarring. The case highlights the scope of homoeopathy in surgical diseases, reflecting the dynamic healing process emphasized in the *Organon of Medicine*.

Keywords: Rectal polyp, *Nitricum Acidum*, LM potency, Homoeopathy, Organon, Non-surgical management.

1. Introduction

Rectal polyps represent an overgrowth of mucous tissue in the rectum and are often treated surgically. However, in the light of Hahnemann's teaching, disease originates from a derangement of the vital force (§9–12), and true cure must come from restoring harmony at the dynamic level. Homoeopathy offers a curative, non-invasive approach that aligns with the fundamental principles of *similia similibus curentur* and individualization (§25–26). This report exemplifies how *Nitricum Acidum* in LM potency acted dynamically to restore health, avoiding surgical trauma.

2. Case Presentation

A 1.5-year-old female child presented with a 3-month history of constipation and rectal bleeding lasting four days. The bleeding was fresh, intermittent, and painful during defecation. Occasionally, the polyp protruded through the rectum and retracted spontaneously or after gentle manual reduction.

- Family History: Mother with haemorrhoids for two years.
- Local Examination: Painful, fresh rectal bleeding with visible mucosal protrusion.
- Diagnosis: Rectal Polyp.

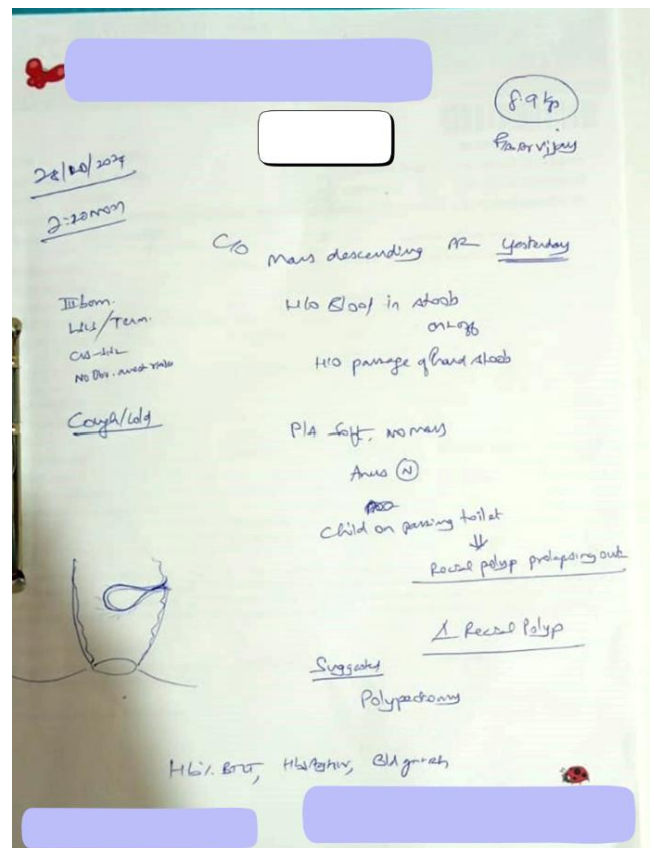


Figure 1: Clinical Findings Allopathy Report: Rectal Polyp Advised for Surgery

Clinical Findings

- Constipation with hard stool
- Painful rectal bleeding during stool
- Polypic mass prolapsing and retracting spontaneously

Remedy Selection Based on Organon Principles

The remedy selection was governed by §5- 6 of the *Organon*, emphasizing comprehensive observation of the

totality of symptoms. §153 guided the emphasis on the striking, uncommon, and characteristic symptoms here, the painful rectal bleeding, mucous protrusion, and bleeding after stool led to Nitricum Acidum. The LM potency followed §246-248, where Hahnemann recommends gentle,

frequent doses to maintain steady dynamic stimulation of the vital force.

