

Interrelation of Mind, Matter, and Consciousness: A Metaphysical Analysis

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Abstract: *This article delves into the intricate interrelation of mind, matter, and consciousness from a metaphysical perspective. It explores the philosophical theories and cognitive science concepts that underpin our understanding of these three constituents of Metaphysical Phenomenology. The article aims to contribute to the enlightenment of human cognition by providing a comprehensive analysis of the subject matter, thereby offering new insights into the realm of metaphysics*

Keywords: Metaphysics, Mind - Matter Interrelation, Consciousness, Cognitive Science, Human Understanding

1. Introduction

Thesis Statement

The Dissertation is primarily aimed to bring in a collateral connection between the three constituents of the Metaphysical Phenomenology – The Mind, Matter & Consciousness. In fact the reality that we see, do not exist at all, we are here to complete our journey of wholeness and are in the process of merging with God by becoming whole and complete like him. Hence it is clear that the reality is nothing but an illusion of mind.

Purpose: The purpose of this article is to provide a comprehensive analysis of the interrelation of mind, matter, and consciousness, drawing on metaphysical theories and concepts, with the aim of contributing to the understanding and enlightenment of human cognition.

Significance

This article holds significant value as it delves into the intricate relationship between mind, matter, and consciousness from a metaphysical perspective. It provides a comprehensive analysis that could enhance our understanding of human cognition. Furthermore, it bridges the gap between philosophy and cognitive science, potentially opening new avenues for interdisciplinary research and discourse.

What is Mind, Matter & Consciousness?

The inner world which consists of the MIND or which would rather be precisely said the MENTAL WORLD. The world which is completely individualistic, the world which is unknown and somewhat intriguing to the other being that is not insulated with the same frame. However by the outer world it is meant, the world of MATTER, the physical world which can be quantified and measured and which is encapsulated in the so called scientific calculations of space and time.

Similarly Consciousness is the vast concept of our existence which is still untraceable and indefinable. However mostly we philosophers believe Consciousness is nothing but Awareness. Awareness of being consciously active of the present moment. Consciousness is ever active, ever present and ever existent. We are actually dwelling in the vast sea of consciousness and the entire universe is functioning by the

methodologies of what we call Collective Consciousness or Mass Consciousness. It is consciousness which if can be put into a minimal time of our individual awareness, we start feeling the realms of its deeper aspects.

2. Review of Literature

- 1) Russell Bertrand – Problems of Philosophy Chapters 6 – 8 & Spinoza Ethics: Published in the Everyman Edition, affords a good example in the priori rationalist method in philosophy. Leibniz standard book which contains in part 1 an account of rationalist philosophers and their methods and in part 2 an account of the empiricists.
- 2) L. S. Stebbins A Modern Introduction to Logic is a textbook dealing with the Modern or generalized logic which has grown up during last fifty years. F. C. S Schiller's Formal logic represents the pragmatic standpoint
- 3) G. E. Moore – Philosophical studies. May be consulted in connection with all the problems raised in this and the next two chapters. It is likely to become a classic, but is considerably more difficult than the books described above.
- 4) A Comprehensive Modern treatment of the Problem of Substance will be found in CD Broad's examination of MC Taggart's philosophy vol 1 chapter 7. The theory of the judgement referred to at the end of the chapter will be found in F. H. Bradley's the principles of logic, vol 1, Book 1
- 5) John Burnet's early Greek philosophy, chapters 4 and 3, views of Parmenides, chapter 4 and Heraclitus – chapter 5
- 6) For a modern treatment of mechanism and teleology and Broad's Mind and place in nature. Modern work Interpreting evolution from a teleological point of view from J. Arthur
- 7) Thompsons. – The system and animate nature and purpose in evolution.
- 8) Layered John – The problems of Self. A valuable of the treatment of the problem of freedom from the libertarian point of view is found in contemporary British philosophy. It talks about the freedom of man, a sketch of the philosophy of personality is contained in the J. M. Mac' freedom in the modern world. It talks about the philosophical aspects of modern science.

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For a discussion of Universal and Particulars C.

Bertrands Russels

The Introduction to Mathematical Philosophy – Contains arguments and conclusions which have led many to dispense with the notion of universals as independent real subsistent. His mysticism and logic may also be consulted. Montagues the “Ways of knowing” summarizes the recent thought on the subject.

