

Miasmatic Analysis of Corn on Feet and Its Homoeopathic Management

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Abstract: *Aim-To study the Miasmatic analysis of corn on feet and its homeopathic management. Result-Of 50 cases, 47 cases showed improvement and 3 cases had no improvement. Antim crud and Sulphur was prescribed in 18 cases and various other remedies like Silicea, Lycopodium, Sepia, Phosphorus, Ranunculous Bulbosus, Causticum etc were also prescribed on the basis of totality of symptoms with significant improvement. Conclusion-The findings of the above study concluded that 94% cases responded well to the indicated homoeopathic similimum and proved the efficacy of homoeopathic treatment in corns.*

Keywords: Corn, Homoeopathy, Holistic, Totality of Symptoms

1. Introduction

A corn, also known as a "heloma" or "focal intractable plantar hyperkeratosis," is a type of callosity. Corns usually present as flesh-colored dry, hard, rough papules with a whitish center (called the core). They are located over a bony prominence most common on the feet on the dorsum of the toes, in the last interdigital web space, as well as on the soles. Corns typically result from repeated mechanical trauma as well as factors like ill-fitting footwear, the presence of bony prominences (foot deformity), and certain physical activities¹.

2. Materials and Methods

The study has been conducted on the patients attending OPD and peripheral dispensaries of Sri Guru Nanak Dev Homoeopathic College & Hospital, Ludhiana. Patients of all age groups and both sexes were included.

Intervention: Patients fulfilling the eligibility criteria were enrolled to receive the homoeopathic intervention. Medicines were given in 200C or 1 M as per the totality of symptoms. Medicines were repeated depending upon the potency and complaints of the patient in accordance with the principles of homoeopathy.

Pharmacy: Dr. Reckweg & Co, SBL Pvt. Ltd., Dr. Willimar Schwabe India Pvt. Ltd, B Jain Pharmaceutical Pvt. Ltd.

Inclusion criteria: Patients who had given written informed consent.

Exclusion criteria: Patients with serious underlying medical conditions. Pregnant and lactating females.

Investigations: Diagnostic criteria was based mainly on clinical presentation, local examination and necessary investigations if required.

Type of study: exploratory study.

Sample: 50 cases were studied.

Sample calculator: Data of the sample size 50 has been statistically analyzed to show 95% confidence limit.

Statistical analysis: T-test has been applied to show the efficacy in post test result.

Research technique: After proper case taking individualization of each case was done and medicine was selected on the basis of similarity of symptoms.

Treatment method:

a) **Repetition and change of potency:** According to the instructions given by Dr. Samuel Hahnemann in Organon of Medicine.

b) **Diet and Regimen:** According to the instructions given by Dr. Samuel Hahnemann in Organon of Medicine².

c) **Duration of study:** 18 months (2020-2021)

3. Discussion

This study was performed to know the efficacy of Homoeopathic treatment in corns and its miasmatic background. The subjects were taken from Out Patient Department and peripheral dispensaries of Sri Guru Nanak Dev Homoeopathic Medical College and Hospital, Ludhiana, as per the inclusion and exclusion criteria. The sample size was 50 and subjects of either sex were included and followed up at regular intervals. The diagnosis was made on the basis of strong clinical presentation. The medicines were selected on the basis of totality of symptoms and repertorisation was done from synthesis repertory using RADAR software. Each patient was also advised certain general management at each visit. The patients coming with the complaint of corn principally complained of;

- Severe pain or inability to walk.
- Unable to perform routine activities and their respective jobs.
- Poor quality of life.

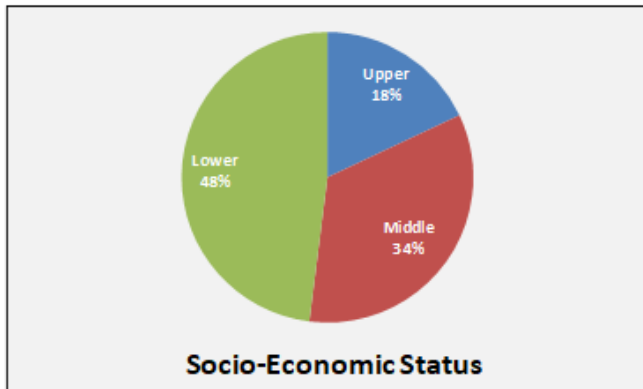


Figure 1: A graphical representation of distribution of cases of corns according to the socioeconomic status

In this study, it has been observed that corn is more prevalent in Lower socio-economic class than Upper Socio-economic class.

