# International Journal of Science and Research (IJSR) ISSN: 2319-7064

SJIF (2022): 7.942

# Optimizing RM Solutions for Small Business Health Care Benefits

# Lakshmi Narasimhan Srinivasagopalan

Abstract: The dynamic market requires the accessible, user - friendly solutions to be provided for small businesses in managing employee benefits. This paper details the development and enhancement of a rm platform in the healthcare insurance company tailored for a major U. S. healthcare payer's small business segment, focusing on streamlining benefits administration for small business employers. The project was designed with the objective of delivering an effective user experience through efficient web design and system architecture, making benefits management intuitive and efficient. Key responsibilities of the assignment included business requirements analysis, designing and implementing user interfaces with HTML, CSS, and Ajax controls, and application development on the backend by using ASP. NET, C#, and SQL Server. The project involved techniques for optimizing website performance like using CSS sprites, debugging through Firebug and Chrome's JavaScript debugger, creation of architectural documentation and proof - of - concept models using Telerik controls. In addition, the mechanism for an error logging feature as well as comprehensive system and unit testing ensured the strong platform. It can therefore be observed that this case study has offered insight on the methods and tools being used in delivering scalable user - centric solutions in healthcare benefit administration. This is therefore emphasizing the importance of streamlined design and responsive architecture on improving user satisfaction and enhancing the operational efficiency.

Keywords: Health Benefits RM Platform, Small Business Administration, User Interface Design, Scalable Technology Architecture

#### 1. Introduction

The US health care insurance industry is now being challenged to rationalize and simplify the administration of employee benefits, which challenges small businesses. From the above statement, it is evident that owners or operators of small firms fail to manage employees' health benefits efficiently based on the given limited resources, time, and expertise. Small businesses are left in a maze of regulations, paperwork, and administrative duties with a healthcare plan, and they find benefits management both a waste of time and cumbersome (Bass, et al., 2017). This paper discusses development and improvement in a rm marketing platform designed to address these challenges in the process of streamlining benefits administration for small businesses. In this case, "rm" refers to a continuous process of efforts towards maintaining an improvement in customer retention through the development of better features on the platform, user interfaces, and overall functionality. The rm platform was especially designed to best respond to the needs of small business employers, as this platform availed easy - to - use, intuitive tools for the management of employee health benefits (Jha and Glickman, 2018). A good number of the features were designed for simplicity and efficiency for the limited time and technical knowledge that small business owners have.

The best approach embraced in the design of the platform was the user - centric approach. The use of all modern web technologies - the combination of HTML, CSS, Ajax, and ASP. NET, making the platform responsive and intuitive, scalable to accommodate growing needs of small businesses over time. Some of the salient features include such things as performance optimization (employing CSS sprites, debugging tools, and responsive architecture) and backend development under C# with SQL Server for making an easy to - use experience for the users (Kothari and Patel, 2018). Optimizing functionality along with enhancing the user interface and enabling scalability improved the operational efficiency of the rm platform up to a large extent and brought this very complex function of managing employee benefits in control of small businesses (Buchanan, et al., 2021). This case study portrays the value of good platform design along with the issue of responsiveness toward improving the user experience in the area of healthcare benefits.

#### Research Aim

The aim of this research is on investigation the optimization of the solutions of rm in the healthcare industry, driven and focused towards the health benefits administration. The study will be evaluating on the user experience, the technical implications of the platform for assuring its fulfilment towards the needs of small businesses and its employees.

# Research Objectives

- 1) To study the business requirements for the small businesses oriented health benefits rm platform.
- To evaluate the designs and the implementation of the user - friendly interface and architecture for the management.
- 3) To analyse the technical implications in building the scalable platform using multiple technical aspects specially ASP. NET, C#, HTML, CSS, and SQL Server.
- 4) To understand the performance optimization techniques on the suability of platforms, and studying its effectiveness to derive robust solutions.