- 9) Philosophy of Kant: In this book Kant is apt to change his position. He thus show on this point thus, in the second Edition of Critique of Pure Reason we find him saying that world of experience must exist independently of our independent minds
- 10) Noumena is untranslatable word. It is usually understand in meaning “ things in themselves”.
- 11) Kant Critique of Pure Reason – is translated my F Maxmuller. There is also an edition in every man by A. D. Lindsay. Norman Kempseys commentary on Kants crique of pure reason is a standard work of Kant but it is difficult.
- 12) Think and Grow Rich – Napoleon Hill has based the book on The Laws of Success represents the distilled wisdom of all distinguished men. Andrew Carnegies magic formula for success was the direct inspiration of this book.
- 13) An enquiry concerning Human Understanding: David Hume
- 14) The book covers varied discussions on - The different species of Philosophy, Of the origin of Ideas, Probability, Liberty and Necessity, The reason of animals
- 15) The seven spiritual Laws of Success - Based on Natural Laws which govern all of creation – The book shatters the declaration that success is matter of hard work, exacting plans and driving ambition. Dr. Deepak Chopra offers here in a life altering perspective for the attainment of success.
- 16) The inner journey – Osho - it is a pecise manual for tuning the instrument - body, mind, heart to an inner balance and harmony that will pave the way for an experience into meditation. Osho speaks of meditation as a music that naturally flows in a well tuned intrumentand of love as the dance that moves to this music.
- 17) The Master Key System - This book holds the secret of a powerful system of success which was used by the author Haanel to amass a fortune for himself. The book lays down the principle for creative manifestation of Law of Attraction.
- 18) Nature and Form of Knowledge – Rajendra Nath Chatterjee and Anakali Devi – It entails on the topic Definition of Knowledge, Classification of Knowledge, Memory and dream, Doubt, Error, Theories of illusion, Hypothetical arguments
- 19) The Psychology of perception – Rajendranath Chatterjee focuses on “ Indriya”, Function of Senses, nature and function of mind, the self and its function in perception
- 20) The theory of Good and Evil – Hastings H. Rashdall – The book assumes on the facts of commensurability of all values, self realization and self sacrifice, vocation,

moral authority and moral autonomy, Casuistry – its possibility and limitations.

- 21) Matter & Consciousness: Paul M. Churchland
In this book Church land argues persuasively and imaginatively that the basic philosophical issues will be resolved only after empirical progress in cognitive science. He sketches the ways in which artificial intelligence, neuroscience and ethology are relevant.

He makes many intriguing suggestions about how our thinking of the mind might radically change in the future. He also talks about alien intelligence of different kinds.

- 22) Philosophy of Mind: It remains the only sourcebook of primary readings offering in depth coverage of both historical works and contemporary controversies in philosophy of mind. The writers included in this comprehensive book range from Aristotle, Descartes, William James, Chomski, Paul Church land. The section on mind body problem in particular has been greatly expanded, included numerous selections on qualia and Consciousness.

3. Findings

Metaphysics is subdivided into 3 major parts. They are:

- 1) Ontology
- 2) Cosmology
- 3) Rational Psychology

However, when we are trying to understand Philosophy and deduce its character and nature, the first and foremost criteria that impinges upon us is to be thoroughly acquainted with the Theory of Knowledge. It is a common idea amongst the philosophers and laymen, that there is already a stormy controversy about the reality of existence. Though the Realist and the Materialist have extreme derision on the theory of existence, but whatsoever, the Subjective Idealist view is given over here to analyze the Philosophy of Mind.

For analyzing the embryology of Mind, we must initially and most importantly focus our subject of study into sensations. Now let us deal with the physical objects, which common sense, appropriates as things of the world or worldly things that our senses makes aware of. At first it will seem

But however if we reflect on these external objects, we start realizing the intriguing fact that the knowledge or information that our senses reveal to us is not dependent on the quality of the external object or substance or rather we should contemplate on the things that are existing “outside ourselves”. By this I mean of the “external objects as theyare”, but rather we should start thinking on what is going inside ourselves. Perception as we know is solely dependent on the integral factor on our own singular and individualistic experiences.