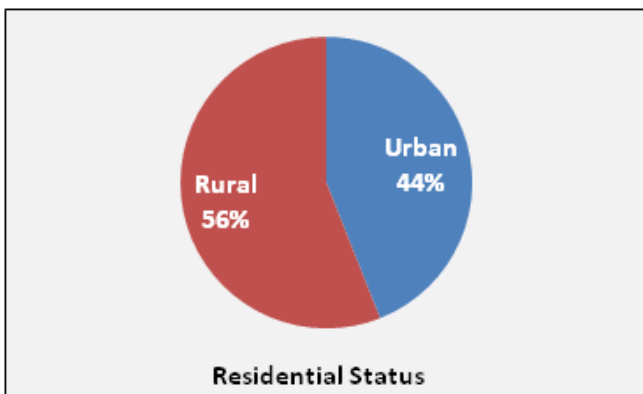


Figure 2: A graphical representation of distribution of cases of corns according to residential status

Looking at the area of residence it was found that, 56% cases were from rural background and only 44% belonged to urban background.

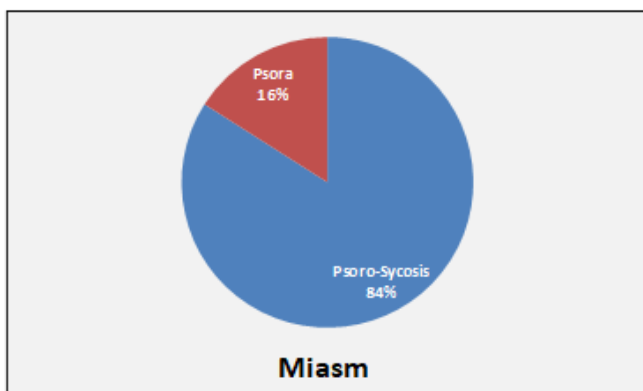


Figure 3: A graphical representation of distribution of cases as per the miasmatic background

Majority of cases presented belonged to Psoro-sycotic miasm prevalent with 84%.

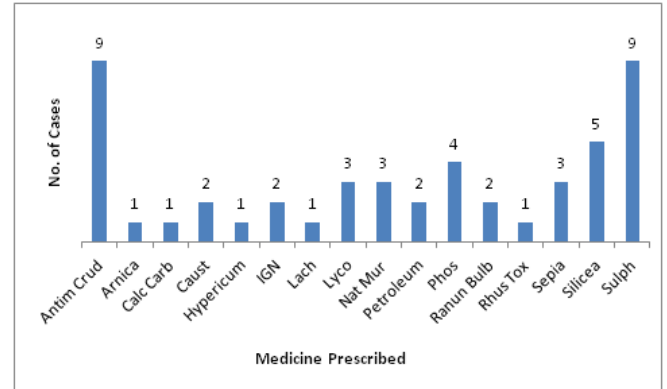


Figure 4: A graphical representation of distribution of cases as per medicine prescribed

The most used potency was 200. Out of 50 cases, 47 cases showed improvement, 3 had no improvement.

Out of 50 patients 18 were treated with antim crud and Sulphur. Various other remedies like silicea, lyco, sepia; nat mur, caust etc. were also prescribed on the basis of totality of symptoms³.

4. Result

Finally a statistical analysis was made comparing the scores before and after the treatment as per the scoring criteria and the null hypothesis was rejected. The statistical analysis was done using paired t-test, to assess the effectiveness of homeopathic treatment in corns. The ‘calculated’ t value 16.692 was compared with the ‘tabulated’ value of t 2.0096 at 95% confidence for degree of freedom = 49. After comparing this value the null hypothesis was rejected, hence proving that homeopathic remedies are effective in the treatment of corns.

5. Conclusion

A study of 50 cases was undertaken to prove efficacy of Homeopathic remedies in the treatment of Corn and evolving the miasmatic background. The results of the study have shown that the miasmatic background was predominantly Psoro-Sycotic in majority of cases.

Homeopathic remedies have rendered benefit to the patients suffering from Corns. Homeopathy by addressing all aspects of the individual and their complete set of symptoms through the constitutional and holistic approach is superior to all other methods in chronic disease like corns.

Homeopathic remedies in treating corn reduces the intensity of symptoms, the chances of recurrence, and the possibility of surgical interventions thereby improving the quality of life of patients.

The group of remedies which were efficacious in treating corns includes Antim Crude, Sulph, Lyco, Silicea, Sepia, Phos, Caust, calc carb etc.

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