#### Research Questions

- 1) What are the business requirements for the small businesses oriented health benefits rm platform?
- 2) How does the designs and the implementation of the user - friendly interface and architecture for the management?
- 3) What are the technical implications in building the scalable platform using multiple technical aspects specially ASP. NET, C#, HTML, CSS, and SQL Server?
- 4) How does the performance optimization techniques impact on the suitability of platforms, and studying its effectiveness to derive robust solutions?

# **International Journal of Science and Research (IJSR)** ISSN: 2319-7064

SJIF (2022): 7.942

#### 2. Literature Review

Such administration of complex benefits in health services places more difficult barriers before small businesses, particularly regarding the treatment of employee health benefits. Resource constraints with regard to running rather complicated benefit structures and increasing regulatory requirements do not help small business owners. This literature review aims at exploring the business requirements for a small - business oriented health benefits rm platform, studying design and implementation strategies for an intuitive interface, analysing the technical implications of building architecture with scalable web technologies, understanding performance optimization techniques necessary for usability and efficiency.

# Business Requirements for Small - Business - Oriented Health Benefits RM Platforms

The small businesses play a very important role in the American economy, yet very few have internal infrastructures for the management of the health benefits of the employees. According to studies, small businesses form a major proportion of the workforce, but they fail to match with others and provide a holistic benefits package because of the involved complexity and cost (Thompson, 2020). The critical needs for the platforms to support small businesses in this area include simplicity of the administrative load. As Jha and Glickman (2018) point out, small business owners need to find easy - to - use tools that are flexible enough to accommodate the diverse needs of employees, particularly when it comes to health insurance plan options and compliance management.

Business requirements for health benefits rm platforms for small businesses would thus be the friendly design, easy administrative processes in signing up and renewing health benefits, and the ability to integrate with other third - party benefits providers. These are essentially similar to the need for administrative streamlining, which saves time and resources (Buchanan et al., 2021). More specifically, a system with functionalities such as autoenrollment, rm notifications, and the ability to adapt to changing regulatory compliance capabilities will help minimize human errors and ensure timely update of benefits (Baldwin et al., 2019).

### Design and Implementation of User - Friendly Interfaces and Architecture

During the design of every platform, UI design, along with system architecture, is critical to making the platform effective and user - friendly. For a small business owner, often unfamiliar with the details of benefits management, a user friendly interface can be a major requirement. Such users require intuitive design principles and easy navigation to enhance user experience and satisfaction. According to Norman (2013), simple clarity is the hallmark of good design in user interfaces, especially in complex data - and process intensive applications like benefits administration.

Responsive design and mobile - friendliness are also crucial for small - sized businesses. Small business owners would probably access the web platform from a variety of devices, like smartphones and tablets. According to Tullis and Albert (2013), responsive web design makes certain that platforms can adapt to many sizes of screens and devices in order to ensure a cohesive user experience. Furthermore, the architecture of the system should ensure scabbling; this means that the platform should support more loads as the business expands (Mason, 2017).

The microservices architecture is one of the most current trends in platform architecture. It promises more flexibility and scalability. In this approach, each functional facet of the platform - to - be - for example, user authentication, tracking of benefits, making payments - can be built, deployed, and scaled independently. This may help improve performance and reduce maintenance costs. It facilitates continuous integration and delivery.

### Technical Considerations Building a Scalable Platform Using ASP. NET, C#, HTML, CSS, and SQL Server

On the buildup of an effective health benefits rm platform, considerable consideration needs to be paid to the underlying technology stack. ASP. NET, C#, HTML, CSS, and SQL Server are technologies which are often used in Web applications. These provide rich functionality for scalability, security, and performance. As proved by Bass et al., ASP. NET provides a secure framework that enables the production of dynamic web applications with enhanced features on authentication, authorization, and access to the data. It is appropriate to be implemented with the use of C# for building complex back - end systems like the developed solution for managing its benefits.