For example as related by Joad, when we stand near the fire, the foremost sensation we will have his of heat, as we know that fire is intrinsically hot and heat is the property of fire. But let us take the matter much deeper. Now if we move towards the fire and stand an inch closer to it, what

immediate experience can be inferred from it? Nothing but extreme pain. So should we say that pain is the quality or property of fire? No, it is not, from this experience we clearly understand that heat and pain is our sensation and not the quality or property of fire. The above experience that has been elucidated clearly gives us the knowledge that our sensations are not dependent on the outside experiences, or the qualities and properties of the external world but it depends on the quality of our own individual sensation. It is that what our own individual mind perceives colors the visions of things and we see things as our own perceiving senses wants us to see.

It is a common experience by all our readers, when we say that perception of things depends on our own feelings and moods. In the most depressive mood the most colorful and happiest events will appear dull to us while to a person with a happy, cogent mood things will appear different to him. So this only shows that sensations and reaction to situations of life is intrinsically interdependent on the perceivers mind.

It is the Mind or the Mental World that designs the universe for us, but not that a designed universe is present as "things - in - themselves" From this we understand that we, through, our own sensations, faculties, sense experiences feel and experience our world. This created world of ours through our perceptions defines our existence and creates or experiences of reality.

The Role of Intuition – Prioiri Knowledge

What is Intuition?

Knowledge which is not derived from actual experience is what we call intuition. Intuition informs us about something that may not be existing in the physical reality. An outcome of things which are not seen in the three dimensional reality, which can be seen from a 5D View is what Intuition is all about. Thus the knowledge that intuition provides is always perfect for it suffices us with information which our immediate sense experience cannot perceive.

Now from where does intuition spring from?

As Osho says in Inner Journey ...

This word 'intuition' is beautiful. You know the other word, 'tuition'; tuition means somebody else is giving it to you. Intuition means nobody is giving it to you; it is growing within yourself. And because it is not given to you By somebody else, it cannot be put into words.

If I say that intuition springs from your consciousness or awareness. Now what is the difference between thinking and awareness? Thinking comes from mind. Awareness comes from consciousness. According to the Kantian view things in the physical world behaves in the way as it is presupposed by our reason. Infact they are a product of our reason. Eventhey exist as "things in themselves" the law governing their behavior is also prescribed by our minds. This when I think about something, it's like representing my mutual laws and labeling it as 'I think of it' not as it is. As described by Kant in "Metaphysics of Experience "Thinking is like looking at reality through distorted spectacles. The harder we look the more we shall distort it"

So thinking about the reality is to misrepresent it. This particular philosophy thus further entails that there is a faculty more superior to thought through which we can contact reality. Thus Kant believes that if our moral experiences through which we get an insight into the real nature of things. This Barrison terms "it as intuition".

Intuition that springs directly from awareness. When all the mutual conditions, complexes, the ego is disintegrated and we are in touch with our pure essence, the stillness, the pure consciousness, which is free from all conditions, from which everything springs up and annihilates and from that pure awareness comes intuition.

Intuition that gives us higher dimension information's which might not be now received from the 3D physical reality. Intuition or a "piori" knowledge that makes us realize that is what is "All that there is" (Kantian View) is the reality, this is what God is and this is what truth is. To be lucid enough intuition is the soul's language. When we silence the chatter of our mind we are connected to the deep silence within. From that nothingness, comes the intuition which can be also termed as divine guidance. Thinking is a very special act, one who thinks from mind thinks from his experiences, that has formed his beliefs, he reasons it out from his beliefs, and thus partially he perceives half of the reality. But the intuition the priori knowing gives us a view of the total reality, which is not shielded out by the biases of mind.

Here I shall propound the theory which has been long established by Descartes, Leibniz and Spinoza.

The deep aspects of Consciousness on Human Behavior:

It is from my deep experience I have witnessed that we are always and already enlightened beings. Now what do we mean by enlightenment?

As per Leibniz he says that the whole concept of Enlightenment can be defined by the Universal Law of Justice. Leibniz makes a division between natural law and universal justice. The universal justice includes charity towards all living things and is used by God. Leibniz speaks about God's justice rather than Divine compassion. The Universal Justice happens for the best of all and is consequently tightly connected to the principle of perfection and the dilemma of theodicy. In fact, Gaston Grua and Patrick Riley argue - reasonably, I think - that Leibniz's whole moral philosophy and metaphysics can be seen as philosophy of justice

Enlightenment is the peaceful being of ours, the joy of ours, the knowing of all contentment part of us. However as we come to our mother's womb we instantly get disconnected from the absolute and get entangled in the illusion of "life". We start listening to our environment take in the emotions of our mother, father, when we are in the womb we start feeling anxious as we understand that we won't be accepted in the dual world.

