

# Role of Repertory of the Homoeopathic Materia Medica by James Tyler Kent in Treatment of Boils

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**Abstract:** Cases of boils have become very common these days. Dermatologists mostly offers surgery and drainage for boils. A short course of antibiotics or tropical creams may give temporarily relief. Homoeopathy offers customized treatments to cure and manage boils and it also enhances the body's immunity to fight recurrent infections. Homoeopathy is safe and gentle for all and helps in getting rid of boils permanently. In this intended work I attempt to put light on role of Kent's Repertory in treatment of boils

**Keywords:** Boils, Fever, Repertory, Recurrent boil and Homoeopathy

## 1. Introduction

Boil is one of the most common skin complaints in day today life. It is a localized lesions, deep in the skin. It is more common in summer and in monsoon. Boil is an acute circumscribed inflammation of a cutaneous glands and hair follicles, characterized by nodular infiltration and followed by suppuration necrosis, discharge and a resulting scar. Because of its suppuration tendency it is also know as Skin Abscess.

Boil is one of the most common and most neglected pathology. There is a tremendous ignorance, in our society, about this condition. Thus awareness of this condition is most important in our society, which can minimize the morbidity, complications and to prevent misdiagnosis and mismanagement.

In conventional system of medicine treatment is surgical incision i. e. incision and drainage (I&D) when boil is ripe, along with course of broad spectrum antibiotics and applying an antiseptic locally and dressing affected part. But no promising result with the available therapeutic approaches, as treatment failures and recurrences and scarring are common. Hence existing therapies are insufficient.<sup>1</sup>

Homoeopathy with its holistic approach has the potential to offer a more comprehensive conservative therapy as compared to symptomatic relief or surgical intervention. In chronic boils constitutional homoeopathic treatment can offer not only relief from repeated acute exacerbation, but also halt the process of spreading of infection to other parts, and also improving the vitality. Homoeopathy considers boils as a local manifestation of deep - seated miasmatic disorder due to disturbance at the vital force level. And hence unlike other systems, treatment is given on the basis of individualization and after considering the patient as a whole, whatever may be the part or organ affected, taking in consideration the root cause of the disease, for permanent cure.<sup>3</sup>

## Homeopathic Approach

Belladonna<sup>4</sup> - This remedy is often indicated in early stages of inflammation, before much pus has formed. The area is red, hot, throbbing, and tender, often with intense or stabbing pains. Jarring or touch may increase discomfort. The person may also feel excitable or feverish.

Arsenicum album - This remedy is useful for deeply infected boils with intensely burning pain and offensive discharge. Warmth and hot applications usually are soothing. The person may feel exhausted and ill, yet anxiety and discomfort also make them restless.

Calendula - This remedy is often helpful as a topical application for boils and infected sores. It can be used in herbal form or in low dilution as a tincture, ointment, or compress. Taken internally, Calendula can help the body overcome infection.

Echinacea angustifolia - This well - known herb is often used to help the immune system overcome infection. In homeopathic form, it sometimes helps a person with recurring boils. People who need this remedy typically feel sickly, lethargic, achy, and chilly.

Mercurius solubilis<sup>5</sup> - This remedy is indicated when boils are very sensitive with advanced development of pus. The person may have moist or greasy looking skin, with swollen lymph nodes and offensive breath, and be very sensitive to changes in temperature. Warmth may aggravate the pain.

Tarentula cubensis - This remedy may be indicated when a boil is sore and swollen with stinging, burning pain, and purplish or bluish discoloration of surrounding tissues. A person who needs this remedy may also have restless feet and difficulty sleeping.

## 2. Methodology

It was an exploratory study. The study was undertaken at OPD & peripheral dispensaries of Sri Guru Nanak Dev Homoeopathic Medical College and Hospital, Ludhiana. The cases, from 15 to 45 years of age, suffering boils were taken

into the study. Each case was followed up at an interval of 15 - 30 days.

### 3. Results

In the study, we found 72% (36 patients) showing marked improvement & 26% (13 patients) showing moderate improvement, 2% (1 patient) didn't show any improvement. Out of 50 cases 45 (90%) male and 05 (10%) were female. Arsenic Alb was most indicated as an acute remedy in 18 patients (36.66%), Tarentula cubensis was the least indicated as an acute remedy in 1 case (2%) each. Belladonna was prescribed to 8 patients (26.66%). Mercurius solubilis in 5 patients (16.66%), Echinacea angustifolia in 5 patients (10%). Calendula in 3 patients (6%).

### 4. Conclusion

Each case totality was further analyzed, repertorised as per the Homoeopathic Materia Medica by James Tyler Kent and referred in materia medica in order to arrive at the most appropriate remedy that would benefit the case under consideration. After going through the whole research study, the analysis & observations, we conclude that there has been a remarkable improvement in Boils with homoeopathy.

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