

# Privative Majors of Arsenicum Album - 30 in COVID-19 in All Age Groups

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**Abstract:** Homeopathy, as a healing method, is based on the Hippocratic "Similia Similibus Curentur" therapeutic law. The study shows that the global collective effort to control the coronavirus pandemic (Covid 19) should also consider alternative therapeutic methods and national health systems should quickly endorse the validity of proven homeopathic treatments in this war against coronavirus disease. The Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy (AYUSH) have suggested the use of Arsenicum album - 30 for its possible role in preventing COVID-19 infection. Following the same, we had prescribed the Arsenicum album - 30 to our adapted villages, randomly we donate Arsenicum album – 30 about 1.50 lakh peoples. We observe a result of it 70 to 80 % peoples increase their immunity power.

**Keywords:** COVID-19 infection, Homeopathy, Arsenicum album – 30

## 1. Introduction

Homoeopathy is a safe and natural system of healing that works with your body to restore itself, and improve your overall health. It is safe to use, even very small children and pets. It has none of the side effects of many conventional medications, is affordable, and is made from natural substances. There are thousands of positive outcomes preclinical and clinical studies.

Homoeopathy was successfully applied during different epidemic diseases. The mortality rate in homoeopathic treated population was 1-2%, whereas it was 30-60% in people treated by conventional our physicians. Master Dr. Hahnemann who first applied homoeopathic medicine as a genus epidemicus in 1799 during a scarlet fever epidemic as Belladonna as a prophylactic.

### Evidences of Utility of Homoeopathy in Epidemics:

Cholera (Cuprum met 30), Yellow fever, Smallpox, Diphtheria, Spanish flu, Scarlet fever (Belladonna 30, Polio (Lathyrus 200), Mumps (Parotidinum 200), H5N1 -bird flu (Gelsemium), Chikungunya (Rhus tox. 30), Dengue fever (Eupatorium perf.), Swine flu.

## 2. Sign and Symptoms

- As per the currently available evidence, almost 80% of COVID-19 infected patients will develop mild to moderate symptoms with an incubation period of 1 to 14 days and recover
- Without requiring special treatment. However, it is also observed that many asymptomatic
- Infected patients are present which could either progress to the diseased or act as a carrier.
- People who have underlying medical conditions and those over 60 years old have a higher risk of developing severe disease and adverse outcomes.

- Common symptoms of COVID-19 infection include fever, dry cough, and throat pain/itching.
- The other possible symptoms are body ache, headache, shortness of breath and rarely Diarrhea, nausea or a runny nose can also be seen.

### Incubation Period

Median incubation period is 5 to 8 days with range reported from 2 days to 11 days. This implies that under conservative assumption, length of quarantine or active monitoring can be up to 14 days.

### Mode of Spread:

It spreads between people during close contact, often via small droplets produced by coughing, sneezing or talking.

### Diagnosis

Confirmatory diagnosis depends on the laboratory testing for COVID-19 either by confirming virus presence or by analyzing the specific antibodies produced in response to infection. Most of the countries recommend Reverse Transcription Polymerase Chain Reaction (RT-PCR) for initial screening which detects the coronavirus' Ribonucleic acid (RNA). This confirmatory test is used to identify very recent or active infections. The test is done on respiratory samples such as a nasopharyngeal swab or sputum sample. Additionally, specific antibodies detection (serology) is useful both for diagnosis and population surveillance mainly during the later stage of the infection.

### High Risk Factors

Diabetes mellitus, Pre-existing underlying serious illness such as cardiovascular disease, Immune compromised medical condition, Older age group.

**Homoeopathic preventive remedy against COVID 19 as per AYUSH Arsenicum album – 30**

**Indications**

A person who needs this remedy during flu feels chilly and exhausted, along with an anxious restlessness. The person may be thirsty, but often only takes small sips. If the digestive system is involved, nausea with burning pain, or vomiting and acrid diarrhea may occur. If the flu is respiratory, a watery, runny nose with sneezing paroxysms and a dry or wheezing cough are often seen. The person's head usually feels hot, while the rest of the body is chilly.

**Mouth**-Unhealthy, easily-bleeding gums. Ulceration of mouth with dryness and burning heat. Epithelioma of lips. Tongue dry, clean, and red; stitching and burning pain in tongue, ulcerated with blue color. Bloody saliva. Neuralgia of teeth; feel long and very sore; worse after midnight; better warmth. Metallic taste. Gulping up of burning water.

**Throat:** Swollen, constricted, burning, unable to swallow. Diphtheritic membrane, looks dry and wrinkled.

**Respiration:** Tightness of chest during motion. Suffocative attacks in evening after lying down. Oppression of chest when ascending and when in cold air. Shortness of, when walking or turning over in bed.

**Cough:** Clear, ringing, crowing or whistling, excited by burning tickling as from sulphur vapor in trachea and throat pit, dry at night, by day expectoration of a scanty, mostly foamy, mucus, or in lumps of varying taste and color, sometimes mixed with bright red blood, returning periodically with increasing violence. Without expectoration, especially after drinking. Immediately on lying down. Nightly hemoptysis with heat.

**Larynx and trachea**-Phthisis of, with scanty secretion of mucus. Constriction of larynx.

**Chest:** Burning (or chilliness) in, Constriction for, with want of breath, from every movement. Distension of Itching in Nightly anxious palpitation. Cancer of breast. Hydrothorax. Sticking and pressing in sternum.

**Head:** Headaches relieved by cold, other symptoms worse. Periodical burning pains, with restlessness; with cold skin. Hemicrania, with icy feeling of scalp and great weakness. Sensitive head in open air. Delirium tremens; cursing and raving; vicious. Head is in constant motion. Scalp itches intolerably; circular patches of bare spots; rough, dirty, sensitive, and covered with dry scales; nightly burning and itching; dandruff. Scalp very sensitive; cannot brush hair.

**Mind:** Great anguish and restlessness. Changes place continually. Fears, of death, of being left alone. Great fear, with cold sweat. Thinks it useless to take medicine. Suicidal Hallucinations of smell and sight. Despair drives him from place to place. Miserly, malicious, selfish, lacks courage. General sensibility increased Sensitive to disorder and confusion.

**Modalities:** < Midnight and after (Acon. is rather before midnight); < 3 a.m. There is < from cold and damp; > warmth. Arsen. loves warmth like Nux v., Psor., Hepar,

Silic., Mag. mur. and other hydrogenoids, and herein is differentiated from Sul., Ant. crud., Iod., Apis, and Puls. Arsen. hugs the fire and likes warm wraps. < Lying on affected side, or with head low. > Lying with head high.

**3. Materials and Methods****Study Set Up:**

Study is conducted at adapted villages & in MHF'S HMC college and hospital.

**Subject:**

All age groups and both sexes.

**Inclusion Criteria**

Arsenicum album 30 was given to all age groups and both sexes of adapted villages.

**Study Parameter:**

Lab investigations were done in cases of covid related symptoms.

**Study Procedure**

All people of adapted villages were given Arsenicum album – 30 for 3 -4 pills a day for 3 days in early morning.

**Outcome of the Study**

By study we observe that up to 70 to 80 % people who have taken **Arsenicum album – 30** as a preventive with all preventive majors like wearing mask, regular hand wash, social distancing, they were protected them self. But up to 20 – 30 % got infection it's a drawback.

**4. Conclusion**

From the above study and observation it is concluded that **Arsenicum album – 30** is able to prevent against COVID 19.

**5. Acknowledgement**

Prof. Dr. Gunjal R.S. H.O.D. of homoeopathic Materia Medica (Principal of MHF'S HMC).

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