Souls are singular. We as souls are non - dual. There is no masculine or feminine part of ourselves. However when we

come into our mother's womb we start feeling the anxiety of the dual world.

"My parents wants a girl child but I have chosen to be a boy". We start disregarding our sexuality, the seat of non – being, at the primal age of humanness – our anxiety begins.

We succumb to our mothers/ environmental expectations.

"My daughter will be a doctor"

"My daughter will be an engineer"

We get anxious and start getting conflicting emotions with our environment. Thus the light, the divinity in us gets totally overshadowed by the illusions of the limited world. From the environment our mind starts forming. The beliefs, habits, unconscious desires form our mental embryology. Freud says in "Introduction to Psychoanalysis" "The sub selves and the sub personalities have different aspects of it. The problem begins when we start disowning our subselves." We start fearing ourselves thus consequently attracting more and more fearful situations in life, until and unless we realize and learn the lesson of fearlessness, love & high self worth.

There is actually no problem in this world. We deeply realize, that it is our mind that creates the problems and through experiences in life we tend to understand the worthlessness of problems later in life.

If we feel deeply that we are worthy of all goodness, abundance in life, we will be always gifted with the goodness. But if we have a streak of unworthiness left in ourselves, we will invite situations unconsciously that reflects our unworthiness – material, mental or spiritual.

It is all a journey of consciousness, awareness of our mind – subconscious and unconscious, body, soul and the "Aware Ego". The moment we are conscious of our body, feelings, sensations, desires – conscious and unconscious, we reach the state of super consciousness - The deep part of ourselves that is always peaceful, happy and joyous.

We should have an observer – detached mode which is the stillness, calmness, the contented part of ourselves that gives the "knowingness" as described by Osho in his book "Compassion". The mind gives us only illusions and the illusions create the vicious cycle of happiness and problems.

We forget to find that mind is just a tool that has been given to us to use it for ourselves. We tend to become slaves of our mind and let the mind rule. Self realization or Enlightenment is to understand and realize our essence deeply. The division between mind and soul and "conscious intelligence" is about letting the soul drive the journey –which will soon enlighten our minds.

How mind and matter are relational aspects of existence?

Substance

What is Substance?

According to our common sense we view the reality as consisting of things. These things can be divided in

chemistry into solids, liquids and gases. The commonality between solids, liquids and gases are the spatial arrangement of molecules. The molecules are composed of elements, of which 92 have been distinguished and the elements of atoms.

As to the nature of atoms it is said that an atom is the charge of electricity from nothing. So this brings out the fact that everything is made of nothingness.

Now if we say that universe is made up of things that has properties of qualities, example – when we think of a chocolate, it is a collection of qualities like – roundness, sweetness, stickiness, softness and so forth. However the chocolate is something other than the qualities, so that we can say that it is "something" which is sweet and round. Yet what this "something" is?

The subject of Form & Matter –

In any individual things according to Aristotle we can distinguish two components. In his Metaphysics of Experience he says, "Thus a candlestick and a vase may be two different things used for two different purpose, however is made of metal, this distinguishing structure is the form and stuff by which this structure is made is called matter." "The form in other words is the sum total of the distinguished characteristics of a thing" as said by Spinoza in his "Moral Philosophy" Infact matter creates form. Form is a direct manifestation of matter at various stages of its development. Suppose if we take an example of a form like the statue of Venus. After stripping away step by step all forms, we get a stone at last. Stone is a chemical compound and can be further analyzed. However in terms of Aristotle all physical things in this world consist of four elements – earth, air, fire and water. Can we not then apply a formula for those elements so as to further analyze it? But as the great physicist and

Meta physicist says that there is an ultimate matter that constitute of all things that the universe is made of. So what is this ultimate matter?