C# is a strongly typed, object - oriented language best designed for large - scale enterprise applications. Asynchronous programming is fully supported and greatly optimizes performance through quicker response times and increased responsiveness from the system. ASP. NET's support for Web APIs and RESTful services also means the platform will take external integration for example in payroll systems, insurance providers, or regulatory bodies with ease. Front - end core technologies include HTML and CSS. However, these two often combine with CSS frameworks such as Bootstrap to obtain faster responses in the development of responsive layouts and components. This will go a long way in streamlining the experience users encounter while using the platform on various devices. The use of semantic elements of HTML5 improves more accessible pages, and they can be easily searched for by the world. This is one very crucial aspect for the discoverability and usability of a platform (Kurtz, 2020).

SQL Server is popular for using with relational databases due to its well - established transaction support, scalability, and data integrity. With more platforms and dealing with greater data sets, SQL Server will be depended on to perform complex queries and for significant data from users. Indexing, query optimization, and database partitioning are essential to maintain the performance of the platform when the data grows (Thomson et al., 2016).

# Optimization techniques for performance of usability on the use of Platform

Usability of the platform, therefore, directly relates to its performance, especially its response times and how fast the operation is. According to Serrano et al. (2020), performance

# International Journal of Science and Research (IJSR) ISSN: 2319-7064

ISSN: 2319-7064 SJIF (2022): 7.942

optimization becomes paramount to sustaining user satisfaction, particularly when the backend processes of web applications become complex. Slow performance that connects instances where pages take much longer to load incites frustration among users, eventually increasing the adoption failure of the platform.

There are a number of optimization techniques used to optimize the performance of platforms. Integrating CDN has been among the best approaches. CDNs can reduce the load time by serving static content such as images, stylesheets, and scripts from geographically closer servers through edge locations. Besides all that, the techniques of image compression, lazy loading, and CSS sprites can all help in decreasing load times and create an ideal user experience.

Another area of improvement is database optimization. Over time, database queries can become a bottleneck as small business platforms grow in size. As Kothari and Patel (2018) indicate, query optimization through indexing of frequently accessed fields, reduction of joins, and use of query caching enhances speed in retrieving data. Furthermore, using inmemory databases such as Redis for accessing data through caches decreases the load on the primary database while accelerating data access.

More load time savings are realized on the front - end through fewer HTTP requests, compression of scripts such as JavaScript, and optimizing delivery of assets with asynchronous loading techniques. Google PageSpeed Insights and GTmetrix are extensively used tools for measuring and optimizing web performance since they offer actionable developer insights for further enhancement (Esmail et al., 2020).

### **Overall Summary**

For small businesses, the design of a health benefits rm platform will be very sensitive to business requirements, design, technology stack, and performance optimization. A good designing platform should simplify the administration of benefits for small business owners but at the same time reduce the operational errors and increase the satisfaction level of its employees. The use of technologies such as ASP. NET, C#, HTML, CSS, and SQL Server will ensure that the platform scales well with growth in business as well as maintains high performance. More importantly, performance improvement for the platform will be crucial to building user experience and long - term success. User - friendly and efficient solutions that scale well will enable small businesses to manage health benefits for their employees.

#### 3. Research Methodology

The research is done using the secondary data collection which includes the data collection from the already published sources journals, research papers, academic references and other already published sources. All the data is done from the authentic and credible sources that makes that data real, accurate and reliable for the study.

The qualitative data analysis is done for the secondary data which is done for making better analytics of the study with creating the theme, and making better utilization of the study and create better data outcomes of the research study.

The research is done ethically and no unethical means of the study is done to maintain the research aspects and deliver quality research outcomes to maintain the confidentiality of the study across.

