

Parental Expectation and its Impact on Adolescent

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Abstract: *This study explores the impact of parental expectations on adolescents, specifically focusing on how these expectations influence achievement motivation and adjustment. Acknowledging the global influence of parents on their children throughout different life stages, the research emphasizes the need for realistic expectations. It highlights the detrimental effects of unrealistic expectations, including stress and tension, and underscores the importance of adolescents' perceptions of these expectations. The findings emphasize that a healthy parent - child relationship, built on realistic expectations and understanding, is crucial for adolescents' achievement and well - being. The study urges parents to align expectations with reality and respect the unique personalities of their children for their healthy development.*

Keywords: parental Expectation, Achievement Motivation, Gender Differences and Adjustment

1. Introduction

The present study is based on adolescences and their parental expectation which directly measure how the parental expectation put impact on adolescences. The main purpose of present study is to show the effect of the parental expectation on adolescences achievement motivation and adjustment. As it conforms globally that parents have directly and indirectly affect their children from stages of the life, whether we talk about starting from the early phase or late adolescences phase of the life of the children. Every parent hopes that their children get higher education so that they are capable to achieve success in life. They want we get good education in future this is just because they want, we will always be happy in future and it possible only we acquire good education. Its shows that every parent have expectation to their children it doesn't matter what the age children belongs. When parent's expectation comes on realistic way it's always supports and motivate to them live calm and give attention only to their achievement. If we comes in real life there is various news in TV, Newspaper and magazine which shows that what happened when student are not able to cope with expectations, they get depressed get suicide, increases level of anxiety failure in work etc. there is very famous movie 3 idiot which give very nice massages to society if we work according to our choice and likes we will surely get success in life but if we work to fulfil the expectation of others we only get depressed and gest the lots of rings on our fingers. A healthy and realistic expectation of parents opens the lots of way to student. This is the way to there they walk confidentially and complete their dreams. The supportive atmosphere of home and a friendly parent their realistic expectation all these elements are the surety of success and good life. A healthy parent - child relationship, exits only when both parents and child able to understand their hope and expectation. This understanding creates a healthy life style which is very necessary to in present scenario. But when parents having unrealistic expectation to their children and when these expectation increases it becomes unrealistic and thereby giving rise to heavy pressure. These types of expectation create stress and tension in children. They are often forced to think that what would happen when the expectations of their parents are not fulfilled. The finding of this research shows that not only parental expectation effects their achievement motivation and adjustment but how adolescences perceived the expectation of their parents is also very important. The finding of the table no. 4 and 8 which shows the perceived

parental expectation of parents on achievement motivation and adjustment clearly define that when adolescences perceived that their parent's expectation is high it put impact on their achievement and adjustment. The relationship between parents and children is also very important for adjustment. If children didn't get love and care of their parents and they neglected by mother and father its deeply affect their adjustment level. At any point of time children perceived that he or she is neglected by any family member of the family at that situation they feel isolated by the family and their adjustment is become difficult same with its also effects their motivation level, they are not able to cope the situation if their perception is become true. As the finding of the research very clearly define that parent are very important and the family is the pillar for the development of a healthy adolescents. If there is any discrepancy found by the adolescent and their parents' perception its produce stress and tension on adolescences mind which lead them a wrong full development of personality. So, for the betterment of adolescences and for their healthy development its very necessary to the parents that they also keep their expectation on reality side, doesn't put lots of pressure on their children, never imposed their dreams on them. Parents always remember that their personality is different and the personalities of their children are different. At some point they are not able to complete all the dreams which their parents want.

2. Results and Observations

- 1) Gender differences affect the achievement and adjustment of the adolescences.
- 2) In current situation, girls are highly motivated compare to boys either its related to academic or other field of the life. Same with girl's adjustment is also better in with family, peers and teachers. Girls are more sensible compare to boys and emotional stability is good compare to boys.
- 3) Stream of the students does not affect the affect the achievement and adjustment of the students either they related to science side or art side of the Strems. Both side of the student are equally motivated for their study and academic.
- 4) Board (UP & CBSE board) of the students affect the achievement of the student but it's not put any effect on the adjustment of the students. UP board students are highly motivated compare to the CBSE board of the students.

- 5) Adolescence perception of their parent's expectation does affect not only the achievement motivation but also adjustment. When adolescents perceived moderate expectation of their parents at that time their achievement motivation is better compared to that situation when they perceived high and low expectation. In other words, perceptions of realistic expectation of the parents have effect on achievement motivation. Same with perceived parental expectation have effect on adjustment also. When adolescents perceived high expectation of their parents at that time their adjustment is better compared to that situation when they perceived low and average parental expectation.
 - 6) Parental expectation does not affect the achievement motivation of the students but its effect the adjustment of the adolescents. When parent's expectation is high at that time adolescents adjustment is good compared to that situation when parental expectation is low or average.
 - 7) Result of present study is also showing that not only parental expectation but the perception of their parental expectation (perceived by students) also put impact of their achievement motivation and adjustment.
 - 8) According to F value gender (boys & girls) significantly affect the achievement motivation but streams of student does not significantly affect the achievement motivation of students. Same with board (UP and CBSE board) does not affect the achievement motivation of the student.
 - 9) According to the F value Gender (boys and girls) have significant effect on adjustment also, same with achievement motivation, streams and type of boards (UP and CBSE board) does not affect the adjustment of students. which is conform by the f value which is not significant on 0.05 level.
 - 10) The interaction effect of streams (Art & Science), type of board (UP & CBSE) and perceived parental expectation (High, Average and Low) significantly effect the achievement motivation.
 - 11) The interaction between gender and perceived parental level expectation have significantly effect on adjustment. Interaction between stream and board and also significantly effect the adjustment of students. The interaction between stream and perceived parental expectation also effect the adjustment of students. The interaction among stream, board and perceived parental expectation have effect on student's adjustment.
- and adjustment level of senior secondary school students.
 - Through this study parents also understand how their expectation put impact on their children.
 - The findings of this research provide some insights in understanding the effect of parental expectation on, Arts, and Science streams, UP and CBSE Board, male and female student and their Academic achievement motivation.
 - Adolescence student also can understand that their adjustment level also effect how they perceived parental expectation.

3. Conclusion

Any research in its - self is meaningful enough till the derived conclusion and understanding is drawn forth specially for the youngster's and school going of today. A derived Summary of the same is as below.

- Through this research one can understanding the parental expectation of students who belongs to senior secondary level.
- This research has provided useful information about of male and female of senior secondary school students
- Through this research one can understand how the parental expectation effect the achievement motivation