According to Aristotelian and Bradley's theories "when we judge that so and so is a man because (P) we are affirming a predicate to define a subject. Thus any bump of stuff of qualities attached to is untenable." Moreover there can be only one subject that can be reality as a whole and whatever predicate (P) we use to assert the subject, constitutes the reality or the physical form of reality – matter. Thus, whatever we think and say must be itself be a part of the reality and is also adding to the reality of which we think and speak.

Thus from this we can assume that thought creates reality –

It is both descriptive and creative. This is what Monism and Objective Idealism is all about. Since all our thoughts is all about one unified matter and reality because there can be nothing else we can think about except the reality and in thinking about reality we again add to it, so there can be no distinction between the thought and reality – the inner world and the outer world.

Consciousness of Change

Change as the only reality

The universe breathes through contraction and expansion and keeps on evolving similarly. The reality that we see is the changing reality. As already discussed that our thoughts create our reality. Thus as our inner world changes so does the outer world. Infact we reside in a universe which is dynamic. Our inner reality that is consciousness in motion keeps on evolving. At first we think that we are a being that is sentient and has consciousness and awareness of feelings.

Kant in his Metaphysics of Experience says that “Moods, desires at a given point of time are the first state of consciousness called the egoic states where we separate”. This in the age initial stage looks consciousness as the separate entity stuck through successive states – just as beads in the necklace. These are the just the egoistic states but this proves to be erroneous when we realize that this state gives way to the another and despite the changes taking place, something persist.

Let's take a stable perception – a reality like a television set.

We see the same reality from every angle, sides; however the vision of it after a few seconds is not same. This is because the vision we are having is an old state – which our mind construes from a first memory. Our mental state, as it is moving on the road of time is continuously expanding.

There is no feelings, desires, volitions, intents that is not subject to change.

Something changes in us without a sensation and this state by far is nothing but change. If things of inner world do not change we get stuck into a box and won't be able to respond to the demands of the changing conditions outside us. Thus change is an inevitable reality.

It is though the process of change that we grow and evolve and expand of our understanding of the vast reality.

However I would like to take this a little deeper it is not change that happens to us but it is our capacity to “listen” to our inner being, our inner core through which releases and transformation happens. The more we listen to our Intuition, the more we are connected to our source, the absolute within us.

Our understanding and connection of selves deepens and the reality expands. The deeper we go into ourselves; we are in touch with our multidimensional reality in every moment of our existence. Every day and every moment our horizons expand. In this way the Universe works in the ebb and flow, contraction and expansion just like our breaths – thus change means listening to our inner core, going deeper into ourselves and not perceiving the reality from our memories, beliefs, conditions and experiences. Instead we need to see reality anew with fresh eyes from the depths of our core, which is an unending energy of the source.

The problem of change – an investigative approach

It is quite evident that every branch of human activity, every function of human spirit, and every organized phenomenon is to be studied and interpreted in combination with the other or in terms of the other. Whether we find a growing, developing baby, an art, culture, organism, habits, civilization - - - Its identification can be perceived from its roots as to from where it originated and what is its goals and each case the results of the two modes is found to be distinctly different.

Now this tells a lot of thing. Let us consider the rationalistic criticism of religion. We will take an approach when religion was first established. It was based on the fears to fight against the powers of nature that men could not comprehend.

Similarly in case of Mathematics a savage can tell the existence of numbers. He would be able to say it through his finds on the hand but this way is not regarded when mathematical talks are accounted for.

Thus this account simplifies the fact, the truth of things are not known or not complete if only its origin is taken into account – “Origins does not describe its status as it is now – Origin is also not complete in its own account, for getting the completeness of its account we must not only consider its origin but also its consummation”, Descartes.

We must not only look at the germ from which it arose but also know the end it is seeking to achieve. The present state of a growing and development of a thing reflects its past but also forsee its future. We is here to know our unlimited potential and infinite possibilities' of growth.

E = MC² – A Mathematical Calculation of our Growth and Enlightenment

According to Einstein

$$\text{Energy} = \text{Mass} * \text{Speed of Light}^2$$

It says nothing can travel faster than light. However the sum is always greater than parts. Thus when multiplied by Mass the equation is exceeds the speed limit of light. Energy or Consciousness exceeds the speed limit of light.

