# Evaluation of Safety and Performance of Bioresorbable Occluder Implant in Treating Atrial Septal Defect

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Abstract: A large, long - term atrial septal defect (ASD) or imperfection can harm the heart and lungs. Medical procedure like heart surgery is fundamental procedure to fix an atrial septal defect by medical device and to prevent complications. The goal of the current study is to evaluate the efficacy and safety of a bioresorbable occluder that was developed in - house for patients with ASD disease. This study depicts information based on animal study in porcine heart model for the developed bioresorbable ASD occluder, as well as the safety of the device in the designated area after the implantation. For assurance of present research, animal study has been performed to occlude an atrial septal wall utilizing a standard technique and successfully implanted a bioresorbable ASD occluder device in the defect size of 0.9 cm affirmed by angiography and Transthoracic Echocardiogram (TTE), After 180 days of animal study, it is claimed that the, present research work could be recommended for a preclinical study to treat atrial septal defect in humans.

Keywords: Arial Septal Defect (ASD), Bioresorbable Occluder (BRO), porcine heart model

# 1. Introduction

An atrial septal defect (ASD) is a hole in the heart between the upper chambers generally known as atria. The hole builds up the pressure of the blood that course through the lungs. It can be congenital (inherited heart defect). ASD is a typical underlying intrinsic coronary disease with an expected rate of 100 for each 100, 000 live births. An opening in the atrial septum will be shaped by the unusual early stage advancement of the first atrial septum. However, if addressed a number of adverse effects including physical activity, atrial tachyarrhythmia, right ventricular dysfunction and pneumonic hypertension will manifest as people age. Furthermore, due to the persistent existence of alloy occluders the effects of removal or on the other hand shedding will worsen during adolescent cardiac growth. Newly biodegradable materials particularly polylactide based are leading in expanding consideration due to its biocompatible properties. An occluder utilized in the present study is composed of Poly L - lactic acid (PLLA) which is biodegradable in nature so, it will degrade over its definite time. Due to some circumstances if the septal defect arises again in the future, it can be occluded again by utilizing bioresorbable occluder. In this way, bioresorbable occluder utilized in this study is clinically more relevant as compared to alloy occluders.

To comprehend the reason for ASD, it is useful to know how the heart regularly functions. The normal heart is made of four chambers two upper chambers (atria) and two lower chambers (ventricles). The right half of the heart moves blood to the lungs. In the lungs, blood gets oxygen and afterward returns it to the heart's left side. The left half of the heart then pumps the blood through the body's principal artery (aorta) and out to the remainder of the body. A huge atrial septal defect can make additional blood overload to the lungs and overwork to the right side of the heart. On the other hand if not treated, it gradually expands and becomes powerless leading to pulmonary hypertension. Therefore in this study, attention has been focused on biodegradable occluder for ASD which is utilized as a percutaneous option in contrast to cardiac surgery for closure of atrial septal defects. The waist size decides the left and right atrial discs dimension, which can estimate the aorta and make an expected gamble for disintegration. Utilizing a sheath, bioresorbable occluder crosses the defect and located in the superior pulmonary vein and size of the sheath is determined by the size of the device. Then after, device is deployed and tested by pushing back and forth on the link to affirm steadiness proceeding to release of the device.

# 2. Materials and Methods

Firstly an animal was treated with anticoagulants like aspirin and clopidogrel before 3 days prior to the procedural day, preceding implantation of the test thing and continued from day 1 to day 31 with reduced dose of aspirin e. g; 150 mg. The animal was fasted and kept only on water before 12 hours prior to procedure. Animal was weighed, anesthetized, instrumented, and monitored using 15 mg/kg (IM) of ketamine, 2.5 mg/kg (IM) of xylazine, 0.5 mg/kg (IV bolus) of propofol followed by inhalation of 1 - 3% of anesthesia through facemask. The neck, chest and thigh area was clipped free of hair for femoral vein, artery approach and ECG applications respectively. Thus the animal was prepared and draped for aseptic with procedures medications.

After that, animal was prepared for the surgical procedure with following medication. Medication for anesthesia was administered in accordance with standard operating procedure to respective animal. Anesthesia was maintained using 1 - 3% of isoflurane through endotracheal intubation. Medication administered on each animal during the clinical study was recorded individually. The right and left groin of an animal was shaved. Percutanuos approach utilizing

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seldinger method was used to embed sheath of 8F into right femoral vein and 6F into left femoral artery sheaths. Activated clotting time (ACT) measurement was done during pre and post heparinisation (the therapeutic administration of heparin).

