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# Advantages and Disadvantages of Social Media among Students

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#### Introduction

As bread and butter, our daily needs, Social media has become an integral part of our modern life. It has countless benefits. But it addicted us in a way that we cannot stay a single a without Social Media. Not only adults but also the students are the most integrated part of it.

## **Advantages**

The most common benefits of Social Media is its ability to faster connections globally. It helps as a educational resources for the students and also for the teacher. Using this platforms students can improve their skill, can improve their creative thinking, and so on.

## **Disadvantages**

One of the main disadvantages is its privacy invasion. Nothing remain private. The students are not much more mature to understand the difference between real and reel life. Whatever they saw in social media is real to them. They are wasting time hours and hours. As a result they have face, many problems like mental health issues, anxiety, depression and low self-esteem.

#### Conclusion

So, we have to remember that everything has two sides one is positive sides and another is its negative sides. Balancing use of Social Media help maximize its benefits, while minimizing its risks, making it a valuable part of our everyday life. As a guardian or Teacher it is our duty to make our child conscious about the Social Media usages.

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