Moreover let's get into more details. Everything has a mass - body – Physical and a Non Physical thing. Suppose that human weighs is 54 kgs, its Consciousness limits are

$$E = 54 * (1,86,000)^2$$

$$E = 35 \text{ Billion miles per second}$$

Now when energy is 35 Billion miles per second, it forms INFINITY

Thus our potential is Infinity.

Another Insight –

“The main point addressed is that the equation by considering matter and energy as identical describes a reality parallel to monotheism of the religion only in a confused manner. In fact, the equation seems to describe about a reality which is essentially discrete, divided and finite, the same thing which Vedanta calls as ‘Maya’, or have the same meaning. Maya contrary to Brihma is materialistic phenomenon subject to change, thus does not represent a

true ultimate reality that is what the philosophy of relativity shows. All Religion asserts about an ultimate reality which is inexhaustible and indescribable in true sense. The Einstein's equation only shows that matter has tremendous amount of energy and it fails to predict the truth about the pure energy which is independent of matter, inexhaustible and present everywhere “

www.relativity.tripod/philosophical

Anything that transcends the speed limit of light, the thing puts such a pressure that the matter disintegrates.

Disintegrates means Transforms

Thus $e = mc^2$ = Transformation and Enlightenment

The moral is nothing is constant, if we are to investigate the nature of a Man, his full flood of energy is meant to be analyzed till the point of zenith – the middle point of his incompleteness of what he is reflecting - The image that is falling short of its full development If we are to measure from its completeness, it is to be measured to the point he wants to go. Thus nature is constantly changing, moving from one completeness to another completeness and its limits are unending – INFINITY

The problem of Causation – Cause and Effect is an illusion -

How our Mind creates the illusion and brings about a distorted experience of the reality.

As human potentialities are unlimited similarly effects can also be unlimited. For example we say that a match produces a gun powder explosion. Now this is a very wrong way to say things because we see the match ignites and the Gunpowder explodes but we do not have the sensory experience that validates the power inside the match to explode.

This can be explained in the terms of billiard board. The effects of the cause of the ball moving is always random and nothing is fixated. Similarly in nature the causes can be unlimited and the result it produces has also the power to materialize in multiple possibilities. Hume says “past experiences can be allowed to give direct and certain information of those precise objects only at that precise period of time, which fall under its consequence. But why these experiences should be extended to future times and to other objects is the main question.

4. Discussion

What Modern Physics says about Cause & Effect?

In the ABC of Relativity Newton says “ if a tiger is left open in an open market place the people move aside as they hear and see the tiger. Thus now there is a person who sees the people moving but not the tiger and he also moves out of fear. With what exact speed is this person is moving? Another point these physical laws have been proved by multiple experiences on Phenomena. ”

However it is the Scientist minds that projects on what he explodes. So everything what we see outside is already there inside – We belief and then we see it. The correct physical laws of cause and effect are also beliefs of physicist projected that are in fact conditioned.

Constructive Metaphysics

Matter – Matter a Manifestation of Consciousness which is infact illusory

The object of Constructive Metaphysics is to throw light on the nature of the world as whole. According to a celebrated description of Professor Broad, the result of fusion sciences Investigation of the experience of ethics, religion and human experience is to reflect upon the whole. By this he proceeds we would be able to know the nature of the universe and to the Prospects and to the position in it. The primary object of philosophy is to analyse common senses, facts, sentences not just as grammar analysis but as to what our commonsense says to the everyday words convey to us.

Plato's theory of Ideas

Universals and Particulars – Everything in this world is connected and is one. Fragmentation is an illusion

Particulars are a kind of things that is given to us in a sensation. Most philosopher would agree that a patch of red is a particular and an universals and thing is that characterizes a lot of particulars. The redness that we see is universal.

Bradley and Hume on Abstract Ideas

The whiteness that we talk about is different from snow or butter or cream. This whiteness is the universal, this again shows the fact about the existence of prior knowledge – we see what we Belief. To concede the knowledge of universal is to concede that the knowledge is itself beyond our senses. They say that first we need to know the universals, the whiteness and then the particular. When we draw a triangle on board we are inclined to deduce that is through the truth of the triangles.

It is only later from study from different particulars we tend to develop a conception of the triangularity. That is through particulars we move to universal, however for me it is not true because actually we move from unconscious to conscious – universal to particular.

