

Efficacy of 1 M Potencies of Homoeopathic Medicines in the Management of Tonsillitis

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Abstract: *Background: Tonsillitis is one of the most frequently encountered problems in pediatric age group with recurrent attacks, which will result in severe complication. Homoeopathy is giving better results in treating tonsillitis both in acute and chronic recurrent episodes. Recurrent attack of tonsillitis is the major concern as it affects the growth of the child. In my OPD three cases of tonsillitis treated effectively with 1M potency of homoeopathic medicine in the Pediatric age (0-18 years).*

Keywords: Tonsillitis, 1M potencies

1. Introduction

Homoeopathy is a God gifted healing art based on the resemblance of a patient's symptoms to those acquired during pharmacological trials on healthy people. Homeopathy has its therapeutic abilities reaching deep within our nervous system that can correct a broad spectrum of acute, chronic, and even genetic weaknesses. The key to penetrating this depth and dimension of therapeutic ability is primarily found in the application of great range of homeopathic potencies.

Tonsils, palatine, and nasopharyngeal lympho epithelial tissues are lympho epithelial tissues found near the oropharynx and nasopharynx. They are the immune system's initial line of defence against foreign infections that are swallowed or breathed.¹

Tonsillitis is a viral or bacterial infection that causes inflammation of the tonsils. There is no medication available in modern medicine to decrease the length of viral tonsillitis, however bacterial causes can be treated with antibiotics. A tonsillectomy is a surgical procedure that removes the tonsils of many people who suffer from tonsillitis.⁴

This procedure does not agree in any way with Hahnemann's principles, and we can entirely cure tonsillitis using Homoeopathic treatment.

This is a humble attempt on my part to demonstrate the efficacy and significance of homoeopathic medicines in the treatment of Tonsillitis to the entire suffering mankind, the homoeopathic brotherhood, and the homoeopathic fraternity.

Case 1

A 12 year old female child presented with throat pain since age of 8 years she is having throat pain that recurred within a month or so, every time she takes cold water. Since one year she is under allopathic treatment. Since then at time only she had much relief with recurrence one in 2 months. Now the complaints started about 3 days back after taking ice-cold water. There is no past illness. She is hasty in speech. Very sensitive and irritable. She has the tendency to take cold easily. Desire warm food and drinks, sour food. Aversion to fatty food. Sweat and thirst increased. Constipation, Soft stool voided slowly She is having severe throat pain with difficulty in swallowing aggravation while eating food or drinking and amelioration after taking warm drinks. There is bilateral enlargement of tonsils with mild redness, palpable jugulo-digastric nodes with tenderness.

Prescription and follow up:

Heparsulph 1M single dose in sugar of milk was prescribed 10days, followed by placebo, based on totality and repertorial analysis.²

Date	15.02.2021	22.02.2021	22.04.2021	05.08.2021
Symptoms				
Throat pain	>	>	>	>
Difficulty in swallowing	>	>	>	>
Tonsillar enlargement	>+	>	>	>
Redness of tonsils.	>	>	>	>
Lymph nodes	>+	>	>	>
Remark	R _x SL – 1dose PL – tds, Review in 1 weeks	R _x SL – 1 dose PL – tds, Review in 1 month	R _x SL – 1 dose PL – tds, Review in 1 Month or When needed	R _x SL – 1 dose PL – tds, Review in 1 Month or When needed

Clipboard 1

1. MIND - SPEECH - hasty

(55) 1

2. MIND - SENSITIVE

(237) 1

3. MIND - IRRITABILITY

(545) 1

4. GENERALS - COLD - take cold; tendency to

(154) 1

5. GENERALS - FOOD and DRINKS - sour food, acids - agg.

(55) 1

6. GENERALS - FOOD and DRINKS - fat - aversion

(83) 1

7. PERSPIRATION - PROFUSE

(224) 1

8. STOMACH - THIRST

(378) 1

9. THROAT - PAIN - swallowing

(223) 1

	hep.	bell.	sep.	sulph.	chin.	lyc.	lach.	carb-v.	nit-ac.	ars.	phos.	nux-v.	puls.	nat-c.	arg-m.	thui.	staph.	sil.	merc.	nat-m.	bry.	calc.	kali-c.	fer.	ph-ac.	psor.	ign.	op.	verat.	acon.	thus-t.	alum.	kali-bi.	kali-i.	carb-s.	cal.
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
	12	12	12	12	12	12	12	11	11	11	11	11	11	11	11	11	10	10	10	10	10	10	10	10	10	10	10	10	9	9	9	9	9	9	9	
	31	27	27	27	25	25	21	25	23	23	21	21	20	18	18	17	26	24	23	21	21	21	19	18	17	16	16	16	19	19	18	17	17	16	15	
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Repertorisation Chart OF Case 1

Result of the case:

The patients complaints get fully cured within 2 weeks and now the patient can swallow food and drinks without any difficulties

Case 2

A 9 year old male child having bad smell in mouth aggravation in morning , associated with irritating cough and retching on swallowing. Complaints started three years back as throat pain and fever. Took allopathic treatment followed by Ayurvedic on recurrence. Past illness of Measles at the age of 7 yrs took allopathic treatment and relived. His mental generals include want of confidence, dislike strangers

and to meet people, weakness in memory and studies. His physical generals include delayed milestones, intolerance to cold season, tendency to take cold easily, lean thin with distended abdomen and oily face. Appetite decreased, constipated. Sweat increased. Desire food cold and warm drinks. There is bilateral enlargement of tonsils with mild redness of anterior tonsillar fold and tonsils. Palpable jugulo-digastric nodes.