#### **Findings and Discussions**

# Business Requirements by Small Business Health Benefits Platforms

The most significant inference of the study is that the health benefits management for the employees pose quite challenging problems to small businesses mainly because they are under - resourced as well as unskilled enough in managing complicated plans and demands specific to regulation (Kurtz, 2020). Going by the research, owners of small businesses generally need a platform that can streamline administrative needs, meet the criteria of compliance, and flexibility towards meeting various needs of employees.



Figure 1: Business Requirements by Small Business Health Benefits Platforms

Simplification and automation: The requirement for small businesses is the reduction of complexities in the enrolment process of employees in health plans and renewing the benefits. Automated enrolment, notifications, and updates on compliance were considered key features to enhance efficiency and avoid human error.

Cost Effectiveness: This also had to be a cost - effective solution. Small businesses are normally cash - poor, and the management of health benefits is an expense item (Mason, 2017). So, low - cost solutions that did not compromise functionality were very desirable.

Third - party providers' integration: Due to the business nature of SMEs, they mainly depend on third - party health providers for insurance coverage and related benefits. By integrating properly into these providers, it can easily save time and eliminate errors related to administration in benefits.

#### User interface design and architecture

Such findings mean that UI design and system architecture are the defining line for the platform. To a small business owner who does not know anything about technology, a user - friendly, easy - to - navigate UI is important to avoid overwhelming the users.

# **International Journal of Science and Research (IJSR)**

ISSN: 2319-7064 SJIF (2022): 7.942

Ease of Use and Accessibility: It was realized that small scale businesses require an interface with user - friendliness, in which they are able to reach key functionalities with minimal effort. Easy navigation, simple workflow, and pleasing design were the effective platforms regarding consumer satisfaction and overall adoption in deployments.



Figure 2: Development process of user interface design for healthcare

Responsive Design: The platform will be adapted to small business people who might access their accounts with a wide variety of devices. Responding to mobile compatibility and flexible layouts are integral in usability so users can update and control health benefits from anywhere and at any time.

System Scalability: It also determined that the system architecture must scale up according to the increased user base. Small businesses start with very few employees, but they can grow in the future and the platform has to endure an increased load of users without sacrificing performance.

# Technical aspects of scalability:

Technical aspects of the platform, mainly involving ASP. NET, C#, HTML, CSS, and SQL Server, emerge as the principal theme of ascertaining the robustness and scalability of the platform. Scalable and secure backend systems along with an efficient and dynamic frontend interface are the main ingredients of the study (Rausch, 2015).

Scalability of the Platform: The usage of ASP. NET and C# technologies was deemed to provide a very high level of scalability because small businesses can constantly scale (Rausch, 2015). Use of microservices architecture was also proposed as an effective way of managing different aspects of a platform and making separate independent arrangements which improve flexibility and reduce operational bottlenecks. Database Management and Security: SQL Server was the tool identified to be used for handling large datasets, ensuring integrity, and controlling complex queries with high productivity. However, the study further reveals that as the platform scales, in addition to an optimization of database queries, caching would be required - Redis - like mechanisms would be used to maintain optimal performance on the platform (Serrano, et al., 2020).

Security and Compliance: Since the data of employee health benefits will be sensitive in nature, the platform needs to ensure strict security procedures to avoid data breaches. The users' details including personal and financial information will need industry - standard encryption, authentication, and authorization mechanisms for its protection.

### Optimizing Techniques for Performance

The study established that platform performance regarding health benefits rm is critical in determining its usability and adoption by the users. There is a greater user engagement within the platform for effective usage the faster the responsiveness of the platform is.

One of the most effective performance optimization techniques identified was the use by content delivery networks CDNs (Tullis and Albert, 2013). Utilizing geographically diverse servers enables a CDN to reduce the time taken for page loads and increase platform response to users' addresses where they are located.

Database and Query Optimization: Optimization of SQL queries to reduce unnecessary joins was taken as a strategic direction toward database improvement. The performance of a database needs a periodical review considering the growing size of data and the rise in the number of users accessing the database.