Now the unconscious is also conscious – it is just we are unaware of it. So it is already there. And we move from universal to particular. Everything is universal. When we are talking of green it is the sum total of all the greenness that we have experienced – that is which is in our minds, that has formed the concepts and beliefs.

Plato's theory on ideas of Form – Mind, Matter & Consciousness is connected and relational

We have said that universe is in a state of flux – changing nature of reality.

Plato talks of both with limited scope. The first is the flux of change. Here Celebretus talks about the world and changeless reality – Permanides. Now how does it occur ?

If I put my on upon a chilled blizzard, I will say it is moderately cold, but somebody coming from hot bath will say it very cold. It is both hot and cold. A rabbit might occur to an elephant a small animal but to a tiny pod it will appear big, hence at the same time it is both small and big. Thus it can be said that X has a quality A and X has quality B which is exactly opposite to A. Thus X has both A and B and neither A nor B or both A and B in the middle. Thus X has no quality at all. If something has no quality it is not real. Our knowledge of it is not real also.

That means nothing is real. We only have opinion what Plato calls. Thus the sensible world is a world of opinion. Thus it is highly subjective and it is not. The appropriate attitude of mind to the sensible world is the opinions of the sensible world. Opinion can be true and false. Contradictorily that means we have no knowledge of the sensible world. What knowledge do we have of them? Plato explains it is the knowledge of forms.

There is however a famous passage in the Timeus – Platos most great cosmological dialog in which he is trying to understand how God created the world. In the Timeus Plato represents God and forms as distinct from each other & not dependent on each other. God did not create the world of forms nor is he dependent on it but he exist side by side with it.

Nevertheless his activity and creation is dependent upon and conditioned by it by the world of forms. In the sense that his knowledge of the world gives him the ideal or the aim of his creation. What God does is to meditate between the flux and the flux of becoming – that is modeling out of the flux those things that are made after the likeness of the forms.

It is like bringing the forms in the flux. As explained before it is a dynamic concept of expansion and conversion into flux – Maya and form. Both are not real and again both are real or between the two of which we don't have a specific knowledge. Thus it can be concluded that it does not exist at all.

The Philosophy of Modern Physics

Whatever the physics talks about the color, solidity, sound, smell, temperature are in the physicist world not there. For example heat is a gas as we are told consist of molecules of about a hundredth million of an inch across with comparatively large spaces between them moving about in all directions with an average speed measured in hundreds of year in second. The molecules meet and collide in consequence of the collision.

Temperature is produced in the gas. If the gas is placed in a flame or hot body the molecules of it will gain in energy moving and colliding more violently. The temperature of Gas goes up and heat is generated but the cause of heat is nothing but the energy of motion is molecule. Thus if same temperature, heat, color, tastes, smell are not really they are

then what it is. Mathematical physics talks of world of point events.

It takes four numbers to specify a point event uniquely. Thus a minimum amount of structure is therefore accounted for the world. That is to say a mathematical structure. From this minimum structure of point events and the relation between them, the mind according to the Contemporary form of psycho philosophical speculation builds of the world varied qualities that we know concentrating upon those point events which falls into patterns that in the rests on them and are itself completely promises what idealist interpretation of the world and its development holds.

The Power of Acceptance – A Psychological Manifestation to attain Peace and Growth which is the nature of Universe

The power of Acceptance is very suitably described through the two Hindu Paths Tantra & Yoga that is used as path of Self Realization & Realization of the world

The path of Yoga & the path of Tantra

Tantra and Yoga are basically different. They reach the same goal but in a different path.

As Osho says in his “Book of Secrets”

“Yoga is to fight, Tantra is to live. Yoga is to fight, suppress and dissolve. Tantra is to indulge with Awareness, live with awareness. Going beyond is death in Yoga”. You have to die to take birth – live your being. But in Tantra, you don't have to die to reborn. You have to transcend. In the yoga it is deep suicide. But Tantra is about **Acceptance**. Tantra says there is no gap between world and nirvana. No death is needed, no fight is needed.”

Sex energy – The being of our existence

For example sex is the basic energy. You are born through it and with it. Your sex energy is the basic energy of your being.

Every cells of your body is made up of sex energy. If you fight it, you will be centered in a different existence. The more you fight it the more integrated you are in that existence. Tantra says do not fight sex. Infact we have to use the sex energy. We have to be friendly with the sex energy and use it consciously. Because in full consciousness we transcend it. Infact we transform your sex energy.

