Optimizing Network Security through Inline Sandbox Deployment: A Practical Approach with Trellix

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Abstract: This paper examines the deployment of the Trellix sandbox in inline mode to enhance network security within critical infrastructure environments. The primary objective of this study is to evaluate the sandbox's real time threat detection and mitigation capabilities while ensuring minimal impact on network performance. Performance metrics, including latency, false positive rates, and detection accuracy, were collected during both normal and high traffic scenarios. The results demonstrate a significant improvement in threat detection with minimal latency, underscoring the effectiveness of inline sandbox deployment for organizations managing sensitive and critical data.

Keywords: inline sandbox deployment, Trellix, network security, real time threat detection, cybersecurity.

1. Introduction

The rapid evolution of cyber threats presents significant challenges to securing critical infrastructures. Traditional security solutions often fail to detect advanced malware, zeroday exploits, and other sophisticated attacks. Consequently, organizations are increasingly adopting sandbox technology to strengthen threat detection and network protection. Inline sandbox deployment allows real-time traffic analysis and threat mitigation by directly intercepting and inspecting network traffic. However, many organizations encounter challenges when deploying these solutions, particularly in maintaining network performance and avoiding latency.

This paper outlines a practical approach to deploying the Trellix sandbox in inline mode, showcasing its effectiveness in enhancing threat detection and response. The deployment process and its impact on network security are examined, emphasizing the advantages of sandboxing for organizations handling sensitive data and critical systems.

2. Literature Review

Sandboxing technology has long been recognized as a critical tool for detecting and mitigating advanced persistent threats (APTs), malware, and zero-day exploits. Numerous studies have explored the effectiveness of sandbox solutions across different for deployment modes. Research consistently shows that sandboxing significantly enhances threat detection by isolating suspicious files and executing them in a controlled environment, separate from the live network. However, inline sandbox deployment introduces both opportunities and challenges. While it enables real-time analysis and threat mitigation, it can also cause latency or performance issues, particularly in high-traffic environments. Previous research has examined how various sandboxing tools, including Trellix, Palo Alto WildFire, and FortiSandbox, address these challenges. Despite this, there is limited focus on the realworld application of Trellix in critical infrastructure settings. This study aims to fill that gap by evaluating the deployment of Trellix in inline mode, offering real-time threat detection without compromising network performance.

3. Methodology

This study focused on deploying the Trellix sandbox in inline mode within a critical infrastructure environment. The deployment was carried out in a live production network to evaluate real-time threat detection capabilities and its impact on performance. The Trellix solution was directly integrated into the network traffic flow, allowing it to analyze and mitigate threats without disrupting the data stream. The configuration involved setting up network sensors, traffic inspection points, and integrating the solution with the existing security infrastructure. Performance metrics, such as latency detection time, and false positive rates, were collected during the implementation to evaluate the sandbox's effectiveness. Data were gathered under both normal and high traffic conditions to evaluate performance under varying load scenarios. The overall objective was to determine whether the inline deployment could enhance security while maintaining network efficiency. Trellix sandbox inline deployment scenario is designed below for more clarification.



Figure 1: Inline Sandbox Deployment design

Volume 13 Issue 3, March 2024 Fully Refereed | Open Access | Double Blind Peer Reviewed Journal www.ijsr.net The Trellix sandbox was deployed in line between the perimeter firewall and the distribution switch, as shown in the deployment diagram (Figure X). Incoming traffic from the Internet is first inspected by the perimeter firewall, filtering out basic threats and allowing legitimate traffic to proceed. This traffic is then passed to the Trellix sandbox for deeper inspection, where suspicious files and executables are analyzed in a controlled environment before reaching the internal network. The sandbox, integrated with the distribution switch, ensures that only verified traffic reaches the local network, maintaining the overall network security.

4. Results

The deployment scenario, with the Trellix sandbox positioned between the firewall and distribution switch, allowed for realtime threat detection without having compromising network performance. By inspecting traffic after the perimeter firewall, the sandbox was able to filter out advanced threats, including zero-day malware, before they could reach the local network. This configuration ensured minimal latency and low false positive rates, as indicated by the performance metrics collected.

