

A Case of Furuncle Treated with Homoeopathic Similimum

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Abstract: *Homoeopathy is a unique system of medicine based on individualization and symptom similarity of the patient. It treats sickness of a man as a whole and individualised entity. Homoeopathy can help in the treatment of various skin conditions, as it can be seen from the case report presented of a 21 years old girl who was suffering from furuncle since 2 weeks and treated within 1 week with Homoeopathic similimum which was selected on the basis of individualisation.*

Keywords: Homoeopathy, furuncle, Individualisation, S. Aureus

1.Introduction

A furuncle is an acute, usually necrotic, infection of a hair follicle with *S. aureus*. Furuncles are relatively uncommon in early childhood in temperate climates except in atopic subjects, but increase rapidly in frequency with the approach of puberty, and in adolescence and early adult life are a common disability.^[1] In adolescence, boys are affected more than girls and the peak incidence parallels that of acne vulgaris.^[2] The lesion begins as a deep, tender, firm, red papule that enlarges rapidly into a tender, deep-seated nodule that remains stable and painful for days and then becomes fluctuant. The temperature is normal and there are no systemic symptoms. Pain becomes moderate to severe as purulent material accumulates. Pain is most intense in areas where expansion is restricted, such as the neck and external auditory canal. The abscess either remains deep or reabsorbs or points or ruptures through the surface. The abscess cavity contains a surprisingly large quantity of pus and white chunks of necrotic tissue. The point of rupture heals with scarring.^[3]

2.Material and Method

Case: A 21 years old girl reported to the outpatient department (OPD) of Solan Homoeopathic medical college and hospital Kumarhatti, (H.P.) on 15 November, 2021, came with complaint of skin eruption over forehead since 2 weeks.

Analysis and evaluation of symptoms:

S. No.	Symptoms	MG / PG / Particulars	Intensity
1.	Feeling irritable	MG	+++
2.	Appetite increased	PG	+++
3.	Sleepiness evening	PG	+++
4.	Milk aggravates	PG	+++
5.	Perspiration foot	Particular	+++
6.	Eruption boil	Particular	++

Repertorial totality:

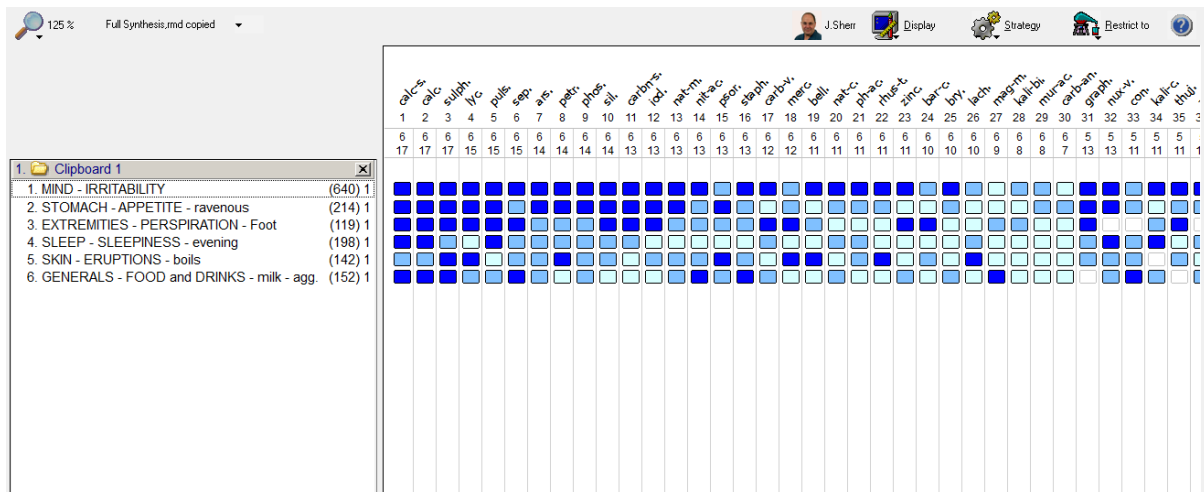
S. No.	Symptoms	Chapter / Rubrics
1.	Feeling irritable	MIND-IRRITABILITY
2.	Appetite increased	STOMACH-APPETITE-ravenous
3.	Sleepiness evening	EXTRIMITIES-PERSPIRATION-Foot
4.	Milk aggravates	SLEEP-SLEEPINESS-evening
5.	Perspiration foot	SKIN-ERUPTIONS-boils
6.	Eruption boil	GENERALS-FOOD AND DRINKS-milk -agg.

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Repertorial sheet:



Repertorial analysis: [4]

S. No.	Remedies and their Relative Values
1.	Calcarea Sulphurica 17/6
2.	Calcarea carbonica 17/6
3.	Sulphur 17/6
4.	Lycopodium 15/6

The remedy: Calcarea Sulphurica 200-single dose, followed by rubrum for 1 weeks - 15/11/2022.

Medicine was selected after analysing the detailed case history of patient and on the basis of presenting totality of symptoms using (synthesis repertory) with the help of RADAR version-10 software. As Calcarea Sulphurica, Calcarea Carbonica and sulphur all three covered all rubrics and higher score. Finally Calcarea Sulphurica was found to be most appropriate for this case covering general, including physical and mental picture as well as thermal reaction. Remedy is again confirmed with reference from Materia Medica. The points considered in confirming the remedy from various texts are as follows;

- Profuse foul foot sweat.^[5]
- Sleepiness evening.^[6]
- Calcarea Sulphurica is useful in boils, gathered breasts, whitlow or felon, when they are discharging.^[7]

The potency was selected according to the susceptibility of the patient. Single dose of Calcarea Sulphurica is given to avoid unnecessary aggravation as has been said in aphorism 278 that only true experience is the best guide for a physician to know how much small a dose should be in order to bring upon a cure without causing unnecessary aggravation of the disease.^[8]

Follow up: The patient was followed after one week and her forehead was clear.



Figure 1: Day 1



Figure 2: Day 3



Figure 3: Day -5



Figure 4: Day 7

3.Result and Discussion

Homoeopathy is known to be useful in many dermatological conditions and a number of case studies have documented its beneficial effect in many diseases of skin.^[9]

Skin diseases are common and these makes the person disabled in one way or another. Globally, skin diseases continue to be the fourth leading cause of non-fatal diseaseburden worldwide. Quality of life assesment in dermatology can be done using various scales. These have been developed for quantitative measurements of quality of life. Dermatology' quality of life index' alternatly refferedto as dermatology life quality index (DLQI) is one amongst different measurement systems.^[10]

4.Conclusion

In Homoeopathy physician encounter with many skin diseases in day to day practice and medicine is selected on the basis of reportorial analysis and individualisation. Potency selection is done on the basis of susceptibility and as mentioned in organon of medicine 5th and 6th edition under aphorism 270 foot note.

Hahnemann mentioned in aphorism 190, 'local disease occurred from little or no injury from without, must be treated as general malady by internal medicines.'In aphorism 191, he mentioned, "internal administration of a remedy causes important changes in general health and particularly in the affected external parts"^[11]

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