Repertorial Findings

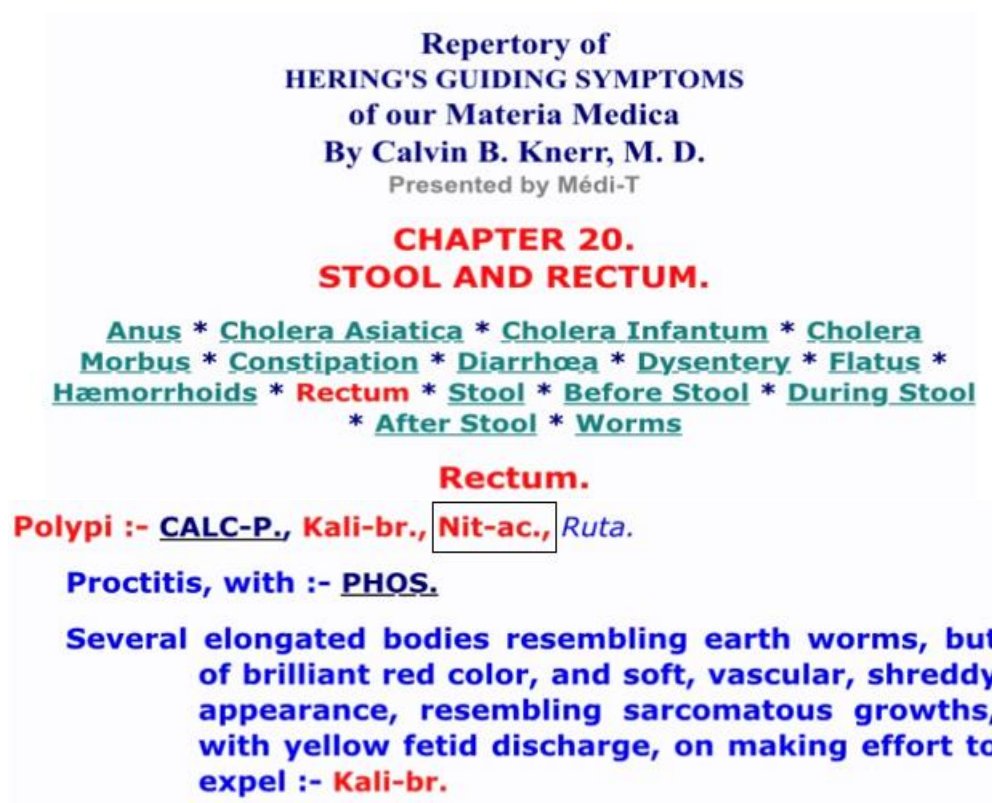


Figure 2: Knerr repertory rubric and Repertorial Confirmation

Therapeutic Intervention

Prescription: Nitricum Acidum 0/1 (LM potency), one dose daily.

Day 1: Pain and bleeding during stool.

Day 2: Reduction in bleeding and discomfort.

Day 3: Pain during trying to passing stool.

Day 4: Complete expulsion of polyp; no pain or bleeding.

This rapid resolution corresponds with the ideal cure described in §2 — 'the highest ideal of cure is rapid, gentle, and permanent restoration of health.'

Before and after result:



Day 1



Day 2



Day 4



Day 4

the use of highly dynamized remedies in frequent, gentle doses for delicate constitutions and chronic conditions.

4. Conclusion

This case highlights the practical application of Organon principles in treating a rectal polyp without surgery. Nitricum Acidum in LM potency restored health by dynamically removing the internal cause of disease — derangement of the vital force fulfilling the highest ideal of cure (§2). Homoeopathy thus stands as a scientific, non-invasive, and complete method for managing surgical diseases within the philosophy of the Organon of Medicine.

References

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3. Discussion

This case demonstrates that when treatment is individualized according to §7–18, the results can be rapid and curative even in surgical cases. The expulsion of the polyp without mechanical interference validates that disease is primarily a dynamic disturbance of the vital force rather than a local pathology. The action of Nitricum Acidum illustrates Hahnemann's principle (§26) that the similar remedy acts dynamically to neutralize the morbid affection. The use of LM potency reflects §270–271, where Hahnemann advises