The first and the main bolus dose was given at 80 - 120 IU/kg IV/IA and ensuing dosages was titrated in light of ACT values. Femoral artery was embedded with 6F sheath where catheter is set in the aortic root above an aortic valve. Femoral vein was embedded with 5F JR catheter over a stiff of 0.035x150 cm guide wire to be secured in left subclavian, the JR catheter was removed keeping the guide wire in left subclavian vein. The 8F Sheath was removed and yet again embedded with the 8F of mullins sheath with the dilator, Guide wire was removed and mullins sheath was withdrawn from subclavian vein to anchor the fossa ovalis in the right atrium and insertion of the ross needle into mullins sheath. Septal cut needle (Ross) was pushed in the mullin sheath under TTE and angiography utilizing left anterior oblique (LAO), right anterior oblique (RAO) and arterial pressure (AP) orientation. The septum is penetrated involving the guidance of pigtail catheter by pushing the mullin sheath in the septum from right to left atrium. After that, needle was removed and guide wire was placed transeptally into the left ventricle. Balloon was passed through the transeptal puncture and inflated in order to perform angiography for the affirmation of ASD.

The ASD BRO was embedded utilizing the delivery system navigated through the sheath. Chest Radiography and TTE was done of pre and post implantation. Animal was recuperated after this methodology and was able to survive for 180 days.

The span of the review was of 180 days. The animal was under anticoagulant treatment till terminal day (Day 180) and monitored with cage side perceptions for any deviation in the health status and record of their water and food consumption was ensured. During 180<sup>th</sup> day the animal was observed basically for ill health. Cage side perceptions was observed and recorded once in a day of every individual animal. Early electives was euthanized in light of empathetic end points followed by gross and histopathological assessment for the reason of mortality or morbidity. On day 180 subsequent angiography and TTE was performed on the animal for recedual shunting and affirming the positioning of the occluder device as shown in the fig.01, 02 and 03.



Figure 1: ASD occluder device in Right Parasternal long axis view on Day 180

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Figure 2: ASD occluder device in Left Parasternal long axis view on Day 180



Figure 3: ASD occluder device in Short axis view on Day 180

#### 3. Result and Discussion

The purpose behind this study is to assess the safety and execution of the bioresorbable atrial septal defect occluder in porcine model. This study gave data on the performance of the ASD BRO as well as the safety of the device in the designated area of implantation. One animal was taken for this study for the creation of ASD by utilizing a standard technique and embedding an ASD BRO device in the defect size of 0.9cm affirmed by angiography and TTE. Swine was chosen as the test system since this species has the circulatory system necessities like those of a adult human and gives a comparable size, cardiac output, pulse, blood pressure etc. This is a generally involved animal model to test cardio - vascular devices as size and circulatory results are key boundaries. More modest phylogenetically lower species are not suitable for in - vivo studies with this sort of device.

The device size setup was 18mm Left disc, 14mm right disc and waist was 6mm in diameter. Animal was recovered and checked for cage side observations till 180 days. The standard and 180 days termination hematology and biochemistry parameters were within the normal physiological ranges. During the 180th day of monitoring animal, it was found healthy and responsive and showed no reduction in body weight. At the preplanned termination of the research on 180th day, animal was accommodatingly forfeited after fluoroscopy and TTE for the necropsy and

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histopathological assessment of the atrial septum with implanted device. The fluoroscopy and TTE showed no disgorging, shunting or movement of the device. There were no lesions in the standard organs observed during necropsy. The device was seen appropriately integrated in the atrial septal during necropsy observation. tissue The histopathological assessment showed moderate infilteration of the inflammatory cells yet the device was appropriately epithelialised and there were no conspicious fibres of the device left uncovered by the epithelium after 180 days of animal study as shown in the fig.04, fig.05 & 06.

Hence, this study provided information on the performance of the bioresorbable atrial septal defect occluder device as well as the early residual shunting, thrombosis, pericardial effusion, mitral regurgitation. The minimum acceptance criteria of the study was successful implantation of the test items and animal's survival throughout the implantation procedure.



Figure 4: Posterior view of heart showing right atrium with right disc of bioresorbable ASD occluder device of animal on 180<sup>th</sup> day



Figure 5: Left lateral view of heart showing left atrium with left disc of bioresorbable ASD occluder device of animal on  $180^{\text{th}}$  day.



Figure 6: Posterior view of heart showing right and left disc of bioresorbable ASD occluder device in atrial septum of animal on 180<sup>th</sup> day

## Conclusion

Hence, it is concluded that the present research study satisfied the base acknowledgment measures of the study as there was effective implantation of the test things and animal's survival all through the implantation strategy. So the implantation method and results got through this study can be taken as a rule for executing future clinical implantation for useful security or a safety of bioresorbable

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occluder device that can close the defect of atrial septal defect in coronary arteries of a human. This study gave data on the exhibition of bioresorbable ASD occluder device as well as the early residual shunting, thrombosis, pericardial effusion and mitral regurgitation etc.

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