One will live within it and at the same time without it. Opposites & enmity create a friction. This becomes a blockage and a barrier in the process of growth. But if i am friendly with and move with it in full consciousness then we can transform it. It is not a matter of stopping desires or being desire less. It is about having desires but not remaining attached to it.

Man has gone wrong only because of his attitude towards sex. In fact there cannot be any special attitude towards sex. It is a normal phenomenon of your body. If one is taking

their eyes away from evil then the whole act of seeing becomes evil. Then you avoid it, hanker after it simultaneously you feel guilty about it. You try to destroy it and it destroys your awareness, your mind, your sensitivity to understand it. Tantra is total acceptance. Move in with every energy with awareness then only you go beyond it.

Only deep sensitivity can make you understand anything.

One can understand sex when we move in it like a poet moves in the flowers. If we are guilty of flowers then we may pass the garden with closed eyes. Somehow we have to pass the garden, and we move in with closed eyes in hurry or in mad haste. Then how can you be aware of it. Tantra says accept whatever you are, whoever you are. We are a great source of multidimensional energy. When we move in with every energy with deep sensitivity understanding and love, we can every energy and thus go beyond it.

Yoga is all about negation. While tantra is all about affirmation. In these awareness this world becomes a place of "nirvana". This body becomes a holy temple.

Yoga thinks in terms of duality. The word Yoga means to yoke – means to join two things. That means there is a duality. Tantra says there is no Duality. If the world and the divine are two then they cannot to be put together. Actually they are not two. They are appearing to be two. They are divinity in disguise. It is actually only appearance. So why make only this appearance grow stronger. Let us dissolve it at this very moment. Let us become one. Through acceptance one attains wholeness but not through fight.

Accept the world, accept the body, and accept everything that is inherited in it. Acceptance brings freedom and enlightenment. The only way of understanding the self and the reality is through the power of love and acceptance.

All reality is an illusory projection of mind. If we do not want go through psychological functions of pain and sadness and thus stagnate our growth through such blockages, we need to accept the reality as it is. Accept both pain and pleasure, good and bad because there is nothing called good or bad or sensory perception of pain and pleasure. The moment we accept everything we transcend these limitations of our sensory perceptions and emerge into the void of NOTHINGNESS! THIS IS WHAT GOD IS! THIS IS WHAT "ALL THAT IS". THIS IS WHAT TRUTH AND LOVE IS!!!! We are here to realize this Absolute Truth through the journey of Life.

5. Summary

Let me conclude this writing by a personal experience which further enhances my stand on the Self Realized truth, that "Everything is an Illusion"

Let me relate an event of a meditative experience of mine. On a very significant day of my meditation I realized that this world that exists in the dimensions of space and time is actually an image in the mind of God, Just like in dreams we go to another dimension or a realm of existence. Similarly the so called reality is also a dream in the mind of God.

We are not bodies but fictional images in the mind of God – a story woven – a kind of creation that God is choosing to see for his own creations to expand and develop. We do not exist at all, we are here to complete our journey of wholeness and are in the process of merging with God by **becoming** whole and complete like him. Hence it is clear that the reality is nothing but an illusion of mind.

As the embryology of mind expands, as our consciousness and awareness expands we start realizing that everything in life is our creation. We need to take responsibilities of our lives as we are the ones who have chosen to lead the lives whether it is a difficult one or it is an easy one. It is in our hands to change and transform our lives as we understand that Mind, Matter and Consciousness are all interlinked to one another. A change in the perception brings about a profound change in the reality. As we grow and develop ourselves and become whole and complete the experience of life completely transforms and we start claiming responsibility to create things in our lives. Thus Life – reality is a journey of Acceptance through various junctures.

If we can understand this basic theorem in life we can start experiencing the peace, happiness, joy despite difficult circumstances in lives as the peace happiness and joy within ourselves is not dependent on any kind of external resources.

6. Conclusion

This article provides a comprehensive exploration of the interrelation of mind, matter, and consciousness from a metaphysical perspective. It delves into the complexities of human cognition, offering insights into the intricate interplay of these elements. The findings underscore the significance of understanding these interrelations for advancing our knowledge in cognitive science and philosophy. Further research is encouraged to expand on these concepts.