

Folliculinum in Treatment of Polycystic Ovarian Syndrome

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Abstract: *Polycystic ovarian syndrome is a heterogenous disorder characterized by hyperandrogenism and chronic an-ovulation that affects about 1 in 15 women world-wide with symptoms of irregular menstrual cycles and polycystic ovaries, excess unwanted hair. Folliculinum a Sarcode a lesser known homoeopathic remedy, plays a major role in treatment of polycystic ovarian syndrome.*

Keywords: Polycystic ovarian syndrome, Causes, Treatment, Homoeopathy, Folliculinum, Sarcode

The term “polycystic” means ‘many cysts’ and PCOS gets its name because of the clusters of small-size cysts in ovaries. These cysts are fluid filled bubbles (called follicles) that contain eggs that have not yet been released due to hormonal imbalance.

This complex disorder is characterized by excessive androgen production by the ovaries, adrenals which interferes with growth of ovarian follicles so therefore PCOS is a state of androgen excess and chronic an-ovulation.

Etiology:

Currently, there is no known cause of PCOS. However, there are associations with excess Insulin, Low-grade Inflammation, and Genetics.

Signs and Symptoms

- Menstrual abnormalities (70% of the cases) in the form of oligomenorrhoea, amenorrhoea or dysfunctional uterine bleeding (DUB)
- Obesity (found in 50% of the patients).
- Infertility.
- Hirsutism.
- Acne.
- Acanthosis nigricans (especially associated with hyper insulinemia), especially around nape of the neck, inner thighs, groins and axilla.

Complications:

- Type 2 diabetes.
- Obesity.
- Obstructed sleep apnea.
- Heart disease.
- Mood disorder
- Endometrial cancer.

Laboratory Investigations:

- Pelvic ultrasound to determine whether you have polycystic ovaries
- Hormonal investigation-Follicle stimulating hormone (FSH) – will be **normal** or low with **PCOS**. Luteinizing hormone (LH) – will be elevated. Estrogens – may be **normal** or elevated. DHEAS – may be elevated
- Complete blood count, Urine routine, Thyroid profile

Homoeopathic Approach:

- Homoeopathic treatment is based on some foundational principles and holistic approach in which totality of symptoms is considered Homoeopathic medicines can modify general tendencies, thus causing cure of conditions. Homoeopathic literature mentions many medicines for the conditions, of which a similimum can help a patient for keeping the disease at far away for a longer period. The most common form of homeopathic treatments for PCOS include homoeopathic treatment that address the general well being of the person
- Some of the homoeopathic remedies like Apis mellifica, Lachesis, Baryta muriaticum, Pulsatilla nigricans, Lycopodium clavatum, **Folliculinum** found to be useful in PCOS
- **Folliculinum** is also useful in various female disorders related to impaired ovulation cycle, like polycystic ovarian syndrome, endometriosis, ovary cysts, malignomas, myomas and other tumors, emotional disturbances and other physical or mental manifested disorders.

Specific Symptoms

- Folliculinum is fairly well known for having symptoms from ovulation to menses:
- All symptoms < ovulation to menses
- All symptoms > menses except specific menstrual symptoms
- worse from heat, noise, touch, resting
- Better from fresh air
- There are ovulation problems such as drawing, burning, gripping pains.
- Spotting

Menstrual Problems

Painful periods centered in ovaries, prolonged and heavy bleeding with bright red blood and dark clots, all sorts of cycle problems, either too short, too long or none at all. Hormonal Contraceptives, regardless of what kind, totally blocks the functioning of the ovaries. They also may affect very young girls, whose cycle is barely developed yet. Suppression and deception of one's own balancing mechanisms often results in an-ovular cycle, therefore unable to regenerate itself, which can cause infertility. This

drastic consequence, the side and after effects of contraceptives such as widespread urinary tract infections, migraine etc. can successfully be treated with Folliculinum.

Miasmatic View

According to Hahnemannian classification of the disease, PCOS comes under dynamic chronic disease with fully developed symptoms or complex miasmatic in origin.

Psora and sycosis play an important role behind the development of PCOS. Initially when there are functional changes at the level of neuro hormonal access, it belongs to psora and then moves on to sycosis with the proliferation by the development of cysts

Emotions initiate precipitates and aggravates most of the illnesses and it is the root cause of disease so, psycho social pressure like grief, worry, anxiety, jealousy causes turbulence of emotions as the emotions are linked to limbic system, disturbing the axis resulting in hormonal disturbance like FSH and LH resulting in formation of cysts.

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