

Homoeopathy as a Non-Invasive Approach in Pediatric Hydrocele: Case Report of a 3-Year-Old Child

Dr. R. Gokul¹, Dr. G. Bhuvaneswari²

¹PG Scholar, Department of Homoeopathic Repertory and Case Taking, White Memorial Homoeo Medical College & Hospital, Attoor, Kanniyakumari District

²Associate Professor, PG Guide, Department of Homoeopathic Repertory and Case Taking, White Memorial Homoeo Medical College & Hospital, Attoor, Kanniyakumari District
Email: drgoksnov18[at]gmail.com

Abstract: *Hydrocele is a common pediatric condition characterized by painless scrotal swelling due to the accumulation of fluid within the tunica vaginalis. Surgical correction is the conventional treatment in persistent cases; however, non-invasive approaches are increasingly sought by parents concerned about operative risks in children. This case report documents the successful management of congenital hydrocele in a 3-year-old male child with individualized homoeopathic medicine. After detailed case-taking and repertorization, Rhododendron was prescribed. Follow-up demonstrated progressive reduction in scrotal swelling, with complete resolution over three months, without surgical intervention. This case highlights the potential role of homoeopathy in pediatric hydrocele management.*

Keywords: Case report, Hydrocele, Homoeopathy, Individualized remedy, Repertorization

1. Introduction

Hydrocele in children is usually congenital and results from a patent processus vaginalis, leading to fluid collection around the testis. Most cases resolve spontaneously within the first year of life, but persistence beyond two years often prompts surgical intervention ^(1,2).

Homoeopathy, founded on the principle of "similia similibus curentur," provides individualized treatment aimed at stimulating the vital force and restoring balance. Remedies such as *Clematis erecta*, *Rhododendron*, *Pulsatilla*, and *Calcarea carbonica* have been noted in classical texts and clinical experience for hydrocele ^(3,4).

This article presents a case of congenital hydrocele in a 3-year-old boy treated successfully with individualized homoeopathic medicine after repertorization.

2. Case Presentation

A 3-year-old male child was brought by his parents with complaints of persistent swelling of the right scrotum since birth. The swelling was initially small but gradually increased. It was painless, though the parents noted discomfort during play and mild irritability.

Past history: Full-term normal delivery; milestones appropriate. No history of trauma or urinary tract infection.

Family history: Nothing relevant

Physical generals:

Appetite: Moderate appetite, 3 times per day

Thirst: Thirstless, 1 lit/ day

Sleep: Sleeps restlessly, because of various dreams everyday (dreams of playing, jumping, beating others, frightful dreams occasionally)

Intolerance: Cold foods++, which easily catches cold

Mental generals:

Fear of thunderstorms++ Starts to scream at that time

Sensitive to noise+

Physical examination:

General Examination:

Conscious, oriented, afebrile, non-pallor, non-icteric, non-cyanosed, no clubbing, no pedal edema, no generalized lymphadenopathy.

Systemic Examination:

Right scrotal swelling, fluctuant, non-tender, transillumination positive. Left side normal.

Totality:

Fear of thunderstorm++ Starts to scream at that time

Intolerance to Cold foods++, which easily catches cold

Persistent swelling of the right scrotum++

Sleeps restlessly++, because of various dreams everyday

Sensitiveness to noise+

Repertorization Sheet: Repertorization is done using Synthesis Repertory 9.0 version under RADAR Software ⁽⁷⁾

	rhod.	sil.	sulph.	puls.	ars.	bry.	graph.	lach.	lyc.	sep.	coloc.	nit-ac.	rhust.	staph.	calc.
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
1. MIND - FEAR - thunderstorm, of (52) 1	4	4	4	3	3	3	3	3	3	3	3	3	3	3	3
2. MALE GENITALIA/SEX - HYDROCELE - children; of (14) 1	8	8	6	7	6	6	6	6	6	5	5	5	5	5	4
3. SLEEP - RESTLESS - dreams, from (81) 1	2	1	1	-	-	2	2	1	2	2	2	1	2	1	
4. GENERALS - FOOD and DRINKS - cold food - agg. (105) 1	3	3	2	3	2	-	2	-	-	-	-	-	-	2	
	1	1	1	2	1	2	-	2	1	2	2	1	1	1	-
	2	3	2	2	3	2	2	3	3	2	1	2	3	2	1

Prescription**Rx**

Rhododendron 200/1 Dose (dissolved in water)
SL 4 pills x BD for 15 days

Rhododendron-Indications

It has cured hydrocele in boys, the right most affected.