 Table 1: Performance Metrics of Trellix Sandbox

 Deployment

Deployment			
Metric	Normal	High	Comments
	Traffic	Traffic	
Average Detection Time	1.8 seconds	2.2 seconds	Remained within
			acceptable limits in
			both scenarios
False Positive Rate	0.7%	1.1%	Increased slightly
			under high traffic
Network Latency	< 1 ms	2 ms	Minimal impact on
			network performance
Threat Detection	t Detection Rate 98.5%	97.8%	High detection
Rate			accuracy maintained
System Uptime	100%	100%	No significant
			downtime during
			testing

The performance metrics from the Trellix sandbox deployment under both normal and high-traffic conditions are shown in Table 1. The system maintained an average detection time of approximately 2 seconds, with minimal latency introduced into the network. The false positive rate remained low, increasing slightly during high-traffic periods, but without significant impact on performance.

Overall, the deployment demonstrated high accuracy in threat detection, with a threat detection rate of over 97% in both scenarios. Additionally, the system exhibited 100% uptime throughout the deployment, ensuring stable network operations.



Performance Metrics of Sandbox Deployment Graph

The deployment of the Trellix sandbox in inline mode resulted in significant improvements in network threat detection and overall security. During the testing phase, the sandbox successfully detected and blocked a wide variety of malware and zero-day threats that had previously bypassed traditional security measures. The system achieved real-time detection with minimal latency, even during high-traffic periods. Performance metrics showed an average detection time of under 2 seconds, with no noticeable impact on network performance. False positive rates were low, highlighting the sandbox's precision in threat analysis. Throughout the deployment, the network remained stable, with no significant downtime or interruptions. These findings confirm that the inline deployment of Trellix enhances network security and maintains operational efficiency.

5. Discussion

The results of the Trellix inline sandbox deployment demonstrate that this approach significantly enhances network security by providing real-time threat detection without compromising performance. The low latency and high accuracy of the sandbox in detecting advanced malware and zero-day attacks effectively address common concerns related to inline deployment, such as network slowdowns and false positives. These findings indicate that organizations handling sensitive data, particularly in critical infrastructure environments, can greatly benefit from this approach where security is of utmost importance.

While the deployment was largely successful, several challenges were encountered, including the complexity of the initial configuration and the need for continuous monitoring to ensure optimal performance. Future improvements could focus on simplifying the deployment process and integrating automated monitoring to reduce operational overhead.

Overall, this study reinforces the value of inline sandbox deployment as a reliable cybersecurity solution for highstakes environments.

6. Conclusion

This study highlights the practical benefits of deploying the Trellix sandbox in inline mode to enhance network security in critical infrastructure environments. The deployment demonstrated substantial improvements in real-time threat detection and response capabilities, with minimal impact on

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network performance. By effectively mitigating a range of advanced threats, the sandbox has proven to be a valuable addition to the overall security architecture. Although challenges such as configuration complexity were identified, the results confirm the effectiveness of inline sandbox deployment for organizations managing sensitive data. Future research should focus on further automation and integration with existing security systems to streamline the deployment process. Overall, this approach offers a reliable method for enhancing cybersecurity in environments where real-time threat detection is essential.

7. Recommendations

The significance of this study lies in its practical application of sandboxing technologies in real world critical infrastructure environments. This research fills a gap in evaluating the inline deployment of Trellix in such settings, highlighting its benefits for improving network security while maintaining performance.

Based on the findings of this study, several recommendations can be made for organizations implementing inline sandbox solutions such as Trellix. First, careful planning of the deployment is essential, with a thorough understanding of network architecture and traffic flow to prevent bottlenecks. Second, automating routine monitoring and maintenance tasks can help reduce the operational overhead associated with sandbox management. Third, regular performance evaluations should be conducted to ensure the sandbox operates efficiently under different traffic conditions. Lastly, integrating the sandbox with other security tools, such as Security Information and Event Management (SIEM) systems, can enhance detection and response capabilities, contributing to a more comprehensive security posture. These steps will enable organizations to maximize the effectiveness of inline sandbox deployment while maintaining optimal network performance and security.

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