

Dr Edward Bach Flower Remedies

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Abstract: Salient feature of Bach remedy, 1. Cherry plum, 2. Mimulus, 3. Chestnutbud.

Keywords: Dr Edward Bach, Flower remedy

1. Introduction

These remedies enable you to know the meaning, value and significance of various things exactly and accurately. Precision and versatility is the culture of Dr Bach Remedies. Thus, by taking suitable remedies, all your difficulties dilute

away and thus you are able to increase your income and lifestyle.

Real cause of disease /sufferings of men is known by the use of Bach Flower Remedies alone; nowhere else do we get correct answers for our problems and sufferings.

1.AGRIMONY	9.CLEMATIS	17.HORNBEAM	25.REDCHESTNUT	33.WALNUT
2.ASPEN	10.CRABAPPLE	18.IMPATIENS	26. ROCK ROSE	34.WATERVIOLET
3.BEECH	11. ELM	19. LARCH	27. ROCK WATER	35. WILD OAT
4.CENTAURY	12.GENTIAN	20. MIMULUS	28.SCLERANTHUS	36 WILD ROSE
5.CERATO	13.GORSE	21.MUSTARD	29. STAR OF BETHLEHEM	37. WHITE CHESTNUT
6.CHERRY	14.HEALTHER	22.OAK	30.SWEETCHESTNUT	38.WILLOW
7.CHESTNUTBUD	15. HOLLY	23. OLIVE	31. VERVIAN	39. RESCUE REMEDY
8.CHICORY	16.HONEYSUCKLE	24. PINE	32. VINE	

Salient Feature of Bach Remedies

- There are just thirty- eight remedies only.
- No contra indication.
- There is absolutely no diet or other restrictions.
- There are available in form of ready to take sweet pills.
- There is no expiry date for these remedies.
- There is no question of withdrawal symptoms.
- Up to 5medicine can be taken together at a time.
- They are absolutely safe, non- habit - forming and even if wrongly used or taken in over doses, do not produce side effects.
- Very simple and easily learnt.
- Effects are instantaneous and effects are seen in very first dose.

1) Cherry Plum

Prescribed for following symptoms:

- Mind giving way; fear of loss of reaction
- Irresistible temptation
- suicidal disposition

Uncontrollable anger, unbearable thirst, insatiable appetite, cannot wait for food when hungry.

A diabetic patient with Cherry Plum negative mentality cannot avoid sweets on seeing it when served in dinner parties.

Suicidal disposition: Person commits suicide because of unbearable chronic abdominal pain that resisted treatment by the best doctors. Cherry plum cures the underlying

pathology and so the pain is cured completely and permanently. Not only colic. For that matter any disease that makes the sufferer cry or weep with pain.

Man commits suicide due to poverty .This also appears occasionally in dailies. Cherry plum is not a painkiller but it cures the underlying pathology thus relieving the pain.

(Person who need to take remedy Cherry plum)

- 1) Person committing suicide due to poverty
- 2) Person who cannot observe diet restrictions. (Irresistible temptation)
- 3) Person taking frequent cool drinks every time they go in hot sun
- 4) Parents beating their children in anger.



2) Mimulus

Key notes: Fear of known things.

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The patient himself tells his remedy.

In very rare number of cases, where a patient does not talk much, that in itself is a symptom called taciturnity and Bach remedy Agrimony covers it.

One must improve faculty of listening to patient. This is all what is required for being a successful Bach practitioner.

The remedy Mimulus is for fear of known cause; fear of death during course of serious acute disease; fear of cancer and so on.

In patients needing Mimulus, it is about a particular known thing that he is afraid of; the fear may be unwarranted also.

For example: fear of taking an injection. "We call such person nervous types"

Fear of high places; fear of boss in office.

Fear of robbers, accidents.

Fear of electric current.

Fear of darkness.



It is useful in following complaints:

- Complaints that disturbs your routine.
- Complaints that do not allow you to sleep.
- Sudden stoppage of daily routine such as constipation with no urging for days.
- Person who have not recovered from the effects of some disease or injuries and patient declared clinically all right – disability of joints after accidents where ortho and neuro declare him clinically all right but he is not able to move the joint freely delusions, illusions, hallucinations .
- Same unwanted thoughts occurring again and again etc



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3) Chestnutbud

This remedy has two symptoms:

1) Slowness in Learning

2) Escapist Mentality

Very important to know about this remedy is that CHESTNUTBUD does not increase anyone's brain power or capacity. It only merely removes 'lack of interest' and inattention'.

Chestnutbud is not a truth finder. It simply removes the negative aspect of mind – escapist mentality, therefore lock up death, court etc, go out of terminology and poor newspaper men would have no work to do.

Each sufferer talks or reacts in his own unique way and we have a corresponding flower to cure him (whatever may be his disease or pathology). Nature constantly works towards perfection. In some remedies it is the body language or type or nature of complaint that indicate the remedy.