Drawing pain in spermatic cord, during rest, ameliorated by heat and motion.

Much itching of the scrotum.

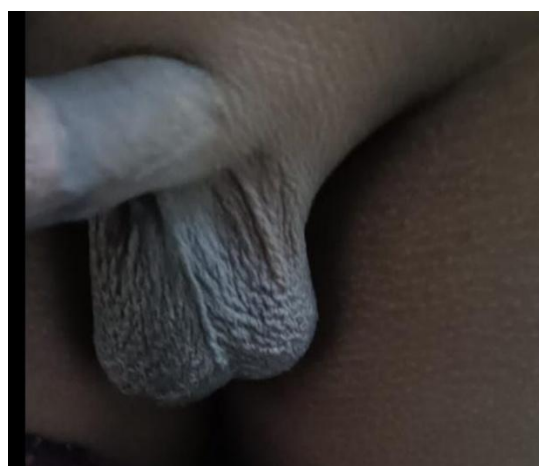
Fear of thunder in nervous persons.

While talking he forgets what he was talking about.

Leaves out words in writing. ⁽⁸⁾

Follow-up**Table 1**

Date	Symptoms	Prescription
4/2/2025	No changes noticed in the size of swelling. Anxiety when alone, Restlessness and Sensitiveness to noise persists.	Rhododendron 1M/ 1 Dose (dissolved in water)
21/2/2025	Size of swelling reduced by 20%. Anxiety when alone, Restlessness persists. Sensitiveness to noise slightly better	SL 4 pills x BD for 15 days
5/3/2025	Size of swelling reduced by 30%. Anxiety when alone, Restlessness persists. Sensitiveness to noise reduced.	SL 4 pills x BD for 15 days
24/3/2025	Size of swelling reduced by 50%. Restlessness persists. Sensitiveness to noise improved than before. Still has anxiety when alone.	SL 4 pills x BD for 15 days
10/4/2025	Size of swelling same as previous visit, no changes. Now sleeping better, restlessness reduced. Now he is able to hear the noise of speakers, no sensitiveness to noise. Anxiety when alone sometimes.	SL 4 pills x BD for 15 days
28/4/2025	Size of swelling slightly reduced than the previous visit. Now sleeping better, restlessness reduced. No sensitiveness to noise. No anxiety when alone.	SL 4 pills x BD for 15 days
17/5/2025	Size of swelling reduced by 80%. No restlessness. No anxiety or sensitiveness to noise. No anxiety when alone.	SL 4 pills x BD for 15 days
15/6/2025	Marked improvement and reduction in size of swelling. No fear of thunderstorms.	SL 4 pills x BD for 15 days

Before Treatment**After Treatment****3. Discussion**

This case demonstrates the utility of individualized homeopathic prescribing in pediatric hydrocele. The case was followed up for a period of almost 6 months. *Rhododendron* is particularly suited when symptoms show aggravation before storms, with scrotal swelling and

restlessness^(3,4). While surgery remains the standard in unresolved pediatric hydroceles, non-invasive management with homoeopathy can provide an effective alternative in carefully selected cases. Previous reports and clinical experiences support the use of *Rhododendron* and other remedies in such conditions^(5,6).

4. Conclusion

This case demonstrates the efficacy of individualized homoeopathic prescribing in the management of pediatric hydrocele. The selection of *Rhododendron*, based on detailed case-taking and repertorization, resulted in complete resolution of symptoms without the need for surgical intervention. The positive outcome underscores the importance of holistic assessment and repertorial analysis in pediatric cases, and highlights homoeopathy as a safe, gentle, and non-invasive therapeutic option. Further clinical studies and long-term follow-ups are warranted to validate the role of *Rhododendron* and other homoeopathic remedies in managing hydrocele in children.

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