Prescription and follow up:

Baryta carb 1M single dose in sugar of milk was prescribed with review in 2 weeks or if needed earlier followed by placebo, based on totality and repertorial analysis.³

date	16/6	4/7	20/7	10/8	26/8	15/9	25/10	20/11	28/11	12/12	28/12
Symptoms											
Throat pain	-	-	-	-	-	-	-	+++	+	>+	>
Bad smell in mouth	++	+	>+	>	>	-	-	-	-	-	-
Irritating cough	+	>+	>	>	>	-	-	+++	++	+	>+
Tonsillar enlargement	++	++	++	>+	+	+	>	+++	++	++	>+
Lymph nodes	++	>+	>+	+	>+	>	>	++	++	>+	+
Remarks	*	**	*	**	*	**	*	**	*	**	*

*SL - d, PL -tds** Barytcarb 1M/ 1dose, PL-td

1. MIND - CONFIDENCE - want of self-confidence	(149) 1
2. MIND - MEMORY - weakness of memory	(320) 1
3. MIND - COMPANY - aversion to - strangers, aversion to the presence of	(22) 1
4. GENERALS - DEVELOPMENT - arrested	(33) 1
5. STOMACH - APPETITE - diminished	(247) 1
6. RECTUM - CONSTIPATION	(367) 1
7. PERSPIRATION - PROFUSE	(224) 1
8. EXTREMITIES - PERSPIRATION - Foot - offensive	(50) 1
9. EXTREMITIES - WARTS - Hand	(41) 1
Synthesis 8.IV (English) - EXTREMITIES - PERSPIRATION - Foot - offensive	

	bar-c		lyc	sil	kal-c		nat-m		phos	calc	lach	sulph		thui	sep	psor	nat-c		petr	nit-ac		caust	graph	bell	phac		puls	frax	rhus-t		chin	ign	zinc	iod	med	bufo	carc	ars	carb-n-s		merc	aur	carb-v	nux-v	plb			
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36												
	12	12	12	12	12	12	11	11	11	11	10	10	10	10	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8			
	30	28	27	23	22	22	25	24	23	21	23	18	16	15	22	20	18	17	17	17	16	16	15	14	14	13	12	11	11	18	17	16	16	16	16	16	16	16	16	16	16	16	16	16	16			
1.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■		
2.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
3.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
4.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
5.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
6.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
7.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
8.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	
9.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■

Repertorisation Chart OF Case 2

Result of the case

After taking the medicine there is great improvement to the patient and there is only slight enlargement of the tonsils only present . The patient is very happy.

Case 3

A 4 year female child presented with complaints of Fever since 3 days aggravaion in night with severe throat pain, body pain and headache present. There is no previous illness. She is restless, fear of being alone, frightful dreams. Her thirst was decreased. Sweat increased, sleep disturbed.

Aversion to fanning and desires for lemonade. Dryness of mouth with redness of faces and eyes. Coated tongue with red streaks. Congestion of tonsils, uvula and peritonsillar area with marked redness. Palpable jugulo-digastric and maxillary nodes with tenderness. No previous history of throat infection.

Prescription and follow up:

Bell 1M / 1 dose in aqua was prescribed with review in 2 weeks or if needed earlier followed by placebo, based on totality and repertorial analysis³.

Date	5.10.2021	08.10.2021
Symptoms		
Fever	>+	>
Throat pain	>+	>
Congestion of throat	>+	>
Lymph nodes	>+	>
Remarks	R _x Bell 1M 1dose in aqua	R _x SL-1dose , PL- tds, review in 1 month

1. MIND - RESTLESSNESS	(515) 1
2. MIND - FEAR - alone, of being	(80) 1
3. DREAMS - FRIGHTFUL	(260) 1
4. SLEEP - DISTURBED	(101) 1
5. GENERALS - COVERS - amel. - desire for; and	(17) 1
6. GENERALS - FOOD and DRINKS - lemonade - desire	(28) 1
7. MOUTH - DRYNESS	(301) 1
8. FEVER - NIGHT	(122) 1
9. THROAT - SWELLING - Tonsils	(131) 1

	bell.	ars.	puls.	calc.	sep.	sil.	merc.	nit-ac.	apis.	nat-m.	acon.	nux-v.	plb.	kal-p.	lyc.	sulph.	graph.	phos.	kal-c.	lach.	bar-c.	colch.	nat-ar.	stram.	gals.	nat-c.	con.	dulc.	hep.	op.	psor.	tub.	zinc.	alum.	art-t.	salt.
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
	9	8	8	8	8	7	7	7	7	7	7	7	7	7	7	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	
	20	19	17	16	15	17	15	14	13	13	12	12	11	10	17	17	15	15	13	13	11	11	11	11	10	10	9	9	9	9	9	9	9	8	8	8
1.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
2.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
3.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
4.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
5.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
6.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
7.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
8.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
9.	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■

Repertorisation Chart of Case 3

Result of the case:

The patient having congestion of tonsils, uvula and peritonsillar area with marked redness. Palpable jugulo-digastric and maxillary nodes with tenderness present. All the symptoms get cured within 1 week and there is no difficulties to the patient afterwards.

2. Discussion

From the above three cases 1M potency of Homoeopathic medicines acts very effectively upon the patients and out of three cases , in two cases the patients symptoms get completely cured and in one case there is great improvement to the patient.

3. Conclusion

In all three cases the 1M potency of homoeopathic medicines acts very effectively. Thus 1M potency of Homoeopathic medicines are effective in the management of tonsillitis.

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