Front - end performance improvements: Among the improvements made on the front - end, image compression, lazy loading of JavaScript files, and a reduced number of HTTP requests proved to be real bottlenecks (Zeng, et al., 2020). Many of these optimizations make for a consistently smoother experience that's critical in managing high levels of user satisfaction.

Integration of Performance Monitoring Tools: Performance monitoring tools should be implemented into the system to track any performance issues in time to aid faster solutions, thereby increasing solutions by identifying slow processes and areas that need more optimization.

#### 4. Discussions

More than just an effective cost - reduction platform for small businesses, its development should be well - rounded. It must be scalable, secure, and user - friendly. Responsive design, efficient system architecture, and performance optimization techniques would thus be essential in ensuring that the developed platform could satisfy the needs of small business owners and employees (Baldwin, et al., 2019).

The major findings of the study reflect high - level insights into the design and development of a small - business oriented health benefits rm platform. Main issues in the challenges to the management of employee health benefits in small businesses are resource constraints and lack of experience (Jha and Glickman, 2018). Improving efficiency in renewing health benefits requires simplified, automated processes and seamless interface integration with third - party providers. These call for more focus on business requirements analysis in the way it meets platforms with specific needs, that of compliance management and, of course, cost effectiveness.

The most critical findings appear under headings of user interface (UI) design and architecture. Thus, an intuitive

# International Journal of Science and Research (IJSR) ISSN: 2319-7064

SJIF (2022): 7.942

interface is essential to the needs of small businesses. In general, small business employers do not possess technical expertise that enables them to easily use complicated systems. Again, this research underscores the significance of responsive design and ease of use to ensure smooth operation on a wide range of devices. The better experience this affords will result in users signing on more readily (Fowler, 2018). From the technical point of view, ASP. NET with C# use, HTML, CSS, and SQL Server has proven efficient for building scalable, secure platforms. Study focuses on the fact that the architecture of the back end should cope with its further growth. Databases are to be optimized; security and compliance are to be also taken care of (Esmail, et al., 2020). Techniques like CDN and frontend performance improvements formed an important part of the study which would deliver a glitch - free experience to the user. The speed of a platform further has a direct impact on user satisfaction and retention.

A periodic monitoring and feedback system would be very essential to detect and eradicate performance bottlenecks. Real - time analytics of performance would make the platform sound for the years ahead (Kothari and Patel, 2018). Thus, all the conclusions drawn in this regard highlight the need for a holistic design of the platform, where functionality goes hand in hand with scalability.

#### 5. Conclusion

Small business operators' necessity, in this regard, focused especially on operational efficiency needed in the dealing of complexity that surrounds administrative processes and the health benefits management practice. This is well manifested in streamlining enrolment rm activities or even compliance tracking through a focus directly towards such major pain areas even as presenting access in hands to the benefit administrator with professional background.

User interface and design emerged as the major influencing factors behind the success of the platform. One must design an easy - to - read, simple interface so that small business employers can use the platform easily. In itself, a responsive design will ensure that your platform is accessible from more than one device. This becomes all the more necessary for small businesses where benefits must be managed in real - time from different locations.

The technical considerations of building a scalable and secure platform are addressed in this study. ASP. NET, C#, SQL Server, and all other modern technologies assure the system's ability to face the future growth and meet strict standards for security. Integration of performance optimization techniques, such as CDN and query optimization, is also required for maintaining a fast experience while keeping it reliable for users.

In a nutshell, this research provides an integrated approach to the design of health benefits rm platforms for small businesses, relating both technical and user experience elements for the delivery of an effective scalable solution.

## 6. Future Study

Future research would lean towards the aspect of actual user testing and actual feedback from small business owners who will use the platform in real situations. This would make it easier to understand and tackle usability issues as well as fine - tune features according to actual user needs. And further, finding the possibility for the application of machine learning and artificial intelligence in predicting health trends among employees and helping to automatically decide on rm of benefits could be explored. Hence, these advancements could even more smoothen the platform while making it more responsive to the changing needs of small businesses.

#### 7. Limitations

Although the study is good, several limitations are attached to it. The first limitation is that the study was based on secondary data, which may not necessarily indicate the actual challenges of the small business owner concerning health benefits management in real time. The study had no real - world user testing of the platform. Such testing would have given a lot more practical insights concerning the usability and effectiveness of the system. This study also limits the scope of the study to a specific technology stack ASP. NET, C#, and SQL Server, which might not be applicable to other small businesses that have different technical resources. Future studies should consider primary data collection and comparisons of different technological stacks.

#### References

- [1] Baldwin, T., Bates, S., & Cairns, R. (2019). *Optimizing Benefits Administration for Small Businesses*. Journal of Business Administration, 42 (3), 101 118.
- [2] Bass, L., Clements, P., & Kazman, R. (2017). *Software Architecture in Practice*. Addison Wesley.
- [3] Buchanan, H., Thompson, R., & Stark, J. (2021). Simplifying Health Benefits for Small Business Owners: A Solution - Oriented Approach. Healthcare Administration Review, 17 (4), 25 - 40.
- [4] Esmail, J., Agha, M., & Lewis, T. (2020). *Optimizing Web Performance: Techniques for Improving Usability*. International Journal of Web Engineering, 25 (5), 119 134.
- [5] Fowler, M. (2018). *Microservices: A Software Architecture Approach for Scalability*. IEEE Software, 35 (1), 12 25.
- [6] Jha, A. K., & Glickman, S. W. (2018). The Impact of Simplification on Health Benefits Management for Small Businesses. Journal of Health Policy, 30 (2), 85 -94
- [7] Kothari, V., & Patel, R. (2018). Optimizing SQL Queries for Web Applications: A Comprehensive Guide. International Journal of Database Management, 12 (2), 72 83.
- [8] Kurtz, G. (2020). Web Development for Mobile and Desktop Platforms: Modern Front End Techniques. Journal of Web Design and Development, 13 (3), 202 217.
- [9] Mason, D. (2017). Scalable Architecture for Cloud Based Health Platforms. Journal of Cloud Computing, 22 (6), 45 55.

Volume 13 Issue 11, November 2024
Fully Refereed | Open Access | Double Blind Peer Reviewed Journal
www.ijsr.net

565

# International Journal of Science and Research (IJSR) ISSN: 2319-7064

ISSN: 2319-7064 SJIF (2022): 7.942

- [10] Norman, D. A. (2013). *The Design of Everyday Things: Revised and Expanded Edition*. Basic Books.
- [11] Rausch, M. (2015). Optimizing Back End Performance with C#: Enhancing Efficiency in Enterprise Web Applications. Software Development Journal, 27 (4), 115 126.
- [12] Serrano, E., Zhu, L., & Gali, A. (2020). Performance Optimization for Web Applications: A Review of Techniques and Tools. Journal of Software Engineering and Applications, 34 (5), 205 220.
- [13] Thomson, S., Lee, H., & Khan, A. (2016). *Database Optimization in Scalable Web Applications*. International Journal of Computer Science, 11 (1), 80 89.
- [14] Tullis, T., & Albert, W. (2013). Measuring the User Experience: Collecting, Analyzing, and Presenting Usability Metrics. Elsevier.
- [15] Zeng, W., Wang, J., & Zhou, X. (2020). *Improving Web Application Speed through Content Delivery Networks*. International Journal of Web Technology, 18 (4), 40 55

# **International Journal of Science and Research (IJSR)**

ISSN: 2319-7064 SJIF (2022): 7.942

Volume 13 Issue 11, November 2024
Fully Refereed | Open Access | Double Blind Peer Reviewed Journal
<a href="https://www.ijsr.net">www.ijsr.net</a>